

Uitslagenlijst Thaisner DorpsRun

Thesinge - Zaterdag 26 september 2009

M600, 600 MTR (4-6J)

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1 | Ale ten Cate | Thesinge | 2:34 | 2:34 |
| 2 | Steven ten Cate | Thesinge | 2:49 | 2:49 |
| 3 | Jochem Uitham | Thesinge | 2:58 | 2:58 |
| 4 | Svenne Crum | Thesinge | 3:15 | 3:15 |
| 5 | Sander Ganzeveld | Thesinge | 3:22 | 3:22 |
| 6 | Teije ten Cate | Thesinge | 3:34 | 3:34 |
| 7 | Arjen Plijter | Thesinge | 3:41 | 3:41 |
| 8 | Ot Weeber | Groningen | 4:15 | 4:15 |

V600, 600 MTR (4-6J)

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1 | Sharon de Vries | Thesinge | 3:03 | 3:03 |
| 2 | Harma Sminia | Woltersum | 3:15 | 3:15 |
| 3 | Noor Hofman | Noordwolde Gn | 3:36 | 3:35 |
| 4 | Maran Weeber | Groningen | 3:39 | 3:39 |
| 5 | Anouk van Dijken | Thesinge | 3:54 | 3:54 |
| 6 | Sonja van Galen | Thesinge | 3:55 | 3:54 |

M12A, 1200 MTR (7-9J)

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|-------|-------|
| 1 | Koen Klomberg | Ten Boer | 4:46 | 4:45 |
| 2 | Wouter Bus | Thesinge | 5:16 | 5:16 |
| 3 | Teun Tammens | Thesinge | 5:28 | 5:27 |
| 4 | Aljon Borg | Ten Boer | 5:28 | 5:28 |
| 5 | Joris van Galen | Thesinge | 5:48 | 5:47 |
| 6 | Emanuel Nelson | Groningen | 5:55 | 5:54 |
| 7 | Jelle Stavenga | Zuidbroek | 5:56 | 5:55 |
| 8 | Jorre van der Berg | Thesinge | 6:22 | 6:22 |
| 9 | Colin de Vries | Thesinge | 6:26 | 6:25 |

V12A, 1200 MTR (7-9J)

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1 | Miser de Rouw | Thesinge | 5:23 | 5:22 |
| 2 | Myrthe Bakker | Delfzijl | 5:33 | 5:32 |
| 3 | Romy Postmus | Ten Boer | 5:41 | 5:40 |
| 4 | Ronja Boer | Groningen | 5:56 | 5:56 |
| 5 | Rosa Belle Crum | Thesinge | 5:58 | 5:58 |
| 6 | Cato Krol | Thesinge | 6:04 | 6:04 |
| 7 | Karlijn van den Berg | Thesinge | 6:25 | 6:25 |
| 8 | Dyde Robbe | Thesinge | 7:52 | 7:52 |
| 9 | Hella Robbe | Thesinge | 7:53 | 7:53 |

M4KM, 4 KM

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1 | Dennis Iek | Emmen | 16:12 | 16:12 |
| 2 | Dries Anker | Thesinge | 16:44 | 16:44 |
| 3 | Aldwin Wals | Uithuizen | 21:24 | 21:01 |
| 4 | Michiel Ritsema | Thesinge | 21:28 | 21:27 |
| 5 | Pieter Vriezema | Unive | 21:43 | 21:40 |
| 6 | Sil Anker | Thesinge | 22:23 | 22:15 |
| 7 | Julian de Leeuw | Thesinge | 23:19 | 23:02 |
| 8 | Wouter Bus | Thesinge | 23:49 | 23:33 |
| 9 | Paulus Kamara | Thesinge | 23:49 | 23:49 |
| 10 | Thomas Vos | Assen | 26:19 | 25:57 |
| 11 | Henk Busscher | Thesinge | 26:45 | 26:30 |
| 12 | Jos Mulder | Groningen | 27:42 | 27:20 |
| 13 | David Vos | Assen | 27:55 | 27:32 |
| 14 | Harry Vos | Assen | 27:55 | 27:31 |

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| V4KM, 4 KM | | | | |
|------------|----------------------|-----------------------|-------|-------|
| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
| 1 | Yasmin de Groot | Nietap | 20:55 | 20:53 |
| 2 | Iris de Glee | Thesinge | 21:36 | 21:27 |
| 3 | Nora Anker | Thesinge | 22:05 | 22:03 |
| 4 | Marleen Ritsema | Thesinge | 24:51 | 24:45 |
| 5 | Ella Krol | Thesinge | 24:51 | 24:44 |
| 6 | Astrid de Leeuw | Thesinge | 26:01 | 25:40 |
| 7 | Jolanda Tuinstra | Thesinge | 26:01 | 25:41 |
| 8 | Mieke van't Hoog | Thesinge | 26:57 | 26:37 |
| 9 | Dineke Linzel | Thesinge | 26:57 | 26:37 |
| 10 | Myla Uitham | Thesinge | 27:14 | 26:52 |
| 11 | Annemijn Uitham | Thesinge | 27:16 | 27:16 |
| 12 | Elisabeth Tolenaar | Thesinge | 27:46 | 27:21 |
| 13 | Menja Mollema | Sauwerd | 27:47 | 27:37 |
| 14 | Christa Zentveld | Thesinge | 28:21 | 28:01 |
| 15 | Willemien van Dongen | Winsum Gn | 28:38 | 28:32 |
| 16 | TC van der Leij | Groningen | 28:40 | 28:33 |
| 17 | Alyda Havinga | Alphen aan den Rijn | 28:49 | 28:24 |
| 18 | Karin Veenhuis | Groningen | 29:40 | 29:19 |
| 19 | Els Ritsema | Thesinge | 29:41 | 29:32 |
| 20 | Martje de Vries | Thesinge | 29:42 | 29:33 |
| 21 | Tilly Tolsma | Menaldum | 30:41 | 30:40 |
| 22 | Lucy Bakker | Delfzijl | 30:43 | 30:24 |

| M4ML, 4 MIJL | | | | |
|--------------|---------------------|-----------------------|-------|-------|
| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
| 1 | Kor van der Kooi | Groningen | 25:27 | 25:26 |
| 2 | Mark Spruit | Groningen | 25:47 | 25:47 |
| 3 | Frank Scholte | Groningen | 27:10 | 27:09 |
| 4 | Eppe Tjaden | Veendam | 27:18 | 27:16 |
| 5 | Roelf van der Land | Uithuizen | 27:27 | 27:26 |
| 6 | Frank Berghuis | Groningen | 28:10 | 27:53 |
| 7 | Jonas van Ginkel | Bedum | 29:09 | 29:09 |
| 8 | Mees Mulder | Groningen | 29:51 | 29:47 |
| 9 | Edward Stuu | Delfzijl | 30:10 | 30:10 |
| 10 | Michiel Admiraal | Thesinge | 30:31 | 30:30 |
| 11 | K. Sminia | Woltersum | 30:52 | 30:49 |
| 12 | Erik Tjong Kim Sang | Groningen | 30:54 | 30:51 |
| 13 | Gerard Elsinga | Winsum Gn | 31:21 | 31:21 |
| 14 | Christiaan Balkema | Thesinge | 31:50 | 31:47 |
| 15 | Edgardo Mogueuella | Groningen | 31:51 | 31:33 |
| 16 | Maarten Tromp | Thesinge | 31:55 | 31:54 |
| 17 | Jan Ruiters | Delfzijl | 32:17 | 32:14 |
| 18 | Daniel Bolt | Thesinge | 32:25 | 32:25 |
| 19 | Anne Tolsma | Menaldum | 32:30 | 32:28 |
| 20 | Joop van der Meche | Garmerwolde | 32:48 | 32:44 |
| 21 | Erik Knollema | Groningen | 32:56 | 32:38 |
| 22 | Eeuwe Broersma | Zuidbroek | 33:51 | 33:43 |
| 23 | Theo Vegter | Uithuizen | 34:50 | 34:37 |
| 24 | Melle Busscher | Thesinge | 35:10 | 35:08 |
| 25 | Lars Smid | Groningen | 35:16 | 35:12 |
| 26 | Hans Wind | Thesinge | 35:51 | 35:32 |
| 27 | Marinus Vermue | Thesinge | 35:54 | 35:36 |
| 28 | Gerhard Lugard | Groningen | 36:34 | 36:23 |
| 29 | Dirk de Weert | Uithuizen | 37:57 | 37:43 |
| 30 | Jaap van Dijken | Ten Boer | 38:10 | 37:59 |
| 31 | Siepk Scheper | Slochteren | 38:14 | 38:09 |
| 32 | Theo muilwijk | Ten Post | 39:39 | 39:36 |
| 33 | A Kortink | Slochteren | 40:18 | 40:13 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------|-----------------------|-------|-------|
| 34 | Jaap Bruijn | Ten Boer | 40:56 | 40:44 |
| 35 | Roelof Bolt | Thesinge | 41:07 | 40:53 |
| 36 | Sebo Hillenga | Delfzijl | 43:07 | 42:52 |
| 37 | Lars Houwtuin | Groningen | 43:52 | 43:47 |
| 38 | Tomas Visser | Groningen | 44:36 | 44:22 |
| 39 | Jouke Visser | Groningen | 44:36 | 44:23 |
| 40 | Marc ten Cate | Thesinge | 46:23 | 46:03 |
| 41 | Jan Douma | Groningen | 47:40 | 47:35 |
| 42 | Wim Zijlema | Kolham | 48:25 | 48:12 |
| 43 | Hugo de Vries | Paterswolde | 50:30 | 50:28 |

V4ML, 4 MIJL

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1 | Jasmijn Tolsma | Groningen | 32:27 | 32:25 |
| 2 | Lotte van den berg | Thesinge | 34:29 | 34:27 |
| 3 | Ali Broersma-Van Berge | Zuidbroek | 35:36 | 35:28 |
| 4 | Hilda Kruger | Ten Post | 36:14 | 36:10 |
| 5 | Esther van Egten | Groningen | 36:33 | 36:23 |
| 6 | Natascha Veenstra | Uithuizen | 37:47 | 37:34 |
| 7 | Carla Huitsing | Appingedam | 38:57 | 38:44 |
| 8 | Piety Hamersma | Bedum | 39:02 | 38:52 |
| 9 | Dita Norden | Appingedam | 39:02 | 38:50 |
| 10 | Meike Vedden | Groningen | 39:25 | 39:19 |
| 11 | Emma Hoekstra | Groningen | 39:30 | 39:23 |
| 12 | Maaïke Luttk | Groningen | 40:20 | 40:01 |
| 13 | Annelies Mogueuella | Groningen | 40:53 | 40:38 |
| 14 | Mirjam Huisjes | Zuidwolde Gn | 41:08 | 40:56 |
| 15 | Angelique Ferro | Bedum | 41:34 | 41:23 |
| 16 | Ingrid Huitsing | Thesinge | 41:35 | 41:30 |
| 17 | Desiree Luiken | Thesinge | 41:39 | 41:34 |
| 18 | Jettchen Medema | Ten Boer | 41:49 | 41:44 |
| 19 | Alina Schutter | Groningen | 42:04 | 41:48 |
| 20 | Antje de Jong | Loppersum | 42:08 | 41:50 |
| 21 | Karin Lalkens | Loppersum | 42:08 | 41:50 |
| 22 | Ria Elderman | Groningen | 42:37 | 42:26 |
| 23 | Marja Pater | Appingedam | 43:05 | 42:49 |
| 24 | Jeanet Roorda | Ten Post | 43:41 | 43:25 |
| 25 | Judith Berghuis | Groningen | 44:03 | 43:47 |
| 26 | Hanna Timmer | Groningen | 44:13 | 44:09 |
| 27 | Siemona Hellinga | Lettelbert | 44:58 | 44:49 |
| 28 | Janke Hellinga | Westerlee Gn | 44:58 | 44:50 |
| 29 | Anja Ensink | Thesinge | 45:16 | 44:56 |
| 30 | Renee Lokman | Oude Pekela | 45:34 | 45:18 |
| 31 | Dineke Kok | Delfzijl | 45:36 | 45:16 |
| 32 | Alie Klei | Wirdum Gn | 45:51 | 45:32 |
| 33 | Romy de Ruiter | Ten Boer | 46:13 | 46:10 |
| 34 | Janneke Kammenga | Appingedam | 46:21 | 46:04 |
| 35 | Berber Werkman | Appingedam | 47:19 | 47:09 |
| 36 | Ellis Merkelijn | Groningen | 47:39 | 47:35 |
| 37 | Cora van der Donk | Grootegast | 51:21 | 51:09 |

M11KM, 11 KM

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1 | E de Ruiter | Ten Boer | 39:32 | 39:32 |
| 2 | Gerard Vos | Appingedam | 41:23 | 41:21 |
| 3 | Johan Lek | Emmen | 42:59 | 42:58 |
| 4 | Sietze Jan Boer | Groningen | 43:54 | 43:54 |
| 5 | Dick Huizing | Garmerwolde | 45:09 | 45:07 |
| 6 | Henk Pater | Oude Pekela | 45:37 | 45:36 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|---------|---------|
| 7 | Flip van't Riet | Garmerwolde | 46:19 | 46:17 |
| 8 | Fokko Hindriks | Groningen | 46:32 | 46:29 |
| 9 | Hans van Ees | Zuidwolde Gn | 48:11 | 48:01 |
| 10 | Frits Hesseling | Groningen | 48:11 | 48:10 |
| 11 | Henk Redeker | Groningen | 48:15 | 48:14 |
| 12 | Edzard Krol | Thesinge | 49:20 | 49:17 |
| 13 | Arie Stuurman | Hoogeveen | 49:24 | 49:22 |
| 14 | Marco van de Belt | Thesinge | 50:57 | 50:55 |
| 15 | Dirk Heslinga | Garmerwolde | 51:19 | 51:16 |
| 16 | Richard de Vries | Thesinge | 51:22 | 51:17 |
| 17 | Jan Werkman | Appingedam | 51:40 | 51:37 |
| 18 | Joeval Benjamin | Groningen | 51:40 | 51:35 |
| 19 | Ron Balkema | Appingedam | 51:41 | 51:37 |
| 20 | Peter Vos | Groningen | 51:53 | 51:41 |
| 21 | Dick Sybenga | Gieten | 53:29 | 53:26 |
| 22 | Jan kleine Deters | Groningen | 53:39 | 53:37 |
| 23 | Reinder Dijkhuis | Groningen | 53:44 | 53:21 |
| 24 | Nico Vierkant | Bedum | 53:44 | 53:35 |
| 25 | Jan Krottje | Stedum | 53:45 | 53:39 |
| 26 | Ard Agteresch | Garmerwolde | 54:08 | 53:54 |
| 27 | John Walker | Uithuizen | 54:08 | 54:05 |
| 28 | Martieu Wienke | Sauwerd | 55:17 | 55:09 |
| 29 | Harry van den Berg | Groningen | 55:44 | 55:34 |
| 30 | Henk de Vries | Groningen | 55:45 | 55:24 |
| 31 | Wim Havinga | Zuidwolde Gn | 56:10 | 56:02 |
| 32 | Roger Mulder | Groningen | 56:21 | 56:18 |
| 33 | Jacob Stollenga | Bedum | 56:31 | 56:21 |
| 34 | Maarten Strik | Garmerwolde | 57:05 | 56:54 |
| 35 | Dick Groefsema | Unive | 57:39 | 57:32 |
| 36 | Richard Kuiper | Unive | 57:46 | 57:39 |
| 37 | John Mulder | Appingedam | 57:57 | 57:53 |
| 38 | Douwe de Vries | Groningen | 58:16 | 58:10 |
| 39 | Peter van der Woude | Groningen | 58:46 | 58:33 |
| 40 | Piet Wieringa | Groningen | 59:18 | 59:13 |
| 41 | Jan Santing | Delfzijl | 59:20 | 59:08 |
| 42 | Patrick Perdok | Bedum | 59:24 | 59:16 |
| 43 | Rene Bloem | Groningen | 59:31 | 59:09 |
| 44 | Cris Mulder | Delfzijl | 59:33 | 59:17 |
| 45 | Dirk Zijlstra | Groningen | 59:42 | 59:19 |
| 46 | Ger Helsma | Haren Gn | 59:42 | 59:19 |
| 47 | Kor West | Delfzijl | 1:00:09 | 1:00:01 |
| 48 | Jos Begeman | Winschoten | 1:00:21 | 1:00:13 |
| 49 | Martin de Jonge | Groningen | 1:00:40 | 1:00:17 |
| 50 | Jakob Roorda | Unive | 1:01:00 | 1:00:53 |
| 51 | Michael de Laat | Groningen | 1:01:46 | 1:01:37 |
| 52 | Harm Zoutman | Groningen | 1:02:03 | 1:01:57 |
| 53 | Edwin van Splunter | Overschild | 1:03:04 | 1:02:51 |
| 54 | Henk Bos | Groningen | 1:03:27 | 1:03:04 |
| 55 | Ger de Vries | Delfzijl | 1:03:42 | 1:03:25 |
| 56 | Pieter Kranenburg | Groningen | 1:04:32 | 1:04:25 |
| 57 | Kees van der Horn | Bedum | 1:05:04 | 1:04:53 |
| 58 | Henk Schuiten | Zuidwolde Gn | 1:05:04 | 1:04:54 |
| 59 | Bernard van Galen | Thesinge | 1:05:39 | 1:05:30 |
| 60 | Danny Nelson | Groningen | 1:08:42 | 1:08:17 |
| 61 | Rex Leber | Groningen | 1:10:36 | 1:10:12 |
| 62 | Kees Bos | Ten Boer | 1:14:10 | 1:13:57 |

V11KM, 11 KM

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------|-----------------------|-------|-------|
| 1 | Wendy Meijer | Groningen | 51:10 | 51:04 |

Uitslagenlijst Thaisner DorpsRun

Thesinge - Zaterdag 26 september 2009

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 2 | Astrid Mellema | Zuidwolde Gn | 54:41 | 54:40 |
| 3 | Iris Bouman | Nieuwolda | 55:29 | 55:27 |
| 4 | Hilda Mulder | Hoogeveen | 56:01 | 55:59 |
| 5 | Anke Mulder | Groningen | 56:02 | 55:58 |
| 6 | Marjo Fleuren | Garmerwolde | 57:47 | 57:37 |
| 7 | Marianne Middelbeek | Ten Boer | 59:29 | 59:10 |
| 8 | Nynke Hoogland | Groningen | 1:00:57 | 1:00:50 |
| 9 | Janny Stollenga | Bedum | 1:03:51 | 1:03:41 |
| 10 | Greet Cazemier | Noordwolde Gn | 1:05:04 | 1:04:53 |
| 11 | Marleen Schonherr | Thesinge | 1:06:50 | 1:06:45 |
| 12 | Ineke Molenaar | Groningen | 1:06:55 | 1:06:40 |
| 13 | Yvonne Kranenburg | Groningen | 1:07:15 | 1:07:08 |
| 14 | Carina Doesburg | Sauwerd | 1:07:24 | 1:07:15 |
| 15 | Tineke Huisinga | Zuidwolde Gn | 1:08:07 | 1:07:58 |
| 16 | Reina Busscher | Thesinge | 1:08:10 | 1:08:04 |
| 17 | Hilda Blitterswijk | Delfzijl | 1:08:16 | 1:07:59 |
| 18 | Monique de Vries-Boite | Groningen | 1:08:49 | 1:08:32 |
| 19 | Rina West-Werkman | Delfzijl | 1:09:38 | 1:09:29 |
| 20 | Francien Geertsema | Eenrum | 1:10:11 | 1:09:47 |
| 21 | Janna Nienhuis | Groningen | 1:10:52 | 1:10:47 |
| 22 | Anneke v.d Leij | Groningen | 1:11:51 | 1:11:45 |
| 23 | Janneke Elsing | Groningen | 1:11:54 | 1:11:47 |
| 24 | Willie Evedie | Harkstede | 1:14:11 | 1:13:58 |
| 25 | Ans Bos | Ten Boer | 1:14:11 | 1:13:58 |
| 26 | Astrid Hoving | Groningen | 1:20:42 | 1:20:23 |

M4KMW, WANDELEN 4 KM

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1 | Yannick Sloot | Thesinge | 39:21 | 38:53 |
| 2 | Pieter Havinga | Kollumerzwaag | 48:46 | 48:46 |
| 3 | Anthony Nelson | Spijkenisse | 55:15 | 54:49 |
| 4 | Giovanny Nelson | Spijkenisse | 55:15 | 54:49 |
| 5 | Emanuel Nelson | Groningen | 55:24 | 55:24 |

V4KMW, WANDELEN 4 KM

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|---------|---------|
| 1 | Marijse Sloot | Thesinge | 39:19 | 38:51 |
| 2 | Jamie van Zanten | Thesinge | 39:22 | 38:54 |
| 3 | Harriet Overmars | Groningen | 43:50 | 43:38 |
| 4 | Lidy Allon | Middelstum | 44:16 | 44:16 |
| 5 | Gonny Sloot | Thesinge | 45:05 | 44:38 |
| 6 | Carolien Plijter | Thesinge | 45:05 | 44:34 |
| 7 | Phyline Derksen | Thesinge | 45:06 | 44:36 |
| 8 | Mirjam Ganzeveld | Thesinge | 46:17 | 45:46 |
| 9 | Tineke ten Cate | Thesinge | 46:36 | 46:05 |
| 10 | Tessa Rademaker | Alphen aan den Rijn | 48:35 | 48:08 |
| 11 | Marlou Baas | Eelde | 55:28 | 55:28 |
| 12 | Kirsten de Wolf | Thesinge | 1:04:55 | 1:04:23 |
| 13 | Leonie Bus | Thesinge | 1:04:58 | 1:04:25 |

M4MLW, WANDELEN 4 MIJL

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|---------|---------|
| 1 | Andreas Woldhuis | Thesinge | 1:13:44 | 1:13:15 |

V4MLW, WANDELEN 4 MIJL

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------|-----------------------|---------|---------|
| 1 | Frederika Woltman | Thesinge | 1:03:35 | 1:03:16 |
| 2 | Anneke Klasens | Delfzijl | 1:06:19 | 1:05:51 |
| 3 | Susan Mulder | Delfzijl | 1:06:20 | 1:05:51 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 4 | Trieneke Schuppert | Thesinge | 1:13:41 | 1:13:12 |
| 5 | Betsy van de Belt | Thesinge | 1:16:21 | 1:15:54 |
| 6 | Roelie Karsijns | Thesinge | 1:16:21 | 1:15:54 |
| 7 | Renee Oudman-Koopman | Thesinge | 1:16:39 | 1:16:09 |
| 8 | Saskia Vaatstra-Holtma | Thesinge | 1:16:40 | 1:16:10 |

M12B, 1200 MTR 10-12J

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------|-----------------------|-------|-------|
| 1 | Liam van Galen | Thesinge | 4:56 | 4:55 |
| 2 | Arjen Veenstra | Uithuizen | 5:13 | 5:13 |

V12B, 1200 MTR 10-12J

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------|-----------------------|-------|-------|
| 1 | Marinde Schuitema | Uithuizen | 5:13 | 5:13 |
| 2 | Nelleke Hofman | Noordwolde Gn | 6:41 | 6:41 |