

# Uitslagenlijst Prestatieloop 3-5-10km en 10EM

## Vlaardingen - Zaterdag 12 juni 2010

| HEREN, 10 EM |                     |                       |         |         |
|--------------|---------------------|-----------------------|---------|---------|
| Plaats       | Naam                | Woonplaats/Vereniging | Bruto   | Netto   |
| 1            | Wim Noort           | 's-Gravenhage         | 57:25   | 57:23   |
| 2            | Michiel Bovendeert  | Fortuna               | 58:12   | 58:11   |
| 3            | Ron van de Berg     | Maassluis             | 59:44   | 59:43   |
| 4            | Peter Reedijk       | Vlaardingen           | 1:02:57 | 1:02:55 |
| 5            | Peter Sabel         | Fortuna               | 1:03:45 | 1:03:44 |
| 6            | M vd Water          | Maassluis             | 1:04:02 | 1:03:54 |
| 7            | Niek Rietveld       | Fortuna               | 1:04:27 | 1:04:25 |
| 8            | Rene de Jong        | Fortuna               | 1:06:05 | 1:06:03 |
| 9            | Anton Trommel       | Stad aan 't Haringvl  | 1:07:38 | 1:07:37 |
| 10           | Arjen van Velden    | Olympus '70           | 1:07:49 | 1:07:47 |
| 11           | Ron Dekker          | Fortuna               | 1:07:49 | 1:07:48 |
| 12           | Arno van Unnik      | Fortuna               | 1:08:02 | 1:07:59 |
| 13           | Johan van Meurs     | Fortuna               | 1:08:09 | 1:08:08 |
| 14           | Gert Bakkens        | Olympus '70           | 1:08:34 | 1:08:32 |
| 15           | Wim de Jong         | Olympus '70           | 1:08:37 | 1:08:35 |
| 16           | Martin Pronk        | Fortuna               | 1:08:40 | 1:08:39 |
| 17           | Kennard Hofland     | Fortuna               | 1:09:22 | 1:09:16 |
| 18           | Harry van Meurs     | Rotterdam             | 1:09:40 | 1:09:27 |
| 19           | Bas van Hattem      | Fortuna               | 1:10:21 | 1:10:16 |
| 20           | Ruud Hoogsteder     | Rotterdam             | 1:11:48 | 1:11:44 |
| 21           | Jan Knipmeyer       | Fortuna               | 1:12:07 | 1:12:05 |
| 22           | Bart Meijboom       | Spijkenisse           | 1:13:07 | 1:12:47 |
| 23           | Paul Wuestenenk     | Rotterdam             | 1:13:10 | 1:12:58 |
| 24           | Oskar den Boer      | Vlaardingen           | 1:13:56 | 1:13:47 |
| 25           | Ruud van Es         | Fortuna               | 1:14:11 | 1:14:06 |
| 26           | Kees Montanus       | Fortuna               | 1:14:37 | 1:14:35 |
| 27           | Peter Verhagen      | Goedereede            | 1:14:47 | 1:14:43 |
| 28           | Andre de Roo        | Fortuna               | 1:15:46 | 1:15:42 |
| 29           | Ronald Tertoolen    | Fortuna               | 1:16:20 | 1:16:12 |
| 30           | Remco Vervloet      | Fortuna               | 1:16:42 | 1:16:37 |
| 31           | Frans de Winter     | Fortuna               | 1:16:53 | 1:16:47 |
| 32           | Jan Louter          | Fortuna               | 1:17:39 | 1:17:35 |
| 33           | Simon Levelt        | Breda                 | 1:17:39 | 1:17:32 |
| 34           | Lucien van Uffelen  | Rotterdam             | 1:18:00 | 1:17:43 |
| 35           | Arie van de Sar     | Fortuna               | 1:18:17 | 1:18:03 |
| 36           | Mark van Dijk       | Olympus '70           | 1:18:20 | 1:18:16 |
| 37           | Martin van der Eijk | Fortuna               | 1:18:39 | 1:18:35 |
| 38           | Joop Terwiel        | Fortuna               | 1:18:52 | 1:18:46 |
| 39           | Henk Mulder         | Fortuna               | 1:20:51 | 1:20:46 |
| 40           | Edwin Heuvelman     | Fortuna               | 1:22:28 | 1:22:19 |
| 41           | Ron de Jong         | Hoogvliet Rotterdam   | 1:22:35 | 1:22:21 |
| 42           | Rob Stallinga       | Rijswijk Zh           | 1:23:30 | 1:23:22 |
| 43           | Dolf Burger         | 's-Gravenzande        | 1:23:53 | 1:23:34 |
| 44           | J Markusse          | Vlaardingen           | 1:24:17 | 1:23:50 |
| 45           | Hans van Dijk       | Fortuna               | 1:24:50 | 1:24:41 |
| 46           | Heiko Hassing       | Vlaardingen           | 1:24:59 | 1:24:40 |
| 47           | Walter de Ling      | Fortuna               | 1:26:49 | 1:26:34 |
| 48           | Leo vd Meer         | Fortuna               | 1:27:25 | 1:27:10 |
| 49           | Jurgen Hollemans    | Fortuna               | 1:27:32 | 1:27:21 |
| 50           | Leo van Spronsen    | Poeldijk              | 1:27:38 | 1:27:30 |
| 51           | Niek Wargers        | Rotterdam             | 1:28:22 | 1:28:09 |
| 52           | Robert Booij        | Fortuna               | 1:28:43 | 1:28:27 |
| 53           | Wim van Driel       | Fortuna               | 1:28:43 | 1:28:32 |
| 54           | Gerard van den Ende | 's-Gravenzande        | 1:28:46 | 1:28:37 |
| 55           | Jan Mersch          | Fortuna               | 1:30:47 | 1:30:42 |
| 56           | Gijs Honing         | Blokker               | 1:31:02 | 1:30:55 |
| 57           | A Schuurman         | Amsterdam             | 1:31:44 | 1:31:37 |
| 58           | Pieter Adrianse     | Brielle               | 1:31:59 | 1:31:44 |

# Uitslagenlijst Prestatieloop 3-5-10km en 10EM

## Vlaardingen - Zaterdag 12 juni 2010

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 59     | Bert den Hond          | Fortuna               | 1:32:52 | 1:32:40 |
| 60     | Oscar Holterman        | Fortuna               | 1:32:58 | 1:32:50 |
| 61     | Hans Streefkerk        | Fortuna               | 1:34:32 | 1:34:21 |
| 62     | Kenne Christian v.d.Ve | Fortuna               | 1:34:39 | 1:34:29 |
| 63     | Ben van der Velde      | Fortuna               | 1:34:39 | 1:34:30 |
| 64     | Bram de Visser         | Barendrecht           | 1:34:43 | 1:34:25 |
| 65     | Bert Baur              | Fortuna               | 1:36:02 | 1:35:46 |
| 66     | Henk Lansbergen        | Honselersdijk         | 1:36:11 | 1:35:58 |
| 67     | Ray van Etten          | Nieuw Beijerland      | 1:36:22 | 1:36:10 |
| 68     | Gerard Stoevelaar      | Fortuna               | 1:39:10 | 1:39:01 |
| 69     | Paul Halkes            | Fortuna               | 1:40:31 | 1:40:17 |
| 70     | Peter Makop            | Hellevoetsluis        | 1:41:50 | 1:41:28 |
| 71     | Evert van 't Hof       | Fortuna               | 1:42:51 | 1:42:43 |
| 72     | Robert Rutjes          | Rotterdam             | 1:42:58 | 1:42:46 |
| 73     | Bas van der Raaf       | Fortuna               | 1:46:21 | 1:46:11 |
| 74     | Maarten Kraan          | Fortuna               | 1:46:33 | 1:46:23 |
| 75     | Jan Mulder             | Fortuna               | 1:51:35 | 1:51:21 |

### DAMES, 10 EM

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 1      | Angela Koolmees        | Vlaardingen           | 1:10:33 | 1:10:30 |
| 2      | Monique Leentvaar      | Fortuna               | 1:11:49 | 1:11:46 |
| 3      | Marjolijn Goos         | Fortuna               | 1:15:40 | 1:15:35 |
| 4      | Wilma van der Linde    | Fortuna               | 1:15:44 | 1:15:29 |
| 5      | Martine Dattin         | Schiedam              | 1:16:36 | 1:16:22 |
| 6      | Danielle Biseswar      | Berkel en Rodenrijs   | 1:17:20 | 1:17:05 |
| 7      | Jorien van den Doel    | Fortuna               | 1:18:14 | 1:18:00 |
| 8      | Sandra van den Bos     | Rotterdam             | 1:23:09 | 1:22:48 |
| 9      | Miranda Kaslander Stol | 's-Gravenzande        | 1:23:53 | 1:23:34 |
| 10     | Annemie van Hatterem   | Fortuna               | 1:27:56 | 1:27:43 |
| 11     | Carla Stans            | Vlaardingen           | 1:28:32 | 1:28:27 |
| 12     | Diana Oosterhof        | Fortuna               | 1:28:43 | 1:28:35 |
| 13     | Monique van Dongeren   | Schiedam              | 1:29:21 | 1:29:04 |
| 14     | Frederika Welle Donker | Fortuna               | 1:30:29 | 1:30:25 |
| 15     | Sui Tsang              | Maassluis             | 1:36:46 | 1:36:24 |
| 16     | Annemieke Lalleman     | Fortuna               | 1:36:54 | 1:36:42 |
| 17     | Ria Pluimgraaff        | Fortuna               | 1:37:48 | 1:37:44 |
| 18     | Astrid van Beukelen    | Fortuna               | 1:38:14 | 1:38:03 |
| 19     | Lenie Vonk             | Waterweg              | 1:39:30 | 1:39:27 |
| 20     | Jeannette van huizen   | Fortuna               | 1:40:32 | 1:40:16 |
| 21     | Anne Marie van Gendere | Vlaardingen           | 1:40:48 | 1:40:36 |
| 22     | Esther Prooi           | Barendrecht           | 1:42:56 | 1:42:44 |
| 23     | Bauwien Moerman        | Fortuna               | 1:43:35 | 1:43:24 |
| 24     | Anneke de Roo          | Fortuna               | 1:45:59 | 1:45:43 |
| 25     | Anne-Marie Visser      | Fortuna               | 1:46:21 | 1:46:12 |

### HEREN, 10 KILOMETER

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Jacco van der Kuil   | Rockanje              | 38:47 | 38:45 |
| 2      | Peter de Kort        | Dongen                | 40:22 | 40:21 |
| 3      | Marcel de Brabander  | Honselersdijk         | 41:36 | 41:33 |
| 4      | Jaco Drop            | 's-Gravenzande        | 43:19 | 43:17 |
| 5      | Richard van Haastert | Fortuna               | 44:03 | 44:01 |
| 6      | Peter Uilenhoed      | Fortuna               | 44:05 | 44:00 |
| 7      | Joep Versluis        | Schiedam              | 44:15 | 44:10 |
| 8      | Jasper Manschot      | Rotterdam             | 45:14 | 45:07 |
| 9      | Ben van der Eijk     | Schipluiden           | 45:19 | 45:13 |
| 10     | Bob Hart             | Fortuna               | 46:05 | 45:47 |
| 11     | Joost van Buuren     | Rotterdam             | 46:18 | 46:10 |

# Uitslagenlijst Prestatieloop 3-5-10km en 10EM

## Vlaardingen - Zaterdag 12 juni 2010

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 12     | Mounir de Mourtier     | Lentiz Geuzencollege  | 47:00   | 46:34   |
| 13     | Rene Gillemans         | Lentiz Geuzencollege  | 47:08   | 46:44   |
| 14     | Quincy Poldervaart     | Lentiz Geuzencollege  | 47:49   | 47:23   |
| 15     | Herman Winkel          | Vlaardingen           | 48:05   | 47:54   |
| 16     | Mitchel Altena         | Vlaardingen           | 48:16   | 48:03   |
| 17     | E de Blois             | Vlaardingen           | 48:22   | 48:16   |
| 18     | Van der Zwan           | Rozenburg Zh          | 48:27   | 48:13   |
| 19     | Richard Poot           | 's-Gravenzande        | 48:42   | 48:37   |
| 20     | Marnix Zwartbol        | Oud-Beijerland        | 48:50   | 48:37   |
| 21     | Jeroen van Heijst      | Lentiz Geuzencollege  | 48:59   | 48:51   |
| 22     | Willem de Jong         | Barendrecht           | 49:04   | 48:39   |
| 23     | Gerard Janssen         | Capelle aan den IJss  | 49:14   | 48:52   |
| 24     | Kay Groen              | Lentiz Geuzencollege  | 49:29   | 49:08   |
| 25     | Boudewijn Hollebrands  | Fortuna               | 49:34   | 49:13   |
| 26     | Marouane Boukarhihi    | Lentiz Geuzencollege  | 49:41   | 49:14   |
| 27     | Christiaan Slooff      | Vlaardingen           | 50:24   | 50:10   |
| 28     | Martijn van Etten      | Groningen             | 50:26   | 50:14   |
| 29     | Leo Stans              | Fortuna               | 50:30   | 50:20   |
| 30     | Piet Wijnsema          | Energie               | 50:53   | 50:33   |
| 31     | Jan van den Dorpel     | Fortuna               | 51:20   | 51:01   |
| 32     | Frans Cordemans        | Dordrecht             | 51:24   | 51:04   |
| 33     | Marco Ooms             | Fortuna               | 52:07   | 51:49   |
| 34     | Cees Legierse          | Vlaardingen           | 52:13   | 52:09   |
| 35     | Arne Mellaard          | Rotterdam             | 52:58   | 52:38   |
| 36     | Richard Gravendijk     | Lentiz Geuzencollege  | 53:28   | 53:05   |
| 37     | J Pluimgraaff          | Fortuna               | 54:26   | 54:11   |
| 38     | Ies Korpershoek        | Fortuna               | 54:51   | 54:45   |
| 39     | Rob spaans             | Monster               | 55:16   | 55:03   |
| 40     | René van Teijlingen    | Vlaardingen           | 55:32   | 55:15   |
| 41     | Ceel van Rhee          | Vlaardingen           | 55:48   | 55:20   |
| 42     | Daniel Boeree          | Lentiz Geuzencollege  | 55:48   | 55:26   |
| 43     | Patrick Huijding       | Schiedam              | 55:53   | 55:52   |
| 44     | Cas Stapersma          | Lentiz Geuzencollege  | 56:01   | 55:41   |
| 45     | Jan-Willem van der Sch | Rotterdam             | 56:17   | 55:54   |
| 46     | Daniel Niewenhuysen    | Lentiz Geuzencollege  | 56:20   | 55:59   |
| 47     | Stefan Dijkxhoorn      | Lentiz Geuzencollege  | 56:20   | 56:00   |
| 48     | S Pleijsier            | Maassluis             | 56:42   | 56:35   |
| 49     | Gerard Wapenaar        | Fortuna               | 58:10   | 58:01   |
| 50     | Hans Hendriks          | Fortuna               | 58:38   | 58:29   |
| 51     | J Budding              | Vlaardingen           | 58:53   | 58:38   |
| 52     | Sander van Wasbeek     | Vlaardingen           | 58:55   | 58:35   |
| 53     | Jan Kortleven          | Fortuna               | 1:00:26 | 1:00:18 |
| 54     | Stuart Verweij         | Lentiz Geuzencollege  | 1:00:52 | 1:00:29 |
| 55     | Gerard Schepers        | Vlaardingen           | 1:01:00 | 1:00:51 |
| 56     | T vd Poort             | Rotterdam             | 1:01:08 | 1:01:01 |
| 57     | Nour el Sayed          | Lentiz Geuzencollege  | 1:03:29 | 1:03:03 |
| 58     | Arno Stapersma         | Fortuna               | 1:04:02 | 1:03:52 |
| 59     | Braiston Hoepel        | Lentiz Geuzencollege  | 1:05:05 | 1:04:39 |
| 60     | G Rolff                | 's-Gravenzande        | 1:07:09 | 1:06:45 |
| 61     | Anton Huijer           | Vlaardingen           | 1:11:15 | 1:11:02 |
| 62     | Rens van Eijk          | Lentiz Geuzencollege  | 1:13:44 | 1:13:21 |
| 63     | Kie Sozef              | Lentiz Geuzencollege  | 1:16:54 | 1:16:33 |
| 64     | Jason van Vliegen      | Lentiz Geuzencollege  | 1:19:29 | 1:19:07 |

### DAMES, 10 KILOMETER

| Plaats | Naam                | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|-------|-------|
| 1      | Johanna van Randwyk | Vlaardingen           | 47:14 | 47:07 |
| 2      | Fumiko Inoue        | Vlaardingen           | 50:16 | 50:12 |
| 3      | Yvonne Gillemans    | Lentiz Geuzencollege  | 50:24 | 50:00 |

# Uitslagenlijst Prestatieloop 3-5-10km en 10EM

## Vlaardingen - Zaterdag 12 juni 2010

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 4      | Anita Stolk            | Barendrecht           | 53:05   | 52:59   |
| 5      | Mirjam Mooij           | Fortuna               | 54:16   | 54:04   |
| 6      | D. van Meurs           | Schiedam              | 56:55   | 56:48   |
| 7      | Monique Hogervorst     | Wateringen            | 58:01   | 57:48   |
| 8      | Karin van der Giessen  | Fortuna               | 1:03:20 | 1:03:09 |
| 9      | Colinda Tanis          | Fortuna               | 1:03:20 | 1:03:09 |
| 10     | Ingrid Brokling        | Vlaardingen           | 1:04:27 | 1:04:13 |
| 11     | Ingrid Hofman          | Vlaardingen           | 1:05:01 | 1:04:47 |
| 12     | Sylvia Pol van der Ven | Fortuna               | 1:05:10 | 1:04:54 |
| 13     | Ineke van der Vaart    | Fortuna               | 1:10:36 | 1:10:21 |
| 14     | Lianne Leliveld        | Lentiz Geuzencollege  | 1:19:46 | 1:19:25 |

### HEREN, 5 KILOMETER

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1      | Matthijs Riemens       | Fortuna               | 16:44 | 16:44 |
| 2      | Marco Poot             | Maassluis             | 18:33 | 18:32 |
| 3      | Bas Heiden             | Ridderkerk            | 18:55 | 18:52 |
| 4      | Mark Stuurman          | Oud Beijerland        | 19:21 | 19:20 |
| 5      | Bob Hartigh            | Vlaardingen           | 19:28 | 19:26 |
| 6      | Luuk Uilenhoed         | Vlaardingen           | 19:52 | 19:50 |
| 7      | Jesus Caeiro Mouzo     | Rotterdam             | 20:30 | 20:26 |
| 8      | Loek van Zevenbergen   | Fortuna               | 21:09 | 21:06 |
| 9      | Hans van Meurs         | Fortuna               | 21:11 | 21:08 |
| 10     | Jan den Hartigh        | Vlaardingen           | 21:14 | 21:12 |
| 11     | Juan Javier Caeiro y M | Cappele a/d IJssel    | 22:04 | 21:59 |
| 12     | H Slijkhuis            | Rhoon                 | 22:49 | 22:46 |
| 13     | Sanne Hoekstra         | Dongen                | 24:34 | 24:16 |
| 14     | Jos van den Boom       | 's-Gravenhage         | 25:17 | 24:52 |
| 15     | J Groeneveld           | Rotterdam             | 27:09 | 27:01 |
| 16     | Klaas ven den Bos      | Vlaardingen           | 28:35 | 28:29 |
| 17     | Coen van Roon          | Vlaardingen           | 28:59 | 28:49 |
| 18     | N Lanser               | Spijkenisse           | 29:53 | 29:28 |
| 19     | Hans Leegstra          | Fortuna               | 30:25 | 30:06 |
| 20     | John de Visser         | Schiedam              | 41:28 | 41:03 |

### DAMES, 5 KILOMETER

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Linda van Roon       | Vlaardingen           | 29:02 | 28:51 |
| 2      | Wil Vons             | Fortuna               | 30:34 | 30:18 |
| 3      | Vanessa van Duuren   | Fortuna               | 30:51 | 30:35 |
| 4      | Mirjam Kaptein       | Fortuna               | 31:06 | 30:55 |
| 5      | Wendy van Amerongen  | Fortuna               | 31:06 | 30:56 |
| 6      | Marieke van Klaveren | Vlaardingen           | 37:58 | 37:32 |

### HEREN, 3 KILOMETER

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Jaap van Zevenbergen | Fortuna               | 13:25 |       |
| 2      | Kees Riedijk         | Fortuna               | 22:12 |       |

### DAMES, 3 KILOMETER

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1      | Femke Sloot            | Fortuna               | 13:50 |       |
| 2      | Janna van Zevenbergen  | Fortuna               | 16:10 |       |
| 3      | Marianne van der Kaaij | Maassluis             | 20:19 |       |
| 4      | Claudia Mersch         | Fortuna               | 20:29 |       |
| 5      | Jokes van Grootveld    | Fortuna               | 24:35 |       |
| 6      | Trix Bout              | Fortuna               | 24:36 |       |