

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| M-12, JEUGDLOOP 1 KM | | | | |
|----------------------|-----------------------|-----------------------|-------|-------|
| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
| 1 | Femke Yska | Nijland | 4:33 | 4:33 |
| 2 | Anna Meijer | Grou | 4:53 | 4:51 |
| 3 | Rebecca Sweeney | Grou | 5:01 | 4:58 |
| 4 | Lianne Hovius | Oudehaske | 5:18 | 5:17 |
| 5 | Iris Elsinga | Akkrum | 5:21 | 5:20 |
| 6 | Rixt Drenten | Leeuwarden | 5:24 | 5:23 |
| 7 | Janna Blank | Grou | 5:27 | 5:26 |
| 8 | Sibrecht Bouma | Grou | 5:28 | 5:27 |
| 9 | Noortje Roemers | Nes gem Boarnsterhim | 5:28 | 5:24 |
| 10 | Hannelys Posthumus | Reduzum | 5:35 | 5:35 |
| 11 | Berber Blank | Grou | 5:39 | 5:38 |
| 12 | Ilselyn Kramer | Grou | 5:43 | 5:43 |
| 13 | Noortje Dankert | Grou | 5:47 | 5:46 |
| 14 | Sanne Feijen | Grou | 5:47 | 5:44 |
| 15 | Lian Oving | Jirnsum | 6:00 | 5:57 |
| 16 | Rixt de Jong | Jirnsum | 6:08 | 6:04 |
| 17 | Yneke Sjoukje Goerres | Aldeboarn | 6:08 | 6:08 |
| 18 | Lysan Wentzel | Grou | 6:13 | 6:10 |
| 19 | Eveline de Haan | Aldeboarn | 6:15 | 6:14 |
| 20 | Fay v.d. Broek | Grou | 6:17 | 6:16 |
| 21 | Silke Buwalda | Grou | 6:19 | 6:18 |
| 22 | Senna Groothof | Leeuwarden | 6:21 | 6:13 |
| 23 | Manon Goos | Grou | 6:23 | 6:22 |
| 24 | Julia Bilkenroth | Keulen | 6:23 | 6:15 |
| 25 | Danne Moenandar | Groningen | 6:30 | 6:22 |
| 26 | Nynke van Luyn | Groningen | 6:30 | 6:22 |
| 27 | Goaitske Bouma | Grou | 6:32 | 6:30 |
| 28 | Sigrid de Vries | Leeuwarden | 6:36 | 6:29 |
| 29 | Eline van Luyn | Groningen | 6:37 | 6:27 |
| 30 | Janne Velstra | Grou | 6:37 | 6:32 |
| 31 | Anne Marije Wierds | Aldeboarn | 6:41 | 6:41 |
| 32 | Thirza Castelein | Grou | 6:44 | 6:42 |
| 33 | Frederique Slot | Grou | 6:48 | 6:47 |
| 34 | Suze Voorwinde | Grou | 6:51 | 6:50 |
| 35 | Eelkje Dijkstra | Raerd | 6:54 | 6:49 |
| 36 | Bernice Damkat | Grou | 6:55 | 6:52 |
| 37 | Britt de haan | Leeuwarden | 6:56 | 6:51 |
| 38 | Mayra Quittek | Grou | 6:57 | 6:57 |
| 39 | Luna Otte | Grou | 6:58 | 6:51 |
| 40 | Mirte van Zwol | Grou | 6:58 | 6:56 |
| 41 | Merle de Leeuw | Grou | 6:58 | 6:51 |
| 42 | Rosannah Groen | Poppenwier | 6:59 | 6:55 |
| 43 | Ilse van Driel | Grou | 7:02 | 6:58 |
| 44 | Frauke Veenstra | Aldeboarn | 7:06 | 6:58 |
| 45 | Annemare Schmit | Grou | 7:14 | 6:59 |
| 46 | Els Hoekstra | Grou | 7:16 | 7:06 |
| 47 | Jacoba Visser | Grou | 7:17 | 7:15 |
| 48 | Freya Grytsje Goerres | Aldeboarn | 7:17 | 7:17 |
| 49 | Marin Groothof | Leeuwarden | 7:21 | 7:12 |
| 50 | Imke Borst | Grou | 7:25 | 7:05 |
| 51 | Ymke Kamp | Grou | 7:25 | 7:05 |
| 52 | Ilse Goos | Grou | 7:26 | 7:05 |
| 53 | JoAn Wesselius | Workum | 7:26 | 6:50 |
| 54 | Demi Bultsma | Grou | 7:27 | 7:23 |
| 55 | Ilse Kuiken | Grou | 7:29 | 7:24 |
| 56 | Janna de Ruiter | Grou | 7:32 | 7:24 |
| 57 | Femke Blaauw | Franeker | 7:33 | 7:16 |
| 58 | Mirte Nauta | Grou | 7:34 | 7:28 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 59 | Mylou v.d. Broek | Grou | 7:34 | 7:26 |
| 60 | Sjoukje Posthumus | Reduzum | 7:34 | 7:30 |
| 61 | Mirthe Kroeze | Akkrum | 7:35 | 7:31 |
| 62 | Orian Koekenbier | Grou | 7:36 | 7:22 |
| 63 | Laura Wesseling | Grou | 7:37 | 7:22 |
| 64 | Annika Post | Nes gem Boarnsterhim | 7:39 | 7:34 |
| 65 | Femke Meinsma | Grou | 7:41 | 7:35 |
| 66 | Lotte Bakker | Grou | 7:43 | 7:31 |
| 67 | Inge Hovinga | Grou | 7:52 | 7:27 |
| 68 | Julia Koekenbier | Grou | 7:53 | 7:40 |
| 69 | Meike Baar | Grou | 7:55 | 7:38 |
| 70 | Janne van der Mark | Nes gem Boarnsterhim | 7:56 | 7:50 |
| 71 | Frouke de Rooter | Grou | 8:00 | 7:50 |
| 72 | Yfke v.d Meer | Grou | 8:00 | 8:00 |
| 73 | Marthe van der Meer | Grou | 8:01 | 8:01 |
| 74 | Ylse de Jong | Grou | 8:02 | 7:38 |
| 75 | Wike Talsma | Grou | 8:03 | 7:23 |
| 76 | Chantal Krikke | Grou | 8:07 | 7:57 |
| 77 | Anke de Groot | Grou | 8:07 | 8:05 |
| 78 | Fardau Terra | Grou | 8:10 | 7:53 |
| 79 | Nienke Bergsma | Jirnsum | 8:14 | 7:53 |
| 80 | Li-tian Weerman | Grou | 8:16 | 8:12 |
| 81 | Nina van Vugt | Almere | 8:17 | 7:57 |
| 82 | Liz Modderman | Grou | 8:17 | 8:14 |
| 83 | Jana Mastromina | Grou | 8:19 | 8:14 |
| 84 | Zenna Oost | | 8:20 | 8:18 |
| 85 | Naomi v.d. Vlis | Grou | 8:20 | 8:11 |
| 86 | Melissa Kleen | Grou | 8:21 | 8:09 |
| 87 | Gabrielle de Jong | Grou | 8:22 | 8:06 |
| 88 | Isabelle Meijer | Nes gem Boarnsterhim | 8:25 | 8:18 |
| 89 | Eeke ten Hoor | Grou | 8:25 | 8:09 |
| 90 | Tjalda ten Hoor | Grou | 8:34 | 8:18 |
| 91 | Maren Nieuwenhuis | Grou | 8:37 | 8:28 |
| 92 | Sanne Hoekstra | Jirnsum | 8:37 | 8:36 |
| 93 | Esmee kinderman | Grou | 8:42 | 8:41 |
| 94 | Marijke Henning | Aldeboarn | 8:51 | 8:50 |
| 95 | Jorinde Niemarkt | Jirnsum | 8:52 | 8:32 |
| 96 | Anna Rixt Algra | Grou | 9:18 | 9:18 |
| 97 | Brecht Hylkema | Jirnsum | 9:32 | 9:13 |
| 98 | Anneloes Bijlsma | Grou | 9:33 | 9:30 |
| 99 | Anouk Andringa | Grou | 9:37 | 9:09 |
| 100 | Alyne Eelkje Goerres | Aldeboarn | 9:41 | 9:25 |
| 101 | Renee de Vries | Grou | 9:56 | 9:40 |
| 102 | Iris Snip | Grou | 10:56 | 10:30 |
| 103 | Brecht Smeding | Leeuwarden | 13:42 | 13:33 |
| 104 | Doutzen Bouma | Grou | 25:02 | 9:14 |
| 105 | Emma Baarda | Grou | 25:02 | 9:14 |
| 106 | Myrthe Giesen | Grou | 25:10 | 9:22 |

J-12, JEUGDLOOP 1 KM

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1 | Aaron Meijer | Grou | 4:23 | 4:23 |
| 2 | Simon Sjouke Zijlstra | Reduzum | 4:29 | 4:28 |
| 3 | Jelmer Foppe Drijfhout | Poppenwier | 4:37 | 4:35 |
| 4 | Barth Wijkstra | Terband | 4:38 | 4:38 |
| 5 | Viggo Kielman | Grou | 4:40 | 4:36 |
| 6 | Joshua Bilkenroth | Kenten | 4:47 | 4:45 |
| 7 | Ties Roemers | Nes gem Boarnsterhim | 4:48 | 4:48 |
| 8 | Jan Elsinga | Akkrum | 4:50 | 4:49 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 9 | Bjorn Terra | Jirnsum | 4:51 | 4:50 |
| 10 | Doede van der Weide | Jirnsum | 4:51 | 4:51 |
| 11 | Bernd Voorwinde | Grou | 4:52 | 4:52 |
| 12 | Robin Wagenaar | Oranjewoud | 4:54 | 4:53 |
| 13 | Erik Hovius | Oudehaske | 4:58 | 4:58 |
| 14 | Hendrik Kroes | Nes gem Boarnsterhim | 5:11 | 5:11 |
| 15 | Iwan Jonker | Nes gem Boarnsterhim | 5:12 | 5:11 |
| 16 | Rens de Roos | Lemmer | 5:20 | 5:15 |
| 17 | Stijn de Roos | Lemmer | 5:21 | 5:15 |
| 18 | Luuk hoekman | Leeuwarden | 5:22 | 5:19 |
| 19 | Jop Eerligh | Terherne | 5:22 | 5:20 |
| 20 | Timen de Boer | Wommels | 5:23 | 5:22 |
| 21 | Johannes Gerben Brinks | Reduzum | 5:25 | 5:22 |
| 22 | sverre Huisman | Grou | 5:25 | 5:23 |
| 23 | Thom van der Mark | Nes gem Boarnsterhim | 5:26 | 5:25 |
| 24 | Allart Frensel | Akkrum | 5:28 | 5:23 |
| 25 | Stef van Steen | Grou | 5:29 | 5:27 |
| 26 | Lucas Meijer | Grou | 5:31 | 5:27 |
| 27 | Sieds Boersma | Heerenveen | 5:33 | 5:32 |
| 28 | Marc Wagenaar | Oranjewoud | 5:34 | 5:33 |
| 29 | Jouke Jan Kuipers | Deinum | 5:38 | 5:32 |
| 30 | Jelmer Castelein | Grou | 5:40 | 5:38 |
| 31 | Sander Riemsma | Grou | 5:41 | 5:40 |
| 32 | Wessel Nugteren | Jirnsum | 5:42 | 5:41 |
| 33 | Stijn van der Duim | Grou | 5:45 | 5:40 |
| 34 | Taeke van der Bij | Jirnsum | 5:46 | 5:43 |
| 35 | Mats Wierda | Grou | 5:47 | 5:47 |
| 36 | Lars Schmit | Grou | 5:47 | 5:45 |
| 37 | Demian Lans | Grou | 5:48 | 5:42 |
| 38 | Jan Yntema | Grou | 5:48 | 5:43 |
| 39 | Martsen niemarkt | Grou | 5:49 | 5:47 |
| 40 | Kees-Jan Bijlsma | Grou | 5:53 | 5:51 |
| 41 | Niels Grit | Grou | 5:55 | 5:55 |
| 42 | Hidde Boersma | Heerenveen | 6:00 | 6:00 |
| 43 | Jildert Kornet | Grou | 6:09 | 6:04 |
| 44 | Damkat | Grou | 6:11 | 6:07 |
| 45 | Ties Rijpma | Grou | 6:12 | 6:07 |
| 46 | Age Roorda | Grou | 6:13 | 6:09 |
| 47 | Ruben Jort Landstra | Grou | 6:15 | 6:14 |
| 48 | Rean de Vries | Leeuwarden | 6:16 | 6:08 |
| 49 | Martijn Fokkema | Grou | 6:16 | 6:13 |
| 50 | Wubbe van der Veen | Grou | 6:17 | 6:16 |
| 51 | Hugo van Driel | Grou | 6:17 | 6:01 |
| 52 | Chris Nugteren | Jirnsum | 6:24 | 6:16 |
| 53 | Tobias Dankert | Grou | 6:24 | 6:16 |
| 54 | Jurre Buwalda | Grou | 6:25 | 6:23 |
| 55 | Sven Alkema | Grou | 6:25 | 6:21 |
| 56 | Tycho Jeeninga | Leeuwarden | 6:25 | 6:08 |
| 57 | Nils Riemsma | Grou | 6:26 | 6:17 |
| 58 | Mees Schotanus | Grou | 6:34 | 6:28 |
| 59 | Nordin Kleen | Grou | 6:38 | 6:35 |
| 60 | Stijn Sloot | Leeuwarden | 6:39 | 6:33 |
| 61 | Hessel Hylkema | Jirnsum | 6:41 | 6:23 |
| 62 | Savoy de Jong | Grou | 6:43 | 6:37 |
| 63 | Jelmer de Visser | Sneek | 6:44 | 6:37 |
| 64 | Angel de Jong | Grou | 6:44 | 6:38 |
| 65 | Ties van Steen | Grou | 6:44 | 6:42 |
| 66 | Tim Meijer | Nes gem Boarnsterhim | 6:48 | 6:47 |
| 67 | Marijn Meijers | Grou | 6:48 | 6:37 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 68 | Floris Swart | Grou | 6:50 | 6:45 |
| 69 | Aaron de Vries | Grou | 6:50 | 6:46 |
| 70 | Jisk Smeding | Leeuwarden | 6:51 | 6:48 |
| 71 | Stijn Andringa | Grou | 6:56 | 6:28 |
| 72 | Rik Meijer | Grou | 6:57 | 6:25 |
| 73 | Jasper Slot | Grou | 7:01 | 6:56 |
| 74 | Sem v.d. Meer | Grou | 7:02 | 7:01 |
| 75 | Bas Hoekstra | Grou | 7:02 | 6:59 |
| 76 | Remco Weidenaar | Goengahuizen | 7:05 | 6:58 |
| 77 | Rein van der Meer | Grou | 7:07 | 7:02 |
| 78 | Ruben Hoekstra | Reduzum | 7:18 | 7:16 |
| 79 | Lourens Tiemersma | Grou | 7:25 | 7:14 |
| 80 | Damian Hooegeveen | Heerenveen | 7:25 | 7:09 |
| 81 | Luuk Dooper | Grou | 7:26 | 7:26 |
| 82 | Onbekend | Jirnsum | 7:30 | 7:12 |
| 83 | Thijs Nugteren | Jirnsum | 7:35 | 7:26 |
| 84 | Daan Algra | Grou | 7:38 | 7:38 |
| 85 | Nils van der Meulen | Leeuwarden | 7:39 | 7:33 |
| 86 | Jacco de Vries | Grou | 7:40 | 7:36 |
| 87 | Jesse Postma | Grou | 7:42 | 7:40 |
| 88 | Kick Bakker | Grou | 7:53 | 7:40 |
| 89 | Jesse van Dijk | Akkrum | 7:58 | 7:48 |
| 90 | Wouter Oost | Grou | 8:04 | 8:02 |
| 91 | Marten Bergsma | Jirnsum | 8:10 | 7:49 |
| 92 | Martijn Hoekstra | Wolvega | 8:12 | 8:10 |
| 93 | Lars de Roos | Lemmer | 8:12 | 8:07 |
| 94 | Mark Goos | Grou | 8:13 | 7:59 |
| 95 | Karsten de Jong | Grou | 8:22 | 8:04 |
| 96 | Ate ten Hoor | Grou | 8:24 | 8:09 |
| 97 | Jento Moenandar | Groningen | 8:32 | 8:21 |
| 98 | Senne cees Kalsbeek | Grou | 8:34 | 8:31 |
| 99 | Jurre Grit | Grou | 8:52 | 8:45 |
| 100 | Casper Jeeninga | Leeuwarden | 9:11 | 8:53 |
| 101 | Christian Brouwer | Grou | 9:26 | 9:26 |
| 102 | Atte de Haan | Aldeboarn | 9:28 | 9:15 |
| 103 | Diederik Bakker | Leeuwarden | 9:34 | 9:20 |
| 104 | Evan Coehoorn | Grou | 9:36 | 8:52 |
| 105 | Hidde Snip | Grou | 9:51 | 9:22 |
| 106 | Hidde Steensma | Jirnsum | 11:55 | 11:34 |
| 107 | Pepijn Slot | Grou | 13:01 | 12:41 |
| 108 | Steffen Niemarkt | Grou | 15:25 | 15:25 |
| 109 | Wietse Rienk Roodberge | Grou | 20:30 | 4:42 |
| 110 | Wiebe Bouma | Grou | 25:00 | 9:12 |
| 111 | Hylke Dooper | Grou | 2:02:24 | 2:02:24 |

VROUW, 5 KM PRESTATIEL

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|-------|-------|
| 1 | Susan van Weperen | LSV Invictus | 18:08 | 18:08 |
| 2 | Simone van Dijk | Makkum Fr | 18:34 | 18:34 |
| 3 | Agnes Olgers | Emmeloord | 19:59 | 19:58 |
| 4 | Wietske Beenen | Gorredijk | 21:04 | 21:01 |
| 5 | Charlotte Tsang | Bolsward | 22:08 | 22:08 |
| 6 | Anne-Marie Heidstra | Twijzel | 22:37 | 22:35 |
| 7 | Welmoed Mink | Leeuwarden | 23:17 | 23:11 |
| 8 | Fiona van Es | Oldeholtpade | 23:20 | 23:18 |
| 9 | Geesje Nijmeijer | Oldemarkt | 23:21 | 23:21 |
| 10 | Kirsten Tsang | Bolsward | 23:23 | 23:22 |
| 11 | Clasine Haringsma | Raerd | 23:50 | 23:40 |
| 12 | Marte Altenburg | Grou | 24:22 | 24:14 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 13 | Erna Bloemsma | Franeker | 24:23 | 24:19 |
| 14 | Manon Drenten | Leeuwarden | 24:45 | 24:41 |
| 15 | Floor de Ruiter | Goutum | 24:51 | 24:50 |
| 16 | Anouk de Ruiter | Goutum | 24:51 | 24:49 |
| 17 | Laura van der Schuit | Oranjewoud | 24:56 | 24:30 |
| 18 | Jetske van't Blik | Akkrum | 25:09 | 24:54 |
| 19 | Jeske Andreoli | Echten Fr | 25:13 | 25:01 |
| 20 | Anne van der Werf | Leeuwarden | 25:27 | 25:20 |
| 21 | Grietje van Buren | Bolsward | 25:28 | 25:23 |
| 22 | Frederike Draaisma | Leeuwarden | 25:31 | 25:26 |
| 23 | Anke Visser | Grou | 25:43 | 25:38 |
| 24 | Tamara Tuinstra | Leek | 26:07 | 25:48 |
| 25 | Renata vd Heide | Grou | 26:14 | 26:11 |
| 26 | Emma Peetsma | Heerenveen | 26:20 | 25:54 |
| 27 | Annegien de Vries | Leeuwarden | 26:33 | 26:11 |
| 28 | Laura Drost | Franeker | 26:37 | 26:37 |
| 29 | Margje Hylkema | Grou | 26:39 | 26:30 |
| 30 | Miranda Majoor | Gorredijk | 26:44 | 26:19 |
| 31 | Evelien Bruinenberg | Leeuwarden | 26:46 | 26:29 |
| 32 | Miranda Blauw | Leeuwarden | 26:49 | 26:33 |
| 33 | Elske Booi | Burgum | 26:56 | 26:40 |
| 34 | Marike Galama- Schrage | Leeuwarden | 26:57 | 26:41 |
| 35 | Ans Engelsma | Dronryp | 26:58 | 26:54 |
| 36 | Lindsey Schneckloth | Heerenveen | 26:59 | 26:46 |
| 37 | Mirjam Koree | Burgum | 27:02 | 26:46 |
| 38 | Femka Wesselius | Workum | 27:03 | 26:56 |
| 39 | Elske Beintema | Beetsterzwaag | 27:09 | 26:50 |
| 40 | Marloes Emous | Grou | 27:16 | 26:57 |
| 41 | Yvonne de Haan | Grou | 27:16 | 27:11 |
| 42 | Marieke Cruiming | Leeuwarden | 27:24 | 27:18 |
| 43 | Karin Schlukebir | De Westereen | 27:32 | 27:25 |
| 44 | Manon Schut | Grou | 27:33 | 27:26 |
| 45 | Sandra Bijlsma | Poppenwier | 27:34 | 27:22 |
| 46 | Judith Lemstra | Witmarsum | 27:36 | 27:07 |
| 47 | Martine v/d Ploeg | Grou | 27:37 | 27:17 |
| 48 | Sofie Pajmans | Tilburg | 27:38 | 27:14 |
| 49 | Anja Lautenbach | Leeuwarden | 27:40 | 27:33 |
| 50 | Mariska de Roos | Gersloot | 27:42 | 27:33 |
| 51 | J.Zonedauw | | 27:44 | 27:28 |
| 52 | Stephanie Egbers | Groningen | 27:50 | 27:39 |
| 53 | Tjeska Bijlsma | Grou | 27:52 | 27:39 |
| 54 | Petra de Vries | Akkrum | 27:54 | 27:41 |
| 55 | Sigrid de Winkel | Wytgaard | 27:54 | 27:45 |
| 56 | Siemie Reinsma | Wergea | 28:00 | 27:47 |
| 57 | Ytsje van der Schuit | Oranjewoud | 28:01 | 27:34 |
| 58 | Lonneke Abma | Stiens | 28:02 | 27:52 |
| 59 | Anke Hoekstra | Franeker | 28:04 | 27:35 |
| 60 | Trijntje Wijnand | Wergea | 28:08 | 28:02 |
| 61 | Janke Kalter | Leeuwarden | 28:08 | 28:02 |
| 62 | AnneMarie v.d. Wal | Leeuwarden | 28:09 | 27:51 |
| 63 | Grietsje Stienstra | Winsum Fr | 28:13 | 28:02 |
| 64 | AM Veenstra | Leeuwarden | 28:34 | 28:31 |
| 65 | Charlotte van Es | Leeuwarden | 28:48 | 28:30 |
| 66 | Sisca Spijkstra | Grou | 28:50 | 28:34 |
| 67 | Jantine Kuijpers | Nes gem Boarnsterhim | 28:52 | 28:32 |
| 68 | Katinka de Jong | Groningen | 28:54 | 28:49 |
| 69 | Natasja v.d. Bos | Nes gem Boarnsterhim | 28:56 | 28:36 |
| 70 | Grietsje Schaap | Dearsum | 29:09 | 29:06 |
| 71 | Hendrika Vis-deRuiter | Grou | 29:11 | 29:02 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|-------|-------|
| 72 | Tialda Brouwer | Sneek | 29:12 | 28:55 |
| 73 | Djura Bijlsma | Grou | 29:13 | 29:00 |
| 74 | Marijke Troostheide | Leeuwarden | 29:15 | 29:01 |
| 75 | Janet Visser | Grou | 29:20 | 29:14 |
| 76 | Linda Brian | Assen | 29:24 | 29:12 |
| 77 | Tanja Alves-Oost | Boornbergum | 29:32 | 29:14 |
| 78 | Miriam Bokma | Leeuwarden | 29:36 | 29:29 |
| 79 | Ilva Copini | Leeuwarden | 29:37 | 29:18 |
| 80 | Hedwig Jorna | Wytgaard | 29:38 | 29:30 |
| 81 | Patricia van der Mark | Lemmer | 29:41 | 29:31 |
| 82 | Berber Menger | Gorredijk | 29:46 | 29:22 |
| 83 | Tryntsje Schaap | Dearsum | 29:50 | 29:46 |
| 84 | Klasina Huistra | Wommels | 29:50 | 29:37 |
| 85 | Marije van der Meer | Sibrandabuorren | 29:51 | 29:37 |
| 86 | Aliza Visser | De Westereen | 29:54 | 29:45 |
| 87 | Miranda Velting | Grou | 29:56 | 29:41 |
| 88 | Anne van der Goot | Sneek | 30:03 | 29:56 |
| 89 | Marijke Dinkla | Sloten Fr | 30:05 | 29:56 |
| 90 | Regina de Vries | Sloten Fr | 30:05 | 29:56 |
| 91 | Rixt Bergsma | Reduzum | 30:10 | 29:57 |
| 92 | Anna Bakker | Oosterbierum | 30:10 | 30:01 |
| 93 | Matty Kloosterman | Grou | 30:11 | 30:11 |
| 94 | Hilda Kamminga | Leeuwarden | 30:31 | 30:19 |
| 95 | Liliana Heikamp | Noardburgum | 30:38 | 30:31 |
| 96 | Aukje Steringa | Leeuwarden | 30:40 | 30:21 |
| 97 | Sylvia de boer | Raerd | 30:43 | 30:28 |
| 98 | Marina Vasilev | Almere | 30:43 | 30:32 |
| 99 | Ina Kleefstra | Leeuwarden | 30:48 | 30:29 |
| 100 | Sjoukje van der Velde | Leeuwarden | 30:48 | 30:29 |
| 101 | Betty van Zessen | Grou | 30:50 | 30:32 |
| 102 | Nynke de Vries | Grou | 30:54 | 30:37 |
| 103 | Daniëlle Praas | Meppel | 30:57 | 30:43 |
| 104 | Visser-Stam Linda | Leeuwarden | 31:02 | 30:54 |
| 105 | Yvonne Bergsma | Nes gem Boarnsterhim | 31:02 | 30:49 |
| 106 | Avelien Huitema | Heerenveen | 31:16 | 30:53 |
| 107 | Monique Dijkstra | Marsum | 31:18 | 31:10 |
| 108 | Willy Poot | Leeuwarden | 31:21 | 30:58 |
| 109 | Sandra Wiggers | Leeuwarden | 31:21 | 30:58 |
| 110 | Tia Visser | Stiens | 31:25 | 31:03 |
| 111 | Femke Mendel | Grou | 31:35 | 31:29 |
| 112 | Charlotte Schuurman | Haulerwijk | 31:37 | 31:18 |
| 113 | Aaltsje Woudstra | Groningen | 31:44 | 31:34 |
| 114 | Annemiek Vonk | Nijehaske | 32:21 | 32:04 |
| 115 | Sabine Vonk | Almere | 32:24 | 32:11 |
| 116 | Hinke Oost | Leeuwarden | 32:31 | 32:17 |
| 117 | Cathy Fennema | Sneek | 32:37 | 32:19 |
| 118 | Meriam Reusink | Leeuwarden | 32:45 | 32:31 |
| 119 | Judith Rijdsijk | Heerenveen | 33:04 | 32:37 |
| 120 | Althea Browne | Heerenveen | 33:05 | 33:00 |
| 121 | Gea Hilfrich | Boornbergum | 33:09 | 32:51 |
| 122 | Donna Salverda | Leeuwarden | 33:13 | 33:04 |
| 123 | Sonja Prins | Harkema | 33:15 | 32:50 |
| 124 | Tina Giesen | Grou | 33:20 | 33:13 |
| 125 | Jantine Visser | Stiens | 33:31 | 33:10 |
| 126 | Marrit Spijksma | Lelystad | 33:32 | 33:21 |
| 127 | Jacoba Posthumus | Munein | 33:51 | 33:40 |
| 128 | Sanne Iedema | Groningen | 33:51 | 33:40 |
| 129 | Geeske van der Veen | Drempt | 34:08 | 33:42 |
| 130 | Marrit pater | Leeuwarden | 34:15 | 33:52 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 131 | Nienke Rozema | Leeuwarden | 34:15 | 33:51 |
| 132 | Juliette Brouwer | Grou | 34:25 | 34:21 |
| 133 | Elisabeth Akkerman | Groningen | 34:35 | 34:22 |
| 134 | Tini van Vilsteren-Tal | Wergea | 35:08 | 34:46 |
| 135 | Tineke Koopmans | Reduzum | 35:08 | 34:47 |
| 136 | Geertje Cuperus | Harkema | 35:16 | 34:50 |
| 137 | Leanne Miedema | Hurdegaryp | 35:21 | 35:13 |
| 138 | Anke de Jong | Sneek | 35:27 | 35:20 |
| 139 | Mieneke de Wit | Grou | 36:21 | 36:01 |
| 140 | Anke Booi | Drachten | 36:27 | 36:20 |

MAN, 5 KM PRESTATIEL

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|-------|-------|
| 1 | Bram Kielman | Grou | 15:10 | 15:10 |
| 2 | Stefan Postma | Oldeholtpade | 15:19 | 15:19 |
| 3 | Hilbert de Haan | Ouwster-Nijega | 15:59 | 15:59 |
| 4 | Folkert Visser | Burgum | 16:11 | 16:11 |
| 5 | Jelmer van der Veen | Goutum | 16:13 | 16:13 |
| 6 | Kevin Damstra | AV Heerenveen | 16:40 | 16:40 |
| 7 | Steven Koffijberg | Leeuwarden | 17:13 | 17:13 |
| 8 | Tsjerk Dijkema | Damwald | 17:18 | 17:17 |
| 9 | Jan Nijholt | Oosterzee | 17:20 | 17:20 |
| 10 | Dirjan Bouma | Grou | 17:46 | 17:45 |
| 11 | Roy Kolkman | Enschede | 17:53 | 17:53 |
| 12 | Eugene Olgers | Emmeloord | 17:56 | 17:56 |
| 13 | Sjoerd de Boer | Wommels | 18:43 | 18:43 |
| 14 | Max Hof | Grou | 18:43 | 18:33 |
| 15 | Thom Klein | Appelscha | 18:48 | 18:46 |
| 16 | Onno Pijl | Grou | 19:07 | 19:05 |
| 17 | Almer Bootsma | Grou | 19:16 | 19:06 |
| 18 | Steven Kielman | Grou | 19:35 | 19:35 |
| 19 | Marco Verkade | Leeuwarden | 19:48 | 19:44 |
| 20 | Stefan Sytsma | Heerenveen | 19:53 | 19:27 |
| 21 | Wessel Meijer | Grou | 20:04 | 19:32 |
| 22 | Thomas Miedema | Grou | 20:05 | 20:03 |
| 23 | Lucas Reinsma | Grou | 20:07 | 20:06 |
| 24 | Ernst Atema | Grou | 20:08 | 20:07 |
| 25 | Iwer vd Heide | Grou | 20:09 | 20:07 |
| 26 | Yur van Straten | Grou | 20:13 | 19:41 |
| 27 | Martijn Brian | Assen | 20:30 | 20:26 |
| 28 | Eldert Teijema | Heerenveen | 20:39 | 20:35 |
| 29 | Jelle van der veen | Grou | 20:40 | 20:37 |
| 30 | Madà Miesen | Groningen | 20:49 | 20:44 |
| 31 | Detmer Postma | Drachten | 20:56 | 20:33 |
| 32 | Kevin de Boer | Sneek | 20:56 | 20:54 |
| 33 | Niels Schut | Hoogeveen | 21:02 | 21:00 |
| 34 | Michiel Mulder | Grou | 21:17 | 21:13 |
| 35 | Wander Wartena | Grou | 21:19 | 21:12 |
| 36 | Keimpe Tsang | Bolsward | 21:32 | 21:32 |
| 37 | Joop Mink | Grou | 21:35 | 21:33 |
| 38 | Jakko Kramer | Leeuwarden | 21:39 | 21:15 |
| 39 | Freerk v.d Werff | It Heidenskip | 21:49 | 21:33 |
| 40 | Erwin de Ruitter | Goutum | 21:52 | 21:49 |
| 41 | NielsDaniel Smit | Leeuwarden | 22:28 | 22:24 |
| 42 | Rudolf Kuipers | Leeuwarden | 22:39 | 22:33 |
| 43 | Sikke-Durk Dijkstra | Sexbierum | 22:40 | 22:36 |
| 44 | Remco de Jong | Grou | 22:41 | 22:38 |
| 45 | Steven Visser | Grou | 22:48 | 22:46 |
| 46 | Aant-Pieter Wijnsma | Dokkum | 23:05 | 23:04 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|-------|-------|
| 47 | Paul Akkerman | Opeinde | 23:17 | 23:17 |
| 48 | Stef Hemmelder | Grou | 23:28 | 23:04 |
| 49 | Henk van Vilsteren | Wergea | 23:30 | 23:14 |
| 50 | Thomas Hemmelder | Grou | 23:38 | 23:16 |
| 51 | Justus Geutjes | Grou | 23:50 | 23:47 |
| 52 | Arno Huisman | Grou | 24:09 | 24:06 |
| 53 | Chiel Hoekstra | Leeuwarden | 24:15 | 23:58 |
| 54 | Jacob Visser | Grou | 24:17 | 24:12 |
| 55 | Sytze de Witte | Sneek | 24:28 | 24:20 |
| 56 | Stefan Smeenk | Amsterdam | 24:34 | 24:22 |
| 57 | Wieger de Wit | Grou | 24:38 | 24:35 |
| 58 | Joop de Haan | Bolsward | 24:43 | 24:42 |
| 59 | Henk Blaauw | Franeker | 24:46 | 24:27 |
| 60 | Jelmer Bakker | | 24:57 | 24:42 |
| 61 | Ron Koekenbier | Grou | 25:19 | 25:03 |
| 62 | Alexander Bosma | Heerenveen | 25:24 | 25:20 |
| 63 | Nico Bootsma | Grou | 25:27 | 25:17 |
| 64 | Gosse Oppers | Haulerwijk | 25:30 | 25:11 |
| 65 | Dick Pluim | Groningen | 25:38 | 25:15 |
| 66 | Johan Strampel | Heerenveen | 25:44 | 25:39 |
| 67 | Marten van Essen | Hurdegaryp | 25:45 | 25:35 |
| 68 | Hette de Vries | Jirnsom | 25:45 | 25:31 |
| 69 | Ben Damsma | Ryptsjerk | 25:45 | 25:35 |
| 70 | Hidde Meijer | Grou | 25:46 | 25:36 |
| 71 | Paul Dombret | De Klinge | 25:56 | 25:51 |
| 72 | Timme Bontes | Leeuwarden | 25:57 | 25:34 |
| 73 | Michiel Hemmelder | Grou | 26:06 | 25:45 |
| 74 | Johan Lezwijn | Nederland | 26:11 | 25:47 |
| 75 | Jesse Nieuwland | Gorredijk | 26:13 | 25:48 |
| 76 | Friso van der Bijl | Grou | 26:23 | 26:07 |
| 77 | Jouke Tamsma | Rosmalen | 26:23 | 26:02 |
| 78 | Bouke Tamsma | Rosmalen | 26:23 | 26:02 |
| 79 | Bart van der Henst | Grou | 26:24 | 26:08 |
| 80 | Durk Brouwer | Sneek | 26:27 | 26:09 |
| 81 | Wiebren Veenstra | Buitenpost | 26:33 | 26:18 |
| 82 | Jaap-Jan v/d Meer | Grou | 26:45 | 26:43 |
| 83 | Jochem Knol | Beetsterzwaag | 26:48 | 26:28 |
| 84 | Jorrit Booi | Burgum | 26:50 | 26:32 |
| 85 | Ruben van Noordennen | Drachten | 27:05 | 27:01 |
| 86 | Nico van der Werf | Franeker | 27:11 | 27:04 |
| 87 | Robert Otten | Leeuwarden | 27:17 | 27:03 |
| 88 | Ton van der Mark | Sneek | 27:19 | 27:08 |
| 89 | Gerlof Spijksma | Heerenveen | 27:24 | 27:10 |
| 90 | Patrick Koene | Grou | 27:28 | 27:24 |
| 91 | E v.d. Ley | Jirnsom | 27:34 | 27:22 |
| 92 | Nanko Brattinga | Sneek | 27:43 | 27:22 |
| 93 | Cees van Hall | Grou | 27:45 | 27:41 |
| 94 | Witse Cuperus | Britsum | 27:45 | 27:41 |
| 95 | Jesse Breeuwsma | Grou | 27:46 | 27:46 |
| 96 | Jörgen van der Torren | Lelystad | 28:06 | 27:54 |
| 97 | Jesse Douma | Grou | 28:53 | 28:38 |
| 98 | Paul v.d. Bos | Honselersdijk | 28:55 | 28:35 |
| 99 | Douwe van der Laan | Oosternijkerk | 29:02 | 29:01 |
| 100 | Leo Lodder | Leeuwarden | 29:15 | 28:53 |
| 101 | Dick Krekelaar | Ysbrechtum | 29:55 | 29:45 |
| 102 | Jarno Tuinstra | Grootegast | 30:09 | 29:52 |
| 103 | Hendrik Planting | Groningen | 30:09 | 29:53 |
| 104 | Dirk vanBoelen | Hurdegaryp | 30:12 | 29:48 |
| 105 | Johan Tjalsma | Leeuwarden | 30:33 | 30:10 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 106 | Jurjen de Vries | Grou | 31:11 | 31:06 |
| 107 | Sjonnie Oppers | Leek | 31:37 | 31:17 |
| 108 | Johann Velkers | Heerenveen | 31:59 | 31:32 |
| 109 | Eelke de Jong | Grou | 32:50 | 32:27 |
| 110 | Marcel Homsma | Groningen | 32:51 | 32:29 |
| 111 | Janwillem Bethlehem | Tjalleberd | 33:00 | 32:49 |
| 112 | Johan Giesen | Grou | 33:20 | 33:13 |
| 113 | Wolter Freerk Nijmeije | Oldemarkt | 35:49 | 35:48 |
| 114 | Peter Starreveld | Drempt | 43:23 | 42:57 |

VROUW, 10 KM PRESTATIE

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1 | Hanne Boogaard-Hofmans | Heerhugowaard | 40:50 | 40:50 |
| 2 | Sigrid Postma | Heeg | 41:18 | 41:18 |
| 3 | Regine Postma | Heeg | 42:44 | 42:44 |
| 4 | Lavina Wind | Sneek | 43:57 | 43:54 |
| 5 | Hedwich de Groot | Groningen | 44:51 | 44:48 |
| 6 | Esther Wouda | Heerenveen | 46:30 | 46:29 |
| 7 | Andrea Kroes | Makkum | 46:32 | 46:22 |
| 8 | Corine Visser | Leeuwarden | 46:35 | 46:34 |
| 9 | Sytske Nyp | Grou | 46:35 | 46:26 |
| 10 | Marian Pruiksmaterpst | Joure | 48:59 | 48:59 |
| 11 | Alies van den Hoorn | Grou | 49:29 | 49:22 |
| 12 | Anita Hettenvan | Franeker | 49:38 | 49:34 |
| 13 | Monique Venema | Akkrum | 50:48 | 50:45 |
| 14 | Janne Engwerda | Akkrum | 51:51 | 51:47 |
| 15 | Anja van Zutphen | Weidum | 52:02 | 51:55 |
| 16 | Mirjam Bos | Grou | 52:09 | 51:55 |
| 17 | Durkje Dijk | Peins | 52:30 | 52:30 |
| 18 | Greta van der Meer | Grou | 52:35 | 52:25 |
| 19 | Femke Kuindersma | Akkrum | 52:39 | 52:15 |
| 20 | Anke Witteveen | Bolsward | 52:41 | 52:28 |
| 21 | Aaltsje Witteveen | Bolsward | 52:48 | 52:36 |
| 22 | Marianne den Boer | Heerenveen | 53:23 | 53:23 |
| 23 | Hieke osinga-Sybesma | Koufurderrige | 53:44 | 53:39 |
| 24 | Karin Van der Zee | Oudeschoot | 54:15 | 53:58 |
| 25 | Anne Hilarides | Hindeloopen | 54:28 | 54:20 |
| 26 | Fanny van Harten | Grou | 55:02 | 54:54 |
| 27 | Jolanda Wijnsma-vd-Laa | Dokkum | 55:06 | 54:48 |
| 28 | Ria van der Schoot | Goutum | 55:13 | 55:11 |
| 29 | Femke Koopmans | Grou | 55:13 | 55:06 |
| 30 | Lara Pol | Akkrum | 55:36 | 55:33 |
| 31 | Lianne Spoelstra | Sneek | 55:41 | 55:31 |
| 32 | Rita Merkus | Heerenveen | 55:48 | 55:46 |
| 33 | Jolijn ten Wolde | Leeuwarden | 56:11 | 56:03 |
| 34 | Tina Bergsma | Amsterdam | 56:16 | 56:10 |
| 35 | Sylvia Groenendijk | Oldemarkt | 56:17 | 56:14 |
| 36 | Minke Feenstra | Easterein | 56:19 | 56:08 |
| 37 | Petra Lok | Leeuwarden | 56:23 | 56:12 |
| 38 | Kim Keidel | Leeuwarden | 56:23 | 56:13 |
| 39 | Theresia Offringa | Nijland | 56:25 | 56:03 |
| 40 | Yvonne Vonk-Blaauw | Nijehaske | 56:28 | 56:09 |
| 41 | Jeannet Nagtegaal | Grou | 56:35 | 56:25 |
| 42 | Annemarie Groenenberg | Akkrum | 56:43 | 56:23 |
| 43 | Sandra Nugteren | Jirnsom | 56:48 | 56:40 |
| 44 | Anke Kuitert | Wommels | 56:50 | 56:41 |
| 45 | Marieke de Boer | Wommels | 56:50 | 56:42 |
| 46 | Berber Oswald | Leek | 56:54 | 56:45 |
| 47 | Nienke Zandstra | De Veenhoop | 57:03 | 57:00 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 48 | Jennie Korenstra | Groningen | 57:05 | 56:49 |
| 49 | Esme Keja | Sneek | 57:09 | 56:56 |
| 50 | Birgit Koster | Woudsend | 57:15 | 57:13 |
| 51 | Linda Ypma-Bruinsma | Sneek | 57:16 | 56:55 |
| 52 | Annieke de Ruiters | Goutum | 57:37 | 57:23 |
| 53 | Ilonka Marcelis | Sneek | 57:49 | 57:35 |
| 54 | Carolie Elzinga | Jirnsum | 57:52 | 57:47 |
| 55 | Andrea de Vries | Leeuwarden | 57:53 | 57:46 |
| 56 | Sjoerdije Corpier | Opeinde | 57:54 | 57:39 |
| 57 | Henny de Jong-Smit | Leeuwarden | 58:11 | 58:10 |
| 58 | Cynthia Dijkstra | Damwald | 58:13 | 58:10 |
| 59 | Gearstje Schootstra | Akkrum | 58:15 | 58:11 |
| 60 | Erica Kooistra | Leeuwarden | 58:46 | 58:36 |
| 61 | Marike Schaap | Leeuwarden | 58:48 | 58:39 |
| 62 | Maaïke Feenstra | Groningen | 58:51 | 58:41 |
| 63 | Sjikkie Schuurmans | Sneek | 58:55 | 58:26 |
| 64 | Jose Baas-Zondag | Grou | 58:56 | 58:38 |
| 65 | Petra Bosma | Heerenveen | 59:08 | 58:51 |
| 66 | Lisette Wijma | Almere | 59:09 | 58:51 |
| 67 | Karina de Winter | Utrecht | 59:09 | 58:51 |
| 68 | Bernadette Bijlsma | Grou | 59:22 | 59:14 |
| 69 | Carlien Bootsma | Sneek | 59:23 | 59:13 |
| 70 | Sandra Sietzema-Veenst | Emmeloord | 59:32 | 59:15 |
| 71 | Margreet de Vries | Amsterdam | 59:37 | 59:36 |
| 72 | Sigrid Nugteren | Jirnsum | 59:45 | 59:38 |
| 73 | Iris Kuipers | Sneek | 59:49 | 59:44 |
| 74 | Esther Sterk | Sneek | 59:58 | 59:53 |
| 75 | Judith van Dokkumburg | Berltsum | 1:00:07 | 59:45 |
| 76 | Hester Snijder | Dronryp | 1:00:09 | 59:47 |
| 77 | Emma van der Vaart | Heerenveen | 1:00:12 | 59:44 |
| 78 | Marja van Vilsteren | Drachten | 1:00:16 | 1:00:09 |
| 79 | Paula Attema | Harlingen | 1:00:32 | 1:00:20 |
| 80 | Sandra Post | Harlingen | 1:00:32 | 1:00:20 |
| 81 | Tineke Dijkstra | Bitgum | 1:00:33 | 1:00:06 |
| 82 | Alice Nagelhout | Woudsend | 1:00:36 | 1:00:30 |
| 83 | Jitske Yntema | Scharnegoutum | 1:00:43 | 1:00:38 |
| 84 | Anja ten Hoeve | Heerenveen | 1:00:50 | 1:00:23 |
| 85 | Audrey Westendorp | Grou | 1:00:52 | 1:00:37 |
| 86 | Aukje Bosch | Joure | 1:00:58 | 1:00:55 |
| 87 | Christina de Wagt | Joure | 1:00:58 | 1:00:56 |
| 88 | Nelly Teitsma | Joure | 1:01:09 | 1:01:02 |
| 89 | Klaske Vallinga | Bolsward | 1:01:13 | 1:00:58 |
| 90 | Wilma de Vries | Jistrum | 1:01:16 | 1:01:04 |
| 91 | Sandra Lettinga | Nes gem Boarnsterhim | 1:01:19 | 1:01:11 |
| 92 | Willy de Jong | Leeuwarden | 1:01:38 | 1:01:23 |
| 93 | Angelina Hartlief | Beetsterzwaag | 1:01:40 | 1:01:17 |
| 94 | Imke Bouman | Grou | 1:01:55 | 1:01:39 |
| 95 | Sonja Meijerhof | Leeuwarden | 1:01:56 | 1:01:39 |
| 96 | Klasaukje de Bruin | Opende | 1:02:02 | 1:01:50 |
| 97 | Jildou Boelens | Kollumerzwaag | 1:02:06 | 1:01:51 |
| 98 | Manoek van der Wal | Leeuwarden | 1:02:07 | 1:01:51 |
| 99 | Annet Stam | Leeuwarden | 1:02:08 | 1:01:57 |
| 100 | Marieke Meinderts | Grou | 1:02:14 | 1:01:51 |
| 101 | Titia Brouwer-Kamstra | Sneek | 1:02:15 | 1:02:11 |
| 102 | Natalie Lakemond | Beetsterzwaag | 1:02:17 | 1:02:07 |
| 103 | Mettje Tinga | Burgum | 1:02:17 | 1:02:07 |
| 104 | Jacqueline Kroese | Franeker | 1:02:19 | 1:01:55 |
| 105 | Sonja swart | Jirnsum | 1:02:42 | 1:02:35 |
| 106 | Aurelia Miedema | Akkrum | 1:02:49 | 1:02:40 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 107 | Anna Walstra | Leeuwarden | 1:03:09 | 1:02:47 |
| 108 | Gijlke van Drooge | Luxwoude | 1:03:43 | 1:03:24 |
| 109 | Neeltsje turkstra | Leeuwarden | 1:03:55 | 1:03:55 |
| 110 | Klaske Kedde | Oudehaske | 1:03:58 | 1:03:34 |
| 111 | Anneke Hofstede | Heerenveen | 1:03:58 | 1:03:34 |
| 112 | Jessica van Urk | West-Terschelling | 1:04:36 | 1:04:18 |
| 113 | Tineke van der Werf | Leeuwarden | 1:04:42 | 1:04:42 |
| 114 | Julia Volbeda-Rispens | Grou | 1:04:48 | 1:04:28 |
| 115 | Ingrid Meester-Veenstr | Leeuwarden | 1:05:11 | 1:04:54 |
| 116 | Sandra Postma | Sint Nicolaasga | 1:05:16 | 1:04:51 |
| 117 | Jeanine Spanjer | Deinum | 1:06:02 | 1:05:40 |
| 118 | Karin Zwerver-Bosma | IJlst | 1:06:52 | 1:06:47 |
| 119 | Jeltsje Visser | Winsum Fr | 1:07:04 | 1:06:54 |
| 120 | Cathelijne Dommissie | Jubbega | 1:07:04 | 1:06:51 |
| 121 | Klaske Meersma | Reduzum | 1:07:14 | 1:06:58 |
| 122 | Barbara van Akkeren | Leeuwarden | 1:07:44 | 1:07:18 |
| 123 | Petra Kerkstra | Wirdum Fr | 1:07:44 | 1:07:18 |
| 124 | Joke Miedema | Hurdegaryp | 1:07:56 | 1:07:45 |
| 125 | Marja Muller | Mantgum | 1:08:18 | 1:08:06 |
| 126 | Iriz van der Wijk | Marrum | 1:09:24 | 1:09:08 |
| 127 | Marije de Winter | Heerenveen | 1:09:52 | 1:09:28 |
| 128 | Dorien Greven | Scharnegoutum | 1:10:00 | 1:09:57 |
| 129 | Jelien Pompstra | Easterein | 1:10:30 | 1:10:21 |
| 130 | Thea de Vries | Deinum | 1:10:39 | 1:10:18 |
| 131 | Grietje de Backker | Hommerts | 1:10:48 | 1:10:24 |
| 132 | Aaltje Hof | Echtenerbrug | 1:10:49 | 1:10:23 |
| 133 | Monique van der wal | Leeuwarden | 1:10:50 | 1:10:26 |
| 134 | Karin Vaartjes | Wytgaard | 1:10:53 | 1:10:47 |
| 135 | Patricia Kobus | Akkrum | 1:11:23 | 1:11:00 |
| 136 | Karin Oole | Grou | 1:12:01 | 1:11:31 |
| 137 | Pascalie Laponder | Grou | 1:12:06 | 1:11:35 |
| 138 | Maureen Blom | Heerenveen | 1:14:56 | 1:14:55 |
| 139 | Catharina Atema | Steenwijk | 1:15:01 | 1:14:45 |
| 140 | Madeleine Rijskamp | Gytsjerk | 1:15:31 | 1:15:01 |
| 141 | Rigtje Zwart | Gytsjerk | 1:15:32 | 1:15:03 |
| 142 | Janny de Leeuw | De Knipe | 1:16:22 | 1:16:21 |
| 143 | Therese Jousma | Drachten | 1:16:37 | 1:16:24 |

MAN, 10 KM PRESTATIE

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1 | Arjen v.d. Logt | Utrecht | 33:38 | 33:38 |
| 2 | Jort van Zutphen | Weidum | 34:31 | 34:31 |
| 3 | Koos-Jelmer de Vries | Leeuwarden | 35:39 | 35:39 |
| 4 | Marcel Adema | Akkrum | 36:16 | 36:16 |
| 5 | Eddy Elsinga | Heerenveen | 37:40 | 37:40 |
| 6 | Leander de Graaf | Leeuwarden | 38:40 | 38:37 |
| 7 | Willie Kiewiet | Mantgum | 39:20 | 39:19 |
| 8 | REmco Admiraal | Dokkum | 39:32 | 39:26 |
| 9 | André Bazuin | Groningen | 41:47 | 41:47 |
| 10 | Jan op 't Hof | Grou | 42:16 | 42:11 |
| 11 | Edwin Voorwinde | Grou | 42:30 | 42:26 |
| 12 | Arnold Brouwer | | 42:50 | 42:49 |
| 13 | Henk Elzinga | Earnewald | 43:13 | 43:13 |
| 14 | Peter Theuwissen | Zwolle | 43:19 | 43:16 |
| 15 | Hans Nagtegaal | Grou | 43:30 | 43:30 |
| 16 | Remco Bosma | Steggerda | 44:22 | 44:16 |
| 17 | Alexander Edens | Stiens | 44:39 | 44:37 |
| 18 | Rien Diepenbroek | Grou | 44:48 | 44:47 |
| 19 | Lammert Kerkhof | Grou | 45:29 | 45:27 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 20 | Janke Douma | Lichtaard | 45:45 | 45:43 |
| 21 | Zlatko Pejic | Leeuwarden | 45:46 | 45:34 |
| 22 | Johannes Faro | Wolvega | 45:59 | 45:54 |
| 23 | Nico Spitzen | Oldeholtpade | 45:59 | 45:46 |
| 24 | Peter de Ruiter | Goutum | 46:03 | 46:00 |
| 25 | Robert Hommes | Almere | 46:17 | 46:15 |
| 26 | Siep Hijlkema | Jirnsum | 46:21 | 46:09 |
| 27 | Koen-Jan Hassing | Heerenveen | 46:35 | 46:27 |
| 28 | Van der Werf | Oentsjerk | 47:10 | 47:05 |
| 29 | Feggy Hoekstra | Noardburgum | 47:34 | 47:33 |
| 30 | Gerard Postma | Koufurderrige | 47:40 | 47:39 |
| 31 | Adhemar Meijer | Grou | 48:27 | 48:24 |
| 32 | Haaije Koenders | Groningen | 48:28 | 48:26 |
| 33 | Herman Oldenhof | Grou | 48:51 | 48:45 |
| 34 | Sander porsinck | Wolvega | 49:30 | 49:22 |
| 35 | Jakob Brasser | Groningen | 49:39 | 49:37 |
| 36 | Dirk de Vries | Sneek | 49:49 | 49:48 |
| 37 | Arnold v.d. Wekken | Balk | 50:05 | 49:51 |
| 38 | Jasper de Rijke | Deinum | 50:12 | 49:51 |
| 39 | Rindert Meijer | Grou | 50:15 | 50:03 |
| 40 | Edward v.d. Wal | Wytgaard | 50:48 | 50:42 |
| 41 | Harry Bruining | Lekkum | 50:49 | 50:38 |
| 42 | Rik Troostheide | Leeuwarden | 51:04 | 51:00 |
| 43 | Gert van der Laan | Oranjewoud | 51:08 | 50:51 |
| 44 | Herman Hoekstra | Goutum | 51:08 | 50:56 |
| 45 | Gerben Brouwer | Sneek | 51:10 | 51:03 |
| 46 | Sil Bos | Mildam | 51:13 | 51:12 |
| 47 | William de Ruiter | Wytgaard | 51:13 | 51:05 |
| 48 | Jens vd Heide | Grou | 51:13 | 51:13 |
| 49 | Peter Hassing | Wolvega | 51:15 | 51:08 |
| 50 | Bryan Philipse | Leeuwarden | 51:18 | 51:01 |
| 51 | Hendrik Groothof | Leeuwarden | 51:26 | 51:22 |
| 52 | Ruud van der Hart | Grou | 52:00 | 51:55 |
| 53 | Gerlof Hemeltjen | Leeuwarden | 52:27 | 52:05 |
| 54 | Erik Okkema | Grou | 52:36 | 52:10 |
| 55 | Sicco de Ree | IJlst | 52:58 | 52:52 |
| 56 | Kees Geelen | Heerenveen | 53:06 | 52:34 |
| 57 | Tjalling Sol | Leeuwarden | 53:10 | 52:57 |
| 58 | Harold Reusink | Almere | 53:42 | 53:22 |
| 59 | Hans Buitink | Leeuwarden | 53:48 | 53:35 |
| 60 | Pieter van der Bij | Jirnsum | 54:07 | 53:57 |
| 61 | Hans van Egmond | Drachten | 54:19 | 53:55 |
| 62 | Sijtze Krikke | Sneek | 54:29 | 54:09 |
| 63 | Robert-Jan Heizenberg | Leeuwarden | 54:31 | 54:27 |
| 64 | Djurre J. van der Scha | Oentsjerk | 54:39 | 54:22 |
| 65 | Pytrik Amsterdam | Sneek | 54:43 | 54:23 |
| 66 | Albert Hoeksma | Grou | 55:40 | 55:28 |
| 67 | Poppe van der Meulen | Opeinde | 56:09 | 56:04 |
| 68 | Harm Postma | Bitgum | 56:17 | 55:49 |
| 69 | Johan Bergsma | Terwispel | 56:17 | 56:11 |
| 70 | Jouke Peters | Lekkum | 56:25 | 56:16 |
| 71 | Machiel Kuipers | Offingawier | 56:36 | 56:20 |
| 72 | Gerard Pronk | Sneek | 56:36 | 56:20 |
| 73 | Kees Brussee | Leeuwarden | 56:46 | 56:35 |
| 74 | Harm Langeveld | Grou | 56:53 | 56:33 |
| 75 | Gerard Dijkstra | Heerenveen | 56:57 | 56:49 |
| 76 | Berend Schaap | Gytsjerk | 57:11 | 56:53 |
| 77 | Willem Bijlsma | Weidum | 57:19 | 57:11 |
| 78 | Rene Axmacher | Almere | 57:24 | 57:05 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 79 | Edwin Hoogeveen | Heerenveen | 57:31 | 57:17 |
| 80 | Frans Corpier | Opeinde | 57:55 | 57:41 |
| 81 | Andrezej Kowal | Grou | 57:57 | 57:32 |
| 82 | Michat Lipczynski | Grou | 57:57 | 57:32 |
| 83 | Dirk Wilem Hiemstra | Meppel | 58:10 | 57:42 |
| 84 | Ben Verweij | Leeuwarden | 58:29 | 58:12 |
| 85 | Tjalling Delgrosso | Grou | 58:40 | 58:19 |
| 86 | Minno van der Kamp | Wergea | 58:57 | 58:55 |
| 87 | Koos de Vetten | Leeuwarden | 59:03 | 58:43 |
| 88 | Tom Pereboom | Utrecht | 59:08 | 58:50 |
| 89 | Gerrit C Bijlsma | Grou | 59:15 | 58:50 |
| 90 | Alberto de Kroon | Nes gem Boarnsterhim | 59:20 | 59:10 |
| 91 | Sverre de Leeuw | Heerenveen | 59:28 | 59:01 |
| 92 | Pier van Olphen | Leeuwarden | 59:31 | 59:20 |
| 93 | Kees Del-Grosso | Grou | 59:36 | 59:12 |
| 94 | Peter Meijlis | IJlst | 59:38 | 59:15 |
| 95 | Daan Meijlis | IJlst | 1:00:06 | 59:43 |
| 96 | Meindert Roosjen | Leeuwarden | 1:00:08 | 59:47 |
| 97 | Jan Lubbers | Joure | 1:00:10 | 1:00:05 |
| 98 | Francisco Oosterbaan | Goenga | 1:00:20 | 1:00:14 |
| 99 | Jacob Boersma | Boijl | 1:00:33 | 1:00:15 |
| 100 | Jeroen Buitenhuis | Sneek | 1:00:44 | 1:00:13 |
| 101 | Frank vd Heide | Grou | 1:01:26 | 1:01:20 |
| 102 | Johan Meinderts | Grou | 1:01:47 | 1:01:24 |
| 103 | Tjalling Sietsma | Hilaard | 1:02:19 | 1:02:08 |
| 104 | Jan Bijlsma | Grou | 1:02:35 | 1:02:28 |
| 105 | Theo Runia | Leeuwarden | 1:03:55 | 1:03:27 |
| 106 | Jan Barkmeijer | Akkrum | 1:04:37 | 1:04:28 |
| 107 | Jan Hendrik Volbeda | Grou | 1:04:48 | 1:04:28 |
| 108 | Rene Herder | Grou | 1:06:18 | 1:05:51 |
| 109 | Heerke Osinga | Leeuwarden | 1:06:30 | 1:06:15 |
| 110 | Andre van Vugt | Almere | 1:09:50 | 1:09:31 |
| 111 | Jan Nieuwland-Poelstra | Drachten | 1:11:37 | 1:11:17 |
| 112 | Jan Wytze Beetstra | Marsum | 1:12:27 | 1:11:59 |
| 113 | Douwe bethlehem | Tjalleberd | 1:14:06 | 1:13:44 |
| 114 | Koos Jager | Steenwijk | 1:14:58 | 1:14:42 |

VROUW, 14 KM PRESTATIE

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|---------|---------|
| 1 | Tessa Boot | Warten | 1:02:31 | 1:02:29 |
| 2 | Maria Sterk | Hallum | 1:05:35 | 1:05:30 |
| 3 | Sissie Vogelzang | Nijmegen | 1:06:01 | 1:05:49 |
| 4 | Jael v.d. Oever | Vlissingen | 1:08:01 | 1:07:55 |
| 5 | Tryntsje bouwhuis | Sint Nicolaasga | 1:08:49 | 1:08:37 |
| 6 | Hinke Goemaat | idsegahuizum | 1:10:34 | 1:10:04 |
| 7 | Trienke Zijlstra | Berltsum | 1:11:32 | 1:11:15 |
| 8 | Annemieke Docter | Groningen | 1:11:35 | 1:11:26 |
| 9 | Jantien Hoekstra | Berltsum | 1:11:39 | 1:11:31 |
| 10 | Gerrie vd Meer | Heerenveen | 1:12:14 | 1:11:53 |
| 11 | Sonja Boogaard | Middelburg | 1:12:24 | 1:12:15 |
| 12 | Karin Danhof | Jirnsom | 1:13:36 | 1:13:26 |
| 13 | Annie Oostenbrink | Oldeberkoop | 1:13:37 | 1:13:26 |
| 14 | Baukje Dijkstra | Joure | 1:14:38 | 1:14:26 |
| 15 | Lieneke de Jong-Goris | Grou | 1:15:31 | 1:15:14 |
| 16 | Marijke van Klaveren | Leeuwarden | 1:16:13 | 1:15:53 |
| 17 | Tineke Blaauw | Franeker | 1:16:21 | 1:16:15 |
| 18 | Christina de Haan | Bolsward | 1:16:36 | 1:16:28 |
| 19 | Piety Feenstra | Leeuwarden | 1:16:37 | 1:16:17 |
| 20 | Petra Kuperus | Tijnje | 1:17:40 | 1:17:11 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|---------|---------|
| 21 | Rina Sijtsma | Britsum | 1:17:47 | 1:17:32 |
| 22 | Karin spruyt | Grou | 1:18:08 | 1:18:02 |
| 23 | AnnekeSnijder-de Jong | Dronryp | 1:18:57 | 1:18:45 |
| 24 | Anne den Herder | Menaam | 1:19:06 | 1:18:46 |
| 25 | Nienke Buys | Surhuisterveen | 1:19:17 | 1:18:48 |
| 26 | Sanne van den Hengel | Schiedam | 1:19:48 | 1:19:28 |
| 27 | Astrid de Boer | Leeuwarden | 1:19:55 | 1:19:35 |
| 28 | Dorien van Steen | Jirnsum | 1:19:56 | 1:19:45 |
| 29 | Wies ten Kampe | Grou | 1:19:57 | 1:19:36 |
| 30 | Liesbeth Hiddema | Reduzum | 1:20:33 | 1:20:25 |
| 31 | Janny Troelstra | Terband | 1:21:02 | 1:20:57 |
| 32 | Armina Besic | Heerenveen | 1:21:05 | 1:20:42 |
| 33 | Tineke van der meer | Heerenveen | 1:21:05 | 1:20:42 |
| 34 | Marieke van Houten | Leeuwarden | 1:21:11 | 1:20:49 |
| 35 | Annijje Meester | Joure | 1:21:44 | 1:21:31 |
| 36 | Wike Bruinsma | Leeuwarden | 1:21:53 | 1:21:48 |
| 37 | Sofia Houwer-Zijlstra | Joure | 1:22:10 | 1:21:56 |
| 38 | Hermanda de Haan | Oudehaske | 1:22:28 | 1:22:09 |
| 39 | Adri Sluis | Eesveen | 1:22:30 | 1:22:25 |
| 40 | Geertje Hijlkema | Langezwaag | 1:22:50 | 1:22:47 |
| 41 | Linda Peereboom | Heerenveen | 1:22:58 | 1:22:20 |
| 42 | Annechien van der Veen | Leeuwarden | 1:22:58 | 1:22:34 |
| 43 | Jeannet Huitema | Leeuwarden | 1:24:00 | 1:23:45 |
| 44 | Minke Rienstra | Balk | 1:24:01 | 1:23:33 |
| 45 | Wieke de Haan | Mantgum | 1:24:15 | 1:24:04 |
| 46 | Jolanda Blaauw | Franeker | 1:24:33 | 1:24:09 |
| 47 | Paula Boersma | Easterwierrum | 1:24:37 | 1:24:27 |
| 48 | Dieuwke van der Laan | Scharnegoutum | 1:24:38 | 1:24:30 |
| 49 | Alice van den Akker | Sneek | 1:24:38 | 1:24:31 |
| 50 | Hendrika Terpstra | Sneek | 1:24:38 | 1:24:30 |
| 51 | Nynke IJntema | Leeuwarden | 1:25:03 | 1:24:38 |
| 52 | Hennie van Eijbergen | Vlissingen | 1:25:03 | 1:24:56 |
| 53 | Mirjam van den akker | Arum | 1:26:05 | 1:25:31 |
| 54 | Miloeska Fennema | Leeuwarden | 1:26:14 | 1:25:51 |
| 55 | Martha Bruinsma | Oranjewoud | 1:27:28 | 1:27:16 |
| 56 | Esther Heuzinkveld | Grou | 1:27:28 | 1:27:15 |
| 57 | Carla Buurman | Leeuwarden | 1:28:37 | 1:28:33 |
| 58 | Janne Kraak | Haarlem | 1:29:21 | 1:28:48 |
| 59 | Franciske de Vries | Eagum | 1:29:30 | 1:29:16 |
| 60 | Tjitske Swierstra | Wirdum Fr | 1:29:30 | 1:29:15 |
| 61 | Maaike Osinga | Franeker | 1:29:44 | 1:29:11 |
| 62 | Marietje Sloot | Wolvega | 1:29:51 | 1:29:51 |
| 63 | Anneke v.d. Meer | Leeuwarden | 1:32:12 | 1:31:56 |
| 64 | Debbie Alves | Leeuwarden | 1:32:20 | 1:32:03 |
| 65 | Gelske Rozema | Goutum | 1:33:08 | 1:32:52 |
| 66 | Froukje Smedes | Garyp | 1:33:28 | 1:32:59 |
| 67 | Marieke Prins | Deinum | 1:33:42 | 1:33:35 |
| 68 | Sytske Sytema | Deinum | 1:33:42 | 1:33:35 |
| 69 | Anja Jongsma | Katlijk | 1:35:22 | 1:35:09 |
| 70 | Jinny Schippers | Heerenveen | 1:38:49 | 1:38:18 |
| 71 | Mattie de Boer | Joure | 1:39:03 | 1:38:42 |
| 72 | Rixte Mulder | Joure | 1:39:03 | 1:38:51 |

MAN, 14 KM PRESTATIE

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1 | Johan Hoogeveen | Boornbergum | 54:47 | 54:47 |
| 2 | Peter Sibma | Garyp | 57:41 | 57:41 |
| 3 | Luuk Dijkhuis | Leeuwarden | 58:52 | 58:50 |
| 4 | Bakker | Oosterbierum | 59:08 | 59:02 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|---------|---------|
| 5 | Gerrit Gildemacher | Leeuwarden | 59:17 | 59:13 |
| 6 | Marten Sjoerds | Workum | 59:39 | 59:35 |
| 7 | Johannes van Raalte | Dearsum | 1:00:15 | 1:00:13 |
| 8 | Koen Peeters | Groningen | 1:00:59 | 1:00:53 |
| 9 | Mark Peereboom | Leeuwarden | 1:01:07 | 1:01:06 |
| 10 | Rudy Boogaard | Heerhugowaard | 1:01:13 | 1:01:03 |
| 11 | Remco Schraa | Hurdegaryp | 1:01:33 | 1:01:33 |
| 12 | Siedo v.d. Heide | Berltsum | 1:01:36 | 1:01:34 |
| 13 | Remco Visser | Joure | 1:01:59 | 1:01:59 |
| 14 | Peter Brink | Grou | 1:02:06 | 1:02:01 |
| 15 | Timo Schraa | Leeuwarden | 1:02:16 | 1:02:14 |
| 16 | Leon Schut | Grou | 1:02:27 | 1:02:25 |
| 17 | Eduard de Bruin | Grou | 1:02:36 | 1:02:33 |
| 18 | Han Meij | Hemelum | 1:02:56 | 1:02:55 |
| 19 | Jan willem v/d Ploeg | Leeuwarden | 1:03:03 | 1:02:50 |
| 20 | Maico van Balen | Akkrum | 1:03:30 | 1:03:23 |
| 21 | Jan Ulfman | Hurdegaryp | 1:03:40 | 1:03:35 |
| 22 | Klaas van Heeringen | Hurdegaryp | 1:03:45 | 1:03:45 |
| 23 | Janaldo Keulen | Sneek | 1:03:47 | 1:03:37 |
| 24 | Sipke Talsma | Hegebeintum | 1:03:49 | 1:03:45 |
| 25 | Rob Moenandar | Groningen | 1:03:50 | 1:03:42 |
| 26 | Reno Papa | Leeuwarden | 1:03:54 | 1:03:52 |
| 27 | Willem Biemolt | Utrecht | 1:04:27 | 1:04:17 |
| 28 | Dries Gerbens | Wergea | 1:04:52 | 1:04:48 |
| 29 | Age Dijkstra | Tzummarum | 1:04:59 | 1:04:53 |
| 30 | Piet Andringa | Grou | 1:05:01 | 1:04:47 |
| 31 | Robert de Jong | Grou | 1:05:12 | 1:05:03 |
| 32 | Hendrik Yntema | Bolsward | 1:05:21 | 1:04:57 |
| 33 | Gerard Postma | Groningen | 1:05:29 | 1:05:14 |
| 34 | Jelte Postma | Rotterdam | 1:05:29 | 1:05:13 |
| 35 | Ruud van Gorp | Leiden | 1:05:48 | 1:05:41 |
| 36 | Folkert Botma | Amstelveen | 1:05:50 | 1:05:33 |
| 37 | Tsjerk-Sake Castelein | Grou | 1:05:55 | 1:05:52 |
| 38 | Jaap Schut | Grou | 1:05:57 | 1:05:53 |
| 39 | Richard de Graaf | Mantgum | 1:05:58 | 1:05:52 |
| 40 | Geert Jan Slot | Grou | 1:06:08 | 1:06:06 |
| 41 | Keimpe Jager | Dronryp | 1:06:09 | 1:06:01 |
| 42 | Marten jager | Dronryp | 1:06:10 | 1:06:01 |
| 43 | Wiebe Jongsma | Katlijk | 1:06:12 | 1:06:07 |
| 44 | Gjalt Weistra | Drachten | 1:06:17 | 1:06:06 |
| 45 | Arjen Douma | Sneek | 1:06:24 | 1:06:00 |
| 46 | Jeremy-John E.S. Deug | Leeuwarden | 1:06:39 | 1:06:38 |
| 47 | Rene Tuinenga | Berltsum | 1:07:20 | 1:07:12 |
| 48 | Richard Dijkstra | St.-Annaparochie | 1:07:25 | 1:07:09 |
| 49 | Johannes de Boer | Stavoren | 1:07:25 | 1:07:24 |
| 50 | Jeroen Wels | Leeuwarden | 1:07:26 | 1:07:21 |
| 51 | Obe Veldman | Jirsum | 1:07:38 | 1:07:22 |
| 52 | Niels. Overzet | Wytgaard | 1:07:40 | 1:07:33 |
| 53 | Robert Rijpma | Sneek | 1:07:55 | 1:07:43 |
| 54 | Roelof Kedde | Oudehaske | 1:08:00 | 1:07:54 |
| 55 | Martijn Schmit | Grou | 1:08:08 | 1:08:05 |
| 56 | Menno Postma | Amsterdam | 1:08:10 | 1:07:56 |
| 57 | Egbert Brink | Zuidlaren | 1:08:11 | 1:08:05 |
| 58 | Gerlof Veldstra | Heerenveen | 1:08:18 | 1:08:18 |
| 59 | Joeri Hendriks. | Franeker | 1:08:19 | 1:08:12 |
| 60 | Robert Herder | Gorredijk | 1:08:26 | 1:08:23 |
| 61 | Stijn de Ruiter | Goutum | 1:08:32 | 1:08:30 |
| 62 | Gerrie Boersma | Twijzel | 1:08:51 | 1:08:41 |
| 63 | Gerrit de Jong | Zuidlaren | 1:08:52 | 1:08:32 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|---------|---------|
| 64 | Piet Streefkerk | Boelenslaan | 1:08:52 | 1:08:31 |
| 65 | Arjen de Ruiters | Goutum | 1:08:59 | 1:08:52 |
| 66 | Uwe Baldamus | Burgum | 1:09:14 | 1:09:09 |
| 67 | Jelte Mulder | Grou | 1:09:28 | 1:09:10 |
| 68 | Ronald Rauwerda | Leeuwarden | 1:09:30 | 1:09:27 |
| 69 | Kees Hofman | Sneek | 1:09:35 | 1:09:04 |
| 70 | Wiebe Wiersma | Eagum | 1:09:37 | 1:09:33 |
| 71 | Ids boersma | Wytgaard | 1:09:38 | 1:09:30 |
| 72 | Kevin Buursen | Leeuwarden | 1:09:44 | 1:09:37 |
| 73 | Jelmer Schaaf | Berltsum | 1:09:47 | 1:09:30 |
| 74 | Werner van der Hart | Grijpskerk | 1:09:48 | 1:09:42 |
| 75 | Jacob Terpstra | Rotterdam | 1:09:54 | 1:09:53 |
| 76 | Jehannes Gietema | Akkrum | 1:09:57 | 1:09:30 |
| 77 | Auke Ykema | Sexbierum | 1:09:59 | 1:09:29 |
| 78 | Bareld Kuilman | Eastermar | 1:10:19 | 1:10:19 |
| 79 | Yde Starreveld | Utrecht | 1:10:28 | 1:10:14 |
| 80 | Jurjen Broersma | Vlieland | 1:10:38 | 1:10:04 |
| 81 | Berend Negerman | Joure | 1:10:48 | 1:10:18 |
| 82 | Wiep van der Heide | Drachten | 1:10:52 | 1:10:44 |
| 83 | Hans Zantman | Jirnsum | 1:10:54 | 1:10:29 |
| 84 | Rinse Procee | Feanwalden | 1:10:59 | 1:10:25 |
| 85 | Jurjen Vriesema | Leeuwarden | 1:10:59 | 1:10:32 |
| 86 | Hermanus Wever | Harlingen | 1:11:07 | 1:10:35 |
| 87 | Marten Hellinga | Burgum | 1:11:20 | 1:11:06 |
| 88 | Eelco v.d Werff | It Heidenskip | 1:11:22 | 1:10:56 |
| 89 | Sido van der Wal | Raerd | 1:11:34 | 1:11:26 |
| 90 | Ron Spaans | Oldeholtpade | 1:11:35 | 1:11:12 |
| 91 | Sjoerd Mulder | Wytgaard | 1:11:45 | 1:11:37 |
| 92 | Minne Marinus | Grou | 1:11:55 | 1:11:39 |
| 93 | Auke Hijlkema | Langezwaag | 1:12:08 | 1:12:05 |
| 94 | Richard de Vries | Leeuwarden | 1:12:10 | 1:11:36 |
| 95 | Peter Klaver | Boornbergum | 1:12:23 | 1:12:21 |
| 96 | Hendrik Oosterhoff | Heerenveen | 1:12:24 | 1:12:08 |
| 97 | Durk Reinsma | Wergea | 1:12:30 | 1:12:13 |
| 98 | Carel Harkema | Leeuwarden | 1:12:34 | 1:12:34 |
| 99 | Erik Zwanenburg | Oranjewoud | 1:12:38 | 1:12:24 |
| 100 | Johan Beintema | Leeuwarden | 1:13:05 | 1:12:35 |
| 101 | Arnold Kempenaar | Sneek | 1:13:22 | 1:12:52 |
| 102 | René Bruinsma | Leeuwarden | 1:13:24 | 1:13:14 |
| 103 | Meindert de Boer | Burgum | 1:13:24 | 1:13:14 |
| 104 | Maarten Spekschate | Amsterdam | 1:13:33 | 1:13:17 |
| 105 | Johannes Kooistra | Leeuwarden | 1:13:38 | 1:13:22 |
| 106 | Henk Betten | Leeuwarden | 1:13:38 | 1:13:19 |
| 107 | Jo-albert Kooistra | Easterwierrum | 1:13:40 | 1:13:28 |
| 108 | Albert Dijkstra | Wergea | 1:13:48 | 1:13:27 |
| 109 | Wietse Haanstra | Wirdum Fr | 1:14:02 | 1:14:00 |
| 110 | Pim van Dieken | Akkrum | 1:14:05 | 1:13:55 |
| 111 | Klaas Groen | Nes gem Boarnsterhim | 1:14:14 | 1:14:10 |
| 112 | Luuk Jeeninga | Leeuwarden | 1:14:17 | 1:14:06 |
| 113 | Willem Nugteren | Jirnsum | 1:14:33 | 1:14:28 |
| 114 | Van der Kamp | Nij Beets | 1:14:47 | 1:14:28 |
| 115 | Henk van der Heide | Boornbergum | 1:14:51 | 1:14:34 |
| 116 | Robbert Kleijwegt | Haarlem | 1:15:08 | 1:15:06 |
| 117 | Lieuwe Dirksma | Wolvega | 1:15:26 | 1:15:03 |
| 118 | Thomas Saerens | Grou | 1:15:37 | 1:15:25 |
| 119 | Amir Amini | Leeuwarden | 1:15:38 | 1:15:20 |
| 120 | Xander Voulon | Jirnsum | 1:15:44 | 1:15:31 |
| 121 | Geert Couperus | Nes gem Boarnsterhim | 1:15:59 | 1:15:47 |
| 122 | André van Dijk | Grou | 1:16:07 | 1:15:44 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 123 | Piet Sikkema | Grou | 1:16:12 | 1:15:44 |
| 124 | Simon Smeding | Leeuwarden | 1:16:13 | 1:15:46 |
| 125 | Jeffery Robbers | Leeuwarden | 1:16:15 | 1:15:44 |
| 126 | Hans Bonnema Bonnema | Dronryp | 1:16:18 | 1:16:07 |
| 127 | Tjeerd Landman | Opeinde | 1:16:22 | 1:16:00 |
| 128 | Dries Wedzinga | Drachten | 1:16:26 | 1:16:23 |
| 129 | Harry Meijer | Leeuwarden | 1:16:28 | 1:16:10 |
| 130 | Fan Fai Tsang | Bolsward | 1:16:35 | 1:16:28 |
| 131 | Bastiaan Baar | Leeuwarden | 1:16:36 | 1:16:33 |
| 132 | Hans de Jager | Leeuwarden | 1:16:39 | 1:16:36 |
| 133 | Geert Peereboom | Tytsjerk | 1:16:39 | 1:16:04 |
| 134 | Jasper de Noord | Leeuwarden | 1:16:44 | 1:16:39 |
| 135 | Pieter Weeda | Haarlem | 1:16:51 | 1:16:19 |
| 136 | Maurice Tax | Sneek | 1:17:02 | 1:16:52 |
| 137 | Anne Floris | Nijland | 1:17:09 | 1:16:39 |
| 138 | Fokke Dooper | Grou | 1:17:14 | 1:17:01 |
| 139 | Edwin Kalksma | Leeuwarden | 1:17:15 | 1:16:58 |
| 140 | Ed van Beveren | Emmeloord | 1:17:25 | 1:17:21 |
| 141 | Tonny Witteveen | Bolsward | 1:17:28 | 1:17:09 |
| 142 | Vincent Broersen | Emmeloord | 1:17:49 | 1:17:24 |
| 143 | Wiebe Bijker | De Knipe | 1:17:54 | 1:17:42 |
| 144 | Simon Vlas | Nes gem Boarnsterhim | 1:17:56 | 1:17:30 |
| 145 | Rob Jager | Tytsjerk | 1:18:03 | 1:17:40 |
| 146 | Marc Hofma | Joure | 1:18:13 | 1:17:41 |
| 147 | Sander Warmerdam | Langweer | 1:18:26 | 1:17:54 |
| 148 | Jan Boersma | Goutum | 1:18:30 | 1:18:04 |
| 149 | Dirk Postma | St.-Annaparochie | 1:18:34 | 1:18:16 |
| 150 | Jelle Jan Wissmann | Sexbierum | 1:18:36 | 1:18:25 |
| 151 | Frank de Boer | Franeker | 1:18:36 | 1:18:26 |
| 152 | Marten v.d Wal | It Heidenskip | 1:18:38 | 1:18:12 |
| 153 | Jan Lont | Boornbergum | 1:18:43 | 1:18:25 |
| 154 | Geert Patist | Sneek | 1:19:00 | 1:18:33 |
| 155 | Nico Kuiper | Sneek | 1:19:01 | 1:18:34 |
| 156 | Gerard van Mourik | Zwolle | 1:19:01 | 1:18:31 |
| 157 | Erik Brander | Haule | 1:19:03 | 1:18:58 |
| 158 | Pieter Alberda | Midlum | 1:19:28 | 1:19:00 |
| 159 | Douwe Ybema | Grou | 1:19:43 | 1:19:27 |
| 160 | André Uitterdijk | Schiedam | 1:19:48 | 1:19:28 |
| 161 | Gert Homsma | Bolsward | 1:19:55 | 1:19:37 |
| 162 | JanWillem Kram | IJlst | 1:20:10 | 1:19:43 |
| 163 | Haaije Jorritsma | Grou | 1:20:12 | 1:19:58 |
| 164 | Esmond Bakker | Grou | 1:20:21 | 1:20:16 |
| 165 | Jan Reitsma | Eastermar | 1:20:21 | 1:20:17 |
| 166 | Geeben Bergsma | Leeuwarden | 1:20:28 | 1:20:07 |
| 167 | Arjen Beckers | Dokkum | 1:20:35 | 1:20:15 |
| 168 | Bouke Wijbrandi | Wergea | 1:20:37 | 1:20:22 |
| 169 | Ronald van der Veen | Kollum | 1:20:47 | 1:20:05 |
| 170 | Harm Zwier | Grou | 1:20:54 | 1:20:30 |
| 171 | Jan Veenstra | Nes gem Boarnsterhim | 1:21:00 | 1:20:44 |
| 172 | Frans van der Molen | Herbaijum | 1:21:08 | 1:20:57 |
| 173 | Geert Baar | Grou | 1:21:08 | 1:21:04 |
| 174 | Sjoerd Sol | Emmeloord | 1:21:10 | 1:21:06 |
| 175 | Sico v.d. Wal | Drachten | 1:21:24 | 1:21:03 |
| 176 | Tseard Bijlsma | IJlst | 1:21:40 | 1:21:05 |
| 177 | Bernardus Renzema | Berltsum | 1:21:54 | 1:21:36 |
| 178 | Olaf Kerstholt | Burgum | 1:22:04 | 1:21:53 |
| 179 | Sidney Hooghiemster | Grou | 1:22:21 | 1:22:04 |
| 180 | Jan Kooistra | Opeinde | 1:22:22 | 1:22:00 |
| 181 | Ronnie Bakker | Heerenveen | 1:22:52 | 1:22:31 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 182 | Klaas Peereboom | Heerenveen | 1:22:56 | 1:22:19 |
| 183 | Arie Roest | Slappeterp | 1:22:58 | 1:22:34 |
| 184 | Michel Bult | Lemmer | 1:23:02 | 1:22:28 |
| 185 | Geert Teitsma | Grou | 1:23:03 | 1:22:30 |
| 186 | Ebe Docter | Drachten | 1:23:06 | 1:22:54 |
| 187 | Marco Buys | Surhuisterveen | 1:23:31 | 1:23:03 |
| 188 | Roelof van Marrum | Franeker | 1:23:48 | 1:23:23 |
| 189 | Arno Glashouwer | Groningen | 1:24:01 | 1:23:33 |
| 190 | Pieter Poelstra | Lemmer | 1:24:07 | 1:24:02 |
| 191 | Franck Youmbi | Heerenveen | 1:24:09 | 1:23:39 |
| 192 | Gerard van Drooge | Luxwoude | 1:24:23 | 1:23:58 |
| 193 | Jan Panhuis | Leeuwarden | 1:24:28 | 1:24:21 |
| 194 | Anton Langeberg | Reduzum | 1:24:41 | 1:24:16 |
| 195 | Thom Rijpstra | Ureterp | 1:24:47 | 1:24:26 |
| 196 | Pieter Gietema | Joure | 1:24:52 | 1:24:23 |
| 197 | Jeen Holwerda | Earnewald | 1:24:52 | 1:24:24 |
| 198 | Aad van der Burg | Easterlittens | 1:25:11 | 1:25:00 |
| 199 | Jan Feenstra | Leeuwarden | 1:25:28 | 1:25:08 |
| 200 | John Monincx | Goutum | 1:25:38 | 1:25:32 |
| 201 | Durk v.d. Veen | Grou | 1:25:49 | 1:25:30 |
| 202 | Ronald Hoekstra | Reduzum | 1:26:07 | 1:25:43 |
| 203 | Jurgen Buren | Bolsward | 1:26:09 | 1:25:40 |
| 204 | Bouke Fennema | Britsum | 1:26:12 | 1:25:50 |
| 205 | Menno Hayma | Goutum | 1:27:02 | 1:26:43 |
| 206 | Casper van Lier | Wageningen | 1:27:05 | 1:26:31 |
| 207 | Arjo van Lier | Hilaard | 1:27:05 | 1:26:31 |
| 208 | Maarten van der Plas | Leiden | 1:27:11 | 1:26:39 |
| 209 | Dick Wielenga | Leeuwarden | 1:27:15 | 1:26:52 |
| 210 | Robert Marc Landstra | Grou | 1:27:25 | 1:26:56 |
| 211 | Jacco Veldman | Grou | 1:27:33 | 1:27:07 |
| 212 | Mikael Jaspers | Nij Beets | 1:28:09 | 1:27:48 |
| 213 | Hilco Dekker | Wolvega | 1:28:12 | 1:27:49 |
| 214 | Geert Kraak | Heerenveen | 1:29:22 | 1:28:49 |
| 215 | Bonne de Haan | Twijzelerheide | 1:29:37 | 1:29:37 |
| 216 | Gerard Ganzevoort | Goutum | 1:29:38 | 1:29:10 |
| 217 | Johan Muizer | Hurdegaryp | 1:29:57 | 1:29:49 |
| 218 | Harmen Dijkstra | Joure | 1:30:00 | 1:29:39 |
| 219 | Joop Boonstra | Leeuwarden | 1:30:16 | 1:30:09 |
| 220 | Bas Krikke | Wirdum Fr | 1:31:01 | 1:30:35 |
| 221 | Hermes Bron | Amsterdam | 1:31:01 | 1:30:35 |
| 222 | Gerard Wolting | Drachten | 1:31:33 | 1:31:06 |
| 223 | Rein Baarsma | Leeuwarden | 1:31:37 | 1:31:24 |
| 224 | Hamstra Joost | Garyp | 1:31:41 | 1:31:31 |
| 225 | Teake Hogendorp | Burgum | 1:31:47 | 1:31:39 |
| 226 | Rinke Booi | Burgum | 1:34:59 | 1:34:41 |
| 227 | Klaas Kuilman | Boksum | 1:35:49 | 1:35:35 |
| 228 | Albert Rameau | Rien | 1:36:31 | 1:36:15 |
| 229 | Dave de Jong | Sneek | 1:37:09 | 1:37:00 |
| 230 | Patrick Dijkhuizen | Sneek | 1:52:10 | 1:51:51 |
| 231 | Tseard Snoek | Nes gem Boarnsterhim | 1:52:10 | 1:51:38 |

VSSEN, 14 KM KNAU WEDS

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|---------|---------|
| 1 | Ydwine van der Veen | AV Heerenveen | 56:23 | 56:23 |
| 2 | Jeltsje Osinga | Lionitas | 1:04:35 | 1:04:34 |
| 3 | Liesbeth Andreae | Lionitas | 1:07:34 | 1:07:30 |

V40, 14 KM KNAU WEDS

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------|-----------------------|---------|---------|
| 1 | Lydia Klessens | Friesland | 1:02:23 | 1:02:19 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|---------|---------|
| 2 | Bettie Agricola | AV Heerenveen | 1:04:07 | 1:04:06 |
| 3 | Liesbeth Steenberg | Horror | 1:07:39 | 1:07:38 |
| 4 | Annelies van Buiten | Start '78 | 1:21:03 | 1:21:03 |

V50, 14 KM KNAU WEDS

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|---------|---------|
| 1 | Wendelien Schalij | Leeuwarden | 1:16:27 | 1:16:17 |
| 2 | Reina Wijnia-Kwant | avVN | 1:16:40 | 1:16:40 |

MSEN, 14 KM KNAU WEDS

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|---------|---------|
| 1 | Riekele Kobes | AV Heerenveen | 48:59 | 48:59 |
| 2 | Jan Sytze Jonker | AV Heerenveen | 50:44 | 50:44 |
| 3 | Roelof Oostra | Friesland | 52:44 | 52:43 |
| 4 | Wilco Bergsma | Stiens | 57:11 | 57:11 |
| 5 | Ewold Kooistra | Friesland | 57:29 | 57:29 |
| 6 | Willem de Haan | Impala | 58:57 | 58:44 |
| 7 | Pieter Talsma | Athleta | 1:00:43 | 1:00:43 |
| 8 | Jesper Keidel | Lionitas | 1:08:31 | 1:08:27 |
| 9 | Gerrit Duits | Horror | 1:13:35 | 1:13:27 |

M40, 14 KM KNAU WEDS

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|---------|---------|
| 1 | Remon van Lunzen | Lionitas | 50:30 | 50:30 |
| 2 | Anno Huizenga | Assen | 53:17 | 53:17 |
| 3 | Ritske Flootman | Lionitas | 56:47 | 56:47 |
| 4 | Klaas Hoekstra | AV Heerenveen | 1:02:16 | 1:02:15 |
| 5 | Henny Berends | Spurt '88 | 1:12:12 | 1:12:00 |
| 6 | André Jellema | Lionitas | 1:12:15 | 1:12:12 |

M50, 14 KM KNAU WEDS

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 1 | Eddy Oosterkamp | Start '78 | 57:35 | 57:35 |
| 2 | Erik Bakker | | 59:42 | 59:42 |
| 3 | Reinier Ingwersen | Triathlon | 1:00:41 | 1:00:34 |
| 4 | Ary A. van den Broek | Leiden Atletiek | 1:00:55 | 1:00:52 |
| 5 | Dirk Bouma | Horror | 1:00:57 | 1:00:56 |
| 6 | Jan Uiterwijk | Loopgroep Beilen | 1:01:15 | 1:01:15 |
| 7 | Jan-Waling Huisman | Friesland | 1:01:38 | 1:01:23 |
| 8 | Rienk de Vries | Friesland | 1:03:24 | 1:03:21 |
| 9 | Harm Veenstra | Impala | 1:04:59 | 1:04:47 |
| 10 | Dirk de Vres | Impala | 1:06:16 | 1:06:04 |
| 11 | Minne Brouwer | Friesland | 1:09:43 | 1:09:39 |
| 12 | Cor Wetting | Lionitas | 1:10:38 | 1:10:37 |
| 13 | Karst Anema | Friesland | 1:10:46 | 1:10:41 |
| 14 | Jebbe Westerbeeck | Start '78 | 1:12:10 | 1:12:10 |
| 15 | Jan Nijmeijer | Start '78 | 1:19:50 | 1:19:50 |
| 16 | Jan Bon | Leiden Atletiek | 1:20:56 | 1:20:53 |
| 17 | Wieger G Klijnstra | AV Heerenveen | 1:32:10 | 1:31:32 |

M-12, JEUGDLOOP 2.5 K

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1 | Roeline Yska | Nijland | 10:29 | 10:29 |
| 2 | Floor Kram | IJlst | 10:30 | 10:29 |
| 3 | Brecht Frensel | Akkrum | 10:33 | 10:33 |
| 4 | Suze de Vries | Sneek | 10:50 | 10:50 |
| 5 | Eke Tibben | Onna | 10:53 | 10:53 |
| 6 | Marieke Brondijk | Franeker | 11:22 | 11:22 |
| 7 | Mare vd Heide | Grou | 11:31 | 11:31 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 8 | Inger Post | Grou | 11:51 | 11:48 |
| 9 | Sterre Spoelstra | Grou | 12:08 | 12:08 |
| 10 | Renske Drenten | Leeuwarden | 12:14 | 12:14 |
| 11 | Lisa Dian | Leeuwarden | 12:27 | 12:25 |
| 12 | Sophie Bakker | Leeuwarden | 12:33 | 12:31 |
| 13 | Roos Wijnalda | Leeuwarden | 12:33 | 12:32 |
| 14 | Hester Kuipers | Deinum | 12:40 | 12:38 |
| 15 | Ylse Barkmeijer | Akkrum | 12:50 | 12:50 |
| 16 | Janny Maaïke Goerres | Aldeboarn | 12:59 | 12:58 |
| 17 | Liselotte Bakker | Leeuwarden | 13:35 | 13:33 |
| 18 | Janneke Lange | Leeuwarden | 13:44 | 13:42 |
| 19 | Inge de Vries | Grou | 14:05 | 14:03 |
| 20 | Marijke Visser | Grou | 14:13 | 14:11 |
| 21 | Jildou Bouma | Grou | 14:33 | 14:31 |
| 22 | Lida Kooistra | Leeuwarden | 15:02 | 15:01 |
| 23 | Anne Boonstra | Grou | 15:04 | 15:03 |
| 24 | Ilse van der Schaaf | Nes gem Boarnsterhim | 15:12 | 15:11 |
| 25 | Jellien van der Schaaf | Nes gem Boarnsterhim | 15:14 | 15:13 |
| 26 | Tjerk Busstra | Grou | 15:17 | 15:14 |
| 27 | De Britt Jong | Grou | 15:19 | 15:16 |
| 28 | Sharmarlies Brinkman | Grou | 15:24 | 15:19 |
| 29 | Yanna Yu Kleinhuis | Grou | 15:27 | 15:24 |
| 30 | Lisanne plaatje | Grou | 15:31 | 15:29 |
| 31 | Pien Scholtens Weert | Grou | 15:36 | 15:35 |
| 32 | Iris Mendel | Grou | 15:45 | 15:43 |
| 33 | Margje Bussstra | Grou | 16:14 | 16:09 |
| 34 | Eline van Marrum | Franeker | 16:19 | 16:14 |
| 35 | Elbrich Agema | Nes gem Boarnsterhim | 16:38 | 16:32 |
| 36 | Marrit Gaastra | Scharnegoutum | 16:38 | 16:33 |
| 37 | Gabriëlla van Marrum | Franeker | 16:43 | 16:40 |
| 38 | Phileine Zwier | Grou | 16:59 | 16:54 |
| 39 | Ninthe Schippers | Grou | 18:14 | 18:12 |
| 40 | Michelle plaatje | Grou | 19:36 | 19:33 |
| 41 | Martine Hofstra | Aldeboarn | 20:26 | 20:19 |

J-12, JEUGDLOOP 2.5 K

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|-------|-------|
| 1 | Finn van Pijkeren | Middelstum | 10:16 | 10:16 |
| 2 | Max Spaargaren | Leeuwarden | 10:17 | 10:17 |
| 3 | HarmJanKootstra | Beetsterzwaag | 10:25 | 10:25 |
| 4 | Allard Voorwinde | Grou | 10:43 | 10:43 |
| 5 | Rinse Jan de Groot | Grou | 10:49 | 10:48 |
| 6 | Jarin Hoekstra | Jirnsum | 11:29 | 11:25 |
| 7 | Bas Visser | Leeuwarden | 11:38 | 11:37 |
| 8 | Huub Wartena | Grou | 11:42 | 11:42 |
| 9 | Daan Nugteren | Jirnsum | 11:44 | 11:43 |
| 10 | Rinse Jan de Groot | Grou | 11:44 | 11:44 |
| 11 | Simon Miedema | Grou | 11:49 | 11:48 |
| 12 | Steffen niemarkt | Grou | 11:57 | 11:57 |
| 13 | Merijn Boonstra | Grou | 11:59 | 11:54 |
| 14 | Max Henning | Aldeboarn | 12:06 | 12:04 |
| 15 | Frank Wijkstra | Terband | 12:07 | 12:07 |
| 16 | Ridzert Teunissen | Aldeboarn | 12:14 | 12:14 |
| 17 | Antonio Walters | Grou | 12:24 | 12:21 |
| 18 | Jorn de Haan | Leeuwarden | 12:33 | 12:33 |
| 19 | Patrick Krikke | Grou | 12:36 | 12:33 |
| 20 | Roy Kinderman | Grou | 12:42 | 12:41 |
| 21 | Hidde van der Meer | Grou | 12:49 | 12:47 |
| 22 | Jimte Lagerman | Haskerdijken | 12:52 | 12:51 |

Uitslagenlijst 44e Merenloop

Grou - Zondag 9 maart 2014

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 23 | Sem v.d. Berg | Grou | 12:58 | 12:56 |
| 24 | Stijn van der Duim | Grou | 13:04 | 13:03 |
| 25 | Jetse Teunissen | Aldeboarn | 13:06 | 13:06 |
| 26 | Ron Stienstra | IJlst | 13:17 | 13:17 |
| 27 | Tjalling de Vries | Jirnsum | 13:20 | 13:16 |
| 28 | Folmer de Vries | Jirnsum | 13:28 | 13:24 |
| 29 | Huub van der Veen | Grou | 13:28 | 13:25 |
| 30 | Ramon Damkat | Grou | 13:35 | 13:35 |
| 31 | Jurjen Westra | Haskerdijken | 13:39 | 13:38 |
| 32 | Karsten Hoekstra | Reduzum | 14:04 | 14:04 |
| 33 | Jalte Talsma | Grou | 14:06 | 14:04 |
| 34 | Lars van der Meulen | Leeuwarden | 14:11 | 14:06 |
| 35 | Marijn Wijkstra | Terband | 14:28 | 14:27 |
| 36 | Yentl Smeding | Leeuwarden | 14:51 | 14:50 |
| 37 | Gilles Brink | Grou | 15:02 | 14:59 |
| 38 | Tieme van Marrum | Franeker | 15:08 | 15:04 |
| 39 | Redmer Kornet | Grou | 15:16 | 15:13 |
| 40 | Jasper v.d. Wurf | Grou | 15:22 | 15:20 |
| 41 | Cedric Viersen | Grou | 16:08 | 16:01 |
| 42 | Marco van Vilsteren | Grou | 16:19 | 16:18 |
| 43 | Daniël van Vilsteren | Grou | 16:20 | 16:19 |
| 44 | Remco Velstra | Grou | 16:27 | 16:24 |
| 45 | Jochem van Marrum | Franeker | 16:43 | 16:39 |
| 46 | Hidde Kneefel | Grou | 17:12 | 17:10 |
| 47 | Lucas gaastra | Scharnegoutum | 17:14 | 17:07 |
| 48 | Jens Witteveen | Grou | 17:44 | 17:41 |
| 49 | Frank Wiersma | Grou | 18:09 | 18:06 |
| 50 | Matis Schippers | Grou | 18:12 | 18:10 |
| 51 | Jorrit Hofstra | Aldeboarn | 20:31 | 20:25 |
| 52 | Jorn van der Duim | Grou | 22:42 | 22:42 |