

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| J-9, 1500 METER |                   |                       |       |       |
|-----------------|-------------------|-----------------------|-------|-------|
| Plaats          | Naam              | Woonplaats/Vereniging | Bruto | Netto |
| 1               | Mick Hanekamp     | Epe                   | 6:39  | 6:38  |
| 2               | Koen Schijf       | VIOS                  | 6:46  | 6:45  |
| 3               | Lucas van Buuren  | KCVO                  | 6:50  | 6:48  |
| 4               | Sven Bosmans      | KCVO                  | 7:00  | 6:59  |
| 5               | Nout Bonekamp     | KCVO                  | 7:02  | 7:01  |
| 6               | Jurre Betting     | KCVO                  | 7:07  | 7:05  |
| 7               | Yorick Beekhuis   | KCVO                  | 7:08  | 7:07  |
| 8               | Jeremy Brand      | KCVO                  | 7:11  | 7:10  |
| 9               | Julian Hagen      | VIOS                  | 7:25  | 7:22  |
| 10              | Moreno Rouschen   | VIOS                  | 7:33  | 7:32  |
| 11              | Lars Roolvink     | VIOS                  | 7:36  | 7:34  |
| 12              | Bram Kers         | KCVO                  | 7:38  | 7:38  |
| 13              | Rody Weerts       | KCVO                  | 7:39  | 7:39  |
| 14              | Koen Bouwmeester  | KCVO                  | 7:40  | 7:40  |
| 15              | Sem Betting       | KCVO                  | 7:41  | 7:39  |
| 16              | Siem den Besten   | KCVO                  | 7:45  | 7:43  |
| 17              | Mads van Zuidam   | KCVO                  | 7:45  | 7:43  |
| 18              | Mats van Bussel   | VIOS                  | 7:45  | 7:42  |
| 19              | Jop Bonekamp      | KCVO                  | 7:47  | 7:47  |
| 20              | Dani Pannekoek    | VIOS                  | 7:47  | 7:46  |
| 21              | Kasper Holtman    | KCVO                  | 7:50  | 7:50  |
| 22              | Aike Potse        | VIOS                  | 7:58  | 7:56  |
| 23              | Twan Verwoolde    | KCVO                  | 7:59  | 7:58  |
| 24              | Justin Wijenberg  | KCVO                  | 8:00  | 7:59  |
| 25              | Sven Rodijk       | KCVO                  | 8:02  | 8:00  |
| 26              | Figo van Gortel   | KCVO                  | 8:10  | 8:09  |
| 27              | Tobie ten Hoven   | KCVO                  | 8:12  | 8:12  |
| 28              | Jens Brummel      | VIOS                  | 8:15  | 8:13  |
| 29              | Sem Oodterloo     | VIOS                  | 8:17  | 8:13  |
| 30              | Joost Bibo        | Vaassen               | 8:18  | 8:13  |
| 31              | Boris Dijkhof     | Vaassen               | 8:18  | 8:15  |
| 32              | Jeser Stuij       | Vaassen               | 8:30  | 8:27  |
| 33              | Bas IJsseldijk    | KCVO                  | 8:31  | 8:29  |
| 34              | Loek vd Braak     | VIOS                  | 8:39  | 8:37  |
| 35              | Mirac Majid       | VIOS                  | 8:50  | 8:49  |
| 36              | Ali Ayzat         | VIOS                  | 8:56  | 8:50  |
| 37              | Koen Kroes        | KCVO                  | 8:57  | 8:55  |
| 38              | Tieme Rooijackers | KCVO                  | 9:01  | 8:59  |
| 39              | Mark Eikelboom    | Vaassen               | 9:56  | 9:50  |
| 40              | Bart Bonhof       | Vaassen               | 10:02 | 9:56  |
| 41              | Lasse Brummel     | VIOS                  | 10:13 | 10:11 |

| M-9, 1500 METER |                       |                       |       |       |
|-----------------|-----------------------|-----------------------|-------|-------|
| Plaats          | Naam                  | Woonplaats/Vereniging | Bruto | Netto |
| 1               | Dominique Steunenberg | Vaassen               | 6:50  | 6:49  |
| 2               | Lisette Veldkamp      | Epe                   | 6:52  | 6:52  |
| 3               | Lune Smeur            | Vaassen               | 7:08  | 7:06  |
| 4               | Laena Klomp           | Vaassen               | 7:13  | 7:11  |
| 5               | Diede Salomons        | Vaassen               | 7:23  | 7:21  |
| 6               | Amber Veldkamp        | Epe                   | 7:33  | 7:33  |
| 7               | Eefke Huntink         | Vaassen               | 7:42  | 7:38  |
| 8               | Esra Veenstra         | VIOS                  | 7:43  | 7:41  |
| 9               | Lindsey van Zuuk      | Vaassen               | 8:25  | 8:23  |
| 10              | Charly Berenschot     | Vaassen               | 8:27  | 8:25  |
| 11              | Lana Oosterloo        | VIOS                  | 8:44  | 8:40  |
| 12              | Kayla Schook          | Vaassen               | 9:02  | 9:00  |
| 13              | Jasmijn Velthoen      | Vaassen               | 9:05  | 9:00  |
| 14              | Nienke Rodijk         | Vaassen               | 9:28  | 9:28  |

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| Plaats | Naam            | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 15     | Mira van Gortel | Vaassen               | 9:44  | 9:41  |
| 16     | Lieke Vermeulen | KCVO                  | 10:18 | 10:16 |
| 17     | Aimee Smeur     | Vaassen               | 10:38 | 10:33 |
| 18     | Amy Krijgsman   | Vaassen               | 11:20 | 11:18 |
| 19     | Amy Vermaas     | Vaassen               | 11:53 | 11:48 |
| 20     | Isabeau Dijkhof | Vaassen               | 11:56 | 11:51 |
| 21     | Lynn Krijgsman  | Vaassen               | 11:57 | 11:52 |
| 22     | Fenne Mentink   | Vaassen               | 11:57 | 11:52 |

## J-15, 3000 METER

| Plaats | Naam                | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|-------|-------|
| 1      | Lucas Wijnhoud      | VIOS                  | 11:53 | 11:51 |
| 2      | Roy van Gortel      | VIOS                  | 12:24 | 12:24 |
| 3      | Abel Tuasela        | VIOS                  | 12:36 | 12:35 |
| 4      | Jens Mesker         | KCVO                  | 12:38 | 12:36 |
| 5      | Luuk de Vries       | VIOS                  | 12:46 | 12:46 |
| 6      | Luca Jansen         | VIOS                  | 13:00 | 12:59 |
| 7      | Sander Punt         | KCVO                  | 13:08 | 13:06 |
| 8      | Rick Huntink        | KCVO                  | 13:11 | 13:08 |
| 9      | Thijs Bonnekamp     | KCVO                  | 13:26 | 13:25 |
| 10     | Sem Boom            | VIOS                  | 13:57 | 13:57 |
| 11     | Max Brummelkamp     | VIOS                  | 14:01 | 14:00 |
| 12     | Verron Spijker      | KCVO                  | 14:02 | 14:00 |
| 13     | Milan Harleman      | KCVO                  | 14:21 | 14:18 |
| 14     | Fabian van Meggelen | VIOS                  | 14:24 | 14:23 |
| 15     | Wietse Salomons     | Vaassen               | 14:27 | 14:24 |
| 16     | Jivaro              | VIOS                  | 14:28 | 14:27 |
| 17     | Job Prang           | VIOS                  | 14:54 | 14:54 |
| 18     | Daniël Brouwer      | Vaassen               | 14:56 | 14:52 |
| 19     | Jens Bomhof         | VIOS                  | 15:11 | 15:10 |
| 20     | Mitchel Brand       | KCVO                  | 15:36 | 15:35 |
| 21     | Stan Hagen          | KCVO                  | 15:39 | 15:36 |
| 22     | Giel van der Meijs  | KCVO                  | 15:40 | 15:38 |
| 23     | Wessel Velthoen     | Vaassen               | 15:41 | 15:37 |
| 24     | Ralph Hagen         | VIOS                  | 16:13 | 16:12 |
| 25     | Victor Moonen       | KCVO                  | 16:22 | 16:19 |
| 26     | Marijn Prins        | VIOS                  | 16:24 | 16:23 |
| 27     | Thim de Wilde       | KCVO                  | 16:28 | 16:27 |
| 28     | Lukas Vriend        | KCVO                  | 16:29 | 16:27 |
| 29     | Mark Postma         | KCVO                  | 16:30 | 16:27 |
| 30     | Ruben ten Hoven     | KCVO                  | 16:31 | 16:30 |
| 31     | Stijn Klomp         | KCVO                  | 16:32 | 16:30 |
| 32     | Julius Bosgoed      | KCVO                  | 16:55 | 16:55 |
| 33     | Pim Braakman        | KCVO                  | 17:04 | 17:02 |
| 34     | Valentijn Sirre     | KCVO                  | 17:14 | 17:10 |
| 35     | Gerwin van Niersen  | Vaassen               | 17:14 | 17:09 |
| 36     | Thomas Holtman      | KCVO                  | 17:31 | 17:28 |
| 37     | Jasper Kooyer       | KCVO                  | 17:33 | 17:29 |
| 38     | Damiano Vahl        | KCVO                  | 17:33 | 17:31 |
| 39     | Sjors Harmsen       | Vaassen               | 17:35 | 17:31 |
| 40     | Youssef Zenklo      | VIOS                  | 18:30 | 18:30 |
| 41     | Hugo Splinter       | KCVO                  | 18:32 | 18:31 |
| 42     | Bram Bibo           | KCVO                  | 18:51 | 18:49 |
| 43     | Kai Mentink         | KCVO                  | 18:51 | 18:51 |
| 44     | Roan Bronsink       | KCVO                  | 18:59 | 18:58 |
| 45     | Sam Bonekamp        | Vaassen               | 19:02 | 18:59 |
| 46     | Tycho Dijkkamp      | KCVO                  | 19:25 | 19:23 |
| 47     | Derk Visch          | VIOS                  | 19:42 | 19:40 |
| 48     | Senn Kommer         | KCVO                  | 19:43 | 19:43 |

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| Plaats | Naam               | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|-------|-------|
| 49     | Duko van Jaarsveld | Rotterdam             | 20:36 | 20:31 |
| 50     | Chesney Vahl       | KCVO                  | 21:03 | 20:59 |
| 51     | Jimmy Schoneville  | KCVO                  | 21:05 | 21:01 |

## M-15, 3000 METER

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Marlou Mulder        | Apeldoorn             | 12:55 | 12:53 |
| 2      | Lotte Bonhof         | Apeldoorn             | 13:24 | 13:22 |
| 3      | Brecht Huntink       | Vaassen               | 14:04 | 14:01 |
| 4      | Lieke van Zuuk       | VIOS                  | 14:30 | 14:27 |
| 5      | Jaylinn Pattirane    | VIOS                  | 15:18 | 15:15 |
| 6      | Sara van der Vegt    | Vaassen               | 15:58 | 15:54 |
| 7      | Fem van der Vegt     | Vaassen               | 16:06 | 16:01 |
| 8      | Elin Berkhoff        | Vaassen               | 16:15 | 16:10 |
| 9      | Kim Weenink          | VIOS                  | 16:43 | 16:41 |
| 10     | Isa Bosgoed          | VIOS                  | 16:43 | 16:41 |
| 11     | Manon Jonker         | VIOS                  | 16:46 | 16:44 |
| 12     | Eva Weenink          | VIOS                  | 16:46 | 16:44 |
| 13     | Amelia Han           | VIOS                  | 16:49 | 16:49 |
| 14     | Pien van Niersen     | Vaassen               | 17:14 | 17:09 |
| 15     | Britt Kroes          | VIOS                  | 18:33 | 18:31 |
| 16     | Maureen Konijnenberg | VIOS                  | 18:34 | 18:31 |
| 17     | Nicky Schoneville    | KCVO                  | 18:53 | 18:53 |
| 18     | Iva Berkhoff         | Vaassen               | 19:02 | 18:59 |
| 19     | Eline Bosch          | VIOS                  | 20:16 | 20:14 |
| 20     | Danique Nieuwenhuis  | VIOS                  | 20:37 | 20:35 |
| 21     | Lakyscha Palts       | KCVO                  | 21:07 | 21:03 |

## 5KMAN, 5 KILOMETER

| Plaats | Naam                  | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|-------|-------|
| 1      | Ibrahim Abdi Ali      | Tonden                | 15:47 | 15:46 |
| 2      | Dennis van Velp       | Apeldoorn             | 17:35 | 17:35 |
| 3      | Sherick Laurant       | Veenendaal            | 17:53 | 17:52 |
| 4      | Erwin van Heiningen   | Apeldoorn             | 17:53 | 17:53 |
| 5      | Maarten Koggel        | Dalfsen               | 18:19 | 18:18 |
| 6      | Guus Beking           | Tonden                | 18:22 | 18:21 |
| 7      | Jan-Peter Oudenampsen | Apeldoorn             | 18:31 | 18:28 |
| 8      | Gert Versteeg         | Zwolle                | 18:33 | 18:32 |
| 9      | Gerard Kroes          | Oldebroek             | 18:41 | 18:39 |
| 10     | Hilbert Docter        | Elburg                | 19:26 | 19:25 |
| 11     | Gert Jan Lahuis       | Twello                | 19:35 | 19:34 |
| 12     | Noah Tuasela          | VIOS                  | 20:12 | 20:04 |
| 13     | Lucas Sluijmers       | VIOS                  | 20:16 | 20:02 |
| 14     | Reinier van Dijken    | Geldermalsen          | 20:31 | 20:28 |
| 15     | Gerrit Peters         | Vaassen               | 20:35 | 20:34 |
| 16     | Erwin Foks            | Emst                  | 20:38 | 20:37 |
| 17     | Remon Holubek         | Vaassen               | 20:57 | 20:55 |
| 18     | Nick Sluijms          | VIOS                  | 21:01 | 20:55 |
| 19     | Joppe Hummel          | VIOS                  | 21:05 | 21:02 |
| 20     | Floris Hummel         | VIOS                  | 21:05 | 21:01 |
| 21     | Marco Raap            |                       | 21:06 | 21:04 |
| 22     | Stef Koldenhof        | VIOS                  | 21:07 | 20:59 |
| 23     | Ruben Soppe           | VIOS                  | 21:08 | 21:05 |
| 24     | Sonny Scherpenzeel    | Beekbergen            | 21:17 | 21:13 |
| 25     | Bas Romkema           | VIOS                  | 21:23 | 21:14 |
| 26     | Yente Stoker          | VIOS                  | 21:23 | 21:08 |
| 27     | Hielke van der Laan   | Vaassen               | 21:27 | 21:24 |
| 28     | Jort Poppe            | KCVO                  | 21:28 | 21:27 |
| 29     | Mathijs Meijer        | VIOS                  | 21:29 | 21:22 |

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 30     | Menno v.d. Vlekkert  | VIOS                  | 21:32 | 21:28 |
| 31     | Levi Tuasela         | VIOS                  | 21:52 | 21:43 |
| 32     | Alex van Ooaten      | Epe                   | 21:55 | 21:52 |
| 33     | Floris Huntink       | Vaassen               | 22:15 | 22:09 |
| 34     | Vincent Huntink      | Vaassen               | 22:18 | 22:12 |
| 35     | Jarco Gorkink        | Vaassen               | 22:19 | 22:14 |
| 36     | Marco Betman         | Apeldoorn             | 22:25 | 22:23 |
| 37     | Sil Hardeman         | VIOS                  | 22:29 | 22:14 |
| 38     | Rinus Groen          | Apeldoorn             | 22:40 | 22:39 |
| 39     | Thom Poppe           | KCVO                  | 22:49 | 22:47 |
| 40     | Jordy Prins          | KCVO                  | 22:51 | 22:45 |
| 41     | Frank Berghuis       | Epe                   | 22:52 | 22:47 |
| 42     | Pieter Siwabessy     | Vaassen               | 22:53 | 22:43 |
| 43     | Stefano Tiemens      | Vaassen               | 22:59 | 22:50 |
| 44     | Mauris Visch         | VIOS                  | 23:01 | 22:55 |
| 45     | Harry Veldkamp       | Epe                   | 23:02 | 23:00 |
| 46     | Mees Kruese          | KCVO                  | 23:03 | 22:59 |
| 47     | Maurice Kommer       | Heerde                | 23:12 | 23:03 |
| 48     | Daan Bosch           | VIOS                  | 23:21 | 23:07 |
| 49     | Robin Kramer         | Apeldoorn             | 23:22 | 23:19 |
| 50     | Joost Eggink         | Vaassen               | 23:26 | 23:02 |
| 51     | Jacco Verstraten     | VIOS                  | 23:37 | 23:34 |
| 52     | Thomas Prins         | VIOS                  | 23:38 | 23:12 |
| 53     | Wilko van Vemde      | Vaassen               | 23:50 | 23:27 |
| 54     | Lars Schutte         | VIOS                  | 23:50 | 23:48 |
| 55     | Merlijn Bonhof       | Apeldoorn             | 23:56 | 23:51 |
| 56     | Ronnin Boeve         | KCVO                  | 24:02 | 23:58 |
| 57     | Eize van der Zee     | VIOS                  | 24:24 | 24:11 |
| 58     | Herman den Besten    | KCVO                  | 24:37 | 24:20 |
| 59     | Alex Bruins          | Ugchelen              | 24:46 | 24:41 |
| 60     | Gert Jan Brugman     | Vaassen               | 25:01 | 24:59 |
| 61     | Sem Beekhuis         | VIOS                  | 25:03 | 25:01 |
| 62     | Daan Eggink          | Apeldoorn             | 25:05 | 24:38 |
| 63     | Jorn Hagen           | Vaassen               | 25:13 | 25:03 |
| 64     | Niels Bonhof         | Apeldoorn             | 25:16 | 25:10 |
| 65     | Mark Beekman         | Vaassen               | 25:31 | 25:22 |
| 66     | Tom Beekman          | VIOS                  | 25:35 | 25:28 |
| 67     | Olaf Zondergeld      | VIOS                  | 25:47 | 25:47 |
| 68     | Arnaud Velthoen      | Vaassen               | 25:51 | 25:46 |
| 69     | Dies Wijs            | Zwolle                | 26:01 | 25:51 |
| 70     | Jaron Dijksterhuis   | VIOS                  | 26:02 | 25:54 |
| 71     | Tijn Scheffel        | KCVO                  | 26:58 | 26:56 |
| 72     | Wessel Brugman       | VIOS                  | 27:03 | 27:02 |
| 73     | Edvard Docter        | Oosterwolde           | 27:11 | 27:04 |
| 74     | Erik Visser          | Vaassen               | 27:26 | 27:14 |
| 75     | Jacob Jan Posthumus  | Vaassen               | 27:27 | 27:10 |
| 76     | Thomas Vonk          | VIOS                  | 27:41 | 27:26 |
| 77     | Huibert Schook       | Vaassen               | 27:43 | 27:24 |
| 78     | Job Huntink          | KCVO                  | 27:54 | 27:50 |
| 79     | Angelos Vlachos      | KCVO                  | 27:59 | 27:57 |
| 80     | Rico Bronsink        | KCVO                  | 27:59 | 27:53 |
| 81     | Quirijn Vlijm        | Vaassen               | 28:22 | 28:09 |
| 82     | Wil Dieker           | Vaassen               | 28:24 | 28:24 |
| 83     | Coen den Besten      | KCVO                  | 28:30 | 28:12 |
| 84     | Jurjan Zweekhorst    | VIOS                  | 28:33 | 28:30 |
| 85     | Lennon van der Linde | VIOS                  | 28:37 | 28:33 |
| 86     | Jasper Vlijm         | VIOS                  | 29:12 | 28:59 |
| 87     | Ronald Bruins        | Zwolle                | 29:13 | 29:01 |
| 88     | Robbert de Beer      | VIOS                  | 29:13 | 29:00 |

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| Plaats | Naam                | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|-------|-------|
| 89     | Bas van Gortel      | VIOS                  | 29:19 | 29:15 |
| 90     | Milan Koldenhof     | VIOS                  | 29:35 | 29:33 |
| 91     | Remko Vogel         | VIOS                  | 29:37 | 29:22 |
| 92     | Gerard Konijnenberg | Vaassen               | 30:10 | 30:05 |
| 93     | Roel Kipp           | Apeldoorn             | 30:30 | 30:22 |
| 94     | Jan Kersten         | Amsterdam Zuidoost    | 30:33 | 30:23 |
| 95     | Paul Heutinck       | Vaassen               | 30:59 | 30:41 |
| 96     | Stan Brugman        | VIOS                  | 31:03 | 31:02 |
| 97     | Hidde Visch         | VIOS                  | 32:56 | 32:54 |
| 98     | Marnix de Olde      | VIOS                  | 33:02 | 32:47 |
| 99     | Machiel Visser      | VIOS                  | 33:03 | 32:47 |
| 100    | Just Weerts         | KCVO                  | 33:37 | 33:33 |
| 101    | Kevin Pannekoeken   | Vaassen               | 36:33 | 36:33 |
| 102    | Maikel Gerritsen    | VIOS                  | 37:40 | 37:32 |
| 103    | Erik Polman         | Vaassen               | 37:45 | 35:27 |
| 104    | Willem Polman       | Vaassen               | 37:46 | 35:28 |
| 105    | Thijs Jannink       | KCVO                  | 38:15 | 38:10 |
| 106    | Sven van de Veen    | KCVO                  | 38:16 | 38:13 |
| 107    | Timo Plucker        | KCVO                  | 38:16 | 38:11 |
| 108    | Tim Boom            | KCVO                  | 38:17 | 38:12 |

## K5VRW, 5 KILOMETER

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|-------|-------|
| 1      | Yvonne Meijer           | Witharen              | 18:33 | 18:33 |
| 2      | Marije Blankvoort       | Apeldoorn             | 20:32 | 20:30 |
| 3      | Marian Hofenk           | Epe                   | 20:34 | 20:32 |
| 4      | Lieske Drost            | Apeldoorn             | 21:30 | 21:25 |
| 5      | Simone Pelgrim          | Beekbergen            | 22:48 | 22:45 |
| 6      | Marijke Klaassen        | Zwolle                | 22:58 | 22:55 |
| 7      | Nicky Markies           | Zwolle                | 23:33 | 23:26 |
| 8      | Patty Goossen           | Apeldoorn             | 23:42 | 23:34 |
| 9      | Inge Smink              | Vaassen               | 24:26 | 24:21 |
| 10     | Renate Kroes            | Oldebroek             | 24:32 | 24:30 |
| 11     | Estelle Bruins          | Ugchelen              | 24:32 | 24:27 |
| 12     | Kirsten van Schoonhoven | Vaassen               | 24:49 | 24:45 |
| 13     | Chantal Lokhorst        | Enschede              | 25:05 | 25:04 |
| 14     | Ellen van Bussel        | Vaassen               | 25:25 | 25:15 |
| 15     | Stephanie Schaduw       | Apeldoorn             | 25:41 | 25:25 |
| 16     | Mariska TenTije         | Vaassen               | 25:59 | 25:55 |
| 17     | Esther van den Belt     | Vaassen               | 26:02 | 25:57 |
| 18     | Robin Markies           | Vaassen               | 26:22 | 26:15 |
| 19     | Loes van Oosterhout     | Groningen             | 26:46 | 26:39 |
| 20     | Nienke Leijen           | Heerde                | 27:36 | 27:20 |
| 21     | Marlou Mulder           | Apeldoorn             | 27:41 | 27:34 |
| 22     | Laura Beekman           | Vaassen               | 27:46 | 27:40 |
| 23     | Tjitske ter weeme       | Vaassen               | 27:52 | 27:50 |
| 24     | Joyce Huiskamp          | Vaassen               | 28:21 | 28:08 |
| 25     | Sarah Ronner            | Apeldoorn             | 28:37 | 28:23 |
| 26     | Maud Huysman            | VIOS                  | 28:39 | 28:25 |
| 27     | Dieuwertje Jansen       | Wenum Wiesel          | 28:39 | 28:31 |
| 28     | Marit ter Weeme         | Vaassen               | 28:45 | 28:41 |
| 29     | Monique Witteveen       | Heerde                | 28:45 | 28:30 |
| 30     | Rina Kommer             | Heerde                | 28:46 | 28:31 |
| 31     | Gerjanne Bibo           | Vaassen               | 28:49 | 28:37 |
| 32     | Evelien Bunte           | Heerde                | 28:50 | 28:35 |
| 33     | Petra Leerkes           | Vaassen               | 29:01 | 28:49 |
| 34     | Vera Hagen              | VIOS                  | 29:14 | 29:02 |
| 35     | Fabienne Hulleman       | VIOS                  | 29:24 | 29:14 |
| 36     | Lisanne Kneppers        | Vaassen               | 29:26 | 29:13 |

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 37     | Marjolein den Besten   | KCVO                  | 29:30 | 29:12 |
| 38     | Nina Meijer            | VIOS                  | 29:32 | 29:28 |
| 39     | Bente Visser           | Vaassen               | 29:43 | 29:29 |
| 40     | Arja van Hartskamp     | Vaassen               | 29:43 | 29:39 |
| 41     | Eva Nieuwland          | Vaassen               | 30:06 | 29:58 |
| 42     | Ursala Huiskamp        | Vaassen               | 30:08 | 29:52 |
| 43     | Nicole Veldhuis        | Apeldoorn             | 30:43 | 30:26 |
| 44     | Noor de Wilde          | Vaassen               | 30:53 | 30:48 |
| 45     | Nienke Gorelikow       | Apeldoorn             | 31:03 | 30:52 |
| 46     | Annemiek Pleiter       | Heerde                | 31:10 | 31:01 |
| 47     | Manon van de Waals     | Vaassen               | 31:21 | 31:09 |
| 48     | Chantal Punt           | Vaassen               | 31:21 | 31:10 |
| 49     | Marielle Stuij         | Vaassen               | 31:21 | 31:10 |
| 50     | Marieke Hagen          | Vaassen               | 31:43 | 31:35 |
| 51     | Mary Hazeleger         | Emst                  | 31:44 | 31:29 |
| 52     | Karin Hoogeveen        | Vaassen               | 31:48 | 31:40 |
| 53     | Anouk Prijs            | VIOS                  | 32:05 | 31:54 |
| 54     | Madelief Visch         | VIOS                  | 32:05 | 31:56 |
| 55     | Carline Stokvis        | Apeldoorn             | 32:23 | 32:11 |
| 56     | Marian Zarges          | Ugchelen              | 32:31 | 32:14 |
| 57     | Rita Hagen             | Vaassen               | 32:39 | 32:22 |
| 58     | Nanny Wichers Schreurs | Vaassen               | 32:40 | 32:23 |
| 59     | Tessa Fontaine         | VIOS                  | 32:57 | 32:53 |
| 60     | Jessica Harmsen        | Vaassen               | 33:17 | 33:10 |
| 61     | Jolanda Kamphuis-Balk  | Vaassen               | 33:19 | 33:03 |
| 62     | Petra Galema           | Vaassen               | 33:25 | 33:08 |
| 63     | Iris Gorelikow         | Apeldoorn             | 33:33 | 33:22 |
| 64     | Froukje Ubels          | Epe                   | 33:34 | 33:27 |
| 65     | Eline Krug             | Vaassen               | 33:36 | 33:26 |
| 66     | Bente Roelofsen        | VIOS                  | 34:25 | 34:15 |
| 67     | Marit Roelofsen        | VIOS                  | 34:26 | 34:15 |
| 68     | Sacha Berenschot       | VIOS                  | 34:32 | 34:23 |
| 69     | Marianne de Krosse     | Epse                  | 41:49 | 41:45 |

## 10MAN, 10 KILOMETER

| Plaats | Naam                     | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------------|-----------------------|-------|-------|
| 1      | René Poppe               | Zwolle                | 36:42 | 36:41 |
| 2      | Bas de Kluizenaar        | Apeldoorn             | 36:46 | 36:45 |
| 3      | Bennie Thunker           | Kampen                | 36:51 | 36:50 |
| 4      | Martijn Schakelaar       | Hattem                | 37:18 | 37:18 |
| 5      | Arris Van Deelen         | Ede Gld               | 37:38 | 37:38 |
| 6      | Hans Peters              | Vaassen               | 38:02 | 38:01 |
| 7      | Edwin van der Heijden    | Hilversum             | 39:21 | 39:20 |
| 8      | Dennis van Delft         | Duiven                | 39:44 | 39:37 |
| 9      | Paul Swart               | Velp Gld              | 40:06 | 40:05 |
| 10     | Christiaan van Putten    | Epe                   | 40:21 | 40:18 |
| 11     | Robin Barwegen           | Apeldoorn             | 40:36 | 40:34 |
| 12     | Harry van Ruitenbeek     | Putten                | 40:46 | 40:45 |
| 13     | Alphons van de Heisteeg  | Apeldoorn             | 41:36 | 41:34 |
| 14     | Gijs Vedder              | Deventer              | 41:52 | 41:48 |
| 15     | Robin De Jager           | Apeldoorn             | 42:32 | 42:28 |
| 16     | Hans-Peter Van den Hoven | Apeldoorn             | 43:15 | 43:12 |
| 17     | Leonard Ruyter           | Elburg                | 43:22 | 43:19 |
| 18     | Erwin Schoneville        | Vaassen               | 44:03 | 44:01 |
| 19     | Marcel R Langevoort      | Vaassen               | 44:15 | 44:06 |
| 20     | Wilco Steenwijk          | Epe                   | 45:37 | 45:35 |
| 21     | Wouter van Son           | Duiven                | 45:45 | 45:41 |
| 22     | Niels Zoeteman           | Vaassen               | 45:46 | 45:44 |
| 23     | Willem Passchier         | Velserbroek           | 45:48 | 45:45 |

# Uitslagenlijst c.s.v. VIOS Midwinterloop

Vaassen - Zaterdag 5 januari 2019

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 24     | Nico Staal             | Zwolle                | 45:51   | 45:49   |
| 25     | Joost van den Brink    | Heerde                | 46:23   | 46:20   |
| 26     | Gerbert Tiemens        | Vaassen               | 46:32   | 46:31   |
| 27     | Gerben Jolink          | Vaassen               | 47:21   | 47:12   |
| 28     | Marcel Commandeur      | Epe                   | 47:39   | 47:36   |
| 29     | Sander Fortgens        | Apeldoorn             | 47:40   | 47:37   |
| 30     | Jurre Van Kruijsbergen | Arnhem                | 47:56   | 47:50   |
| 31     | Ruud van der Zwan      | Apeldoorn             | 48:11   | 48:06   |
| 32     | Tom Mensink            | Heerde                | 48:11   | 48:06   |
| 33     | Laurens Pas            | Vaassen               | 48:47   | 48:38   |
| 34     | Jeroen Kerkhof         | Vaassen4              | 48:56   | 48:50   |
| 35     | Arwolt Brummel         | Vaassen               | 48:58   | 48:56   |
| 36     | Henk Kooistra          | Lelystad              | 51:09   | 51:04   |
| 37     | Gerard van Bussel      | Vaassen               | 52:24   | 52:20   |
| 38     | René Stuij             | Vaassen               | 52:35   | 52:29   |
| 39     | Gerrit van Wijngeren   | Vaassen               | 52:36   | 52:32   |
| 40     | Bert Schilder          | Kampen                | 52:51   | 52:46   |
| 41     | Rein Tjeerd Postma     | Koudum                | 52:54   | 52:48   |
| 42     | Frank Mentink          | KCVO                  | 53:37   | 53:29   |
| 43     | Rob Bottenberg         | Kampen                | 53:46   | 53:41   |
| 44     | Kees Moor              | Vaassen               | 54:35   | 54:30   |
| 45     | Jan Lubbinge           | Cialfo                | 54:37   | 54:34   |
| 46     | Ruben Driessen         | Apeldoorn             | 54:40   | 54:36   |
| 47     | Erik Schaling          | Nijmegen              | 55:17   | 55:14   |
| 48     | Henk Jolink            | Vaassen               | 55:19   | 55:11   |
| 49     | Anouk Roest            | VIOS                  | 55:28   | 55:20   |
| 50     | Johan Stegeman         | Vaassen               | 56:16   | 56:08   |
| 51     | Gerrit Prosee          | Vaassen               | 56:43   | 56:34   |
| 52     | Richard Schildkamp     | Apeldoorn             | 57:50   | 57:44   |
| 53     | Bart van Bussel        | Vaassen               | 58:36   | 58:36   |
| 54     | Martin Jansen          | Vaassen               | 59:25   | 59:18   |
| 55     | Maurice Wanders        | Zevenaar              | 59:32   | 59:23   |
| 56     | Henri Groote           | Hoogeveen             | 1:04:08 | 1:03:58 |
| 57     | Bas van de Haar        | VIOS                  | 1:04:17 | 1:04:09 |

## 10VRW, 10 KILOMETER

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 1      | Nuriya van Schoonhoven | Vaassen               | 41:29   | 41:28   |
| 2      | Marije Scholten        | Apeldoorn             | 45:23   | 45:21   |
| 3      | Demi Steunenberg       | Vaassen               | 49:08   | 49:05   |
| 4      | Antoinette Heijdra     | Opotiki               | 49:35   | 49:33   |
| 5      | Tjitske Kooistra       | Lelystad              | 51:04   | 50:59   |
| 6      | Marjorie van den Brink | Heerde                | 51:08   | 51:05   |
| 7      | Celine van Oosterhout  | Apeldoorn             | 51:50   | 51:44   |
| 8      | Evelyne van Lokhorst   | Vaassen               | 51:52   | 51:49   |
| 9      | Estelle van Wijngeeren | Vaassen               | 52:36   | 52:32   |
| 10     | Ypie Osinga            | Koudum                | 52:55   | 52:49   |
| 11     | Edith Mekelenkamp      | Vaassen               | 54:41   | 54:38   |
| 12     | Monique Liefers        | Hilversum             | 54:44   | 54:37   |
| 13     | Caren Diender          | Zwolle                | 55:51   | 55:47   |
| 14     | Jorien Kroeze          | Zwolle                | 56:40   | 56:33   |
| 15     | Wendy Bitter           | Rotterdam             | 59:23   | 59:15   |
| 16     | Mirte Visser           | Vaassen               | 59:42   | 59:35   |
| 17     | Leoni Tielbaard        | Vaassen               | 1:04:06 | 1:03:58 |
| 18     | Inez van 't Einde      | VIOS                  | 1:04:17 | 1:04:08 |
| 19     | Daphne Mensink         | Vaassen               | 1:04:26 | 1:04:20 |