

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

### J-7, 1000 M JEUGD

| Plaats | Naam                     | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------------|-----------------------|-------|-------|
| 1      | Dion lauret              | Broek op Langedijk    | 4:12  | 4:12  |
| 2      | Lasse Brommer            | Alkmaar               | 5:24  | 4:25  |
| 3      | Sam Schotten             | Alkmaar               | 5:32  | 4:33  |
| 4      | Sened Mengsteab          | Bergen Nh             | 4:59  | 4:54  |
| 5      | Stijn Witte              | Bergen Nh             | 6:03  | 5:02  |
| 6      | Hidde Pos                | Zuid-Scharwoude       | 6:08  | 5:09  |
| 7      | Vincent Orij             | Alkmaar               | 6:12  | 5:14  |
| 8      | Moritz van Rems          | Bergen Nh             | 6:14  | 5:17  |
| 9      | Oscar Koerts             | Amsterdam             | 5:21  | 5:17  |
| 10     | Tymo de Jong             | Heerhugowaard         | 6:19  | 5:19  |
| 11     | Jahfari Blackman         | Heerhugowaard         | 6:26  | 5:26  |
| 12     | Arthur demedts           | Gaveren               | 6:25  | 5:29  |
| 13     | Silvan Bos               | Alkmaar               | 6:31  | 5:31  |
| 14     | Marijn Kramer            | Heiloo                | 6:34  | 5:31  |
| 15     | Wiebe joosse             | Bergen Nh             | 6:40  | 5:41  |
| 16     | Sverre van de Bruinhorst | Alkmaar               | 6:45  | 5:44  |
| 17     | Alec Treur               | Bergen Nh             | 6:47  | 5:59  |
| 18     | Nelis Reedijk            | Heiloo                | 7:08  | 6:03  |
| 19     | Sil den Hollander        | Bergen Nh             | 7:19  | 6:15  |
| 20     | Morris van der Weijden   | Bergen Nh             | 7:21  | 6:18  |
| 21     | Duuk van der Weijden     | Bergen Nh             | 7:25  | 6:23  |
| 22     | Tim Vellinga             | Haarlem               | 7:28  | 6:24  |
| 23     | Marcelles van der Tuin   | Bergen Nh             | 9:02  | 7:56  |
| 24     | Jack Hammond             | Bergen Nh             | 9:04  | 8:00  |
| 25     | Adam Tiemessen           | Bergen Nh             | 9:20  | 8:16  |
| 26     | Ari Leek                 | Haarlem               | 11:25 | 10:23 |

### J8-10, 1000 M JEUGD

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------------|-----------------------|-------|-------|
| 1      | Zeb Tesselaar             | Heerhugowaard         | 3:32  | 3:32  |
| 2      | Espen van der Welle       | Warmenhuizen          | 3:39  | 3:39  |
| 3      | Quinten Orij              | Alkmaar               | 4:04  | 4:04  |
| 4      | Luuk Schotten             | Krommenie             | 4:17  | 4:13  |
| 5      | Julius Wietzema Menkhorst | Warmenhuizen          | 4:20  | 4:15  |
| 6      | Senn thomas               | Tuitjenhorn           | 4:18  | 4:15  |
| 7      | Luuk Mulder               | Noord-Scharwoude      | 4:20  | 4:17  |
| 8      | Derk de Graaff            | Egmond aan Zee        | 4:25  | 4:21  |
| 9      | Nick Rietveld             | Bergen Nh             | 4:31  | 4:30  |
| 10     | Oscar van de Bruinhorst   | Alkmaar               | 4:37  | 4:33  |
| 11     | Luke Krijger              | Bergen Nh             | 4:36  | 4:33  |
| 12     | Matteo Cardoso            | Koedijk               | 4:38  | 4:35  |
| 13     | Liam Amand                | Bergen Nh             | 4:44  | 4:39  |
| 14     | Roan Lases                | Bergen Nh             | 4:45  | 4:41  |
| 15     | Hajo de Vries             | Tuitjenhorn           | 4:45  | 4:42  |
| 16     | Victor Lamain             | Bergen Nh             | 4:44  | 4:44  |
| 17     | Roemer de Wijn            | Bergen Nh             | 4:53  | 4:50  |
| 18     | Cees Pepping              | Tuitjenhorn           | 5:20  | 5:17  |
| 19     | Jort Pos                  | Zuid-Scharwoude       | 5:21  | 5:18  |
| 20     | Shawn van Kooten          | Heerhugowaard         | 5:31  | 5:28  |

### J1114, 1000 M JEUGD

| Plaats | Naam             | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1      | Anthony Schaaper | Heiloo                | 4:21  | 4:20  |
| 2      | Aiden Voskuilen  | Schoorl               | 4:25  | 4:23  |

### M-7, 1000 M JEUGD

| Plaats | Naam       | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------|-----------------------|-------|-------|
| 1      | Femm Bruin | Warmenhuizen          | 5:51  | 4:51  |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam           | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------|-----------------------|-------|-------|
| 2      | Kaatje Stork   | Bergen Nh             | 6:49  | 5:47  |
| 3      | Fenna Koet     | Bergen Nh             | 7:01  | 5:59  |
| 4      | Isa Schotten   | Alkmaar               | 7:13  | 6:06  |
| 5      | Merel schotten | Krommenie             | 7:13  | 6:08  |
| 6      | Isa Verduin    | Bergen Nh             | 7:13  | 6:10  |
| 7      | Indy Hammond   | Bergen Nh             | 7:14  | 6:12  |
| 8      | Nova Lauret    | Broek op Langedijk    | 7:17  | 6:15  |
| 9      | Keet Res       | Bergen Nh             | 7:29  | 6:29  |
| 10     | Silke Pepping  | Tuitjenhorn           | 7:45  | 6:43  |
| 11     | Eva Vellinga   | Haarlem               | 8:02  | 6:59  |

### M8-10, 1000 M JEUGD

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Stella Reedijk       | Heiloo                | 4:08  | 4:06  |
| 2      | Jill Bruin           | Warmenhuizen          | 4:27  | 4:26  |
| 3      | Sanne de Nijs        | Bergen Nh             | 4:43  | 4:39  |
| 4      | Mea de Wit           | Schoorl               | 4:45  | 4:44  |
| 5      | Maren van der Welle  | Warmenhuizen          | 4:50  | 4:49  |
| 6      | Suus Kruijer         | Tuitjenhorn           | 4:54  | 4:54  |
| 7      | Jolein Pieterse      | Heerhugowaard         | 4:59  | 4:56  |
| 8      | Manouk Pieterse      | Heerhugowaard         | 5:27  | 5:25  |
| 9      | Jet Langras          | Broek op Langedijk    | 5:28  | 5:28  |
| 10     | Renske Brolsma       | Bergen Nh             | 5:33  | 5:30  |
| 11     | Noortje de Vries     | Tuitjenhorn           | 5:51  | 5:47  |
| 12     | Lara Wouda           | Bergen Nh             | 6:21  | 6:17  |
| 13     | Lois van der Weijden | Bergen Nh             | 6:22  | 6:18  |
| 14     | Juliette Treur       | Bergen Nh             | 6:30  | 6:26  |
| 15     | Ymke Vos             | Bergen Nh             | 6:48  | 6:46  |

### M1114, 1000 M JEUGD

| Plaats | Naam               | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|-------|-------|
| 1      | Suze Anna Molenaar | Dirkshorn             | 4:08  | 4:08  |
| 2      | Julia de Rover     | Bergen Nh             | 7:12  | 6:09  |
| 3      | Jade Elenbaas      | Sint Pancras          | 6:39  | 6:38  |
| 4      | Leana Elenbaas     | Sint Pancras          | 6:40  | 6:39  |

### J-7, 2000 M JEUGD

| Plaats | Naam           | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------|-----------------------|-------|-------|
| 1      | Felix Larsson  | Heiloo                | 12:07 | 12:01 |
| 2      | Fedde Bronsema | Alkmaar               | 14:04 | 14:02 |

### J8-10, 2000 M JEUGD

| Plaats | Naam               | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|-------|-------|
| 1      | Joep Stam          | Groet                 | 8:13  | 8:11  |
| 2      | Philip Kroese      | Bergen Nh             | 8:41  | 8:38  |
| 3      | Teun Kwant         | Alkmaar               | 8:51  | 8:49  |
| 4      | Artur Hagel Franco | Bergen Nh             | 8:55  | 8:51  |
| 5      | Derrick Schaaper   | Heiloo                | 9:08  | 9:05  |
| 6      | Willem Groot       | Bergen Nh             | 9:18  | 9:16  |
| 7      | Bo Reijmerink      | Dirkshorn             | 9:19  | 9:17  |
| 8      | David Semrad       | Bergen Nh             | 9:22  | 9:20  |
| 9      | Mikaj Slijkerman   | Bergen Nh             | 9:44  | 9:40  |
| 10     | Fedde stalenberg   | Alkmaar               | 9:46  | 9:45  |
| 11     | Morris Piet        | Alkmaar               | 9:55  | 9:53  |
| 12     | Finn Kweekel       | Alkmaar               | 10:09 | 10:05 |
| 13     | Bauke Bronsema     | Alkmaar               | 10:58 | 10:55 |

### J1114, 2000 M JEUGD

| Plaats | Naam          | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------|-----------------------|-------|-------|
| 1      | Sidney Steens | Petten                | 8:13  | 8:10  |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam              | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------|-----------------------|-------|-------|
| 2      | Bobby Rietveld    | Bergen Nh             | 8:36  | 8:33  |
| 3      | Mattis Reijmerink | Dirkshorn             | 9:01  | 8:59  |
| 4      | Kees Kruijer      | Tuitjenhorn           | 9:06  | 9:04  |
| 5      | Jay thomas        | Tuitjenhorn           | 9:40  | 9:37  |
| 6      | Derek van Rijn    | Bergen Nh             | 10:32 | 10:29 |
| 7      | Silas Michan      | Heerhugowaard         | 12:48 | 12:47 |
| 8      | Mats van Rijn     | Bergen Nh             | 12:56 | 12:51 |

### M-7, 2000 M JEUGD

| Plaats | Naam          | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------|-----------------------|-------|-------|
| 1      | Bo Slijkerman | Bergen Nh             | 11:15 | 11:09 |
| 2      | Pien Meijer   | Alkmaar               | 13:36 | 13:32 |

### M8-10, 2000 M JEUGD

| Plaats | Naam             | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1      | Fien Plak        | Tuitjenhorn           | 9:15  | 9:12  |
| 2      | Digna joosse     | Bergen Nh             | 9:45  | 9:42  |
| 3      | Lauren Res       | Bergen Nh             | 9:54  | 9:49  |
| 4      | Mette Lanser     | Bergen Nh             | 10:01 | 10:00 |
| 5      | Renske Wesel     | Bergen Nh             | 10:47 | 10:43 |
| 6      | Famke Res        | Bergen Nh             | 10:53 | 10:48 |
| 7      | Emma Wiersema    | Bergen Nh             | 10:57 | 10:53 |
| 8      | Lise roecoert    | Bergen Nh             | 11:00 | 10:56 |
| 9      | Amelie van Rems  | Bergen Nh             | 11:01 | 11:00 |
| 10     | Mila Willebrands | Bergen Nh             | 13:26 | 13:22 |

### M1114, 2000 M JEUGD

| Plaats | Naam              | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------|-----------------------|-------|-------|
| 1      | Lauren Lases      | Bergen Nh             | 9:29  | 9:26  |
| 2      | Kiara Schaedler   | Binningen             | 9:49  | 9:45  |
| 3      | Emma Semradova    | Bergen Nh             | 10:37 | 10:34 |
| 4      | Evi Kweekel       | Alkmaar               | 11:11 | 11:06 |
| 5      | Anouk Karssen     | Heerhugowaard         | 11:36 | 11:32 |
| 6      | Anna van der Tuin | Bergen Nh             | 12:33 | 12:31 |
| 7      | Julia Bilbal      | Heerhugowaard         | 13:14 | 13:10 |
| 8      | Arwen Michan      | Heerhugowaard         | 13:47 | 13:44 |

### MAN, 5 KILOMETER

| Plaats | Naam             | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1      | Rob Nijssen      | Alkmaar               | 16:46 | 16:46 |
| 2      | Pepijn Smilda    | Heerhugowaard         | 16:49 | 16:49 |
| 3      | Jesse Scheltema  | Zuid-Scharwoude       | 17:06 | 17:05 |
| 4      | Jelle Harpenau   | Alkmaar               | 17:39 | 17:38 |
| 5      | Jeroen Swinkels  | Schoorl               | 18:13 | 18:13 |
| 6      | Yordi Verkroost  | Alkmaar               | 18:27 | 18:26 |
| 7      | Jordy Schulz     | Amsterdam             | 18:37 | 18:33 |
| 8      | Marco Ghiglioni  | Alkmaar               | 18:40 | 18:39 |
| 9      | Belian kramers   | Bergen Nh             | 18:45 | 18:43 |
| 10     | Bert Boer        |                       | 18:58 | 18:56 |
| 11     | Chris Bakker     |                       | 19:13 | 19:11 |
| 12     | Steijn Rood      | Zuid-Scharwoude       | 19:43 | 19:41 |
| 13     | Bas Galen        | Alkmaar               | 19:47 | 19:45 |
| 14     | Milo de vet      | Bergen Nh             | 20:01 | 19:59 |
| 15     | Fabian Veltkamp  |                       | 20:17 | 20:15 |
| 16     | Mika van de Ende |                       | 20:18 | 20:16 |
| 17     | Sébastien Baars  | Den Helder            | 20:33 | 20:21 |
| 18     | Sten Stroet      | Heerhugowaard         | 20:32 | 20:30 |
| 19     | Jurre Brommer    |                       | 20:41 | 20:39 |
| 20     | Tim Homminga     |                       | 20:49 | 20:45 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|-------|-------|
| 21     | Ralf Mevissen           | Beverwijk             | 20:52 | 20:48 |
| 22     | Jelle Kramer            |                       | 21:02 | 20:58 |
| 23     | Bob Bruschke            | Egmond aan den Hoef   | 21:09 | 21:07 |
| 24     | Paul Dienaar            | Julianadorp           | 21:31 | 21:18 |
| 25     | Emiel Huijbens          |                       | 21:25 | 21:21 |
| 26     | Bart van Driest         | Bergen Nh             | 21:26 | 21:24 |
| 27     | Dylan Nauta             | Bergen Nh             | 21:48 | 21:30 |
| 28     | Bas Mussert             |                       | 21:36 | 21:34 |
| 29     | Joran Blaauw            |                       | 21:43 | 21:39 |
| 30     | Cor Meijer              | Heerhugowaard         | 21:56 | 21:39 |
| 31     | Guy Sint Jago           |                       | 21:48 | 21:42 |
| 32     | Wouter Noe              | Alkmaar               | 21:54 | 21:44 |
| 33     | Mike Bottinga           |                       | 21:53 | 21:51 |
| 34     | Joost Keizer            |                       | 21:57 | 21:54 |
| 35     | Pepijn Kuiper           |                       | 21:59 | 21:56 |
| 36     | Mats Kroon              |                       | 22:13 | 22:10 |
| 37     | Leon Keizer             |                       | 22:14 | 22:11 |
| 38     | Tobias Bruijn           |                       | 22:19 | 22:14 |
| 39     | Marius Schaeffer        | Alkmaar               | 22:21 | 22:14 |
| 40     | Robin Meijer            |                       | 22:17 | 22:15 |
| 41     | Tijmen Pos              | Zuid-Scharwoude       | 22:27 | 22:19 |
| 42     | Rene Huiberts           |                       | 22:42 | 22:22 |
| 43     | Rens van Leersum        |                       | 22:35 | 22:26 |
| 44     | Arnar Schortinghuis     |                       | 22:35 | 22:32 |
| 45     | Finn Radsma             |                       | 22:40 | 22:36 |
| 46     | Pieter Joosse           | Bergen Nh             | 23:12 | 22:40 |
| 47     | Storm Lodewijk          |                       | 22:43 | 22:40 |
| 48     | Richard van der Vaart   | Bergen aan Zee        | 22:49 | 22:46 |
| 49     | Marco Klaver            | Alkmaar               | 22:54 | 22:49 |
| 50     | Jelle Germans           | Bergen Nh             | 22:59 | 22:51 |
| 51     | Tycho Loos              |                       | 23:02 | 22:57 |
| 52     | Mike Leeman             | Heerhugowaard         | 23:00 | 22:57 |
| 53     | Joram Pos               | Heerhugowaard         | 24:17 | 23:00 |
| 54     | Elias Hagel Franco      | Bergen Nh             | 23:07 | 23:00 |
| 55     | Benjamin Lens           |                       | 23:06 | 23:01 |
| 56     | Nick Oosterveer         |                       | 23:09 | 23:03 |
| 57     | Jef Geelen              | Amsterdam             | 23:13 | 23:09 |
| 58     | Joris den Dulk          |                       | 23:47 | 23:10 |
| 59     | Senne Brommer           |                       | 23:24 | 23:21 |
| 60     | Jan de Jong             |                       | 23:32 | 23:25 |
| 61     | Bram de Nijs            | Bergen Nh             | 23:45 | 23:26 |
| 62     | Marnix Drysdale         | Bergen Nh             | 24:20 | 23:27 |
| 63     | Luuk Oud                |                       | 23:32 | 23:29 |
| 64     | Meindert van der Wolf   | Alkmaar               | 24:13 | 23:34 |
| 65     | Martijn Passet          |                       | 23:39 | 23:34 |
| 66     | Johan Amsen             | Almere                | 24:10 | 23:37 |
| 67     | Tim Bottinga            | Alkmaar               | 24:16 | 23:45 |
| 68     | Sam Houtenbos           |                       | 23:50 | 23:48 |
| 69     | Gerard Witte            | Bergen Nh             | 24:08 | 23:49 |
| 70     | Pedro Jimenez-Villarejo | Bergen Nh             | 23:55 | 23:50 |
| 71     | Chris Smit              |                       | 23:59 | 23:56 |
| 72     | Christiaan Buisman      | Alkmaar               | 24:01 | 23:56 |
| 73     | Sky Figueroa            | Bergen aan Zee        | 24:04 | 23:57 |
| 74     | David Reijmerink        | Dirkshorn             | 24:31 | 23:57 |
| 75     | Siebe Zonneveld         |                       | 24:14 | 23:58 |
| 76     | Thomas Huijbrechts      | Weesp                 | 24:04 | 23:59 |
| 77     | Marco Bakker            |                       | 24:09 | 24:06 |
| 78     | Guido de Regt           |                       | 24:38 | 24:07 |
| 79     | Emile Gronsfelt         |                       | 24:15 | 24:08 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|-------|-------|
| 80     | Richard Kunst       | Alkmaar               | 25:10 | 24:17 |
| 81     | Wouter Kirpensteijn | Alkmaar               | 24:30 | 24:25 |
| 82     | Lucas van Borkulo   | Alkmaar               | 24:47 | 24:25 |
| 83     | Patrick Kwast       |                       | 25:09 | 24:25 |
| 84     | Peter Koonen        |                       | 25:08 | 24:26 |
| 85     | Stefan de Laat      |                       | 24:35 | 24:28 |
| 86     | Tommy Sijtsma       | Almere                | 24:37 | 24:32 |
| 87     | Theo Wijnker        |                       | 25:07 | 24:35 |
| 88     | Menno Ziemer        | Heiloo                | 25:15 | 24:43 |
| 89     | Jasper Stam         |                       | 25:01 | 24:48 |
| 90     | Francisco Rodino    | Alkmaar               | 24:57 | 24:55 |
| 91     | Max van der Velde   |                       | 25:01 | 24:55 |
| 92     | Bastiaan Zutt       |                       | 25:12 | 25:02 |
| 93     | Finn van der Ploeg  |                       | 25:07 | 25:04 |
| 94     | Floris Blankert     | Utrecht               | 26:26 | 25:05 |
| 95     | Wessel Meijering    | Amsterdam             | 26:26 | 25:05 |
| 96     | Rob van der Donk    | Amsterdam             | 26:29 | 25:15 |
| 97     | Sjors Hassing       | Alkmaar               | 25:39 | 25:18 |
| 98     | Frank Bouman        | Bergen Nh             | 25:23 | 25:20 |
| 99     | Richard Koster      |                       | 26:13 | 25:22 |
| 100    | Dinand Hageman      |                       | 25:28 | 25:23 |
| 101    | Ard de Baar         | Heerhugowaard         | 25:43 | 25:26 |
| 102    | Ties Kruijer        |                       | 25:40 | 25:26 |
| 103    | Dave Tijssens       |                       | 25:39 | 25:27 |
| 104    | Gert van Dorth      | Bergen Nh             | 25:35 | 25:30 |
| 105    | Alec de Jong        |                       | 25:41 | 25:38 |
| 106    | Mick Stam           |                       | 25:52 | 25:39 |
| 107    | Olaf Broekhuis      |                       | 25:44 | 25:41 |
| 108    | Bodyvit studio      |                       | 26:24 | 25:41 |
| 109    | Bart Hoogland       | Koedijk               | 26:55 | 25:43 |
| 110    | Duco Verschut       | Alkmaar               | 25:54 | 25:47 |
| 111    | John Hoogland       | Heiloo                | 26:18 | 25:49 |
| 112    | Niek Ligthart       |                       | 26:12 | 25:58 |
| 113    | Martijn Heijnen     | Egmond aan Zee        | 26:11 | 25:58 |
| 114    | Rein Reek           | Alkmaar               | 26:02 | 25:58 |
| 115    | Klaas Kloosterboer  | Broek op Langedijk    | 26:22 | 26:01 |
| 116    | Cas van Stelt       |                       | 26:06 | 26:03 |
| 117    | Bodyvit studio      |                       | 26:45 | 26:03 |
| 118    | Karsten de Roo      |                       | 26:08 | 26:04 |
| 119    | Jasper Tolhuijs     | Den Helder            | 26:17 | 26:04 |
| 120    | Ties Anema          |                       | 26:11 | 26:08 |
| 121    | Hans Geus           | Sint Pancras          | 26:26 | 26:09 |
| 122    | Damien stigt        | Schoorl               | 26:53 | 26:10 |
| 123    | Luc Straathof       |                       | 26:21 | 26:14 |
| 124    | Marco Schuit        | Oudkarspel            | 26:35 | 26:14 |
| 125    | Roberto Laan        |                       | 26:19 | 26:15 |
| 126    | Fije van der Mark   |                       | 26:16 | 26:15 |
| 127    | Bodyvit studio      |                       | 26:39 | 26:15 |
| 128    | Akin Dunder         |                       | 26:31 | 26:21 |
| 129    | Bastiaan Meijer     |                       | 26:44 | 26:22 |
| 130    | Jurrie Span         | Anna Paulowna         | 27:19 | 26:22 |
| 131    | Gijs Moillema       |                       | 26:29 | 26:26 |
| 132    | Michel La Pierre    | Alkmaar               | 26:40 | 26:30 |
| 133    | Daan Evans          | Rotterdam             | 27:22 | 26:38 |
| 134    | Emiel bramer        | Heerhugowaard         | 26:54 | 26:40 |
| 135    | Koen Pastor         | Alkmaar               | 27:13 | 26:43 |
| 136    | Mick van Ierssel    |                       | 26:55 | 26:46 |
| 137    | Ilyaas Shahim       |                       | 26:51 | 26:47 |
| 138    | Pascal Batvaganyan  |                       | 26:58 | 26:48 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|-------|-------|
| 139    | Joost Degen             |                       | 26:56 | 26:49 |
| 140    | Jan Hein Blauw          | Alkmaar               | 27:20 | 26:50 |
| 141    | Yusuf Alarslan          |                       | 27:00 | 26:54 |
| 142    | Mees Stalpers           | Alkmaar               | 27:34 | 26:56 |
| 143    | Robin van Raalte        | Alkmaar               | 27:10 | 27:00 |
| 144    | Peter Janssen           | Bergen Nh             | 27:12 | 27:06 |
| 145    | Bodyvit studio          |                       | 28:00 | 27:16 |
| 146    | Noah Barahona           | Heerhugowaard         | 27:30 | 27:22 |
| 147    | Sidney Boterman         | Alkmaar               | 27:53 | 27:23 |
| 148    | Dirk Jan van den Berg   | Alkmaar               | 28:12 | 27:24 |
| 149    | Rob Schaaper            | Heiloo                | 28:19 | 27:24 |
| 150    | Steef van der Tuin      | Bergen Nh             | 27:52 | 27:28 |
| 151    | Freek Alderink          | Schoorl               | 27:39 | 27:28 |
| 152    | Björn Rippen            |                       | 27:37 | 27:29 |
| 153    | Nando Simdorn           | Bergen Nh             | 28:51 | 27:37 |
| 154    | Stefan Raven            | Alkmaar               | 28:22 | 27:37 |
| 155    | Janiek Bos              | Alkmaar               | 27:46 | 27:40 |
| 156    | Frank Krause            | Bergen Nh             | 27:56 | 27:41 |
| 157    | Timo Bruijns            |                       | 27:54 | 27:42 |
| 158    | Ruud de Visser          | Castricum             | 28:40 | 27:44 |
| 159    | Edwin Thomas            | Bergen Nh             | 27:59 | 27:48 |
| 160    | Gijs Tolsma             |                       | 28:13 | 27:56 |
| 161    | Huib van Veldhoven      |                       | 28:05 | 27:59 |
| 162    | Niels Bakker            |                       | 28:04 | 28:00 |
| 163    | Barry Doddema           | Den Helder            | 28:39 | 28:01 |
| 164    | Jaap Schuurman          |                       | 28:18 | 28:01 |
| 165    | Dyon de Visser          | Castricum             | 28:57 | 28:02 |
| 166    | Sebastien Lecaillet     | Bergen Nh             | 28:18 | 28:06 |
| 167    | Ger de Haas             |                       | 28:13 | 28:07 |
| 168    | Berend-Jan Rietveld     |                       | 28:55 | 28:07 |
| 169    | Kasper Visser           |                       | 28:15 | 28:09 |
| 170    | Julian Kousenband       |                       | 28:35 | 28:25 |
| 171    | Chiem van Weert         |                       | 28:31 | 28:27 |
| 172    | Perry Castricum         |                       | 28:35 | 28:33 |
| 173    | Juriaan de Droog        | Heiloo                | 29:39 | 28:42 |
| 174    | Jurian Puister          |                       | 29:01 | 28:54 |
| 175    | Jan-Paul Kroese         | Bergen Nh             | 29:07 | 28:55 |
| 176    | Tod Counts              | Heerhugowaard         | 29:39 | 29:01 |
| 177    | Marko Boterman          | Alkmaar               | 29:34 | 29:03 |
| 178    | Dennis Taal             | Alkmaar               | 29:16 | 29:03 |
| 179    | Rory Post               | Haarlem               | 29:25 | 29:13 |
| 180    | Kenneth Prins           |                       | 29:19 | 29:15 |
| 181    | Bodyvit Studio          |                       | 30:06 | 29:22 |
| 182    | Dezlin Onofra           |                       | 29:38 | 29:24 |
| 183    | Martine van der Helm    |                       | 30:10 | 29:24 |
| 184    | Finn Karssen            |                       | 29:43 | 29:27 |
| 185    | Menno Duursma           | Bergen Nh             | 30:26 | 29:33 |
| 186    | Niels Hollenberg        | Alkmaar               | 30:13 | 29:37 |
| 187    | Koen van Wechum         |                       | 29:48 | 29:38 |
| 188    | Stijn Rowinkel          |                       | 29:49 | 29:39 |
| 189    | Dim den Hartog          |                       | 29:48 | 29:42 |
| 190    | Richard de Visser       | Heerhugowaard         | 30:39 | 29:44 |
| 191    | Thieme de Wolff         |                       | 29:57 | 29:44 |
| 192    | Dick Boverhuis          | Sint Pancras          | 30:40 | 29:46 |
| 193    | Jeroen Mussert          |                       | 30:01 | 29:46 |
| 194    | Enzo de Vries           |                       | 29:51 | 29:48 |
| 195    | Bodyvit studio          |                       | 30:33 | 29:51 |
| 196    | Hugo Snabilie           | Egmond-Binnen         | 30:50 | 29:51 |
| 197    | Jaime Jimenez-Villarejo | Bergen Nh             | 30:03 | 29:57 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 198    | John Bijman          |                       | 30:19 | 29:59 |
| 199    | Bodyvit studio       |                       | 30:43 | 30:00 |
| 200    | Johan Mink           | Schoorl               | 31:04 | 30:03 |
| 201    | Harold Ansink        |                       | 30:40 | 30:05 |
| 202    | Jurre Bras           |                       | 30:07 | 30:05 |
| 203    | Tom Brouwer          |                       | 30:09 | 30:08 |
| 204    | Jasper Bax           | Bergen Nh             | 30:46 | 30:14 |
| 205    | Martin Glas          |                       | 30:52 | 30:16 |
| 206    | Bas Tros             | Alkmaar               | 31:12 | 30:22 |
| 207    | Luuk van der Peet    |                       | 30:36 | 30:34 |
| 208    | Neander Stalpers     | Alkmaar               | 31:19 | 30:42 |
| 209    | Leen Kluft           | Alkmaar               | 31:37 | 30:42 |
| 210    | Kay Jonas            |                       | 30:51 | 30:44 |
| 211    | Roel de Vogel        | Haarlem               | 30:53 | 30:44 |
| 212    | Marcel van der Holst | Bergen Nh             | 30:54 | 30:45 |
| 213    | Ron Raven            | Alkmaar               | 31:31 | 30:46 |
| 214    | Daan Tot             |                       | 30:53 | 30:48 |
| 215    | Marco van der veen   | Breezand              | 31:47 | 30:48 |
| 216    | Wouter Broekhuis     | Alkmaar               | 31:49 | 30:49 |
| 217    | Stephan Potters      | Heerhugowaard         | 31:15 | 30:55 |
| 218    | Derk Doddema         | Den Helder            | 31:49 | 31:10 |
| 219    | Sjaak Prins          | Alkmaar               | 31:41 | 31:12 |
| 220    | Marco de Pater       | Heerhugowaard         | 31:29 | 31:15 |
| 221    | Jayden van Twuijver  |                       | 31:34 | 31:20 |
| 222    | Bodyvit Studio       |                       | 32:12 | 31:24 |
| 223    | Ryu Kambiyashi       |                       | 31:37 | 31:24 |
| 224    | Bodyvit Studio       |                       | 32:13 | 31:24 |
| 225    | Marcel Hink          | Alkmaar               | 31:50 | 31:25 |
| 226    | René Oosterveer      |                       | 31:33 | 31:26 |
| 227    | Jort Oosterveer      |                       | 31:32 | 31:26 |
| 228    | Sietse Warmerdam     |                       | 31:34 | 31:27 |
| 229    | Mark Lases           | Bergen Nh             | 31:45 | 31:28 |
| 230    | Bodyvit Studio       |                       | 32:15 | 31:31 |
| 231    | Levi de Ree          |                       | 31:35 | 31:31 |
| 232    | Ché Detiger          |                       | 31:43 | 31:36 |
| 233    | Bram van Zuijlen     |                       | 31:43 | 31:37 |
| 234    | Luuk Schipper        |                       | 31:44 | 31:37 |
| 235    | Henk Kuitenbrouwer   | Bergen Nh             | 31:59 | 31:49 |
| 236    | Dio Hummel           |                       | 32:06 | 31:53 |
| 237    | Fynn Eberharter      |                       | 32:04 | 31:54 |
| 238    | Miel Ruiter          |                       | 32:11 | 31:59 |
| 239    | Jordy Heinsdijk      |                       | 32:59 | 32:07 |
| 240    | Martha Blog          |                       | 32:56 | 32:09 |
| 241    | Rico Stouten         | Alkmaar               | 33:16 | 32:30 |
| 242    | Finn Vriesman        |                       | 32:40 | 32:30 |
| 243    | Wiebe Hovingh        | Bergen Nh             | 32:44 | 32:32 |
| 244    | Jaap Spaans          | Oudorp Nh             | 33:15 | 32:35 |
| 245    | Bram Mulder          |                       | 32:47 | 32:45 |
| 246    | Pim van der Bom      | Heerhugowaard         | 33:14 | 32:50 |
| 247    | Ton van der Tuin     | Landsmeer             | 33:18 | 32:52 |
| 248    | Michel Gouw          | Heerhugowaard         | 33:19 | 32:54 |
| 249    | Kilian van der Werve |                       | 33:07 | 32:56 |
| 250    | Bart Dijkstra        | Bergen Nh             | 33:51 | 33:01 |
| 251    | Cor de Lange         | Heerhugowaard         | 33:24 | 33:05 |
| 252    | Thies Konijn         |                       | 33:17 | 33:07 |
| 253    | Jop Keijzer          |                       | 33:18 | 33:15 |
| 254    | Sil Zuurbier         |                       | 33:19 | 33:18 |
| 255    | Sebastiaan van Loon  |                       | 34:45 | 33:58 |
| 256    | Dylan Teeling        | Groet                 | 34:45 | 34:34 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|-------|-------|
| 257    | Cees Jan Fonteijn       | Oostknollendam        | 35:10 | 34:51 |
| 258    | Jelle Spies             |                       | 35:15 | 34:52 |
| 259    | Han Pastor              | Alkmaar               | 36:04 | 35:34 |
| 260    | Joris Zondervan         |                       | 35:42 | 35:38 |
| 261    | Tim Dijkstra            | Alkmaar               | 36:32 | 35:38 |
| 262    | René de Graaf           | Middenbeemster        | 36:41 | 35:52 |
| 263    | Noah Vollebregt         |                       | 36:02 | 35:59 |
| 264    | Bob van Raalte          | Bergen Nh             | 36:13 | 36:03 |
| 265    | Romeo Rawi              | Amsterdam             | 36:48 | 36:15 |
| 266    | Piet Slot               | Sint Pancras          | 36:46 | 36:25 |
| 267    | Mike in 't Ven          | Alkmaar               | 37:43 | 36:45 |
| 268    | Derk Doddema            | Den Helder            | 37:23 | 36:45 |
| 269    | Dolf Treurniet          | Alkmaar               | 38:24 | 37:44 |
| 270    | Juna Detiger            |                       | 38:09 | 38:00 |
| 271    | Ben van Borkulo         | Alkmaar               | 38:31 | 38:03 |
| 272    | Sterk Delreu            |                       | 38:45 | 38:45 |
| 273    | Sipke Huizinga          |                       | 45:03 | 44:40 |
| 274    | Max Heijnen             |                       | 45:13 | 44:59 |
| 275    | Dominique van der Velde |                       | 45:58 | 45:45 |
| 276    | Thijs Borst             |                       | 45:59 | 45:50 |
| 277    | Hans Ruhl               | Bergen Nh             | 50:06 | 49:47 |

### VROUW, 5 KILOMETER

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1      | Daniëlle van Dorth     | Amsterdam             | 19:16 | 19:14 |
| 2      | Laurien Bellens        | Kontich               | 20:27 | 20:25 |
| 3      | Noor Kuilboer          | Heerhugowaard         | 20:55 | 20:55 |
| 4      | Richelle Kanis         | Akersloot             | 21:52 | 21:51 |
| 5      | Mellani Goezinnen      | Monnickendam          | 22:05 | 22:03 |
| 6      | Saskia Hiemstra        |                       | 22:28 | 22:16 |
| 7      | Rebecca Beemster       |                       | 22:28 | 22:17 |
| 8      | Femke Klaver           | Alkmaar               | 22:49 | 22:44 |
| 9      | Stephanie Wiggers      | Oudorp Nh             | 23:33 | 23:02 |
| 10     | Ellen Schilder         |                       | 24:07 | 23:16 |
| 11     | Jonna Brommer          |                       | 23:28 | 23:25 |
| 12     | Desi van der Haas      |                       | 23:38 | 23:30 |
| 13     | Selma Heijdra          | Castricum             | 23:42 | 23:37 |
| 14     | Isabelle Brus          | Dirkshorn             | 24:31 | 24:00 |
| 15     | Bettina Bischoff       | Bottrop               | 24:10 | 24:06 |
| 16     | Inge Engel             |                       | 24:25 | 24:09 |
| 17     | Malou Liefing          |                       | 24:22 | 24:11 |
| 18     | Mehret Terpstra        | Amsterdam             | 24:27 | 24:15 |
| 19     | Marlous Tromp          |                       | 24:53 | 24:45 |
| 20     | Sophie Zonneveld       |                       | 24:52 | 24:49 |
| 21     | Dorien Keizer-Schilder |                       | 25:30 | 24:53 |
| 22     | Dieke kok              | Bergen Nh             | 25:37 | 25:05 |
| 23     | Marleen Steinhaus      |                       | 26:00 | 25:08 |
| 24     | Inge Lensen            | Alkmaar               | 25:28 | 25:21 |
| 25     | Esmeralda Mol          |                       | 25:28 | 25:22 |
| 26     | Alize Okel-Kooy        | Den Helder            | 25:36 | 25:26 |
| 27     | Kirsten Bijker         | Den Helder            | 25:36 | 25:27 |
| 28     | Astrid van t Veer      | Alkmaar               | 26:19 | 25:42 |
| 29     | Etelka Moll            | Amstelveen            | 25:56 | 25:47 |
| 30     | Gwinn Steens           | Petten                | 25:57 | 25:49 |
| 31     | Lisanne Santee         | Alkmaar               | 26:16 | 25:52 |
| 32     | Wendy Stammis          | Middenbeemster        | 26:45 | 25:55 |
| 33     | Marja Mulder           | Den Helder            | 26:05 | 25:56 |
| 34     | Rose heijnen           | Egmond aan Zee        | 26:10 | 25:57 |
| 35     | Kim Schutte            | Baarn                 | 26:45 | 26:12 |



# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------------|-----------------------|-------|-------|
| 36     | Sabine Keizer             |                       | 26:54 | 26:16 |
| 37     | Stacey simpson            | Koedijk               | 26:33 | 26:19 |
| 38     | Elise povwe               | Alkmaar               | 26:34 | 26:19 |
| 39     | Jana Ligthart             |                       | 26:27 | 26:19 |
| 40     | Jeauline Kok Kroone       |                       | 26:34 | 26:23 |
| 41     | Anita Verkerk             | Bergen Nh             | 26:31 | 26:24 |
| 42     | Annelies Krieckaert       | Alkmaar               | 26:33 | 26:24 |
| 43     | Marylou Noe-Krieckaert    | Alkmaar               | 26:34 | 26:24 |
| 44     | Monique Nieswaag          | Uitgeest              | 26:46 | 26:32 |
| 45     | Eveline Labaar            |                       | 27:23 | 26:39 |
| 46     | Monique Veldhuizen de Vri | Heerhugowaard         | 26:53 | 26:39 |
| 47     | Esther Anker              | Alkmaar               | 26:54 | 26:45 |
| 48     | Sabine Ebbe               | Alkmaar               | 27:16 | 26:45 |
| 49     | Melanie Koethe            | Sint Pancras          | 27:00 | 26:49 |
| 50     | Lois Dekker               |                       | 27:07 | 26:54 |
| 51     | Isabel Dallinga           |                       | 27:11 | 26:55 |
| 52     | Charina Gravemaker        | IJmuiden              | 27:09 | 26:55 |
| 53     | Nienke Conjong            |                       | 27:08 | 27:01 |
| 54     | Julia Braams              |                       | 27:05 | 27:01 |
| 55     | Dinah Erdmann             | Oberhausen            | 27:21 | 27:07 |
| 56     | Karin Epping              | Anna Paulowna         | 28:09 | 27:12 |
| 57     | Roos Buisman              |                       | 27:31 | 27:15 |
| 58     | Robin Hofman              |                       | 27:34 | 27:24 |
| 59     | Esther Glas               | Bergen Nh             | 28:09 | 27:26 |
| 60     | Esther Pronk              |                       | 27:42 | 27:36 |
| 61     | Lianne de Jong            | Alkmaar               | 27:50 | 27:43 |
| 62     | Selma van Leeuwen         | Heemskerk             | 27:57 | 27:44 |
| 63     | Naomi Roels               |                       | 27:46 | 27:44 |
| 64     | Denice Elsinga            | Heerhugowaard         | 28:44 | 27:46 |
| 65     | Fleur Daniels             | Amsterdam             | 27:57 | 27:51 |
| 66     | Isis Radsma               |                       | 27:56 | 27:52 |
| 67     | Yvette Barahona           | Heerhugowaard         | 28:01 | 27:53 |
| 68     | Zoe Pijper                |                       | 27:56 | 27:53 |
| 69     | Phiene Idema              |                       | 27:58 | 27:57 |
| 70     | Eef Kleverlaan            | Bergen Nh             | 28:13 | 27:59 |
| 71     | Eline Geus                |                       | 28:17 | 28:00 |
| 72     | Petra van Baar            | Oudorp Nh             | 28:16 | 28:01 |
| 73     | Marlinda Kleverlaan       |                       | 28:31 | 28:05 |
| 74     | Sandra Natzijs            |                       | 28:12 | 28:06 |
| 75     | Yvon Schut                |                       | 28:32 | 28:06 |
| 76     | Olivia Lecaillet          | Schoorl               | 28:18 | 28:07 |
| 77     | Kim Eeken                 | Heerhugowaard         | 28:39 | 28:10 |
| 78     | Merel Koopman             |                       | 28:23 | 28:21 |
| 79     | Evi Magermans             |                       | 28:24 | 28:21 |
| 80     | Jill Koopman              |                       | 28:24 | 28:22 |
| 81     | Jacqueline Brien          | Alkmaar               | 28:55 | 28:26 |
| 82     | Renata Groen              | Heerhugowaard         | 29:04 | 28:30 |
| 83     | Karin Appelman            | Alkmaar               | 29:33 | 28:41 |
| 84     | Inge Hopman               | Heerhugowaard         | 28:47 | 28:42 |
| 85     | Jeanette Hiemstra         | Alkmaar               | 29:15 | 28:48 |
| 86     | Jasmijn van Marwijk       | Bergen Nh             | 29:37 | 28:51 |
| 87     | Mirjam Veldt              | Bergen Nh             | 29:38 | 28:51 |
| 88     | Elise de Nijs             |                       | 29:06 | 28:53 |
| 89     | Renske Keeman             | Zwaag                 | 29:18 | 28:54 |
| 90     | Kim Meijer                | Heerhugowaard         | 29:09 | 28:54 |
| 91     | Miranda Tonkes            | Heiloo                | 29:30 | 28:55 |
| 92     | Marielle Kramer           | Heerhugowaard         | 29:19 | 28:59 |
| 93     | Laura Chaudron            | Driehuizen            | 29:48 | 29:00 |
| 94     | Noortje Keeman            | Schoorl               | 29:25 | 29:00 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------------|-----------------------|-------|-------|
| 95     | Neske De Groot            | Schoorl               | 29:26 | 29:01 |
| 96     | Fleur Baars               | Alkmaar               | 29:16 | 29:04 |
| 97     | Sari Reekers              |                       | 29:57 | 29:05 |
| 98     | Daphne Kramer             | Anna Paulowna         | 30:01 | 29:05 |
| 99     | Sacha Schermer            |                       | 29:49 | 29:10 |
| 100    | Ursula Pieterse           | Heerhugowaard         | 29:27 | 29:11 |
| 101    | Danielle Hage             | Alkmaar               | 29:45 | 29:13 |
| 102    | Sofie van der Hijden      | Haarlem               | 29:26 | 29:14 |
| 103    | Sara Velseboer            |                       | 29:23 | 29:15 |
| 104    | Anna Caleyne Schuiten     |                       | 29:20 | 29:17 |
| 105    | Pleun Net                 |                       | 29:20 | 29:18 |
| 106    | Suzanne Elsinga           | Heiloo                | 30:20 | 29:22 |
| 107    | Fleur de Haas             | Heiloo                | 29:57 | 29:26 |
| 108    | Benthe van Ierssel        |                       | 29:40 | 29:30 |
| 109    | Julia Bakker              |                       | 29:34 | 29:30 |
| 110    | Sophie de Boer            |                       | 29:33 | 29:30 |
| 111    | River Zandstra            |                       | 29:33 | 29:30 |
| 112    | Romi de Jager             |                       | 29:33 | 29:31 |
| 113    | Niki Harshagen            |                       | 30:15 | 29:33 |
| 114    | Eveline Elsinga           | Schoorl               | 30:30 | 29:33 |
| 115    | Louise Geus               |                       | 29:53 | 29:33 |
| 116    | Suzanne Gombert           | Castricum             | 30:10 | 29:35 |
| 117    | Kristianne Geus           | Sint Pancras          | 29:55 | 29:35 |
| 118    | Antoinette van Raalte     | Bergen Nh             | 29:48 | 29:39 |
| 119    | Rhonda Moerman            |                       | 30:23 | 29:40 |
| 120    | José Schagen              | Alkmaar               | 30:09 | 29:42 |
| 121    | Fee Evers                 |                       | 29:45 | 29:42 |
| 122    | Jessica Maas              | Heerhugowaard         | 31:00 | 29:43 |
| 123    | Bianca Luijt              | Alkmaar               | 30:04 | 29:47 |
| 124    | Fleur Mussert             |                       | 30:01 | 29:50 |
| 125    | Sonja slooten             | Alkmaar               | 30:07 | 29:50 |
| 126    | Puck Sijrier              |                       | 30:02 | 29:59 |
| 127    | Anouk Ruiter              | Bergen Nh             | 30:35 | 30:00 |
| 128    | Yvonne van Dorth          | Bergen Nh             | 30:07 | 30:01 |
| 129    | Marijn Distel             |                       | 30:53 | 30:01 |
| 130    | Chantal de boer           | Winkel                | 30:22 | 30:03 |
| 131    | Angelique Binckhorst      |                       | 30:35 | 30:06 |
| 132    | Anne Blank                | Oudorp Nh             | 30:18 | 30:07 |
| 133    | Marlieke van de Weerd     | Bergen Nh             | 31:05 | 30:08 |
| 134    | Mirjam v Berkel vdrPluijm | Anna Paulowna         | 30:22 | 30:09 |
| 135    | Tessa Baltus              | Castricum             | 30:23 | 30:10 |
| 136    | Iris Druiven              | Alkmaar               | 30:27 | 30:13 |
| 137    | Karlijn Bax               | Bergen Nh             | 30:46 | 30:15 |
| 138    | Anette Glas               |                       | 30:51 | 30:15 |
| 139    | Natasja Schabbing         | Heerhugowaard         | 30:32 | 30:18 |
| 140    | Fleur Jonker              |                       | 30:31 | 30:21 |
| 141    | Lana Fiolet               |                       | 30:32 | 30:23 |
| 142    | Nina Delis                | Bergen Nh             | 30:34 | 30:24 |
| 143    | Marjolein Derks           | Alkmaar               | 31:08 | 30:27 |
| 144    | Steffie Daniels           | Weesp                 | 30:35 | 30:28 |
| 145    | Margreet Bijman           | Alkmaar               | 30:44 | 30:29 |
| 146    | Sanne Bruin               |                       | 30:43 | 30:33 |
| 147    | Maartje Los               | Alkmaar               | 30:55 | 30:33 |
| 148    | Guusje Reek               | Alkmaar               | 30:55 | 30:34 |
| 149    | Fee Plomp                 |                       | 30:42 | 30:40 |
| 150    | Veerle Labrujere          | Bergen Nh             | 31:40 | 30:43 |
| 151    | Monique Klercq            |                       | 31:15 | 30:43 |
| 152    | Bodyvit studio            |                       | 31:30 | 30:44 |
| 153    | Madelief Stalpers         | Alkmaar               | 31:20 | 30:44 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                  | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|-------|-------|
| 154    | Bodyvit studio        |                       | 31:30 | 30:47 |
| 155    | Roos Oorthuijsen      |                       | 31:00 | 30:49 |
| 156    | Marjolein Ros         |                       | 31:31 | 30:54 |
| 157    | Yousha de Jager       | Bergen Nh             | 31:48 | 31:05 |
| 158    | Anne Tromp            | Alkmaar               | 32:01 | 31:05 |
| 159    | Liz Erkamp            | Alkmaar               | 32:02 | 31:06 |
| 160    | Jorine Zuiderduijn    | Alkmaar               | 32:02 | 31:06 |
| 161    | Masja de Graaf        |                       | 31:48 | 31:07 |
| 162    | Doortje De Vries      | Bergen Nh             | 31:42 | 31:08 |
| 163    | Jolien van Oort       | Alkmaar               | 31:33 | 31:10 |
| 164    | Marjon Aker           | Alkmaar               | 32:05 | 31:11 |
| 165    | Melissa Roecoert      | Bergen Nh             | 31:46 | 31:14 |
| 166    | Rebecca Kwast         |                       | 32:03 | 31:17 |
| 167    | Leonie Tielen         |                       | 32:08 | 31:17 |
| 168    | Jeannette Smit        | Den Helder            | 32:18 | 31:18 |
| 169    | Angelique de Boer     | Den Helder            | 32:18 | 31:19 |
| 170    | Edith Tiemeijer       |                       | 32:04 | 31:24 |
| 171    | Linda Spijker         | Amsterdam             | 31:50 | 31:24 |
| 172    | Esther Lases          | Hilversum             | 31:45 | 31:27 |
| 173    | Nicole van Minnen     | Bergen Nh             | 32:25 | 31:28 |
| 174    | Mieke Has             | Bergen Nh             | 32:25 | 31:29 |
| 175    | Fleur Ordelman        |                       | 31:53 | 31:31 |
| 176    | Esther Molenaar       |                       | 31:54 | 31:31 |
| 177    | Mirella Borst         | Anna Paulowna         | 32:30 | 31:32 |
| 178    | Saskia Klazes         | Schoorl               | 31:50 | 31:32 |
| 179    | Anne Jong             | Alkmaar               | 31:48 | 31:32 |
| 180    | Wendy Bijpost         |                       | 31:54 | 31:32 |
| 181    | Lotte Pieters         | Bergen Nh             | 31:49 | 31:33 |
| 182    | Marlies Brommer       | Breezand              | 32:31 | 31:34 |
| 183    | Bodyvit studio        |                       | 32:16 | 31:34 |
| 184    | Nienke Post           | Alkmaar               | 31:45 | 31:39 |
| 185    | Judith Elzen-Soerink  |                       | 32:17 | 31:49 |
| 186    | Rosa Nowosielski      | Schoorl               | 32:02 | 31:50 |
| 187    | Saskia Schrama        | Bergen Nh             | 32:04 | 32:01 |
| 188    | Ka Ram Koeman-de Haan | Alkmaar               | 32:27 | 32:02 |
| 189    | Marlies den Boer      | Wognum                | 33:02 | 32:04 |
| 190    | Marleen Peperkamp     | Alkmaar               | 32:57 | 32:04 |
| 191    | Annemiek Wiersma      | Medemblik             | 33:04 | 32:06 |
| 192    | Manon van Duin        | Alkmaar               | 33:04 | 32:07 |
| 193    | Gwenn Ligthart        |                       | 32:22 | 32:14 |
| 194    | Karin Glas            | Zuid-Scharwoude       | 33:05 | 32:16 |
| 195    | Laura den Uijl        | Wieringerwaard        | 33:12 | 32:17 |
| 196    | Leticia Verduin       |                       | 32:25 | 32:17 |
| 197    | Maaïke de Wit         | Haarlem               | 33:22 | 32:34 |
| 198    | Claudia Kuijper       | Alkmaar               | 32:55 | 32:34 |
| 199    | Melanie Kuijkhoven    | Alkmaar               | 32:55 | 32:34 |
| 200    | Saskia van der Holst  | Bergen Nh             | 32:47 | 32:39 |
| 201    | Bodyvit studio        |                       | 33:26 | 32:40 |
| 202    | Bodyvit studio        |                       | 33:26 | 32:41 |
| 203    | Ingrid Born           | Oudorp Nh             | 32:57 | 32:45 |
| 204    | Shanna Poel           |                       | 32:49 | 32:45 |
| 205    | Nadieh Entius         |                       | 33:38 | 32:46 |
| 206    | Esther Dekker         |                       | 33:08 | 32:46 |
| 207    | Brigitte van Nimwegen | Heerhugowaard         | 33:46 | 32:46 |
| 208    | Ellen de groot        | Schagen               | 33:21 | 32:51 |
| 209    | Britt Koster          | Alkmaar               | 33:36 | 32:54 |
| 210    | Anneke Mone           | Haarlem               | 33:04 | 32:55 |
| 211    | Marije Heetebrij      |                       | 33:47 | 32:56 |
| 212    | Nelly van der Klugt   | Bergen Nh             | 33:18 | 32:59 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------------|-----------------------|-------|-------|
| 213    | Willemijn Meinen          | Alkmaar               | 33:43 | 33:03 |
| 214    | Claudia Beemsterboer      |                       | 33:54 | 33:05 |
| 215    | Sandy Boersen             |                       | 33:55 | 33:06 |
| 216    | Renske Wijnalda           |                       | 33:18 | 33:07 |
| 217    | Chantal van marwijk       | Amstelveen            | 33:55 | 33:08 |
| 218    | Shan Rzepka               | Bergen Nh             | 33:27 | 33:10 |
| 219    | Kim Smits                 |                       | 33:22 | 33:13 |
| 220    | Dionne Bakker             | Alkmaar               | 33:21 | 33:13 |
| 221    | Maud Hoogland             |                       | 33:19 | 33:15 |
| 222    | Ruby Koopman              |                       | 33:24 | 33:17 |
| 223    | Marloes van Reenen        | Alkmaar               | 33:47 | 33:17 |
| 224    | Sterre Bakker             |                       | 33:30 | 33:22 |
| 225    | Benthe Holtdijk           |                       | 33:30 | 33:22 |
| 226    | Denise Delis              | Bergen Nh             | 33:53 | 33:23 |
| 227    | Ingrid Hoogland           | Heiloo                | 33:53 | 33:24 |
| 228    | Diana Veenstra            |                       | 33:53 | 33:27 |
| 229    | Inger Mulder              | Broek op Langedijk    | 34:15 | 33:28 |
| 230    | Saskia Lubbers            | Alkmaar               | 34:13 | 33:39 |
| 231    | Ulrike Pelser             | Koeln                 | 33:50 | 33:39 |
| 232    | Anne Kathrin Pelser       | Koeln                 | 33:50 | 33:39 |
| 233    | Marlous van der Molen     | Alkmaar               | 34:29 | 33:43 |
| 234    | Richella Carton           |                       | 34:34 | 33:44 |
| 235    | Marianne van Doornum      | Heerhugowaard         | 34:21 | 33:44 |
| 236    | Michlle Schilder          |                       | 33:53 | 33:51 |
| 237    | Robine Blonk              |                       | 33:59 | 33:56 |
| 238    | Richtje Taal              | Alkmaar               | 34:22 | 33:57 |
| 239    | Ria Vestering             | Bergen Nh             | 34:25 | 34:05 |
| 240    | Nicky Koster              | Alkmaar               | 34:48 | 34:06 |
| 241    | Jolanda tas               | Schagen               | 34:45 | 34:14 |
| 242    | Marianne Mulder           | Anna Paulowna         | 35:12 | 34:15 |
| 243    | Marion van Achthoven      | Heiloo                | 35:20 | 34:19 |
| 244    | Joke van Schaick          | Alkmaar               | 34:30 | 34:22 |
| 245    | Linda van der Tuin        | Bergen Nh             | 34:51 | 34:24 |
| 246    | Hellen Ruiter             | Heemskerk             | 35:32 | 34:32 |
| 247    | Charida                   |                       | 35:00 | 34:33 |
| 248    | Shura Meereboer           | Alkmaar               | 34:45 | 34:35 |
| 249    | Nienke Spies              | Sint Pancras          | 35:15 | 34:53 |
| 250    | Thelma Slenters           | Oosthuizen            | 35:13 | 34:55 |
| 251    | Bianca Eickholt           | Heerhugowaard         | 35:56 | 34:56 |
| 252    | Anita van der wolf        | Alkmaar               | 35:42 | 35:03 |
| 253    | Jeannette Goudriaan       |                       | 35:40 | 35:12 |
| 254    | Vivienne Werner           |                       | 35:45 | 35:17 |
| 255    | Jolanda Hessing- van Dijk | Heerhugowaard         | 35:52 | 35:18 |
| 256    | Nora Hoogland             | Koedijk               | 36:29 | 35:18 |
| 257    | Jeannette                 |                       | 36:04 | 35:38 |
| 258    | Martine Hassing           | Bergen Nh             | 36:29 | 35:54 |
| 259    | Diana Jonker              | Alkmaar               | 36:56 | 36:09 |
| 260    | Marijke Moes              | Alkmaar               | 36:56 | 36:15 |
| 261    | Caroline Jonker           | Oudkarspel            | 37:15 | 36:26 |
| 262    | Darja Postma              | Broek op Langedijk    | 37:18 | 36:29 |
| 263    | Christa van der Fluit     | Heerhugowaard         | 37:28 | 36:38 |
| 264    | Daniëlle Zwagerman        | Alkmaar               | 37:42 | 36:43 |
| 265    | Sandra Doddema-Tijssen    | Den Helder            | 37:23 | 36:46 |
| 266    | Jolijn Welmers            | Bergen Nh             | 37:28 | 36:53 |
| 267    | Fouk Dammers              | Bergen Nh             | 37:28 | 36:53 |
| 268    | Pauline Duits             | Alkmaar               | 37:39 | 36:58 |
| 269    | Naomi Gomes               |                       | 37:28 | 37:16 |
| 270    | Eva van Borkulo           | Alkmaar               | 38:31 | 38:02 |
| 271    | Mandy Mors                | Alkmaar               | 38:57 | 38:29 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                     | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------------|-----------------------|-------|-------|
| 272    | Linda Klaver             | Ridderkerk            | 38:51 | 38:36 |
| 273    | Sandy ter Horst          |                       | 39:41 | 39:14 |
| 274    | Marieke Bos              |                       | 39:41 | 39:14 |
| 275    | Liset Juffermans         | Alkmaar               | 40:04 | 39:23 |
| 276    | Marga Hoenderdos         | Bergen Nh             | 40:10 | 40:00 |
| 277    | Barbara Tenhaeff         | Bergen Nh             | 40:41 | 40:07 |
| 278    | Ellen Rietveld           |                       | 41:31 | 40:43 |
| 279    | Anna Bontje              |                       | 41:02 | 40:59 |
| 280    | Noa Nanou                |                       | 41:03 | 41:02 |
| 281    | Thea Vermeij             | Alkmaar               | 42:08 | 41:41 |
| 282    | Lea Bootsman             | Amsterdam             | 44:19 | 43:37 |
| 283    | Lori Woestenburg-Haakman | Alkmaar               | 44:36 | 43:45 |
| 284    | Sanne van Loon           |                       | 49:14 | 49:08 |

### MSEN, 10 KILOMETER

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 1      | Michiel de Ruiter      | Schoorl               | 33:55 | 33:53 |
| 2      | Steven Greveling       | Heemskerk             | 34:51 | 34:49 |
| 3      | Menno Munster          | Oudorp Nh             | 35:39 | 35:37 |
| 4      | Richard Leeman         | Heerhugowaard         | 37:06 | 37:04 |
| 5      | Remco Bruin            | Alkmaar               | 37:13 | 37:11 |
| 6      | Hugo Bakker            | Obdam                 | 38:31 | 38:28 |
| 7      | Dennis Zwagerman       | Alkmaar               | 38:34 | 38:32 |
| 8      | Mick van der Velden    | Dirkshorn             | 39:22 | 39:19 |
| 9      | Santiago Perez         | Bergen Nh             | 40:01 | 40:00 |
| 10     | Bart Schotten          | Alkmaar               | 41:00 | 40:50 |
| 11     | Luuk Schoenmakers      | Heiloo                | 40:54 | 40:50 |
| 12     | Martijn Verhagen       | Alkmaar               | 41:49 | 41:44 |
| 13     | Joost Baalbergen       |                       | 41:56 | 41:54 |
| 14     | Jep Brinkmann          |                       | 45:21 | 45:03 |
| 15     | Rick Kooij             | Broek op Langedijk    | 45:39 | 45:03 |
| 16     | Niels de Bruijn        | Alkmaar               | 46:02 | 45:53 |
| 17     | Erik de Best           | Koedijk               | 46:29 | 45:57 |
| 18     | Joram Hobo             | Nieuw-Vennep          | 46:10 | 46:08 |
| 19     | Melvin van stralen     | Ursem                 | 48:24 | 47:52 |
| 20     | Juan Jimenez-Villarejo | Bergen Nh             | 48:43 | 47:58 |
| 21     | Ernst Dompeling        | Koedijk               | 48:16 | 48:10 |
| 22     | Koen Turnhout          | Den Helder            | 49:01 | 48:33 |
| 23     | Floris de Ruiter       | Bergen aan Zee        | 49:15 | 48:41 |
| 24     | Jaap Jochman           |                       | 48:53 | 48:45 |
| 25     | Bob Kenniphaas         | Egmond aan Zee        | 49:52 | 49:17 |
| 26     | Mark van Breugel       | Tuitjenhorn           | 49:36 | 49:19 |
| 27     | Stephan Borst          | Amsterdam             | 49:34 | 49:20 |
| 28     | Koen Pronk             | Avenhorn              | 50:03 | 49:21 |
| 29     | Thijs Boumans          | Lelystad              | 49:45 | 49:37 |
| 30     | Robbert Bolten         | Heiloo                | 50:44 | 50:31 |
| 31     | Stefan van den Heuvel  | Heiloo                | 50:56 | 50:41 |
| 32     | Sean Fasciani          | Bergen Nh             | 51:22 | 50:57 |
| 33     | Jurre Mijlhoff         | Bergen Nh             | 51:49 | 51:07 |
| 34     | Almar Sterck           |                       | 51:28 | 51:21 |
| 35     | Alex Leering           | Alkmaar               | 51:57 | 51:28 |
| 36     | Tom van Berkel         | Anna Paulowna         | 51:50 | 51:34 |
| 37     | Steven van der Tuin    | Leiden                | 52:07 | 51:51 |
| 38     | Daniël den Hollander   | Bergen Nh             | 52:06 | 51:56 |
| 39     | Marijn Heitbrink       | Bergen Nh             | 53:16 | 52:30 |
| 40     | Deik Baars             | Bergen Nh             | 53:06 | 52:42 |
| 41     | Ivo Blankendaal        | 's-Hertogenbosch      | 53:17 | 52:42 |
| 42     | John Dekker            | Bergen Nh             | 53:31 | 52:49 |
| 43     | Alex van Nijhuis       | Den Helder            | 53:57 | 53:16 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|---------------------|-----------------------|---------|---------|
| 44     | Roel Hopman         | Bergen Nh             | 54:13   | 53:22   |
| 45     | Mark Henneman       | Alkmaar               | 54:36   | 53:52   |
| 46     | Mathieu Barendrecht | Alkmaar               | 54:37   | 53:55   |
| 47     | Jeroen Oosterhoff   | Heemskerk             | 55:24   | 54:45   |
| 48     | Lennart Spijksstra  |                       | 55:45   | 54:57   |
| 49     | Sven Nijs           | Bilzen                | 56:56   | 56:07   |
| 50     | Melvin Luik         | Alkmaar               | 57:15   | 56:28   |
| 51     | Bodyvit Studio      |                       | 57:08   | 56:36   |
| 52     | Job Heitbrink       | Amsterdam             | 57:38   | 56:52   |
| 53     | Raymond Braan       | Alkmaar               | 58:08   | 57:41   |
| 54     | Bas Brendel         |                       | 58:15   | 57:45   |
| 55     | Tjerk Eilander      | Alkmaar               | 58:28   | 58:06   |
| 56     | Bodyvit Studio      |                       | 59:15   | 58:53   |
| 57     | Wouter Frans        | Alkmaar               | 1:00:47 | 1:00:02 |
| 58     | Bodyvit Studio      |                       | 1:01:24 | 1:00:32 |
| 59     | Dave Muis           | Noord-Scharwoude      | 1:01:32 | 1:01:03 |
| 60     | Jelle Zandberg      | Alkmaar               | 1:02:31 | 1:01:48 |
| 61     | Johan Koorn         | Wieringerwaard        | 1:02:43 | 1:02:39 |
| 62     | Bodyvit Studio      |                       | 1:04:01 | 1:03:08 |
| 63     | Sanne Foeken        | Egmond aan Zee        | 1:05:19 | 1:04:41 |
| 64     | Peter van Bokhorst  | Alkmaar               | 1:10:06 | 1:09:46 |

### M40, 10 KILOMETER

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Walter Klanker       | Sint Pancras          | 37:47 | 37:46 |
| 2      | Patrick Moeskops     | Alkmaar               | 41:12 | 41:09 |
| 3      | Bas de Jager         |                       | 41:54 | 41:41 |
| 4      | Wilbert van Leeuwen  | Alkmaar               | 41:58 | 41:52 |
| 5      | Stefan Voskuilen     | Schoorl               | 45:05 | 44:18 |
| 6      | Erik van Ballegoie   |                       | 44:42 | 44:37 |
| 7      | Mark Bleekemolen     | Alkmaar               | 45:21 | 45:11 |
| 8      | Ramon Ooms           | Egmond aan den Hoef   | 45:22 | 45:13 |
| 9      | Abel Smilda          | Heerhugowaard         | 45:37 | 45:35 |
| 10     | Kees Meijer          | Alkmaar               | 46:31 | 45:51 |
| 11     | Chris Schoorstra     | Bergen Nh             | 46:19 | 46:09 |
| 12     | Ernst Wijdeman       | Alkmaar               | 46:39 | 46:26 |
| 13     | Henk van der zon     |                       | 46:37 | 46:31 |
| 14     | Norbert Grooth       | Bergen Nh             | 46:50 | 46:42 |
| 15     | Niels Visser         | Bergen Nh             | 47:49 | 47:05 |
| 16     | John McAleese        |                       | 48:02 | 47:10 |
| 17     | Hans Kwaad           | Bergen Nh             | 47:30 | 47:23 |
| 18     | Jeroen Schotten      | Krommenie             | 48:19 | 47:42 |
| 19     | Dik Nanne            | Warmenhuizen          | 47:47 | 47:44 |
| 20     | Peter Helderman      |                       | 48:41 | 47:48 |
| 21     | Jeroen Paus          | Den Helder            | 48:23 | 47:56 |
| 22     | Sander Houtenbos     | Bergen Nh             | 48:10 | 47:57 |
| 23     | Cor van Breugel      | Abbekerk              | 48:20 | 48:10 |
| 24     | Wouter Stuive        | Alkmaar               | 48:23 | 48:12 |
| 25     | Sergio Kloppe        | Heiloo                | 48:58 | 48:53 |
| 26     | Rick Kossen          |                       | 49:11 | 48:56 |
| 27     | Robbert Hoendervoogt | Alkmaar               | 49:18 | 49:03 |
| 28     | Niels Dejong         | Alkmaar               | 49:11 | 49:08 |
| 29     | Peter Westenberg     | Alkmaar               | 49:17 | 49:09 |
| 30     | Bill van Mil         | 's-Gravenhage         | 50:17 | 49:30 |
| 31     | Enteny Klarenbeek    | De Goorn              | 49:49 | 49:32 |
| 32     | Johan Amsen          | Almere                | 49:59 | 49:40 |
| 33     | Raymond Bos          |                       | 49:59 | 49:46 |
| 34     | Rimmy Michan         | Heerhugowaard         | 50:14 | 49:48 |
| 35     | Erwin Keizer         |                       | 50:28 | 50:25 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-------------------------|-----------------------|---------|---------|
| 36     | Jeremy Reboul           | Bergen Nh             | 51:25   | 50:47   |
| 37     | Sander Thomas           | Tuitjenhorn           | 51:03   | 50:48   |
| 38     | Alexander Markus Straub |                       | 51:44   | 51:06   |
| 39     | Harold Bok              | Alkmaar               | 52:43   | 51:56   |
| 40     | Jurgen de Jong          | Heiloo                | 52:26   | 52:01   |
| 41     | Mo Gumus                |                       | 52:32   | 52:20   |
| 42     | Hans bakker             | Koedijk               | 53:17   | 52:42   |
| 43     | Hugo Wessel             | Alkmaar               | 53:25   | 53:09   |
| 44     | Richard Hes             | Heerhugowaard         | 53:34   | 53:16   |
| 45     | Ernst Jonker            | Heerhugowaard         | 53:45   | 53:27   |
| 46     | John Smak Gregoor       | Voorhout              | 54:00   | 53:37   |
| 47     | Dick Boumans            | Almere                | 54:06   | 53:58   |
| 48     | Jeroen Brons            | Schoorl               | 54:51   | 54:01   |
| 49     | Michael Boumans         | Lelystad              | 54:13   | 54:06   |
| 50     | Ad Blokker              | Zwaagdijk-Oost        | 54:57   | 54:27   |
| 51     | Collin van Kooten       | Heerhugowaard         | 55:51   | 55:36   |
| 52     | Bert Louissen           | Alkmaar               | 56:19   | 55:54   |
| 53     | Yuri Kweekel            |                       | 56:22   | 56:12   |
| 54     | Sebastiaan Rigter       | Alkmaar               | 56:56   | 56:12   |
| 55     | Peter Spee              | Schoorl               | 57:03   | 56:35   |
| 56     | Gerard Duinmayer        | Schagen               | 57:28   | 56:57   |
| 57     | Harry Baltus            | Egmond aan den Hoef   | 57:59   | 57:00   |
| 58     | René Schipper           | Alkmaar               | 59:37   | 58:55   |
| 59     | Bert Boterkoek          | Heerhugowaard         | 59:34   | 58:58   |
| 60     | Nol Graas               | Alkmaar               | 59:44   | 59:17   |
| 61     | Michel Tode             | Koog aan de Zaan      | 1:02:12 | 1:01:38 |
| 62     | Wouter Hogewoning       | Heerhugowaard         | 1:02:12 | 1:01:40 |
| 63     | Jos Meijer              |                       | 1:04:52 | 1:04:42 |
| 64     | Ronald Spee             | De Rijp               | 1:12:09 | 1:11:58 |

### M50, 10 KILOMETER

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Ruud Beerepoot       | Spanbroek             | 36:02 | 36:01 |
| 2      | Hans Pater           | Waarland              | 39:39 | 39:38 |
| 3      | Hans Rijs            | Limmen                | 40:05 | 40:02 |
| 4      | Ruud Doodeman        | Warmenhuizen          | 40:39 | 40:37 |
| 5      | Jan Kerkhof          | Anna Paulowna         | 40:49 | 40:47 |
| 6      | Nico Dalen           | Den Helder            | 43:10 | 43:07 |
| 7      | Erik Leibbrand       | Den Helder            | 44:10 | 44:06 |
| 8      | Robert van der Hulst |                       | 44:22 | 44:09 |
| 9      | Frans Kroes          | Sint Maarten          | 44:26 | 44:21 |
| 10     | Pim Hurkmans         | Heiloo                | 45:15 | 45:11 |
| 11     | Pierre Molenaar      | Noord-Scharwoude      | 45:39 | 45:26 |
| 12     | Emiel Goosens        | Schoorl               | 45:51 | 45:48 |
| 13     | Tavit Batvaganyan    |                       | 48:21 | 47:30 |
| 14     | Ben Corten           |                       | 47:50 | 47:41 |
| 15     | Ko Schilder          | Bergen Nh             | 47:57 | 47:45 |
| 16     | Willem Mackaaij      | Alkmaar               | 47:59 | 47:50 |
| 17     | Stijn Brinkmann      |                       | 48:24 | 48:06 |
| 18     | Ronald van de Hulst  | Bergen Nh             | 48:24 | 48:19 |
| 19     | Wilco van der Stoop  |                       | 48:29 | 48:24 |
| 20     | Ruud Meijer          | Alkmaar               | 49:12 | 48:39 |
| 21     | Niels Bouman         | Bergen Nh             | 49:37 | 49:25 |
| 22     | Peter van stralen    | Heerhugowaard         | 50:11 | 49:38 |
| 23     | Pascal Kroone        | Schagen               | 50:21 | 49:50 |
| 24     | Vincent Bouwer       | Alkmaar               | 50:48 | 49:59 |
| 25     | John Kaars           | Volendam              | 50:08 | 50:00 |
| 26     | Jeffrey Verbruggen   | Heerhugowaard         | 51:45 | 51:04 |
| 27     | Menno Willemse       | Heerhugowaard         | 51:48 | 51:06 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                     | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|--------------------------|-----------------------|---------|---------|
| 28     | Hans de Vries            | Den Helder            | 51:54   | 51:08   |
| 29     | Erik Jansen              | Egmond aan den Hoef   | 51:31   | 51:13   |
| 30     | Erik de Groot            | Veghel                | 51:42   | 51:26   |
| 31     | Lukas Verhagen           | Alkmaar               | 51:55   | 51:36   |
| 32     | Matthijs van der Meijden | Alkmaar               | 51:48   | 51:39   |
| 33     | Rob van Doorm            |                       | 52:09   | 51:40   |
| 34     | Jan Reus                 | Enkhuizen             | 52:53   | 52:44   |
| 35     | René Rietveld            | Bergen Nh             | 53:27   | 53:06   |
| 36     | Henri van Gool           | Bergen Nh             | 53:14   | 53:06   |
| 37     | Guido Klopper            | Heiloo                | 53:19   | 53:12   |
| 38     | Jaap Zandvliet           | Alkmaar               | 54:12   | 53:29   |
| 39     | Marco Zomerdijk          | Bergen Nh             | 53:51   | 53:30   |
| 40     | Nico van Winsen          | Bergen Nh             | 54:11   | 54:03   |
| 41     | Ad de Boer               | Bergen Nh             | 54:31   | 54:05   |
| 42     | Roland mors              | Sint Pancras          | 54:57   | 54:26   |
| 43     | Rick Bruijn              | Hoorn Nh              | 55:02   | 54:45   |
| 44     | Jos Stierhout            | Bergen Nh             | 55:25   | 54:46   |
| 45     | Edwin Spee               | Rotterdam             | 55:26   | 54:59   |
| 46     | Sieger Springer          | Haarlem               | 55:55   | 55:21   |
| 47     | Ruud Tuynman             | Bergen Nh             | 57:03   | 56:39   |
| 48     | Peter Verhoeven          | Bergen Nh             | 57:51   | 57:15   |
| 49     | Rob Barbour              | Schoorl               | 58:55   | 58:12   |
| 50     | Robert Jan Koopman       | Noorden               | 58:33   | 58:27   |
| 51     | Michael Hulshoff         | Alkmaar               | 59:44   | 59:17   |
| 52     | Paul Mulder              | Warmenhuizen          | 1:00:36 | 59:55   |
| 53     | Ronald Koppes            | Tuitjenhorn           | 1:01:12 | 1:00:58 |
| 54     | Jeroen Ahaus             | Zuid-Scharwoude       | 1:02:04 | 1:01:41 |
| 55     | Ron Knibbe               | Zuid-Scharwoude       | 1:04:13 | 1:03:30 |
| 56     | Milo Kroone              | Schagen               | 1:07:12 | 1:06:41 |
| 57     | Jos Goedknecht           |                       | 1:08:51 | 1:08:22 |
| 58     | Arnold Frinks            | Julianadorp           | 1:08:44 | 1:08:23 |
| 59     | Sjaak Res                | Heerhugowaard         | 1:16:38 | 1:15:58 |

### M60, 10 KILOMETER

| Plaats | Naam                | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|---------------------|-----------------------|---------|---------|
| 1      | Jan Kreuk           | Lutjebroek            | 44:23   | 44:21   |
| 2      | Theo Tesselaar      | Tuitjenhorn           | 44:58   | 44:54   |
| 3      | Henk Hopman         | Bergen Nh             | 49:24   | 48:34   |
| 4      | Cees Meijer         | Hoogkarspel           | 48:49   | 48:48   |
| 5      | Carol Peperkamp     | Alkmaar               | 49:38   | 49:33   |
| 6      | Ferry Ronde         | Alkmaar               | 50:18   | 50:14   |
| 7      | Jos Schalkwijk      | Warmenhuizen          | 53:14   | 53:10   |
| 8      | Rob Massar          | Heerhugowaard         | 54:30   | 54:08   |
| 9      | Joost Stam          | Bergen Nh             | 55:01   | 54:51   |
| 10     | Thijs Noordhoek     | Zuid-Scharwoude       | 55:22   | 55:06   |
| 11     | Peter Stam          | Zuid-Scharwoude       | 56:12   | 55:36   |
| 12     | Peter Strunks       | Alkmaar               | 56:45   | 56:21   |
| 13     | Peter Zonneveld     | Lisse                 | 57:15   | 56:48   |
| 14     | Leo Obdam           | Alkmaar               | 57:51   | 57:10   |
| 15     | Floor Petersen      | Bergen Nh             | 58:14   | 57:29   |
| 16     | Juergen Winkelmann  | Mettmann              | 57:52   | 57:33   |
| 17     | Geert Liefing       | Bergen Nh             | 58:33   | 57:39   |
| 18     | Klaas Diepeveen     | Schagen               | 57:46   | 57:43   |
| 19     | Manfred Pelser      | Koeln                 | 58:18   | 58:06   |
| 20     | Martin Hamelink     | Sint Pancras          | 59:24   | 59:00   |
| 21     | Kees Janssen        | Wormer                | 59:45   | 59:12   |
| 22     | Cees de Boer        | Zutphen               | 1:00:06 | 59:43   |
| 23     | Peter van Donselaar | Bergen Nh             | 1:01:21 | 1:00:44 |
| 24     | Rob van der Veer    | Sint Pancras          | 1:01:18 | 1:00:52 |



# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam           | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|----------------|-----------------------|---------|---------|
| 25     | Paul van Duin  | Bergen Nh             | 1:01:41 | 1:01:05 |
| 26     | Ronald Pieters | Alkmaar               | 1:01:49 | 1:01:15 |
| 27     | Piet Borst     | Bergen Nh             | 1:02:58 | 1:02:25 |
| 28     | Fedde de Boo   | Schagerbrug           | 1:04:06 | 1:03:44 |
| 29     | Frank de Wijn  | Alphen aan den Rijn   | 1:08:44 | 1:08:40 |
| 30     | Ewoud Bloem    | Heerhugowaard         | 1:11:21 | 1:10:42 |
| 31     | Ron Schoorstra | Bergen Nh             | 1:14:53 | 1:14:42 |

### VSEN, 10 KILOMETER

| Plaats | Naam                     | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|--------------------------|-----------------------|---------|---------|
| 1      | Suzan Nieman             | Schoorl               | 39:17   | 39:14   |
| 2      | Bodyvit Studio           |                       | 43:50   | 43:24   |
| 3      | Esther Lauret            | Broek op Langedijk    | 44:34   | 44:24   |
| 4      | Maartje Koet             | Amsterdam             | 45:06   | 44:33   |
| 5      | Anna Goosens             | Schoorl               | 48:28   | 48:24   |
| 6      | Isa Jansen               | Egmond aan den Hoef   | 49:37   | 49:20   |
| 7      | Bodyvit Studio           |                       | 52:09   | 51:40   |
| 8      | Fleur Koster             |                       | 52:51   | 52:00   |
| 9      | Nicky Maas               | Amsterdam             | 53:37   | 53:06   |
| 10     | Michelle Blanken         | Bergen Nh             | 53:26   | 53:06   |
| 11     | Anne Draper              | Alkmaar               | 53:44   | 53:12   |
| 12     | Lisa Rietveld            | Haarlem               | 54:04   | 53:29   |
| 13     | Valerie van Marwijk      | Bergen Nh             | 56:24   | 56:00   |
| 14     | Vera van den Nieuwendijk | Schoorl               | 56:57   | 56:07   |
| 15     | Bodyvit Studio           |                       | 57:18   | 56:56   |
| 16     | Caroline Sophie Pelser   | Koeln                 | 58:18   | 58:06   |
| 17     | Eline Koopman            | Aalsmeer              | 58:32   | 58:25   |
| 18     | Nancy Spijkstra          |                       | 1:00:50 | 1:00:01 |
| 19     | Nathalie Pieterse        |                       | 1:00:49 | 1:00:01 |
| 20     | Tamara Danser            | Alkmaar               | 1:00:47 | 1:00:02 |
| 21     | Jennifer de Smidt        | Alkmaar               | 1:01:48 | 1:01:24 |
| 22     | Eline Ahaus              | Zuid-Scharwoude       | 1:02:04 | 1:01:41 |
| 23     | Karin Meijer             | Haarlem               | 1:02:07 | 1:01:52 |
| 24     | Lisa paarlberg           | Egmond aan Zee        | 1:03:27 | 1:02:50 |
| 25     | Sabrina Goudriaan        | Egmond aan Zee        | 1:03:49 | 1:03:11 |
| 26     | Marloes Hobo             | Nieuw-Vennep          | 1:08:43 | 1:08:02 |
| 27     | Laura Res                | Heerhugowaard         | 1:16:38 | 1:15:58 |

### V35, 10 KILOMETER

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|---------------------------|-----------------------|---------|---------|
| 1      | Irene Zonneveld           | Bergen Nh             | 40:07   | 40:05   |
| 2      | Yvonne van der Stok       |                       | 46:12   | 46:09   |
| 3      | Nadia Bosch               | Heerhugowaard         | 49:48   | 49:43   |
| 4      | Ilse Sterck               |                       | 51:28   | 51:21   |
| 5      | Esther Schipper           | Heerhugowaard         | 52:17   | 51:41   |
| 6      | Annemiek bier             | Heiloo                | 54:17   | 54:07   |
| 7      | Rensa Rijk                | Oudorp Nh             | 55:12   | 54:37   |
| 8      | Lonneke Kossen            |                       | 54:52   | 54:49   |
| 9      | Francis Brons             | Schoorl               | 56:57   | 56:06   |
| 10     | Roos Wensveen             | Bergen Nh             | 57:14   | 56:55   |
| 11     | Lies Verburg              |                       | 57:17   | 56:58   |
| 12     | Monique Keizer            |                       | 58:11   | 58:07   |
| 13     | Heidi van Egmond-Westerho | Egmond-Binnen         | 58:43   | 58:12   |
| 14     | Katarina Mens             | Callantsoog           | 59:22   | 59:06   |
| 15     | Bettine Verhoef           | Krommenie             | 1:00:42 | 1:00:02 |
| 16     | Chantal Delis             | Bergen Nh             | 1:01:47 | 1:01:36 |
| 17     | Splinter-de Boo           | Schagen               | 1:04:06 | 1:03:44 |
| 18     | Merel Meinen              | Alkmaar               | 1:05:38 | 1:04:53 |
| 19     | Nadine Collet             | Bergen Nh             | 1:08:16 | 1:07:49 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam           | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|----------------|-----------------------|---------|---------|
| 20     | Marieke Hopman | Bergen Nh             | 1:09:28 | 1:08:38 |
| 21     | Marijke Linde  | Alkmaar               | 1:09:18 | 1:08:41 |

### V45, 10 KILOMETER

| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 1      | Fa Adda                | Haarlem               | 43:22   | 43:19   |
| 2      | Maria Sonneveld        | Alkmaar               | 45:00   | 44:54   |
| 3      | Mirjam Duivenvoorden   | Nederland             | 47:32   | 47:19   |
| 4      | Fleur Woldendorp       | Alkmaar               | 50:21   | 50:07   |
| 5      | Linda van den bout     | Oostzaan              | 52:07   | 51:55   |
| 6      | Meike Visser           | Bergen Nh             | 52:20   | 52:08   |
| 7      | Ria Lasker             | Heerhugowaard         | 54:00   | 53:37   |
| 8      | Esmar Bongers          | Heerhugowaard         | 54:01   | 53:38   |
| 9      | Barbara Strooker       |                       | 55:08   | 54:54   |
| 10     | Petra Smoes            | Bergen aan Zee        | 55:56   | 55:22   |
| 11     | Elly Zon               | Bergen Nh             | 56:14   | 55:39   |
| 12     | Minke Mol              | Alkmaar               | 56:19   | 55:54   |
| 13     | Liesbeth Klaver        | Bergen Nh             | 57:15   | 56:56   |
| 14     | Annemiek van der Stoop |                       | 57:26   | 57:22   |
| 15     | Mariska Rinkel         | Heerhugowaard         | 57:48   | 57:24   |
| 16     | Katja Van As           | Heerhugowaard         | 57:34   | 57:28   |
| 17     | Sinnika Kroese         | Bergen Nh             | 57:58   | 57:31   |
| 18     | Daniela Versterre      | Heiloo                | 57:58   | 57:39   |
| 19     | Lisette wokke          | Heiloo                | 58:51   | 58:32   |
| 20     | Linda Brandsen         |                       | 59:19   | 58:51   |
| 21     | Margreet Asma          | Alkmaar               | 1:00:57 | 1:00:10 |
| 22     | Coby Moerman           |                       | 1:00:58 | 1:00:12 |
| 23     | Mariël Jaski           | Bergen Nh             | 1:00:44 | 1:00:19 |
| 24     | Sascha Roelofs         | Alkmaar               | 1:01:13 | 1:00:26 |
| 25     | Christa Kalsbeek       | Den Helder            | 1:01:18 | 1:00:30 |
| 26     | Annelies Ettema        | Hoorn Nh              | 1:01:33 | 1:01:15 |
| 27     | Astrid Duivenvoorden   | Bergen Nh             | 1:01:45 | 1:01:19 |
| 28     | Malherbe Nicole        | Bergen Nh             | 1:02:14 | 1:01:50 |
| 29     | Sheila Heida-Post      | Noord-Scharwoude      | 1:02:25 | 1:02:15 |
| 30     | Petra Meijer           | Koedijk               | 1:02:47 | 1:02:32 |
| 31     | Sandra van Huut-Govers | Den Helder            | 1:04:02 | 1:03:15 |
| 32     | Annebet Meinen         | Alkmaar               | 1:05:42 | 1:04:57 |
| 33     | Ageeth Visser          | Zuid-Scharwoude       | 1:05:43 | 1:04:58 |
| 34     | Miranda van Beloï      | Den Helder            | 1:06:17 | 1:05:29 |
| 35     | Christina Zandberg     | Alkmaar               | 1:06:07 | 1:05:58 |
| 36     | Jacqueline Fritz       | Wormer                | 1:07:54 | 1:07:42 |
| 37     | Elaine Frinks          | Julianadorp           | 1:08:44 | 1:08:23 |
| 38     | Alice Min              | Amsterdam             | 1:09:11 | 1:08:34 |
| 39     | Nicole Hoekstra        | Den Helder            | 1:11:28 | 1:10:40 |
| 40     | Iris Heeremans         | Heerhugowaard         | 1:11:21 | 1:10:42 |

### V55, 10 KILOMETER

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------------|-----------------------|-------|-------|
| 1      | Mirjam de Boer            | Grootebroek           | 43:13 | 43:10 |
| 2      | Monique arkenbout Andries | Limmen                | 45:28 | 45:26 |
| 3      | José Kerkhof-Leijen       | Anna Paulowna         | 49:10 | 49:08 |
| 4      | Marja Bak-Wokke           |                       | 49:52 | 49:39 |
| 5      | Tineke Booten             |                       | 51:39 | 51:26 |
| 6      | Brigitta Commandeur       | Sint Pancras          | 51:52 | 51:27 |
| 7      | Petra DiepeveenSlijkerman | Schagen               | 52:48 | 52:46 |
| 8      | Judith de Groot           | Veghel                | 54:27 | 54:10 |
| 9      | Jolanda Bakker            | Schoorl               | 54:35 | 54:15 |
| 10     | Erna Verbeek              | Stompvoren            | 55:58 | 55:32 |
| 11     | Margriet Wielinga-Mosch   | Schoorl               | 57:03 | 56:34 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                  | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-----------------------|-----------------------|---------|---------|
| 12     | Jantina Bruin         | Bergen Nh             | 59:23   | 59:00   |
| 13     | Wilma Henselmans      | Oudkarspel            | 1:01:21 | 1:00:52 |
| 14     | Esther Koopman        | Alkmaar               | 1:02:16 | 1:01:40 |
| 15     | Lenneke van Poelgeest | Bergen Nh             | 1:05:14 | 1:04:33 |
| 16     | Jacqueline Oudejans   | De Rijp               | 1:05:12 | 1:05:00 |
| 17     | Karin Zijlstra        | Alkmaar               | 1:05:44 | 1:05:12 |
| 18     | Lenie Koomen de Haan  | Den Helder            | 1:06:34 | 1:05:45 |
| 19     | Hermien Schreurs      | Bergen Nh             | 1:06:39 | 1:06:06 |
| 20     | Joke van der Lem      | Schoorl               | 1:07:07 | 1:06:15 |
| 21     | Carin van Bockxmeer   | Blokker               | 1:07:29 | 1:06:48 |
| 22     | Beppie van Donselaar  | Bergen Nh             | 1:12:25 | 1:11:49 |
| 23     | Monique Blokpoel      | Deventer              | 1:15:20 | 1:14:29 |

### MSEN, 10 ENGELSE MIJL

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|----------------------|-----------------------|---------|---------|
| 1      | Joshua de Vriend     | Schoorl               | 58:16   | 58:14   |
| 2      | Kristof Van Malderen |                       | 58:30   | 58:30   |
| 3      | Tobias Pennekamp     | Alkmaar               | 59:01   | 59:00   |
| 4      | Peter Wiggers        | Amsterdam             | 1:05:40 | 1:05:39 |
| 5      | Marijn den Hollander | Amsterdam             | 1:05:57 | 1:05:54 |
| 6      | Florian Daeumig      | Düsseldorf            | 1:06:32 | 1:06:14 |
| 7      | Eric de graaf        | Bergen Nh             | 1:06:56 | 1:06:53 |
| 8      | Thom Ighthart        | Alkmaar               | 1:08:26 | 1:08:23 |
| 9      | Raymond Jacobs       | Krommenie             | 1:09:00 | 1:08:59 |
| 10     | Jeroen Muis          | Purmerend             | 1:10:09 | 1:10:05 |
| 11     | Wiebe van den Berg   | Alkmaar               | 1:10:42 | 1:10:28 |
| 12     | Arne Admiraal        | Leiden                | 1:11:00 | 1:10:51 |
| 13     | Julian Schoonewil    | Alkmaar               | 1:14:04 | 1:13:56 |
| 14     | Maxim van Heezen     | Alkmaar               | 1:14:13 | 1:14:10 |
| 15     | Robin Stam           | Wognum                | 1:14:42 | 1:14:20 |
| 16     | Roy Schuit           | Sint Pancras          | 1:14:48 | 1:14:26 |
| 17     | Bart van der Laan    | Heerhugowaard         | 1:15:29 | 1:15:13 |
| 18     | Pieter laan          | Alkmaar               | 1:15:42 | 1:15:32 |
| 19     | Jerry Stam           | Egmond-Binnen         | 1:18:06 | 1:17:51 |
| 20     | Koen van Zoonen      | Alkmaar               | 1:19:53 | 1:19:27 |
| 21     | Jesse Deen           | Bergen Nh             | 1:19:51 | 1:19:29 |
| 22     | Rowan mijnen         | Uitgeest              | 1:21:08 | 1:21:05 |
| 23     | Martijn Pilon        | Heerhugowaard         | 1:21:31 | 1:21:26 |
| 24     | Frithjof van Rems    | Bergen Nh             | 1:21:48 | 1:21:32 |
| 25     | Kevin Eijzenga       | Wieringerwerf         | 1:23:42 | 1:23:18 |
| 26     | Peter de Kort        | Bergen Nh             | 1:23:35 | 1:23:23 |
| 27     | Ingmar Miltenburg    | Alkmaar               | 1:25:05 | 1:24:57 |
| 28     | Jasper Meijering     | 's-Gravenhage         | 1:25:26 | 1:25:04 |
| 29     | Nick Peperkamp       | Hilversum             | 1:27:17 | 1:27:06 |
| 30     | Jeffrey Reinbergen   | Broek op Langedijk    | 1:27:58 | 1:27:33 |
| 31     | Marc de langen       | Warmenhuizen          | 1:28:07 | 1:27:55 |
| 32     | Steve Peeters        | Olen                  | 1:28:42 | 1:28:24 |
| 33     | Patrick Holla        | Alkmaar               | 1:30:28 | 1:30:15 |
| 34     | Lars van Veen        | Broek op Langedijk    | 1:31:21 | 1:30:57 |
| 35     | Tom Dekker           | Warmenhuizen          | 1:31:24 | 1:31:09 |
| 36     | Duncan Zwart         | Heiloo                | 1:32:43 | 1:32:34 |
| 37     | Thomas Larsson       | Heiloo                | 1:35:13 | 1:34:48 |

### M40, 10 ENGELSE MIJL

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-------------------------|-----------------------|---------|---------|
| 1      | Arjan Wijnker           | Heiloo                | 1:05:17 | 1:05:14 |
| 2      | Chris van de Bruinhorst | Alkmaar               | 1:07:00 | 1:06:54 |
| 3      | Bas Botman              | Alkmaar               | 1:09:11 | 1:09:08 |
| 4      | Nico huiberts           | Egmond-Binnen         | 1:09:32 | 1:09:29 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                  | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-----------------------|-----------------------|---------|---------|
| 5      | Cees Zuurbier         | Alkmaar               | 1:10:10 | 1:10:06 |
| 6      | Sjoerd Repping        | Amstelveen            | 1:14:56 | 1:14:33 |
| 7      | Tjerk Meijer          | Amsterdam             | 1:16:11 | 1:16:00 |
| 8      | Frank van Eldik       | Velserbroek           | 1:16:49 | 1:16:23 |
| 9      | Michel Nieswaag       | Uitgeest              | 1:16:53 | 1:16:50 |
| 10     | Emil Cochino          | Amstelveen            | 1:17:53 | 1:17:27 |
| 11     | Jeroen Trauschke      | Heerhugowaard         | 1:19:25 | 1:19:07 |
| 12     | Jorgen Holzmänn       | Heerhugowaard         | 1:19:30 | 1:19:17 |
| 13     | Marco Hoogland        | Heiloo                | 1:21:22 | 1:21:08 |
| 14     | Johan Schuurman       | Alkmaar               | 1:23:07 | 1:22:50 |
| 15     | Chris Hammond         | Bergen Nh             | 1:23:09 | 1:22:53 |
| 16     | Syb Tiemessen         | Bergen Nh             | 1:23:50 | 1:23:45 |
| 17     | Leo Caster            | Alkmaar               | 1:25:24 | 1:25:05 |
| 18     | Arco Klos             | Broek op Langedijk    | 1:27:58 | 1:27:33 |
| 19     | Erik Ritmeester       | Alkmaar               | 1:29:38 | 1:29:17 |
| 20     | André Ploeger         | Alkmaar               | 1:29:48 | 1:29:34 |
| 21     | Frank van Arensbergen | Oostzaan              | 1:30:54 | 1:30:37 |
| 22     | Frodo Terpstra        | Amsterdam             | 1:31:39 | 1:31:22 |
| 23     | Eric Duivenvoorden    | Bergen Nh             | 1:32:13 | 1:31:53 |
| 24     | Bastiaan Kloes        | Zaandam               | 1:32:05 | 1:31:56 |
| 25     | Jean Paul Amoureux    | Heerhugowaard         | 1:32:20 | 1:32:08 |
| 26     | Wouter Allan          |                       | 1:34:23 | 1:34:02 |
| 27     | Raymond Ploeger       | Alkmaar               | 1:35:38 | 1:35:22 |
| 28     | Dick Doe              | Rotterdam             | 1:36:28 | 1:36:11 |
| 29     | Arnout Scharrel       | Julianadorp           | 1:36:45 | 1:36:35 |
| 30     | Michel Wiebering      | Sint Pancras          | 1:39:23 | 1:39:18 |
| 31     | Ruben Hammett         | Alkmaar               | 1:41:40 | 1:41:33 |

### M50, 10 ENGELSE MIJL

| Plaats | Naam                  | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-----------------------|-----------------------|---------|---------|
| 1      | Pip Tesselaar         | Heerhugowaard         | 58:15   | 58:14   |
| 2      | Jos Hoogeboom         | Warmenhuizen          | 1:04:17 | 1:04:15 |
| 3      | Wouter van der Haak   | Alkmaar               | 1:08:05 | 1:08:03 |
| 4      | Fred Smit             | Waarland              | 1:09:47 | 1:09:45 |
| 5      | Danny Hajos           | Den Helder            | 1:10:46 | 1:10:43 |
| 6      | Michel Ligthart       | Heiloo                | 1:12:33 | 1:12:29 |
| 7      | Frank Laan            | Alkmaar               | 1:13:31 | 1:13:27 |
| 8      | Rick Houtenbos        | Warmenhuizen          | 1:13:30 | 1:13:28 |
| 9      | Bram Schoonewil       | Alkmaar               | 1:14:05 | 1:13:56 |
| 10     | Ger Kamstra           | Amsterdam             | 1:14:57 | 1:14:52 |
| 11     | Ian Harle             | Alkmaar               | 1:15:16 | 1:15:03 |
| 12     | Peter van der Fluit   | Bergen Nh             | 1:15:39 | 1:15:34 |
| 13     | Erik van der Schee    | Schoorl               | 1:18:05 | 1:17:56 |
| 14     | Arco Solleveld        | Alkmaar               | 1:19:04 | 1:18:56 |
| 15     | Juul Wessels          | Hensbroek             | 1:19:53 | 1:19:36 |
| 16     | Jan willem Oosterveld | Wormer                | 1:20:30 | 1:19:55 |
| 17     | Michael Stolz         | Binningen             | 1:22:20 | 1:22:16 |
| 18     | Peter van Heusden     | Zaandam               | 1:23:13 | 1:22:54 |
| 19     | Martin de Ruiter      | Broek op Langedijk    | 1:24:13 | 1:23:50 |
| 20     | Frank van Zeijl       | Andijk                | 1:24:05 | 1:23:56 |
| 21     | Hans Ranzijn          | Utrecht               | 1:27:41 | 1:27:15 |
| 22     | Arnold Neijts         | Broek op Langedijk    | 1:28:14 | 1:27:50 |
| 23     | Richard van Dieken    | Alkmaar               | 1:29:05 | 1:28:45 |
| 24     | Dik Kok               | Alkmaar               | 1:29:03 | 1:28:50 |
| 25     | Michel Bosma          | 't Veld               | 1:29:09 | 1:28:53 |
| 26     | Koos Rietbroek        | Alkmaar               | 1:29:21 | 1:29:01 |
| 27     | Wessel Zweers         | Gouda                 | 1:31:25 | 1:31:07 |
| 28     | Hans Smeele           | Warmenhuizen          | 1:31:41 | 1:31:27 |
| 29     | Wilco Ettema          | Ursem                 | 1:32:00 | 1:31:36 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

| Plaats | Naam                | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|---------------------|-----------------------|---------|---------|
| 30     | Mario Weima         | Alkmaar               | 1:32:51 | 1:32:29 |
| 31     | Olof Glorie         | Egmond aan den Hoef   | 1:32:33 | 1:32:31 |
| 32     | Ronald Esser        | Oudkarspel            | 1:33:15 | 1:32:50 |
| 33     | Loet Bonnie         | Alkmaar               | 1:33:42 | 1:33:18 |
| 34     | Rob Weijens         | Alkmaar               | 1:34:23 | 1:34:02 |
| 35     | Jurjen van der Veen | Bergen Nh             | 1:35:36 | 1:35:09 |
| 36     | Erik van Ginkel     | Hendrik-Ido-Ambacht   | 1:51:54 | 1:51:42 |

### M60, 10 ENGELSE MIJL

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-------------------------|-----------------------|---------|---------|
| 1      | Jan Dekker              | Koog aan de Zaan      | 1:23:13 | 1:22:54 |
| 2      | Peter Broersen          | Alkmaar               | 1:23:24 | 1:23:08 |
| 3      | Claes van Ederen        | Alkmaar               | 1:23:33 | 1:23:25 |
| 4      | Ad Eekhout              | Schoorl               | 1:24:16 | 1:24:07 |
| 5      | Frans van der Gragt     | Alkmaar               | 1:26:35 | 1:26:27 |
| 6      | Piet Ulrich             | Tuitjenhorn           | 1:27:01 | 1:26:38 |
| 7      | Henk van de Grootevheen | Alkmaar               | 1:26:51 | 1:26:48 |
| 8      | Johan Scheffe           | Bergen Nh             | 1:27:52 | 1:27:32 |
| 9      | Remi Beukers            | Egmond aan den Hoef   | 1:30:21 | 1:30:19 |
| 10     | Frans Assmann           | Culemborg             | 1:32:10 | 1:31:59 |
| 11     | Andre Koet              | Bergen Nh             | 1:33:33 | 1:33:18 |
| 12     | De Rond                 | Amsterdam Zuidooost   | 1:39:28 | 1:39:21 |
| 13     | Ton Wever               | Zuid-Scharwoude       | 1:47:45 | 1:47:28 |
| 14     | Hans Meeuwisse          | Bergen Nh             | 1:48:15 | 1:47:56 |
| 15     | Charlie Kerklaan        | Heiloo                | 1:51:54 | 1:51:42 |
| 16     | Jaap Terpstra           | Bergen Nh             | 1:52:12 | 1:51:55 |
| 17     | Henk Vos                | Bergen Nh             | 1:59:00 | 1:58:37 |

### VSEN, 10 ENGELSE MIJL

| Plaats | Naam                | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|---------------------|-----------------------|---------|---------|
| 1      | Grietje Boorsma     | Alkmaar               | 1:12:23 | 1:12:20 |
| 2      | Annelies van de Ven | Heiloo                | 1:22:44 | 1:22:31 |
| 3      | Elieke Deenik       | Amsterdam             | 1:25:53 | 1:25:49 |
| 4      | Maresa Jacobse      | Alkmaar               | 1:26:56 | 1:26:51 |
| 5      | Anne Smeele         | Warmenhuizen          | 1:31:22 | 1:31:08 |
| 6      | Karlijn Calis       | Alkmaar               | 1:48:14 | 1:48:00 |

### V35, 10 ENGELSE MIJL

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|----------------------|-----------------------|---------|---------|
| 1      | Kim Schutters        | Molenstede            | 1:15:11 | 1:14:54 |
| 2      | Sandra Zonneveld     | Alkmaar               | 1:16:24 | 1:16:18 |
| 3      | Lindsay van der Meer | Castricum             | 1:19:13 | 1:19:07 |
| 4      | Kitty Volkers        | Alkmaar               | 1:20:32 | 1:20:26 |
| 5      | Ramona van Londen    | Koedijk               | 1:26:02 | 1:25:49 |
| 6      | Cinderella verhoef   | Den Helder            | 1:27:40 | 1:27:35 |
| 7      | Anne de langen       | Warmenhuizen          | 1:28:07 | 1:27:55 |
| 8      | Carine Nieuweling    | Koedijk               | 1:29:10 | 1:28:50 |
| 9      | Diana Zwart          | Heiloo                | 1:29:21 | 1:29:13 |
| 10     | Linda Zonneveld      | Egmond aan den Hoef   | 1:32:05 | 1:31:53 |
| 11     | Nanda Smit           | Alkmaar               | 1:32:42 | 1:32:34 |
| 12     | Janita staas         | Alkmaar               | 1:41:25 | 1:41:18 |

### V45, 10 ENGELSE MIJL

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|----------------------|-----------------------|---------|---------|
| 1      | Eva de Vries         | Bergen Nh             | 1:18:54 | 1:18:39 |
| 2      | Nanneke Doeven       | Bergen Nh             | 1:20:06 | 1:19:54 |
| 3      | Marion Overmeer      | Heiloo                | 1:20:19 | 1:20:12 |
| 4      | Yü-lien Tjong        | Bergen Nh             | 1:29:14 | 1:29:02 |
| 5      | Linda van der Linden | Amsterdam             | 1:29:34 | 1:29:23 |

# Uitslagenlijst Rondje Bergen

## Bergen Nh - Zondag 6 oktober 2019

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| Plaats | Naam              | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-------------------|-----------------------|---------|---------|
| 6      | Carla Latenstein  | Warmenhuizen          | 1:31:41 | 1:31:27 |
| 7      | Esther Verschoor  | Hoorn Nh              | 1:32:43 | 1:32:33 |
| 8      | Willeke Engel     | Noord-Scharwoude      | 1:33:29 | 1:33:04 |
| 9      | Maaïke Veer       | Amsterdam             | 1:33:17 | 1:33:06 |
| 10     | Miranda Stigter   | 't Veld               | 1:33:52 | 1:33:36 |
| 11     | Rosalba D'Ignazio | Julianadorp           | 1:36:44 | 1:36:33 |
| 12     | Denise wor        | Kolhorn               | 1:36:50 | 1:36:38 |

### V55, 10 ENGELSE MIJL

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|----------------------|-----------------------|---------|---------|
| 1      | Marion Levering      | Heiloo                | 1:24:42 | 1:24:35 |
| 2      | Kitty Molenaar       | Egmond aan den Hoef   | 1:24:45 | 1:24:40 |
| 3      | Rosemarie Verwer     | Egmond-Binnen         | 1:25:16 | 1:25:10 |
| 4      | Marion van Ederen    | Alkmaar               | 1:29:35 | 1:29:16 |
| 5      | Ineke Smit           | Den Helder            | 1:31:28 | 1:31:19 |
| 6      | Angeline de Graaff   | Bergen Nh             | 1:32:58 | 1:32:39 |
| 7      | Jette van der Heijde | Wormer                | 1:36:48 | 1:36:37 |
| 8      | Ingrid 't Hart       | Lelystad              | 1:37:32 | 1:37:27 |
| 9      | Klazien van der Meij | Heerhugowaard         | 1:38:45 | 1:38:23 |