

Uitslagenlijst Technische Unie Bommelasloop (83)

Enschede - Zondag 21 mei 2023

MAN, 7.6 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------|-----------------------|---------|---------|
| 1 | Remy van der Beek | Enschede | 32:23 | 32:22 |
| 2 | Bastiaan Nijman | Groningen | 34:45 | 34:10 |
| 3 | Joris Spikker | Enschede | 37:01 | 36:49 |
| 4 | Lennart Peters | Enschede | 37:51 | 37:46 |
| 5 | Michiel Ruiter | Kampen | 39:24 | 39:24 |
| 6 | Gerard Zwaferink | Enschede | 39:47 | 39:39 |
| 7 | Albert Jansen | Borne | 39:57 | 39:39 |
| 8 | Martin ten Voorde | Haaksbergen | 40:39 | 40:22 |
| 9 | Ingo Smit | Enschede | 40:49 | 40:49 |
| 10 | Roy Wieskamp | Haaksbergen | 41:15 | 40:59 |
| 11 | Tim Stevens | Enschede | 41:59 | 41:34 |
| 12 | Edwin van Zon | Hengelo Ov | 42:26 | 42:13 |
| 13 | Emiel Willemsen | Almelo | 43:34 | 43:14 |
| 14 | Martijn Lievestro | Eibergen | 44:04 | 43:24 |
| 15 | Adri Berger | Enschede | 44:17 | 44:06 |
| 16 | Quinten Speerstra | Enschede | 44:23 | 44:22 |
| 17 | Dirk-Jan Robbe | Groenlo | 45:35 | 45:26 |
| 18 | Jacob Pieffers | Holten | 45:38 | 45:36 |
| 19 | Dick Wezel | Neede | 45:55 | 45:49 |
| 20 | Nino Timmerman | Enschede | 45:57 | 45:54 |
| 21 | Rene Bonhke | Hengelo | 46:16 | 46:06 |
| 22 | Ino Derksen | Haaksbergen | 46:19 | 45:35 |
| 23 | Richard ten Voorde | Enschede | 48:01 | 47:34 |
| 24 | Frank Diepenmaat | Haaksbergen | 49:13 | 48:31 |
| 25 | Sander Langevoort | Haaksbergen | 49:19 | 49:09 |
| 26 | Rino Bomkamp | Hengelo | 49:35 | 48:53 |
| 27 | Wisse Assink | Enschede | 49:48 | 49:20 |
| 28 | Angelo Casa | Enschede | 49:49 | 49:20 |
| 29 | Jan Schutte | Sibculo | 49:54 | 49:35 |
| 30 | Jeroen Lunding | Enschede | 50:19 | 49:46 |
| 31 | Roy Jogems | Oldenzaal | 52:18 | 52:00 |
| 32 | Roy Schievink | Haaksbergen | 54:02 | 53:27 |
| 33 | Gert Welmerink | Winterswijk | 57:26 | 57:10 |
| 34 | Hans Klomp | Hengelo Ov | 59:54 | 59:11 |
| 35 | Alwin Hietbrink | Haaksbergen | 1:02:28 | 1:01:45 |
| 36 | Daniël Berger | Enschede | 1:05:22 | 1:05:10 |

VROUW, 7.6 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|-------|-------|
| 1 | Jolijn Ehringfeld | Enschede | 35:53 | 35:50 |
| 2 | Marloes Wansink | Neede | 38:06 | 37:58 |
| 3 | Daniëlle Borgelink | Haaksbergen | 39:46 | 39:23 |
| 4 | Willemyn Koster-Slikker | Enschede | 42:16 | 42:01 |
| 5 | Karen Koopman | Hengelo Ov | 42:27 | 41:46 |
| 6 | Emma du Marchie Sarvaas | Enschede | 43:14 | 42:39 |
| 7 | Dorotea Speerstra | Enschede | 44:24 | 44:22 |
| 8 | Ellen van Rijn | Haaksbergen | 44:55 | 44:52 |
| 9 | Ellen Aarninkhof | Hengelo Ov | 45:23 | 45:09 |
| 10 | Janneke Sear | Hengelo Ov | 45:28 | 45:13 |
| 11 | Angélique Nijboer | Haaksbergen | 45:50 | 45:47 |
| 12 | Monika de Groot | Haaksbergen | 46:18 | 45:36 |
| 13 | Maureen Ordelmans | Enschede | 46:53 | 46:37 |
| 14 | Anke Smidt | Oldenzaal | 47:12 | 46:46 |
| 15 | Malou Kotter | Oldenzaal | 47:12 | 46:47 |
| 16 | Maaïke Masselink | Oldenzaal | 48:42 | 48:19 |
| 17 | Daniëlle ten Voorde | Enschede | 49:08 | 48:43 |
| 18 | Rianne Assink | Goor | 49:23 | 49:06 |
| 19 | Cindy Gerritsen | Enschede | 49:31 | 49:00 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 20 | Kiki Noltes | Enschede | 49:41 | 49:14 |
| 21 | Mirella Lunding | Enschede | 50:19 | 49:45 |
| 22 | Rita Doesburg | Rekken | 51:03 | 50:34 |
| 23 | Marloes Broeksema | Enschede | 51:05 | 50:46 |
| 24 | Agnes ter Huurne | Haaksbergen | 51:06 | 50:46 |
| 25 | Marijke Monasso | Enschede | 51:58 | 51:25 |
| 26 | Chunting Zhong | Enschede | 52:06 | 51:42 |
| 27 | Priscilla Vermeer | Enschede | 52:15 | 51:39 |
| 28 | Kirsten Masselink | Enschede | 52:17 | 51:54 |
| 29 | Marscha Baan | Almelo | 52:22 | 51:54 |
| 30 | Moniek Alberts | Oldenzaal | 52:23 | 52:04 |
| 31 | Marloes Mensen | Enschede | 52:23 | 51:56 |
| 32 | Iris de Jong | Enschede | 53:05 | 52:30 |
| 33 | Linde ten Donkelaar | Enschede | 53:35 | 53:00 |
| 34 | Rian ten Donkelaar | Enschede | 53:54 | 53:20 |
| 35 | Monique Koebrugge | Enschede | 54:06 | 53:32 |
| 36 | Maja Keukenschrijver | Enschede | 54:09 | 53:54 |
| 37 | Mirjam Oonk | Enschede | 54:37 | 53:58 |
| 38 | Inès Nijman | Enschede | 56:23 | 55:42 |
| 39 | Karin Reinders | Enschede | 57:22 | 56:50 |
| 40 | Sharon Ebbekink | Markelo | 58:12 | 57:55 |
| 41 | Femke Nijboer | Enschede | 1:00:10 | 59:45 |
| 42 | Celine Sessink | Enschede | 1:01:23 | 1:00:48 |
| 43 | Annemiek Morsinkhof | Haaksbergen | 1:02:28 | 1:01:46 |
| 44 | Suzanne Morsinkhof | Haaksbergen | 1:02:29 | 1:01:45 |

MAN, 11.4 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------|-----------------------|---------|---------|
| 1 | Andre Neerlaar | Beltrum | 50:08 | 50:06 |
| 2 | Fabian Akkerman | Enschede | 51:27 | 51:20 |
| 3 | Olaf Hoomans | Enschede | 54:22 | 53:57 |
| 4 | Wim Brinkman | Aalten | 54:33 | 54:25 |
| 5 | Jan Engbers | Lonneker | 54:51 | 54:46 |
| 6 | Rogier Harmelink | Enschede | 55:18 | 55:12 |
| 7 | Joop Buter | Diepenheim | 56:44 | 56:43 |
| 8 | Richard Schippers | Eibergen | 57:23 | 57:17 |
| 9 | Geert Waanders | Almelo | 58:07 | 58:03 |
| 10 | Thomas Weusthof | Oldenzaal | 58:23 | 58:03 |
| 11 | Martijn Mes | Enschede | 58:28 | 58:22 |
| 12 | Henk Westerik | Hengelo Ov | 59:02 | 58:57 |
| 13 | Hening Almeida | Enschede | 59:17 | 58:54 |
| 14 | Erwin Nijhuis | Haaksbergen | 1:00:11 | 1:00:01 |
| 15 | Gerrit ter Doest | Hengelo Ov | 1:00:20 | 1:00:14 |
| 16 | Ivo van Sark | Haaksbergen | 1:01:01 | 1:00:37 |
| 17 | Richard Dalhoeven | Enschede | 1:01:05 | 1:01:00 |
| 18 | Ramon de Klein | Enschede | 1:02:04 | 1:02:04 |
| 19 | Peter Lauret | Hengelo | 1:02:55 | 1:02:52 |
| 20 | Rob Bomers | Eibergen | 1:03:14 | 1:02:51 |
| 21 | Martijn Leusink | Enschede | 1:03:57 | 1:03:28 |
| 22 | Hans Brugge | Enschede | 1:04:15 | 1:03:59 |
| 23 | Paul Poorthuis | Oldenzaal | 1:04:27 | 1:04:23 |
| 24 | Marco Leushuis | Enschede | 1:04:44 | 1:04:31 |
| 25 | Patrick Nijenhuis | Enschede | 1:06:51 | 1:06:34 |
| 26 | Marten Froma | Enschede | 1:08:06 | 1:07:29 |
| 27 | Bob Wolbert | Denekamp | 1:08:27 | 1:08:06 |
| 28 | Akeel Alhafidh | Hertme | 1:09:05 | 1:08:30 |
| 29 | Frank Hautvast | Enschede | 1:09:17 | 1:08:32 |
| 30 | Duc Nguyen | Almelo | 1:09:21 | 1:08:50 |
| 31 | René Rebergen | Enschede | 1:10:04 | 1:09:40 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 32 | Gabriel Mirza | Almelo | 1:10:21 | 1:09:51 |
| 33 | Christiaan Zweers | Enschede | 1:10:41 | 1:10:24 |
| 34 | Gerrit Bultman | Enschede | 1:11:13 | 1:11:00 |
| 35 | Jeffrey Brangert | Borne | 1:11:20 | 1:11:06 |
| 36 | Philippus Baalman | Enschede | 1:11:22 | 1:11:13 |
| 37 | Henk Lammers | Eibergen | 1:11:46 | 1:11:07 |
| 38 | Niek Schmoller | Enschede | 1:12:01 | 1:11:25 |
| 39 | Hans Poelarends | Eibergen | 1:13:23 | 1:12:45 |
| 40 | Ben Spekschoor | Ruurlo | 1:13:24 | 1:12:46 |
| 41 | Johan van Duyvendijk | Eibergen | 1:13:25 | 1:12:47 |
| 42 | Jesse van Naarden | Almelo | 1:13:33 | 1:13:03 |
| 43 | Dennis Roelofs | Hengelo Ov | 1:13:51 | 1:13:41 |
| 44 | Jan List | Goor | 1:14:04 | 1:13:50 |
| 45 | DJ de Witt | Enschede | 1:14:04 | 1:13:21 |
| 46 | Rick Roetenberg | Oldenzaal | 1:14:04 | 1:13:20 |
| 47 | Klaas Jan Sikkink | Eibergen | 1:14:05 | 1:13:26 |
| 48 | Henk van Geldrop | Hengelo Ov | 1:17:05 | 1:16:36 |
| 49 | Bob Alfrink | Hengelo Ov | 1:17:26 | 1:17:06 |
| 50 | Pim van der Velde | Enschede | 1:17:28 | 1:16:57 |
| 51 | Willy Nanlohi | Enschede | 1:17:43 | 1:17:17 |
| 52 | Will Kuller | Oldenzaal | 1:18:58 | 1:18:36 |
| 53 | Arjen Hertong | Enschede | 1:19:12 | 1:18:31 |
| 54 | Jeffrey Doek | Borne | 1:19:41 | 1:19:25 |
| 55 | Kai Lubkemann | Enschede | 1:20:09 | 1:19:24 |

VROUW, 11.4 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 1 | Marielle Krabbenbos | Markelo | 55:15 | 55:09 |
| 2 | Boraya Lohuis | Haaksbergen | 56:25 | 56:20 |
| 3 | Erica Rompelman | Enschede | 1:03:04 | 1:02:35 |
| 4 | Laura Bomers | Eibergen | 1:03:14 | 1:02:51 |
| 5 | Rianne van Ekeren | Haaksbergen | 1:03:50 | 1:03:41 |
| 6 | Yvette Galliard | Groningen | 1:04:13 | 1:04:03 |
| 7 | Laura Grootenhuis | Wierden | 1:04:28 | 1:04:22 |
| 8 | Hilde Katzer | Borculo | 1:05:19 | 1:04:43 |
| 9 | Inge Boomkamp | Boekelo | 1:06:02 | 1:05:54 |
| 10 | Judith Kole | Borne | 1:07:13 | 1:06:59 |
| 11 | Ellen Beckmans | Enschede | 1:07:26 | 1:07:18 |
| 12 | Marchien ter Maat | Borculo | 1:08:00 | 1:07:24 |
| 13 | Jessica Lammers | Enschede | 1:09:15 | 1:08:29 |
| 14 | Esther Westerik | Hengelo Ov | 1:09:38 | 1:09:34 |
| 15 | Davide Spoon | Amsterdam | 1:10:18 | 1:09:46 |
| 16 | Paulien Somsen | Eibergen | 1:13:24 | 1:12:47 |
| 17 | Lisette Zwerink | Enschede | 1:13:32 | 1:13:03 |
| 18 | Marjolein Kok | Enschede | 1:14:05 | 1:13:22 |
| 19 | Marjolein de Vos | Oldenzaal | 1:14:11 | 1:13:27 |
| 20 | Clemy Kruidenier | Eibergen | 1:14:20 | 1:13:45 |
| 21 | Annemijn Winters | Enschede | 1:15:43 | 1:15:12 |
| 22 | Ingrid Klein Kiskamp | Eibergen | 1:15:56 | 1:15:39 |
| 23 | Ingemar Methorst | Hengelo Ov | 1:17:05 | 1:16:37 |
| 24 | Hester Gervink | Borne | 1:17:38 | 1:17:25 |
| 25 | Ria Posthumus | Enschede | 1:17:42 | 1:17:00 |
| 26 | Hilda Nanlohi | Enschede | 1:17:53 | 1:17:26 |
| 27 | Sharon Meijerink | Enschede | 1:19:12 | 1:18:32 |
| 28 | Femke Beckers | Enschede | 1:19:47 | 1:19:16 |
| 29 | Nadine Keizer | Denekamp | 1:20:03 | 1:19:25 |
| 30 | Ryan Krol | Denekamp | 1:20:04 | 1:19:26 |
| 31 | Carrie van Bentem | Denekamp | 1:20:04 | 1:19:27 |
| 32 | Jasmijn Bloemendaal | Hengelo Ov | 1:21:30 | 1:20:51 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|---------|---------|
| 33 | Annette van Geldrop | Hengelo | 1:22:37 | 1:22:07 |
| 34 | Marion Broekhuis | Hengelo Ov | 1:23:10 | 1:22:49 |
| 35 | Femke de Jong | Enschede | 1:33:09 | 1:32:38 |
| 36 | Mirthe Baarda | Enschede | 1:33:09 | 1:32:38 |
| 37 | Amber Schreurs | Enschede | 1:42:28 | 1:41:58 |

MAN, 16.3 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|--------------------------|-----------------------|---------|---------|
| 1 | Wouter Quak | Hertme | 1:14:25 | 1:14:18 |
| 2 | Erjan te Biesebeek | Eibergen | 1:15:30 | 1:15:29 |
| 3 | Robin Leijdekkers | Oldenzaal | 1:16:20 | 1:16:00 |
| 4 | Dennis Woolderink | Borne | 1:16:38 | 1:16:31 |
| 5 | Carst Grootelaar | Hengelo Ov | 1:17:57 | 1:17:46 |
| 6 | Stefan Limas | Enschede | 1:18:10 | 1:18:07 |
| 7 | Jeroen Busch | Enschede | 1:18:31 | 1:18:19 |
| 8 | Wilco Zuiderent | Enschede | 1:18:37 | 1:18:29 |
| 9 | Gerard Mul | Enschede | 1:18:46 | 1:18:37 |
| 10 | Brian Bent | Enschede | 1:19:54 | 1:19:52 |
| 11 | Wim Kuiper | Enschede | 1:20:24 | 1:20:11 |
| 12 | André Groenink | Enschede | 1:20:46 | 1:20:42 |
| 13 | Stijn Nijenboer | Enschede | 1:23:26 | 1:23:14 |
| 14 | Tom Verbraeken | Enschede | 1:23:55 | 1:23:37 |
| 15 | Harry Loof | Enschede | 1:25:33 | 1:25:01 |
| 16 | Martin ten Bos | Enschede | 1:27:00 | 1:26:42 |
| 17 | Peter Klijndijk | Oldenzaal | 1:28:09 | 1:27:47 |
| 18 | Loek Gijben | Enschede | 1:28:32 | 1:28:14 |
| 19 | Sander Huisman | Schalkhaar | 1:28:51 | 1:28:13 |
| 20 | Erik Wegdam | Borne | 1:29:39 | 1:29:18 |
| 21 | Rick Nijhuis | Bornerbroek | 1:29:39 | 1:29:18 |
| 22 | Wout Müller | Holten | 1:29:41 | 1:29:23 |
| 23 | Dinant Kruimelaar | Lemelerveld | 1:29:41 | 1:29:25 |
| 24 | Kees van Drunen | Eibergen | 1:29:46 | 1:29:19 |
| 25 | Elmar Boorsma | Enschede | 1:31:15 | 1:31:04 |
| 26 | Gijs Elfrink | Enschede | 1:32:17 | 1:31:49 |
| 27 | Gerard Reesink | Enschede | 1:33:11 | 1:32:58 |
| 28 | Michel Löhr | Enschede | 1:33:11 | 1:32:58 |
| 29 | Emil Cristen | Beuningen Ov | 1:34:40 | 1:34:34 |
| 30 | Mark van Zon | Enschede | 1:36:19 | 1:36:08 |
| 31 | Thomas Brouwer | Enschede | 1:36:48 | 1:36:38 |
| 32 | Tim Velthof | Tubbergen | 1:37:19 | 1:36:42 |
| 33 | Erwin ten Donkelaar | Enschede | 1:37:38 | 1:37:05 |
| 34 | Stijn Nijland | Borne | 1:42:06 | 1:41:44 |
| 35 | William Achterhuis | Enschede | 1:45:11 | 1:45:02 |
| 36 | Ronald Aarts | Enschede | 1:46:31 | 1:46:00 |
| 37 | Rob Wolters | Enschede | 1:53:24 | 1:53:05 |
| 38 | Anton van Nieuwenhuijzen | Hengelo Ov | 2:08:08 | 2:07:41 |

VROUW, 16.3 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|---------|---------|
| 1 | Evelien Engbers | Enschede | 1:18:55 | 1:18:50 |
| 2 | Bianca Menderink-Harink | Hengelo Ov | 1:21:53 | 1:21:48 |
| 3 | Mirjam Nijenboer | Enschede | 1:23:27 | 1:23:14 |
| 4 | Adrienn Stroomer | Enschede | 1:23:48 | 1:23:41 |
| 5 | Miranda Bruins | Oldenzaal | 1:25:16 | 1:25:10 |
| 6 | Wilma Harderwijk | Borculo | 1:25:37 | 1:25:30 |
| 7 | Melanie Mecklenfeld | Borne | 1:30:12 | 1:30:02 |
| 8 | Carina ten Doeschot | Haaksbergen | 1:32:42 | 1:32:34 |
| 9 | Maaïke Oostrik | Hengelo Ov | 1:32:47 | 1:32:37 |
| 10 | Rimke Wilmink | Borne | 1:34:56 | 1:34:42 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|---------|---------|
| 11 | Sandra van den Brink | Oldenzaal | 1:35:27 | 1:35:22 |
| 12 | Ellen Haas | Almelo | 1:37:18 | 1:36:41 |
| 13 | Tanja Kauffman | Enschede | 1:39:13 | 1:38:56 |
| 14 | Gedien Slotboom | Eibergen | 1:39:48 | 1:39:41 |
| 15 | José Busch | Haaksbergen | 1:43:40 | 1:43:18 |
| 16 | Jacquelin Jacobs | Haaksbergen | 1:43:40 | 1:43:18 |
| 17 | Astrid Runneboom | Borculo | 1:43:51 | 1:43:44 |
| 18 | Linde van den Elzen | Enschede | 1:44:41 | 1:44:19 |
| 19 | Annemarijke Rijkmans | Rijssen | 1:45:15 | 1:44:51 |
| 20 | Enith Bouwmeesters | Enschede | 1:46:31 | 1:46:00 |
| 21 | Xandra Strijland | Raalte | 1:49:13 | 1:48:40 |
| 22 | Marieke ter Riet | Enschede | 1:49:56 | 1:49:49 |
| 23 | Monique Nijhuis | Enschede | 1:49:57 | 1:49:50 |
| 24 | Marta Meijerink | Enschede | 1:53:17 | 1:52:58 |
| 25 | Martine Pieters | Enschede | 1:53:18 | 1:52:59 |
| 26 | Marja Greven | Enschede | 1:53:28 | 1:53:03 |
| 27 | Liny Schoorlemmer | Enschede | 1:53:29 | 1:53:03 |
| 28 | Lian Acda | Eibergen | 1:56:02 | 1:55:33 |

MAN, 20.4 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------|-----------------------|---------|---------|
| 1 | Roxie Muller | Enschede | 1:36:55 | 1:36:53 |
| 2 | Arjan Meijerink | Nijverdal | 1:36:58 | 1:36:57 |
| 3 | Gijs Ratering | Nijverdal | 1:37:05 | 1:37:04 |
| 4 | Harold ter Braak | Denekamp | 1:37:29 | 1:37:26 |
| 5 | John Ekkel | Nijverdal | 1:38:22 | 1:38:21 |
| 6 | Ron Krabbe | Hengelo Ov | 1:38:34 | 1:38:22 |
| 7 | Martin Noeverman | Enter | 1:38:45 | 1:38:44 |
| 8 | Ludo Cornelissen | Enschede | 1:42:17 | 1:42:14 |
| 9 | Bart Kouwenberg | Enschede | 1:43:29 | 1:43:29 |
| 10 | Jeroen Scholten | Enschede | 1:46:02 | 1:45:59 |
| 11 | Fred Dijkstra | Hengelo Ov | 1:46:50 | 1:46:39 |
| 12 | Marco Bokxem | Bergentheim | 1:47:18 | 1:47:06 |
| 13 | Frank Hekhuis | Borne | 1:48:09 | 1:47:59 |
| 14 | Frank te Beest | Haaksbergen | 1:50:03 | 1:49:50 |
| 15 | Raijmond Ten Have | Haaksbergen | 1:50:32 | 1:49:52 |
| 16 | Bas Smies | Enschede | 1:51:46 | 1:51:02 |
| 17 | Joris Smit | Boekelo | 1:52:22 | 1:52:20 |
| 18 | Tim Horstink | Enschede | 1:52:25 | 1:51:50 |
| 19 | Tony Smith | Enschede | 1:52:26 | 1:51:52 |
| 20 | Rene Stegge | Losser | 1:53:36 | 1:53:11 |
| 21 | Jeroen Zandstra | Hengelo Ov | 1:53:38 | 1:53:10 |
| 22 | Lennard Badart | Enschede | 1:53:38 | 1:53:10 |
| 23 | Karel Holtrop | Enschede | 1:53:39 | 1:53:11 |
| 24 | Gerwald Leusman | Denekamp | 1:53:56 | 1:53:51 |
| 25 | Michel Jongerman | Eibergen | 1:54:17 | 1:54:12 |
| 26 | Frank Bermdsen | Hengelo Ov | 1:54:33 | 1:54:19 |
| 27 | Wga Oostingh | Enschede | 1:54:50 | 1:54:46 |
| 28 | Rob Stevens | Eibergen | 1:55:26 | 1:55:05 |
| 29 | Dion Regtop | Enschede | 1:56:43 | 1:56:40 |
| 30 | Michel ter Horst | Enschede | 1:59:37 | 1:59:23 |
| 31 | Henri Feddes | Enschede | 1:59:37 | 1:59:23 |
| 32 | Gerrit Schuurman | Nijverdal | 2:03:07 | 2:02:46 |
| 33 | Maurice Olde Heuvel | Losser | 2:05:26 | 2:05:17 |
| 34 | Alex Tiehuis | Enschede | 2:14:28 | 2:13:57 |
| 35 | Dennis Tolhuis | Hengelo | 2:21:02 | 2:20:42 |
| 36 | GertJan Meijerink | Enschede | 2:21:56 | 2:21:37 |
| 37 | Danny de Graaf | Almelo | 2:27:47 | 2:27:20 |
| 38 | Henk Harenberg | Eibergen | 2:30:44 | 2:30:04 |

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| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------|-----------------------|---------|---------|
| 39 | Bart Sachse | Enschede | 2:54:04 | 2:53:42 |

VROUW, 20.4 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------|-----------------------|---------|---------|
| 1 | Esther Exterkate | Haaksbergen | 1:36:40 | 1:36:38 |
| 2 | Elke Boersma | Oldenzaal | 1:51:14 | 1:51:12 |
| 3 | Rianne Guichelaar | Enschede | 1:53:33 | 1:53:03 |
| 4 | Marleen Heerink | Losser | 1:58:04 | 1:57:50 |
| 5 | Laurence Harms | Bussum | 2:06:48 | 2:06:39 |
| 6 | Cobie Brouwer | Enschede | 2:17:39 | 2:17:04 |
| 7 | Josta Hoenink | Ruurlo | 2:17:39 | 2:17:30 |
| 8 | Marielle Korver | Enschede | 2:18:16 | 2:17:43 |
| 9 | Liselotte van der Zee | Hengelo Ov | 2:35:06 | 2:34:49 |