

# Uitslagenlijst PotmargeRun

## Leeuwarden - Woensdag 21 mei 2025

| M5, 5 KILOMETER |                        |                       |       |       |
|-----------------|------------------------|-----------------------|-------|-------|
| Plaats          | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
| 1               | Ricardo Papa           | Lionitas              | 16:26 | 16:24 |
| 2               | Jack Crampsey          | Ballyarnett           | 17:04 | 17:00 |
| 3               | Roelof Oostra          | Mantgum               | 17:13 | 17:11 |
| 4               | Bart Kamminga          | Impala                | 17:40 | 17:38 |
| 5               | Jesper Veenstra        | Lionitas              | 18:26 | 18:24 |
| 6               | Bram Wimmenhove        | Lionitas              | 18:32 | 18:29 |
| 7               | Maarten Rijpkema       | Leeuwarden            | 18:35 | 18:32 |
| 8               | Ewan McCoubrey         | Ierland               | 18:51 | 18:48 |
| 9               | Peter Malda            | Leeuwarden            | 19:25 | 19:20 |
| 10              | Cor Visser             | Lionitas              | 19:27 | 19:24 |
| 11              | Chris Bil              | Gytsjerk              | 19:28 | 19:24 |
| 12              | Rik Homan              | Noardburgum           | 20:24 | 20:24 |
| 13              | Reinder Wimmenhove     | Lionitas              | 20:41 | 20:38 |
| 14              | Jordie Knol            | Oudeschoot            | 20:41 | 20:38 |
| 15              | Stefan van der Wal     | Impala                | 20:43 | 20:39 |
| 16              | Yens Van der Schaaf    | Lionitas              | 20:46 | 20:41 |
| 17              | Ruben Korte            | Lionitas              | 20:49 | 20:44 |
| 18              | Tiemen Damhof          | Lionitas              | 20:51 | 20:47 |
| 19              | Sasha Westra           | Lionitas              | 20:56 | 20:51 |
| 20              | Fijke van Berkom       | Leeuwarden            | 21:05 | 21:01 |
| 21              | Stefan Klein           | Nieuwleusen           | 21:07 | 21:04 |
| 22              | Hedzer Uuldriks        | Nederland             | 21:27 | 21:23 |
| 23              | Freerk te Rietstap     | Boornbergum           | 21:49 | 21:45 |
| 24              | Gerrit Panhuis         | Lionitas              | 21:55 | 21:52 |
| 25              | Lennart van Vliet      | Leeuwarden            | 22:26 | 22:17 |
| 26              | Frank Balk             | Leeuwarden            | 22:31 | 22:25 |
| 27              | Niels balk             | Leeuwarden            | 22:45 | 22:38 |
| 28              | Fosse van der Schaaf   | Lionitas              | 23:51 | 23:47 |
| 29              | Jesper Heijligers      | Leeuwarden            | 23:55 | 23:48 |
| 30              | Wouter Fuijkschot      | Leeuwarden            | 23:58 | 23:53 |
| 31              | Wim van der Meulen     | Lionitas              | 24:07 | 24:07 |
| 32              | Alan van Houten        | Leeuwarden            | 24:17 | 23:57 |
| 33              | Joeke Knijft           | Leeuwarden            | 24:22 | 24:19 |
| 34              | Arlan Schouwstra       | Leeuwarden            | 24:25 | 24:16 |
| 35              | Hessel Pijlman         | Leeuwarden            | 24:27 | 24:18 |
| 36              | Jurre Klaver           | Lionitas              | 25:08 | 25:04 |
| 37              | Karst Sibma            | Leeuwarden            | 25:15 | 25:11 |
| 38              | Walter Battenberg      | Damwâld               | 25:21 | 25:00 |
| 39              | Erwin Hooijenga        | Leeuwarden            | 25:38 | 25:17 |
| 40              | Marco Rijkens          | Leeuwarden            | 25:40 | 25:32 |
| 41              | Remco Brand            | Lionitas              | 25:55 | 25:35 |
| 42              | Davey Brouwer          | Leeuwarden            | 25:59 | 25:47 |
| 43              | Gerrit Bosma           | Ryptsjerk             | 26:13 | 26:03 |
| 44              | Tobias Tuïnk           | Leeuwarden            | 26:18 | 26:18 |
| 45              | Wytse-Jan van der Kooi | Burgum                | 26:31 | 26:25 |
| 46              | Jefta Bogaard          | Lionitas              | 27:38 | 27:38 |
| 47              | Martin de Groot        | Goutum                | 27:46 | 27:20 |
| 48              | Emil Visser            | Leeuwarden            | 27:50 | 27:34 |
| 49              | Herman Wassens         | Lionitas              | 27:57 | 27:49 |
| 50              | Ben Verweij            | Leeuwarden            | 28:17 | 27:52 |
| 51              | Bart van Duijvenvoorde | Leeuwarden            | 28:20 | 28:14 |
| 52              | Bart Postma            | Leeuwarden            | 28:20 | 28:13 |
| 53              | Koen de Lange          | Franeker              | 28:24 | 28:13 |
| 54              | Sander Fennema         | Britsum               | 28:50 | 28:50 |
| 55              | Ytzen Westra           | Leeuwarden            | 29:42 | 29:42 |
| 56              | Richard Roozeboom      | Sneek                 | 29:44 | 29:25 |
| 57              | Arjan Hut              | Leeuwarden            | 30:35 | 30:15 |
| 58              | Bryan martines         | Leeuwarden            | 30:44 | 30:36 |

# Uitslagenlijst PotmargeRun

## Leeuwarden - Woensdag 21 mei 2025

| Plaats | Naam              | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------|-----------------------|-------|-------|
| 59     | Tony van Leeuwen  | Leeuwarden            | 30:45 | 30:33 |
| 60     | Dennis Merts      | Leeuwarden            | 31:28 | 31:18 |
| 61     | Johan Tilma       | Lionitas              | 31:49 | 31:29 |
| 62     | Alex van der Hoek | Joure                 | 32:42 | 32:35 |
| 63     | Lars bij de Leij  | Leeuwarden            | 32:50 | 32:29 |
| 64     | Roan ten Brink    | Leeuwarden            | 33:02 | 32:51 |
| 65     | Arthur Verlaan    | Leeuwarden            | 33:24 | 33:10 |
| 66     | Patrick Elsinga   | Leeuwarden            | 33:30 | 33:18 |
| 67     | Ammar Hafez       | Leeuwarden            | 33:42 | 33:18 |
| 68     | Dennis Snackey    | Leeuwarden            | 33:42 | 33:18 |
| 69     | Frederic Mulder   | Zierikzee             | 33:52 | 33:40 |
| 70     | Raymon Jacobs     | Leeuwarden            | 34:27 | 34:05 |
| 71     | Thomas Pruis      | Echtenerbrug          | 36:14 | 35:50 |

### V5, 5 KILOMETER

| Plaats | Naam                    | Woonplaats/Vereniging | Bruto | Netto |
|--------|-------------------------|-----------------------|-------|-------|
| 1      | Brecht Plantinga        | Impala                | 18:51 | 18:48 |
| 2      | Silke Werkhoven         | Damwâld               | 19:51 | 19:48 |
| 3      | Anouk de Jong           | Lionitas              | 20:58 | 20:53 |
| 4      | Martine Plantinga       | Garyp                 | 21:30 | 21:27 |
| 5      | Ilse Ubels              | Leeuwarden            | 21:46 | 21:43 |
| 6      | Diana Schaeffer-Elsinga | Lionitas              | 23:38 | 23:35 |
| 7      | Anne Homan              | Noardburgum           | 23:58 | 23:52 |
| 8      | Hikmet Yigit            | Lionitas              | 24:05 | 23:59 |
| 9      | Wilma Stelpstra         | Lionitas              | 26:07 | 26:07 |
| 10     | Carmen Kooij            | Lionitas              | 26:23 | 26:15 |
| 11     | Debby Versteeg          | Loopgroep Leeuwarden  | 27:03 | 26:54 |
| 12     | Lysanne vis             | Leeuwarden            | 27:29 | 27:19 |
| 13     | Flow Ganzevoort         | Leeuwarden            | 27:34 | 27:28 |
| 14     | Danielle Hooijenga      | Leeuwarden            | 27:35 | 27:29 |
| 15     | Emmeline Giliam         | Leeuwarden            | 27:41 | 27:34 |
| 16     | Bregje Nanhekan         | Lionitas              | 28:07 | 27:54 |
| 17     | Merian Veldman          | Burgum                | 28:18 | 28:09 |
| 18     | Janette Haasdijk        | Lionitas              | 28:20 | 28:13 |
| 19     | Evelien van der Eide    | Leeuwarden            | 28:26 | 28:26 |
| 20     | Linda van der Eide      | Loppersum             | 28:41 | 28:30 |
| 21     | Jomy Prins              | Nederland             | 28:46 | 28:46 |
| 22     | Miloeska Fennema        | Damwâld               | 28:50 | 28:42 |
| 23     | Tessa Zuidema           | Leeuwarden            | 28:50 | 28:42 |
| 24     | Hinke Bijma             | Leeuwarden            | 28:51 | 28:43 |
| 25     | Manon Wouda             | Grou                  | 28:56 | 28:32 |
| 26     | Yen Chuong              | Leeuwarden            | 29:10 | 28:52 |
| 27     | Maike Bangma            | Goutum                | 29:22 | 29:06 |
| 28     | Amy Heule               | Leeuwarden            | 29:27 | 29:11 |
| 29     | Veerle Peterzon         | Leeuwarden            | 29:28 | 29:23 |
| 30     | Karin Peterzon          | Leeuwarden            | 29:28 | 29:28 |
| 31     | Maureen Koopman         | Leeuwarden            | 29:46 | 29:36 |
| 32     | Messeret Toussaint      | Leeuwarden            | 29:50 | 29:37 |
| 33     | Annelien Haarsma        | Eastermar             | 29:53 | 29:44 |
| 34     | Michelle Tot            | Leeuwarden            | 29:57 | 29:47 |
| 35     | Melissa Jansen          | Leeuwarden            | 30:10 | 29:57 |
| 36     | Antje kuiken            | Stiens                | 30:29 | 30:09 |
| 37     | Lynn Rochat             | Lionitas              | 30:45 | 30:34 |
| 38     | Gerieke Nijboer         | Leeuwarden            | 30:57 | 30:41 |
| 39     | Hilly Lautenbach        | Leeuwarden            | 30:58 | 30:51 |
| 40     | Susan Odink             | Leeuwarden            | 31:10 | 30:52 |
| 41     | Talitha Schilder        | Biddinghuizen         | 31:11 | 31:02 |
| 42     | Marianne Stegenga       | Lionitas              | 31:13 | 30:56 |
| 43     | Janneke van der Wal     | Bant                  | 31:21 | 31:12 |

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## Leeuwarden - Woensdag 21 mei 2025

| Plaats | Naam                      | Woonplaats/Vereniging | Bruto | Netto |
|--------|---------------------------|-----------------------|-------|-------|
| 44     | Esmée van der Zwaag       | Leeuwarden            | 31:30 | 31:13 |
| 45     | Ingrid Visser             | Burgum                | 31:32 | 31:19 |
| 46     | Hilde Tjeerdema           | Leeuwarden            | 31:33 | 31:19 |
| 47     | Judith Kersloot           | Leeuwarden            | 31:36 | 31:21 |
| 48     | Kimberly Slager           | De Veenhoop           | 31:37 | 31:11 |
| 49     | Serrin Drost              | Burgum                | 31:42 | 31:29 |
| 50     | Niké van Eenenaam-Pillen  | Stiens                | 31:43 | 31:35 |
| 51     | Kitty Waringa             | Aldeboarn             | 32:31 | 32:11 |
| 52     | Trijntje van Dekken       | Leeuwarden            | 32:31 | 32:11 |
| 53     | Saar Bakker               | Leeuwarden            | 32:56 | 32:46 |
| 54     | Mette Brouwer             | Leeuwarden            | 32:56 | 32:46 |
| 55     | Chelsea Pijpers           | Nes                   | 33:00 | 32:45 |
| 56     | Sanne Meijsen             | Franeker              | 33:01 | 32:50 |
| 57     | Inge Postma               | Leeuwarden            | 33:02 | 32:52 |
| 58     | Femke de Vries            | Grou                  | 33:03 | 32:48 |
| 59     | Hermina Deelstra          | Leeuwarden            | 33:03 | 32:49 |
| 60     | Britt Algra               | St.-Annaparochie      | 33:03 | 32:45 |
| 61     | Anouk Vis                 | St.-Annaparochie      | 33:03 | 32:45 |
| 62     | Lisanne Cuperus           | Hilaard               | 33:12 | 32:57 |
| 63     | Bianca Inia               | Bitgummole            | 33:13 | 32:57 |
| 64     | Jildou Dijkstra           | Winsum                | 33:14 | 32:51 |
| 65     | Anneke Verlaan            | Leeuwarden            | 33:23 | 33:23 |
| 66     | Carla Pijlman             | Leeuwarden            | 33:25 | 33:25 |
| 67     | Berber Tuinstra           | Leeuwarden            | 33:31 | 33:20 |
| 68     | Rianne Tuin               | Leeuwarden            | 33:42 | 33:25 |
| 69     | Vera Schuurmans           | Leeuwarden            | 33:50 | 33:50 |
| 70     | Marijke van Dongen        | Burgum                | 33:52 | 33:40 |
| 71     | Baukje Groothof           | Beetsterzwaag         | 34:04 | 33:42 |
| 72     | Jelkje de Boer            | Boornbergum           | 34:04 | 34:04 |
| 73     | Tessa Vlaar               | Leeuwarden            | 34:10 | 33:51 |
| 74     | Kim de Haan               | Leeuwarden            | 34:11 | 33:52 |
| 75     | Nathalie Jousma           | Leeuwarden            | 34:11 | 33:52 |
| 76     | Daimy Jansen              | Leeuwarden            | 34:19 | 33:55 |
| 77     | Vera de Grijs             | Leeuwarden            | 34:20 | 33:57 |
| 78     | Lisa Veldscholte          | Leeuwarden            | 34:26 | 34:04 |
| 79     | Elske Fijma               | Loopgroep Leeuwarden  | 34:31 | 34:16 |
| 80     | Sanne Zijlstra            | Leeuwarden            | 34:34 | 34:17 |
| 81     | Madelon van Elteren       | Leeuwarden            | 34:34 | 34:17 |
| 82     | Ankje Wester-Dijkstra     | Lionitas              | 34:35 | 34:22 |
| 83     | Femke van der Wal         | Lionitas              | 34:47 | 34:34 |
| 84     | Esther Reekers            | Goutum                | 34:47 | 34:32 |
| 85     | Tiny Feanssen             | Loopgroep Leeuwarden  | 35:05 | 35:05 |
| 86     | Lily Manshande            | Friesland             | 35:05 | 35:05 |
| 87     | Marjolein Manshande       | Friesland             | 35:05 | 35:05 |
| 88     | Janine Nicolai            | Leeuwarden            | 36:50 | 36:29 |
| 89     | Marianne Heilijgers       | Joure                 | 37:14 | 36:51 |
| 90     | Nely Nicolai              | Leeuwarden            | 37:14 | 37:02 |
| 91     | Eline Dost                | Leeuwarden            | 37:16 | 36:49 |
| 92     | Isabelle Hoekstra-de Boer | Damwâld               | 37:25 | 37:00 |
| 93     | Anke Peterson             | Lionitas              | 38:30 | 38:08 |

### M10, 10 KILOMETER

| Plaats | Naam             | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------|-----------------------|-------|-------|
| 1      | Wilco Kooistra   | Lionitas              | 35:24 | 35:23 |
| 2      | Dorus Wolthekker | Loopgroep Nienoord    | 38:12 | 38:10 |
| 3      | Ali Sugway       | Leeuwarden            | 39:21 | 39:19 |
| 4      | Jelmer De Vries  | Leeuwarden            | 40:22 | 40:18 |
| 5      | Douwe Schermer   | Lionitas              | 40:57 | 40:54 |
| 6      | Sjoerd Marinus   | Leeuwarden            | 41:04 | 41:00 |

# Uitslagenlijst PotmargeRun

## Leeuwarden - Woensdag 21 mei 2025

| Plaats | Naam                       | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------------|-----------------------|-------|-------|
| 7      | Harmjan Greving            | Leeuwarden            | 41:04 | 41:01 |
| 8      | Tsjomme Dijkstra           | Leeuwarden            | 41:25 | 41:23 |
| 9      | Aron De Jong               | Leeuwarden            | 41:46 | 41:41 |
| 10     | Remco Greijdanus           | Leeuwarden            | 41:53 | 41:50 |
| 11     | Mark van de Beld           | Leeuwarden            | 42:19 | 42:16 |
| 12     | Ruben de Vries             | Leeuwarden            | 42:28 | 42:25 |
| 13     | René Politiek              | Goutum                | 44:26 | 44:07 |
| 14     | Harry Schaafsma            | Friesland             | 44:28 | 44:24 |
| 15     | Wouter van der Meer        | Lionitas              | 44:35 | 44:35 |
| 16     | Melle van der Burg         | Britsum               | 44:39 | 44:31 |
| 17     | Richard reitsma            | Leeuwarden            | 44:43 | 44:37 |
| 18     | Lourens Kleefstra          | Leeuwarden            | 45:54 | 45:48 |
| 19     | Jarno Sikken               | Groningen             | 45:59 | 45:51 |
| 20     | Tom Abelen                 | Leeuwarden            | 46:25 | 46:12 |
| 21     | Joran Fonville             | Leeuwarden            | 46:29 | 46:23 |
| 22     | Zeb Tjie A Njiem           | Leeuwarden            | 46:29 | 46:24 |
| 23     | Cees Buning                | Leeuwarden            | 46:50 | 46:28 |
| 24     | Marco van der Wal          | Lionitas              | 47:21 | 47:17 |
| 25     | Goos Bies                  | Leeuwarden            | 47:29 | 47:25 |
| 26     | Marcel Copini              |                       | 47:46 | 47:40 |
| 27     | Arnold Hager               | Leeuwarden            | 48:03 | 47:59 |
| 28     | Ronald Staal               | Heerenveen            | 48:04 | 48:00 |
| 29     | Chris Vreugdenhil          | Leeuwarden            | 48:16 | 48:06 |
| 30     | Roy Kalverla               | Leeuwarden            | 48:39 | 48:25 |
| 31     | De heer Wulfila Wallenburg | Lionitas              | 48:41 | 48:29 |
| 32     | Guido van der Meer         | Harkema               | 48:41 | 48:41 |
| 33     | Rikus van Wijk             | Lionitas              | 48:47 | 48:40 |
| 34     | Bart Huizinga              | Leeuwarden            | 48:47 | 48:40 |
| 35     | Klaas de Ruiters           | Leeuwarden            | 48:55 | 48:46 |
| 36     | Stef Post                  | Leeuwarden            | 49:03 | 48:57 |
| 37     | Paul Faber                 | Leeuwarden            | 49:05 | 48:46 |
| 38     | Peter Boersen              | Friesland             | 49:36 | 49:24 |
| 39     | Kasper Lubbers             | Leeuwarden            | 50:11 | 50:08 |
| 40     | Reinder Rusken             | Leeuwarden            | 50:11 | 49:59 |
| 41     | Lars Leentvaar             | Leeuwarden            | 50:14 | 50:11 |
| 42     | Josaya de Vries            | Leeuwarden            | 50:32 | 50:32 |
| 43     | Carlo Loos                 | Lionitas              | 50:37 | 50:26 |
| 44     | Bert Hettinga              | Leeuwarden            | 50:46 | 50:34 |
| 45     | Joost De Vries             | Lionitas              | 51:01 | 50:54 |
| 46     | Jouke Bloem                | Leeuwarden            | 51:01 | 50:39 |
| 47     | Jan Dijkstra               | Leeuwarden            | 51:38 | 51:24 |
| 48     | Siebre Boerma              | Loopclub Burgum       | 52:01 | 51:54 |
| 49     | Gerard schade              | Lionitas              | 52:11 | 52:05 |
| 50     | Haije de Vries             | Drachten              | 52:25 | 52:03 |
| 51     | Rienk de Vries             | Burgum                | 53:07 | 52:59 |
| 52     | Jarin van der Kooi         | Impala                | 53:38 | 53:23 |
| 53     | Anne Sjoerd Bandstra       | Leeuwarden            | 53:39 | 53:27 |
| 54     | Robin Plast                | Leeuwarden            | 53:42 | 53:25 |
| 55     | Bouke Bandstra             | Leeuwarden            | 53:42 | 53:42 |
| 56     | Taeke Kuijper              | Friesland             | 54:00 | 53:49 |
| 57     | Wieger van Keulen          | Friesland             | 54:13 | 53:55 |
| 58     | Ivo Rinia                  | Leeuwarden            | 54:26 | 54:16 |
| 59     | Hans ten Brug              | Leeuwarden            | 54:43 | 54:27 |
| 60     | Armin ten Brug             | Leeuwarden            | 54:44 | 54:27 |
| 61     | Wouter van der Veen        | Leeuwarden            | 55:06 | 54:55 |
| 62     | Dirk Jacob Lemstra         | Witmarsum             | 55:11 | 54:54 |
| 63     | Eddy Ter veen              | Leeuwarden            | 55:31 | 55:24 |
| 64     | Bryan Bisschop             | Leeuwarden            | 56:17 | 56:10 |
| 65     | Hans Buitink               | Leeuwarden            | 56:18 | 56:18 |

# Uitslagenlijst PotmargeRun

## Leeuwarden - Woensdag 21 mei 2025

| Plaats | Naam              | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-------------------|-----------------------|---------|---------|
| 66     | Wim Manshande     | Friesland             | 57:09   | 56:50   |
| 67     | Bernard Mijnders  | Cromstrijen           | 57:12   | 57:12   |
| 68     | Frederik Hoekstra | Leeuwarden            | 57:13   | 56:51   |
| 69     | Allard Franck     | Leeuwarden            | 59:01   | 58:46   |
| 70     | Kevin Dijkstra    | Leeuwarden            | 59:01   | 58:45   |
| 71     | Thom Steinfort    | Leeuwarden            | 59:02   | 58:47   |
| 72     | Bouke Fennema     | Friesland             | 59:38   | 59:30   |
| 73     | Marten Reitsma    | Leeuwarden            | 59:47   | 59:39   |
| 74     | Jan Veenstra      | Joure                 | 1:01:11 | 1:01:02 |
| 75     | Sander Zijlstra   | Leeuwarden            | 1:02:13 | 1:01:50 |
| 76     | Anne Zijlstra     | Leeuwarden            | 1:02:14 | 1:01:51 |
| 77     | Jerro bouius      | Leeuwarden            | 1:06:28 | 1:06:08 |
| 78     | Wesley Bakker     | Leeuwarden            | 1:06:54 | 1:06:33 |
| 79     | Jaap Cuperus      | Leeuwarden            | 1:11:04 | 1:10:56 |

### V10, 10 KILOMETER

| Plaats | Naam                         | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------------|-----------------------|---------|---------|
| 1      | Selma Cuperus                | Leeuwarden            | 44:57   | 44:51   |
| 2      | Corien Mostert-Kanis         | Lionitas              | 45:08   | 45:05   |
| 3      | Stephanie de Linde           | Leeuwarden            | 45:10   | 45:08   |
| 4      | Femke de Boer                | Heerenveen            | 46:38   | 46:35   |
| 5      | Ferda van Vaals              | Leeuwarden            | 48:09   | 47:52   |
| 6      | Ingrid Prins                 | Lionitas              | 49:13   | 49:06   |
| 7      | Manon Prosé                  | Loopgroep Leeuwarden  | 50:40   | 50:32   |
| 8      | Eelkje Nicolai               | Leeuwarden            | 50:54   | 50:41   |
| 9      | Anja Jacké                   | Lionitas              | 51:30   | 51:12   |
| 10     | Samira Fennema               | Friesland             | 52:01   | 52:01   |
| 11     | Celissa van Lierop           | Leeuwarden            | 52:04   | 52:02   |
| 12     | Roos Boerma                  | Loopclub Burgum       | 52:15   | 52:07   |
| 13     | Janouk van der Laan          | Surhuisterveen        | 52:34   | 52:24   |
| 14     | Maret Sturms                 | Weidum                | 53:00   | 52:46   |
| 15     | Anne Merkus                  | Leeuwarden            | 53:01   | 52:46   |
| 16     | Anna Adema                   | Leeuwarden            | 54:31   | 54:21   |
| 17     | Sara Gil                     | Leeuwarden            | 55:03   | 54:52   |
| 18     | Jeldau van der Veen          | Leeuwarden            | 55:06   | 54:56   |
| 19     | Floor snoeiing               | Leeuwarden            | 55:34   | 55:18   |
| 20     | Karin Rinsma                 | Leeuwarden            | 55:46   | 55:34   |
| 21     | Jenna Pietersma              | Leeuwarden            | 55:53   | 55:36   |
| 22     | Baukje Bijma                 | Leeuwarden            | 56:16   | 55:59   |
| 23     | Maren Buitink                | Leeuwarden            | 56:18   | 56:08   |
| 24     | Babette Lampe                | Steenwijk             | 56:31   | 56:14   |
| 25     | Rixte Borger                 | Leeuwarden            | 56:31   | 56:14   |
| 26     | Carolien Ettema              | Leeuwarden            | 56:33   | 56:23   |
| 27     | Janne Meijering Allema       | Hurdegaryp            | 56:39   | 56:25   |
| 28     | Stephanie v Eijck v Heslinga | Leeuwarden            | 56:39   | 56:39   |
| 29     | Marijke Ham                  | Lionitas              | 56:44   | 56:37   |
| 30     | Anneke van der Zwaag         | Friesland             | 56:59   | 56:54   |
| 31     | Anne Sophie Mijnders         | Leeuwarden            | 57:10   | 57:10   |
| 32     | Martine Zeinstra             | Leeuwarden            | 57:13   | 56:52   |
| 33     | Kyra de Jong                 | Leeuwarden            | 57:31   | 57:25   |
| 34     | Amber Soepboer               | Leeuwarden            | 57:31   | 57:25   |
| 35     | Leonie Bouma                 | Marrum                | 57:50   | 57:45   |
| 36     | Hannah de Jong               | Leeuwarden            | 57:50   | 57:45   |
| 37     | Henny Engbreghof             | Leeuwarden            | 58:24   | 58:10   |
| 38     | Megan Belles                 | Leeuwarden            | 59:02   | 59:02   |
| 39     | Annelies Riemsma             | Loopgroep Leeuwarden  | 59:26   | 59:17   |
| 40     | Naraysca Cecilia             | Drachten              | 59:35   | 59:13   |
| 41     | Janny Fennema                | Friesland             | 59:38   | 59:30   |
| 42     | Teatske Hoogeboom            | Leeuwarden            | 1:00:11 | 1:00:04 |

# Uitslagenlijst PotmargeRun

## Leeuwarden - Woensdag 21 mei 2025

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| Plaats | Naam                | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|---------------------|-----------------------|---------|---------|
| 43     | Melina Wind         | Leeuwarden            | 1:00:35 | 1:00:26 |
| 44     | Marije de Boer      | Leeuwarden            | 1:02:03 | 1:01:44 |
| 45     | Iris Montesantos    | Leeuwarden            | 1:02:05 | 1:01:45 |
| 46     | Ineke Tiekstra      | Lionitas              | 1:02:11 | 1:01:55 |
| 47     | Brecht van der Weij | Leeuwarden            | 1:02:12 | 1:01:59 |
| 48     | Tjetske Koets       | Drachten              | 1:03:05 | 1:02:52 |
| 49     | Marike Postma       | Leeuwarden            | 1:03:24 | 1:03:15 |
| 50     | Kiki-Yfke Kramer    | Weidum                | 1:03:27 | 1:03:15 |
| 51     | Jildou Galema       | Leeuwarden            | 1:03:28 | 1:03:13 |
| 52     | Larissa Koster      | Leeuwarden            | 1:03:32 | 1:03:10 |
| 53     | Alexandra Koster    | Goutum                | 1:03:32 | 1:03:32 |
| 54     | Sanne de Haan       | Leeuwarden            | 1:03:45 | 1:03:28 |
| 55     | Linda Bronts        | Lionitas              | 1:04:19 | 1:04:06 |
| 56     | Annet kienstra      | Lionitas              | 1:04:35 | 1:04:20 |
| 57     | Tara Bouius         | Leeuwarden            | 1:06:28 | 1:06:08 |
| 58     | Simone Tiggelman    | Leeuwarden            | 1:06:38 | 1:06:26 |
| 59     | Annelies Westra     | Leeuwarden            | 1:06:54 | 1:06:35 |
| 60     | Hilda Koops         | Lionitas              | 1:07:00 | 1:06:41 |
| 61     | Francine IJkema     | Leeuwarden            | 1:08:00 | 1:07:51 |
| 62     | Anna Witteveen-Volk | Loopgroep Leeuwarden  | 1:10:06 | 1:10:06 |
| 63     | Linda Denkers       | Leeuwarden            | 1:14:29 | 1:14:11 |

*Opmerkingen over de uitslag graag naar*

*wocweg@lionitas.nl*