

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| 4ALL, ROYAL TEN 4 ALL (1100M) |                             |                       |       |       |
|-------------------------------|-----------------------------|-----------------------|-------|-------|
| Plaats                        | Naam                        | Woonplaats/Vereniging | Bruto | Netto |
| 1                             | Daan Kramer                 | Veenendaal            | 5:15  | 5:15  |
| 2                             | Doris Kruijer               | 's-Gravenhage         | 5:25  | 5:25  |
| 3                             | Alyssa Spangenberg          | 's-Gravenhage         | 5:49  | 5:49  |
| 4                             | Monica Paterson             | Voorburg              | 6:02  | 5:57  |
| 5                             | Riaansh Nigam               | 's-Gravenhage         | 6:06  | 6:06  |
| 6                             | Alexander Aganloo           | 's-Gravenhage         | 6:21  | 6:21  |
| 7                             | Kian Koekoek                | 's-Gravenhage         | 6:28  | 6:28  |
| 8                             | Denzel Paidin               | 's-Gravenhage         | 6:29  | 6:29  |
| 9                             | Wiktoria Porebska           | 's-Gravenhage         | 6:32  | 6:19  |
| 10                            | Taisiya Kashnitskaia        | 's-Gravenhage         | 6:38  | 6:31  |
| 11                            | Randeep Nigam               | 's-Gravenhage         | 6:43  | 6:40  |
| 12                            | Sättijan Journoud           | Alfa Wave             | 6:47  | 6:41  |
| 13                            | Laisha Masapu               | Alfa Wave             | 6:47  | 6:44  |
| 14                            | Aaradhya Hansraj            | Alfa Wave             | 6:49  | 6:42  |
| 15                            | Roshana Gholami             | 's-Gravenhage         | 6:50  | 6:50  |
| 16                            | Aida Talebi                 | 's-Gravenhage         | 6:50  | 6:50  |
| 17                            | Nathaniel                   | Alfa Wave             | 6:50  | 6:43  |
| 18                            | Nathaniel Fonville          | Zoetermeer            | 7:02  | 6:55  |
| 19                            | Nya Chan                    | Wateringen            | 7:09  | 7:00  |
| 20                            | Ziyan Daal                  | Delfgauw              | 7:11  | 7:00  |
| 21                            | Lukas Atlas Uckardesler     | 's-Gravenhage         | 7:23  | 7:13  |
| 22                            | David Lowijs                | Voorburg              | 7:24  | 7:14  |
| 23                            | Aria Laya Lorange           | Alfa Wave             | 7:34  | 7:29  |
| 24                            | Sofia Fierek                | Rijswijk              | 7:39  | 7:35  |
| 25                            | Elio Malagu                 | 's-Gravenhage         | 7:39  | 7:34  |
| 26                            | Reeva Cornelisse            | Alphen aan den Rijn   | 7:39  | 7:26  |
| 27                            | Owen Leung                  | 's-Gravenhage         | 7:52  | 7:46  |
| 28                            | Sedef Seven                 | 's-Gravenhage         | 7:56  | 7:53  |
| 29                            | Friso Jongeboer             | 's-Gravenhage         | 8:16  | 8:07  |
| 30                            | Olivier Arens               | 's-Gravenhage         | 8:19  | 8:06  |
| 31                            | Olivia Esajas van Heugten   | Den Haag              | 8:25  | 8:18  |
| 32                            | Yara Hartog van Banda       | 's-Gravenhage         | 8:33  | 8:26  |
| 33                            | Shaurya Shah                | Voorburg              | 8:37  | 8:27  |
| 34                            | Teun Hombergen              | 's-Gravenhage         | 8:40  | 8:27  |
| 35                            | Sofia                       | Alfa Wave             | 8:44  | 8:38  |
| 36                            | Milana Spaans               | 's-Gravenhage         | 8:49  | 8:42  |
| 37                            | Emilia Sara van Stapele     | Dak Kindercentra - 2  | 8:50  | 8:42  |
| 38                            | Advika Nayak                | Alfa Wave             | 8:50  | 8:45  |
| 39                            | Mats Winter                 | 's-Gravenhage         | 9:03  | 9:01  |
| 40                            | Adam Atmosoerodjo           | Voorburg              | 9:05  | 9:01  |
| 41                            | Daniel Atmosoerodjo         | Voorburg              | 9:05  | 9:02  |
| 42                            | Alex Atmosoerodjo           | Voorburg              | 9:06  | 9:05  |
| 43                            | James Everts                | Dak Kindercentra - 2  | 9:06  | 8:53  |
| 44                            | Milou van Leyden            | Voorburg              | 9:08  | 8:55  |
| 45                            | Arina Gholami               | 's-Gravenhage         | 9:11  | 9:08  |
| 46                            | Liana Hesari                | 's-Gravenhage         | 9:11  | 9:08  |
| 47                            | Paavni Sharma               | Alfa Wave             | 9:30  | 9:24  |
| 48                            | Devi Jannink                | 's-Gravenhage         | 9:36  | 9:29  |
| 49                            | Iara Valentina Jannink      | 's-Gravenhage         | 9:36  | 9:29  |
| 50                            | Ellis Sjoukes               | 's-Gravenhage         | 9:36  | 9:23  |
| 51                            | Hannah Overduijn Wijnberger | 's-Gravenhage         | 9:37  | 9:28  |
| 52                            | Vayu Kiran                  | Alfa Wave             | 9:42  | 9:32  |
| 53                            | Laurrin Jit Kaur            | Alfa Wave             | 9:51  | 9:43  |
| 54                            | Louise Poorthuis DeKoninck  | 's-Gravenhage         | 9:55  | 9:43  |
| 55                            | Macey Daal                  | Delfgauw              | 10:01 | 9:49  |
| 56                            | Inez Demon                  | 's-Gravenhage         | 10:08 | 9:58  |
| 57                            | Alicia van Osnabrugge       | 's-Gravenhage         | 10:08 | 10:00 |
| 58                            | Laura Krupińska             | 's-Gravenhage         | 10:12 | 10:00 |

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| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 59     | Ferrel Cornelisse      | Alphen aan den Rijn   | 10:16 | 10:03 |
| 60     | Casper Arens           | 's-Gravenhage         | 10:20 | 10:08 |
| 61     | Emily Heger            | 's-Gravenhage         | 10:21 | 10:09 |
| 62     | Olivia van Stapele     | Dak Kindercentra - 2  | 10:34 | 10:26 |
| 63     | Remy                   | Nederland             | 10:50 | 10:50 |
| 64     | Aanay Naik             | Alfa Wave             | 10:55 | 10:44 |
| 65     | Casper Hoogendorp      | 's-Gravenhage         | 11:13 | 10:58 |
| 66     | Amélie Hoogendorp      | 's-Gravenhage         | 11:13 | 10:58 |
| 67     | Miray Matsushita       | Alfa Wave             | 11:14 | 11:14 |
| 68     | Kanishk Jain           | Alfa Wave             | 11:32 | 11:17 |
| 69     | Isaac van der Torren   | Voorburg              | 11:36 | 11:30 |
| 70     | Mia de Rooij           | 's-Gravenhage         | 11:46 | 11:30 |
| 71     | Mathilde Smelik        | 's-Gravenhage         | 11:57 | 11:54 |
| 72     | Rosalie van der Velde  | 's-Gravenhage         | 12:04 | 11:59 |
| 73     | Anur siegfried Jannink | 's-Gravenhage         | 12:07 | 12:01 |
| 74     | AHP Renon              | 's-Gravenhage         | 12:07 | 12:00 |
| 75     | Marie-Julie Aganloo    | 's-Gravenhage         | 12:53 | 12:53 |
| 76     | Miyu Matsushita        | Alfa Wave             | 13:29 | 13:19 |
| 77     | Mia Matsushita         | Alfa Wave             | 13:39 | 13:30 |
| 78     | Luca van Osnabrugge    | 's-Gravenhage         | 15:49 | 15:38 |
| 79     | Sanne van Osnabrugge   | 's-Gravenhage         | 15:54 | 15:43 |

## J-12, 1500M KIDSRUN (T/M 12 JR)

| Plaats | Naam                      | Woonplaats/Vereniging              | Bruto | Netto |
|--------|---------------------------|------------------------------------|-------|-------|
| 1      | Philippe Gelissen         | Haag Atletiek                      | 5:42  | 5:42  |
| 2      | James Smith               | 's-Gravenhage                      | 5:53  | 5:53  |
| 3      | Aaron Molendijk           | Sparta                             | 6:00  | 6:00  |
| 4      | Stijn van Lochem          | 's-Gravenhage                      | 6:04  | 6:04  |
| 5      | Oliver Sadil              | 's-Gravenhage                      | 6:17  | 6:17  |
| 6      | Huug van der Meulen       | Voorburg                           | 6:20  | 6:20  |
| 7      | Paul Hasnas               | 's-Gravenhage                      | 6:21  | 6:20  |
| 8      | Hanna de Vos              | 's-Gravenhage                      | 6:32  | 6:32  |
| 9      | Patrikey Saltykov         | Dak Kindercentra - 2               | 6:39  | 6:37  |
| 10     | Milan van den Bos         | Rijswijk                           | 6:46  | 6:46  |
| 11     | Marcel Wiktor             | Sparta                             | 6:47  | 6:47  |
| 12     | Frederik Groeneveld       | 's-Gravenhage                      | 6:49  | 6:47  |
| 13     | Dennis                    | Dr. J.A. Gerth van Wijksschool - 1 | 6:52  | 6:49  |
| 14     | Daniël Hulsman            | Leidschendam                       | 6:53  | 6:50  |
| 15     | Sasha                     | Dr. J.A. Gerth van Wijksschool - 1 | 6:53  | 6:52  |
| 16     | Thijmen Woltinge          | Zoetermeer                         | 6:57  | 6:45  |
| 17     | David de Jonge            | Voorburg                           | 6:59  | 6:55  |
| 18     | Leonard                   | Dr. J.A. Gerth van Wijksscho       | 6:59  | 6:56  |
| 19     | Alec Cijntje              | 's-Gravenhage                      | 7:00  | 7:00  |
| 20     | Job van Heijningen        | Dak Kindercentra - 2               | 7:00  | 6:54  |
| 21     | Étienne Perinetti         | 's-Gravenhage                      | 7:02  | 7:02  |
| 22     | Abel Hegyi                | Sparta                             | 7:04  | 6:59  |
| 23     | Jesse Kipp                | Leidschendam                       | 7:04  | 7:04  |
| 24     | Chris Korving             | Voorburg                           | 7:07  | 6:55  |
| 25     | Twan Eikelboom            | Sparta                             | 7:08  | 7:05  |
| 26     | Daan van Lochem           | 's-Gravenhage                      | 7:10  | 7:08  |
| 27     | Nout Sotthewes            | Sparta                             | 7:10  | 7:10  |
| 28     | Mint Koevoet van der Meer | 's-Gravenhage                      | 7:10  | 7:05  |
| 29     | Stan van Poelgeest        | Dak Kindercentra - 2               | 7:14  | 7:14  |
| 30     | Yihang                    | Dr. J.A. Gerth van Wijksscho       | 7:16  | 7:13  |
| 31     | Luca                      | Dr. J.A. Gerth van Wijksschool - 1 | 7:17  | 7:13  |
| 32     | Ayomide Funmi-Adeshina    | 's-Gravenhage                      | 7:20  | 7:14  |
| 33     | Theo Huisman              | 's-Gravenhage                      | 7:22  | 7:22  |
| 34     | Hugo de Vos               | 's-Gravenhage                      | 7:22  | 7:09  |
| 35     | Pieter Wierda             | Haag Atletiek                      | 7:22  | 7:19  |

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| Plaats | Naam                     | Woonplaats/Vereniging             | Bruto | Netto |
|--------|--------------------------|-----------------------------------|-------|-------|
| 36     | Elias van der Stijl      |                                   | 7:23  | 7:19  |
| 37     | Daan Kuipers             | 's-Gravenhage                     | 7:26  | 7:19  |
| 38     | Samuel Hegyi             | Leidschendam                      | 7:27  | 7:21  |
| 39     | Xavier Figueiredo        | 's-Gravenhage                     | 7:34  | 7:32  |
| 40     | Lennart Kreukniet        | Voorburg                          | 7:34  | 7:31  |
| 41     | Mark Sotska              | Dak Kindercentra - 3              | 7:39  | 7:35  |
| 42     | Lilou Enderink           | Leidschendam                      | 7:40  | 7:26  |
| 43     | James Verbaan            | 's-Gravenhage                     | 7:40  | 7:36  |
| 44     | Koen Hage                | obs De Zonnebloem - 1             | 7:41  | 7:14  |
| 45     | Pelle Hillen             | 's-Gravenhage                     | 7:45  | 7:31  |
| 46     | Tom                      | Dr. J.A. Gerth van Wijkscho       | 7:46  | 7:43  |
| 47     | Reyaan Khera             | 's-Gravenhage                     | 7:46  | 7:38  |
| 48     | Noah van den Bos         | Rijswijk                          | 7:49  | 7:49  |
| 49     | Joost Simonis            | 's-Gravenhage                     | 7:50  | 7:50  |
| 50     | Guus van Rijn            | Leidschendam                      | 7:51  | 7:44  |
| 51     | Tom Fresen van den Bosch | Voorburg                          | 7:53  | 7:08  |
| 52     | Loek Terlouw             | 's-Gravenhage                     | 7:58  | 7:38  |
| 53     | Sebe Tamang              | Rijswijk                          | 8:06  | 8:06  |
| 54     | Joel Hindriks            | Voorburg                          | 8:08  | 8:08  |
| 55     | Leon Wisniewski          | 's-Gravenhage                     | 8:10  | 7:45  |
| 56     | Janillio                 | Dr. J.A. Gerth van Wijkscho       | 8:10  | 8:07  |
| 57     | Floris Helbach           | 's-Gravenhage                     | 8:13  | 8:03  |
| 58     | Felix Parren             | 's-Gravenhage                     | 8:21  | 8:07  |
| 59     | Tom Vermeer              | obs De Zonnebloem - 1             | 8:21  | 7:16  |
| 60     | Jayden Hau               | Rotterdam                         | 8:22  | 8:22  |
| 61     | Damien Vigneron          | 's-Gravenhage                     | 8:24  | 8:08  |
| 62     | Evyatar Finkelman        | 's-Gravenhage                     | 8:28  | 8:11  |
| 63     | Shamu Meinster           | 's-Gravenhage                     | 8:30  | 8:22  |
| 64     | Harvey Chow              | 's-Gravenhage                     | 8:30  | 8:25  |
| 65     | Luca Cefala              | 's-Gravenhage                     | 8:30  | 8:15  |
| 66     | Roan Schomper            | 's-Gravenhage                     | 8:31  | 8:15  |
| 67     | Yannick Farrell          | 's-Gravenhage                     | 8:34  | 8:26  |
| 68     | Noam Finkelman           | 's-Gravenhage                     | 8:34  | 8:23  |
| 69     | Alex Blokiau Cranley     | 's-Gravenhage                     | 8:35  | 8:12  |
| 70     | Olivier Hoendermis       | Voorschoten '97                   | 8:38  | 8:07  |
| 71     | Moussa                   | Dr. J.A. Gerth van Wijkschool - 1 | 8:39  | 7:59  |
| 72     | Jordan Hau               | Rotterdam                         | 8:39  | 8:39  |
| 73     | Finn Braadbaart          | 's-Gravenhage                     | 8:44  | 8:33  |
| 74     | Lukas Immerzeel          | 's-Gravenhage                     | 8:44  | 8:21  |
| 75     | Friso Groeneveld         | 's-Gravenhage                     | 8:46  | 8:43  |
| 76     | Quinn Treep              | Dak Kindercentra - 2              | 8:47  | 8:47  |
| 77     | Florian Bruinen          | 's-Gravenhage                     | 8:51  | 8:48  |
| 78     | Arda Basoglu             | Dak Kindercentra - 2              | 8:52  | 8:14  |
| 79     | Ben Hombergen            | 's-Gravenhage                     | 8:56  | 8:32  |
| 80     | Thijmen Mooijman         | 's-Gravenhage                     | 8:59  | 8:00  |
| 81     | Rens van Rijn            | Leidschendam                      | 9:01  | 8:54  |
| 82     | Soulayman                | Dr. J.A. Gerth van Wijkscho       | 9:03  | 8:24  |
| 83     | Arad Norouzi             | 's-Gravenhage                     | 9:04  | 8:50  |
| 84     | Sem Doesburg             | Dak Kindercentra - 2              | 9:07  | 9:07  |
| 85     | Ayoub Elgammal           | 's-Gravenhage                     | 9:09  | 9:09  |
| 86     | Joël van der Meer        | Leidschendam                      | 9:10  | 9:00  |
| 87     | Tijn Visser              | 's-Gravenhage                     | 9:11  | 9:09  |
| 88     | Izia Boutaghane Milard   | Dak Kindercentra - 2              | 9:12  | 9:00  |
| 89     | Markus Struijs           | Voorburg                          | 9:16  | 9:07  |
| 90     | Hugo van Stokkom         | Dak Kindercentra - 2              | 9:17  | 8:06  |
| 91     | Shrey Khera              | 's-Gravenhage                     | 9:23  | 9:13  |
| 92     | Elias Hamelink           | Voorburg                          | 9:24  | 8:37  |
| 93     | Siem Joosen              | 's-Gravenhage                     | 9:27  | 9:07  |
| 94     | Jimmy van Dorp           | Berkel en Rodenrijs               | 9:30  | 9:12  |

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| Plaats | Naam                      | Woonplaats/Vereniging              | Bruto | Netto |
|--------|---------------------------|------------------------------------|-------|-------|
| 95     | Kleis van Den Bosch       | 's-Gravenhage                      | 9:31  | 9:12  |
| 96     | Benjamin Schomper         | 's-Gravenhage                      | 9:31  | 9:12  |
| 97     | Bo Herberigs              | Dak Kindercentra - 2               | 9:34  | 9:21  |
| 98     | Gijs van Leeuwen          | Dak Kindercentra - 2               | 9:37  | 8:41  |
| 99     | Eden Steenwijk            | obs De Zonnebloem - 1              | 9:38  | 8:37  |
| 100    | Kai van Roon              | Voorburg                           | 9:40  | 8:26  |
| 101    | Julian Chrisman           | 's-Gravenhage                      | 9:47  | 9:16  |
| 102    | G'viënson Martis          | Dak Kindercentra - 2               | 9:48  | 9:30  |
| 103    | Benjamin Nijborg          | Dak Kindercentra - 2               | 9:49  | 9:24  |
| 104    | Noud Oomen                | Dak Kindercentra - 2               | 9:50  | 9:04  |
| 105    | Julian                    | Nederland                          | 9:50  | 9:35  |
| 106    | Marley Lobman             | 's-Gravenhage                      | 9:54  | 9:43  |
| 107    | Jens van Schie Akdag      | 's-Gravenhage                      | 9:59  | 9:40  |
| 108    | Mick Figueiredo           | 's-Gravenhage                      | 10:04 | 10:02 |
| 109    | Lux Van Alfen de Vreede   | Berkel en Rodenrijs                | 10:05 | 9:45  |
| 110    | Olivier Quist             | Berkel en Rodenrijs                | 10:06 | 9:46  |
| 111    | Lev Volchak               | Haag Atletiek                      | 10:07 | 9:42  |
| 112    | Ted Ver Loren van Thenaat | 's-Gravenhage                      | 10:08 | 9:39  |
| 113    | Kai                       | Dr. J.A. Gerth van Wijksschool - 1 | 10:09 | 9:53  |
| 114    | Raphaël Richard           | 's-Gravenhage                      | 10:09 | 9:28  |
| 115    | Hubert                    | Dr. J.A. Gerth van Wijksschool - 1 | 10:11 | 9:27  |
| 116    | Benjamin Hendrikx         | 's-Gravenhage                      | 10:11 | 9:43  |
| 117    | Cédric Perinetti          | 's-Gravenhage                      | 10:12 | 10:03 |
| 118    | Louis Hagenars            | 's-Gravenhage                      | 10:12 | 9:59  |
| 119    | Luca Cijntje              | 's-Gravenhage                      | 10:14 | 10:09 |
| 120    | Kaan van der Veer         | 's-Gravenhage                      | 10:15 | 9:27  |
| 121    | Hero Noort                | Voorburg                           | 10:16 | 10:02 |
| 122    | Faas Kuijken              | Voorburg                           | 10:19 | 9:36  |
| 123    | Rein Gathier              | Dak Kindercentra - 3               | 10:20 | 9:30  |
| 124    | Arsy Meru Abdillah        | Voorburg                           | 10:21 | 10:11 |
| 125    | Tim                       | MUNT Hypotheken - 1                | 10:21 | 9:07  |
| 126    | Elliott van Dam           | 's-Gravenhage                      | 10:22 | 10:08 |
| 127    | Mees Joosten              | 's-Gravenhage                      | 10:23 | 9:58  |
| 128    | Vasco Vilela Buitenhak    | 's-Gravenhage                      | 10:24 | 10:10 |
| 129    | Oskar Zitman              | 's-Gravenhage                      | 10:26 | 9:44  |
| 130    | Thomas Henneveld          | obs De Zonnebloem - 1              | 10:26 | 9:34  |
| 131    | Casper van Bochove        | Voorburg                           | 10:26 | 10:03 |
| 132    | Adam Nininahazwe          | Dak Kindercentra - 2               | 10:27 | 9:08  |
| 133    | Ferre Prins               | 's-Gravenhage                      | 10:29 | 10:20 |
| 134    | Raf Prins                 | 's-Gravenhage                      | 10:33 | 10:24 |
| 135    | Pepijn Hendrich           | 's-Gravenhage                      | 10:38 | 10:08 |
| 136    | Luuk Jol                  | 's-Gravenhage                      | 10:40 | 10:22 |
| 137    | Armin Klein Nibbelink     | 's-Gravenhage                      | 10:42 | 10:27 |
| 138    | Johan Klein Nibbelink     | 's-Gravenhage                      | 10:42 | 10:28 |
| 139    | Ibrahim                   | Dr. J.A. Gerth van Wijksschool - 1 | 10:48 | 10:14 |
| 140    | Julan van Dijk            | obs De Zonnebloem - 1              | 10:56 | 9:53  |
| 141    | Olivier Stapert           | Leidschendam                       | 10:56 | 10:33 |
| 142    | Peri                      | Dr. J.A. Gerth van Wijksscho       | 10:56 | 10:24 |
| 143    | Kuzey                     | Dr. J.A. Gerth van Wijksschool - 1 | 10:59 | 10:28 |
| 144    | Hanlun Huang              | 's-Gravenhage                      | 11:03 | 9:32  |
| 145    | Edrian Carolina           | Dak Kindercentra - 2               | 11:05 | 10:06 |
| 146    | Lucas                     | MUNT Hypotheken - 1                | 11:07 | 9:45  |
| 147    | Aden Bergambagt           | obs De Zonnebloem - 1              | 11:08 | 10:20 |
| 148    | Lucas Schiffelers         | 's-Gravenhage                      | 11:11 | 9:58  |
| 149    | Wies van den Donker       | Dak Kindercentra - 2               | 11:11 | 10:48 |
| 150    | Joep Jenner               | obs De Zonnebloem - 1              | 11:13 | 9:31  |
| 151    | Sebastiaan van Hutten     | obs De Zonnebloem - 1              | 11:14 | 9:32  |
| 152    | Maes Retera               | Nederland                          | 11:15 | 9:45  |
| 153    | Noud Visser               | 's-Gravenhage                      | 11:15 | 11:13 |

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|--------|--------------------------|------------------------------|-------|-------|
| 154    | Atlas Manoch             | 's-Gravenhage                | 11:17 | 10:40 |
| 155    | Gijs Bijlsma             | Dak Kindercentra - 2         | 11:17 | 9:47  |
| 156    | Shemar                   | Dr. J.A. Gerth van Wijk scho | 11:18 | 10:42 |
| 157    | Miles Farrell            | 's-Gravenhage                | 11:19 | 11:11 |
| 158    | Rudra Shah Nath          | 's-Gravenhage                | 11:21 | 10:42 |
| 159    | Kyan Groenendal          | Rijswijk                     | 11:21 | 10:44 |
| 160    | James Enkoroma Coffie    | obs De Zonnebloem - 1        | 11:23 | 10:52 |
| 161    | Max Korving              | Voorburg                     | 11:23 | 9:46  |
| 162    | John Paasse              | 's-Gravenhage                | 11:24 | 10:45 |
| 163    | Olivier de Graaf         | 's-Gravenhage                | 11:25 | 10:06 |
| 164    | Willem                   | MUNT Hypotheken - 1          | 11:26 | 10:03 |
| 165    | Thomas Jongejan          | Dak Kindercentra - 2         | 11:26 | 10:51 |
| 166    | Riceo Eli                | Dak Kindercentra - 2         | 11:28 | 10:37 |
| 167    | Daniel Paris             | 's-Gravenhage                | 11:28 | 10:14 |
| 168    | Dani van Heijningen      | Dak Kindercentra - 2         | 11:29 | 10:21 |
| 169    | Thorsten van Kleef       | Dak Kindercentra - 3         | 11:30 | 10:20 |
| 170    | Hugo Hoogendorp          | 's-Gravenhage                | 11:31 | 11:07 |
| 171    | Loek Brill               | obs De Zonnebloem - 1        | 11:35 | 10:34 |
| 172    | Cas Saarloos             | Rotterdam                    | 11:37 | 10:43 |
| 173    | Tom Bierman              | 's-Gravenhage                | 11:37 | 11:34 |
| 174    | Otto van Weel            | Dak Kindercentra - 2         | 11:38 | 11:06 |
| 175    | Jules Palland            | 's-Gravenhage                | 11:41 | 11:10 |
| 176    | Olaf Ubbels              | Dak Kindercentra - 2         | 11:42 | 10:30 |
| 177    | Guus Meijs               | obs De Zonnebloem - 1        | 11:45 | 10:41 |
| 178    | Mika van der Wijk        | Dak Kindercentra - 2         | 11:47 | 11:29 |
| 179    | Mason van Es             | Dak Kindercentra - 2         | 11:56 | 11:00 |
| 180    | Cato Vis                 | 's-Gravenhage                | 11:56 | 11:03 |
| 181    | Luca van Veen            | Dak Kindercentra - 2         | 12:12 | 11:48 |
| 182    | Danil de Vries           | 's-Gravenhage                | 12:15 | 11:47 |
| 183    | Raeés Somai              | Dak Kindercentra - 2         | 12:16 | 10:58 |
| 184    | Jesse Goossen            | 's-Gravenhage                | 12:16 | 11:03 |
| 185    | Jonathan Hollander Klomp | 's-Gravenhage                | 12:16 | 10:54 |
| 186    | Jayden Dam               | obs De Zonnebloem - 1        | 12:24 | 11:13 |
| 187    | Xavi Barbosa Lebrero     | obs De Zonnebloem - 1        | 12:25 | 11:14 |
| 188    | Otis van der Kooij       | Dak Kindercentra - 3         | 12:25 | 11:35 |
| 189    | Tom Veenendaal-Bouman    | obs De Zonnebloem - 1        | 12:26 | 11:31 |
| 190    | Alexander Grozea         | 's-Gravenhage                | 12:31 | 11:56 |
| 191    | Lukas Hulsman            | Leidschendam                 | 12:40 | 12:28 |
| 192    | Thimo van Dijk           | obs De Zonnebloem - 1        | 12:43 | 11:41 |
| 193    | Max Bijlsma              | Dak Kindercentra - 2         | 12:43 | 11:11 |
| 194    | Olli van Deursen         | Dak Kindercentra - 2         | 12:46 | 11:19 |
| 195    | Floris-Jan Willemse      | Dak Kindercentra - 2         | 12:49 | 11:17 |
| 196    | Ayen Coopmans Mondaca    | 's-Gravenhage                | 12:50 | 11:38 |
| 197    | Kaj Bracke               | Dak Kindercentra - 2         | 12:53 | 11:26 |
| 198    | Abel Boschker            | Dak Kindercentra - 2         | 12:54 | 12:46 |
| 199    | Julian Lubbers           | Dak Kindercentra - 2         | 12:55 | 11:15 |
| 200    | Floris Wielandt          | 's-Gravenhage                | 12:56 | 12:10 |
| 201    | Casper Kahl              | Dak Kindercentra - 2         | 12:57 | 11:24 |
| 202    | Guus de Zwart            | obs De Zonnebloem - 1        | 13:03 | 11:54 |
| 203    | Keano Trompert           | 's-Gravenhage                | 13:11 | 11:59 |
| 204    | Luca Joziasse            | obs De Zonnebloem - 1        | 13:12 | 12:10 |
| 205    | Samarth Mane             | 's-Gravenhage                | 13:14 | 12:54 |
| 206    | Daniel Orban             | obs De Zonnebloem - 1        | 13:15 | 12:22 |
| 207    | Alexander Bijkerk        | 's-Gravenhage                | 13:17 | 12:32 |
| 208    | Neel Tamaskar            | 's-Gravenhage                | 13:21 | 11:52 |
| 209    | Stijn Wiegant            | Leidschendam                 | 13:23 | 12:45 |
| 210    | Mees Wiegant             | Leidschendam                 | 13:23 | 12:46 |
| 211    | Hanfei Huang             | 's-Gravenhage                | 13:27 | 11:56 |
| 212    | Naolin Bruckman Pasaribu | 's-Gravenhage                | 13:28 | 13:19 |

# Uitslagenlijst The Royal Ten

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| Plaats | Naam                        | Woonplaats/Vereniging              | Bruto | Netto |
|--------|-----------------------------|------------------------------------|-------|-------|
| 213    | Adam Alexakis               | 's-Gravenhage                      | 13:33 | 13:00 |
| 214    | Philip Alexakis             | 's-Gravenhage                      | 13:34 | 13:01 |
| 215    | Rover Tromp                 | obs De Zonnebloem - 1              | 13:36 | 12:37 |
| 216    | Caspar Niv-Overing          | 's-Gravenhage                      | 13:40 | 12:57 |
| 217    | Yves Chrisman               | 's-Gravenhage                      | 13:44 | 13:13 |
| 218    | Mayson-Jay Uittenbogaard    | 's-Gravenhage                      | 13:45 | 13:30 |
| 219    | Max Brill                   | obs De Zonnebloem - 1              | 13:48 | 12:43 |
| 220    | Kai                         | MUNT Hypotheken - 1                | 13:50 | 12:52 |
| 221    | Alex Laban                  | 's-Gravenhage                      | 13:51 | 12:07 |
| 222    | Philip Schroijen            | 's-Gravenhage                      | 13:51 | 12:07 |
| 223    | Robert Sotska               | Dak Kindercentra - 3               | 13:52 | 13:12 |
| 224    | Mees                        | MUNT Hypotheken - 1                | 13:52 | 12:33 |
| 225    | Tobias Hage                 | obs De Zonnebloem - 1              | 13:53 | 13:22 |
| 226    | Kai Floor                   | obs De Zonnebloem - 1              | 13:53 | 12:58 |
| 227    | Jelte van Ruijven           | Leidschendam                       | 13:55 | 13:44 |
| 228    | Oliver Gesner van der Voort | Muiden                             | 13:55 | 12:32 |
| 229    | Dani Krens                  | 's-Gravenhage                      | 13:59 | 12:58 |
| 230    | Daniil Gorovoi              | 's-Gravenhage                      | 14:01 | 12:19 |
| 231    | Henry Femia                 | Dak Kindercentra - 2               | 14:06 | 12:30 |
| 232    | David Galusca               | Dak Kindercentra - 2               | 14:07 | 12:23 |
| 233    | Tommie Wierda               | 's-Gravenhage                      | 14:18 | 13:56 |
| 234    | Jesse                       | MUNT Hypotheken - 1                | 14:29 | 13:06 |
| 235    | Leo Saracoglu               | 's-Gravenhage                      | 14:36 | 12:51 |
| 236    | Mees van Ruijven            | Leidschendam                       | 14:39 | 14:27 |
| 237    | Julius Lee                  | Voorburg                           | 14:41 | 12:53 |
| 238    | Noah Jacob Akerboom         | 's-Gravenhage                      | 14:50 | 13:14 |
| 239    | Freek Rens                  | Amsterdam                          | 14:55 | 13:50 |
| 240    | Shane Busse                 | Nederland                          | 14:58 | 14:55 |
| 241    | Jack Andrei Sterk           | 's-Gravenhage                      | 15:02 | 14:49 |
| 242    | Seppe de Graaf              | 's-Gravenhage                      | 15:03 | 13:42 |
| 243    | Kai de Leeuw                | obs De Zonnebloem - 1              | 15:07 | 14:06 |
| 244    | Jason ter Luun              | Zoetermeer                         | 15:10 | 15:04 |
| 245    | Tobin Mann-Greiner          | Rijswijk                           | 15:12 | 14:19 |
| 246    | Abel de Koning              | 's-Gravenhage                      | 15:18 | 15:18 |
| 247    | Guus van der Kraan          | 's-Gravenhage                      | 15:20 | 14:54 |
| 248    | Rey Bracke                  | Dak Kindercentra - 2               | 15:24 | 13:54 |
| 249    | Florin Hulsebosch           | obs De Zonnebloem - 1              | 15:26 | 14:33 |
| 250    | Johannes Lee                | Voorburg                           | 15:28 | 13:42 |
| 251    | Matteo Cefala               | 's-Gravenhage                      | 15:41 | 15:27 |
| 252    | Cian Scharrenberg           | Dak Kindercentra - 2               | 15:42 | 15:30 |
| 253    | Leo Heijnen                 | Dak Kindercentra - 2               | 15:57 | 14:54 |
| 254    | Benja de Koning             | 's-Gravenhage                      | 15:58 | 15:25 |
| 255    | Feidhlim Healy              | Voorburg                           | 16:05 | 15:16 |
| 256    | Thomas van der Noll         | Wassenaar                          | 16:06 | 14:28 |
| 257    | Guus Bosboom                | Voorburg                           | 16:18 | 14:38 |
| 258    | Ole Bosboom                 | Voorburg                           | 16:20 | 14:39 |
| 259    | Ilay                        | Dr. J.A. Gerth van Wijksschool - 1 | 16:46 | 15:42 |
| 260    | Magali Kahl                 | Dak Kindercentra - 2               | 16:51 | 15:16 |
| 261    | Raphael Alexander Velichko  | Dak Kindercentra - 2               | 16:58 | 16:18 |
| 262    | Daan                        | MUNT Hypotheken - 1                | 17:00 | 15:43 |
| 263    | Damian van den Ouder        | Dak Kindercentra - 2               | 17:00 | 16:32 |
| 264    | Ayaan Ali-Bollier           | Dak Kindercentra - 3               | 17:22 | 16:45 |
| 265    | Mats de Graaf               | 's-Gravenhage                      | 17:24 | 16:04 |
| 266    | Abe Braadbaart              | 's-Gravenhage                      | 17:42 | 17:30 |
| 267    | Theodore Alp Mercier        | Maartensdijk                       | 17:56 | 16:09 |
| 268    | Marc Paris                  | 's-Gravenhage                      | 19:41 | 18:26 |

## M-12, 1500M KIDSRUN (T/M 12 JR)

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Filijne Van der Waal | Spirit Oud Beijerland | 6:05  | 6:05  |

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| Plaats | Naam                          | Woonplaats/Vereniging              | Bruto | Netto |
|--------|-------------------------------|------------------------------------|-------|-------|
| 2      | Lux de Valk                   | Dak Kindercentra - 2               | 6:33  | 6:33  |
| 3      | Fiene Vermeulen               | 's-Gravenhage                      | 6:42  | 6:40  |
| 4      | Elena Smelik                  | 's-Gravenhage                      | 6:49  | 6:48  |
| 5      | Phileine van der Stijl        |                                    | 6:54  | 6:52  |
| 6      | Elin van Lelyveld             | 's-Gravenhage                      | 7:03  | 7:00  |
| 7      | Evelien Bruurs                | Dak Kindercentra - 2               | 7:04  | 7:04  |
| 8      | Louisa Sotthewes              | Sparta                             | 7:12  | 7:12  |
| 9      | Sofia Vasilyeva               | 's-Gravenhage                      | 7:13  | 7:05  |
| 10     | Kyara Neuerburg               | Voorburg                           | 7:20  | 7:20  |
| 11     | Carlijn                       | Dr. J.A. Gerth van Wijksschool - 1 | 7:24  | 7:22  |
| 12     | Jolie Kuijpers                | Rijswijk                           | 7:32  | 7:27  |
| 13     | Veerle Terlouw                | 's-Gravenhage                      | 7:33  | 7:12  |
| 14     | Beatrice Hasnas               | 's-Gravenhage                      | 7:40  | 7:37  |
| 15     | Jasmijn van den Bos           | Rijswijk                           | 7:49  | 7:46  |
| 16     | Sanne                         | Nederland                          | 8:01  | 7:45  |
| 17     | Hailey-May                    | Dr. J.A. Gerth van Wijksschool - 1 | 8:05  | 7:49  |
| 18     | Nina Tamang                   | Rijswijk                           | 8:05  | 8:02  |
| 19     | Luna Hau                      | Rotterdam                          | 8:06  | 8:06  |
| 20     | Julia Grootswagers            | Voorburg                           | 8:08  | 7:55  |
| 21     | Phileine                      | 's-Gravenhage                      | 8:10  | 7:59  |
| 22     | Eva Vasilyeva                 | 's-Gravenhage                      | 8:17  | 8:09  |
| 23     | Amelia G                      | Dr. J.A. Gerth van Wijksschool - 1 | 8:20  | 8:03  |
| 24     | Jaelynn Kluck                 | Zoetermeer                         | 8:21  | 8:15  |
| 25     | Nina van Lelyveld             | 's-Gravenhage                      | 8:22  | 8:12  |
| 26     | Jackie Waterman               | 's-Gravenhage                      | 8:22  | 8:14  |
| 27     | Lotte Rüffer                  | 's-Gravenhage                      | 8:24  | 8:17  |
| 28     | Tami Funmi-Adeshina           | 's-Gravenhage                      | 8:25  | 8:19  |
| 29     | Marie S                       | 's-Gravenhage                      | 8:25  | 7:57  |
| 30     | Lenna Hoogenboom              | 's-Gravenhage                      | 8:27  | 8:12  |
| 31     | Naina                         | Dr. J.A. Gerth van Wijksschool - 1 | 8:29  | 8:24  |
| 32     | Eleanor Chhorr                | 's-Gravenhage                      | 8:29  | 8:04  |
| 33     | Manou van der Wijk Eversteijn | Dak Kindercentra - 2               | 8:32  | 8:14  |
| 34     | Ela                           | Dr. J.A. Gerth van Wijksscho       | 8:32  | 8:30  |
| 35     | Ilse Hindriks                 | Voorburg                           | 8:35  | 8:31  |
| 36     | Juliet Smelik                 | Dak Kindercentra - 2               | 8:37  | 8:31  |
| 37     | Lena                          | Dr. J.A. Gerth van Wijksschool - 1 | 8:40  | 8:31  |
| 38     | Rabia                         | Dr. J.A. Gerth van Wijksscho       | 8:42  | 8:18  |
| 39     | Nikita van der Ham            | 's-Gravenhage                      | 8:45  | 8:39  |
| 40     | Evi Boschker                  | Dak Kindercentra - 2               | 8:47  | 8:40  |
| 41     | Rosa van Vught                | 's-Gravenhage                      | 8:48  | 8:47  |
| 42     | Melissa                       | Dr. J.A. Gerth van Wijksscho       | 8:50  | 8:50  |
| 43     | Marieke Huisman               | 's-Gravenhage                      | 8:51  | 8:45  |
| 44     | Zoë                           | Dr. J.A. Gerth van Wijksscho       | 8:51  | 8:48  |
| 45     | Norah                         | Dr. J.A. Gerth van Wijksschool - 1 | 8:53  | 7:49  |
| 46     | Oika Yuen                     | 's-Gravenhage                      | 8:54  | 8:29  |
| 47     | Lara Verheule                 | Dak Kindercentra - 3               | 8:57  | 8:57  |
| 48     | Awa Bag                       | 's-Gravenhage                      | 8:58  | 8:37  |
| 49     | Fiene Postema                 | Voorschoten                        | 8:59  | 8:38  |
| 50     | Aurora Noort                  | Voorburg                           | 9:02  | 8:41  |
| 51     | Zora Sadilova                 | 's-Gravenhage                      | 9:04  | 9:00  |
| 52     | Indy van Leersum              | 's-Gravenhage                      | 9:06  | 9:01  |
| 53     | Novi van Leersum              | 's-Gravenhage                      | 9:06  | 9:01  |
| 54     | Beyzanur                      | Dr. J.A. Gerth van Wijksscho       | 9:06  | 9:03  |
| 55     | Fleur Juten                   | obs De Zonnebloem - 1              | 9:11  | 8:44  |
| 56     | Puck Nienhuis                 | obs De Zonnebloem - 1              | 9:11  | 8:44  |
| 57     | Olga                          | Dr. J.A. Gerth van Wijksschool - 1 | 9:13  | 9:10  |
| 58     | Amélie Hagenaars              | Dak Kindercentra - 2               | 9:13  | 9:00  |
| 59     | Roos Joosen                   | 's-Gravenhage                      | 9:18  | 8:58  |
| 60     | Daphne Molendijk              | 's-Gravenhage                      | 9:21  | 9:17  |

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| Plaats | Naam                     | Woonplaats/Vereniging              | Bruto | Netto |
|--------|--------------------------|------------------------------------|-------|-------|
| 61     | Mahisa                   | Dr. J.A. Gerth van Wijksschool - 1 | 9:27  | 9:03  |
| 62     | Frouke van Isselmuden    | 's-Gravenhage                      | 9:27  | 8:38  |
| 63     | Emma Krahmer             | obs De Zonnebloem - 1              | 9:31  | 8:35  |
| 64     | Mishty Jain              | Rijswijk                           | 9:31  | 9:16  |
| 65     | Aarna Bale               | Dak Kindercentra - 2               | 9:35  | 9:35  |
| 66     | James Vos                | 's-Gravenhage                      | 9:36  | 9:07  |
| 67     | Vera Marijs              | 's-Gravenhage                      | 9:37  | 8:41  |
| 68     | Olivia Floor             | obs De Zonnebloem - 1              | 9:43  | 8:43  |
| 69     | Sanne van Gestel         | 's-Gravenhage                      | 9:45  | 9:39  |
| 70     | Edie de Jonge            | Voorburg                           | 9:46  | 9:25  |
| 71     | Anisha Blanken           | obs De Zonnebloem - 1              | 9:51  | 8:54  |
| 72     | Vivian Vegers            | Voorburg                           | 9:56  | 9:33  |
| 73     | Ida van Isselmuden       | 's-Gravenhage                      | 9:56  | 9:06  |
| 74     | Marta                    | Dr. J.A. Gerth van Wijksscho       | 9:57  | 9:13  |
| 75     | Hannah Spiering          | 's-Gravenhage                      | 9:57  | 9:25  |
| 76     | Ella Grootendorst        | obs De Zonnebloem - 1              | 9:58  | 8:50  |
| 77     | Shona Cumming            | 's-Gravenhage                      | 10:00 | 9:43  |
| 78     | Lotte van Maanen         | obs De Zonnebloem - 1              | 10:04 | 9:37  |
| 79     | Luciana Alekseev-Carasco | 's-Gravenhage                      | 10:06 | 10:01 |
| 80     | Eva Daskalov             | Dak Kindercentra - 2               | 10:08 | 8:44  |
| 81     | Eva Wierda               | Haag Atletiek                      | 10:08 | 9:46  |
| 82     | Saar Schipper            | 's-Gravenhage                      | 10:08 | 9:21  |
| 83     | Fienne Verweijen         | Voorburg                           | 10:11 | 9:23  |
| 84     | Lieve Retera             | Nederland                          | 10:12 | 8:53  |
| 85     | Suze van Dijk            | Dak Kindercentra - 2               | 10:14 | 10:04 |
| 86     | Maya Cumming             | 's-Gravenhage                      | 10:17 | 9:59  |
| 87     | Amelia Mann-Greiner      | Rijswijk                           | 10:18 | 9:25  |
| 88     | Jackie van Weel          | Dak Kindercentra - 2               | 10:22 | 9:51  |
| 89     | Inez van Lankveld        | Sparta                             | 10:22 | 10:13 |
| 90     | Mia Vermeulen            | 's-Gravenhage                      | 10:23 | 10:11 |
| 91     | Louise Blokiau Cranley   | 's-Gravenhage                      | 10:28 | 10:05 |
| 92     | Sophie Pouw              | Dak Kindercentra - 2               | 10:32 | 9:54  |
| 93     | Tess van der Heide       | Zevenhuizen                        | 10:33 | 9:42  |
| 94     | Zoé Zebracki             | Zevenhuizen                        | 10:33 | 9:44  |
| 95     | Chloe Zalm               | Alfa Wave                          | 10:34 | 10:16 |
| 96     | Estée Bosma              | obs De Zonnebloem - 1              | 10:35 | 9:44  |
| 97     | Dy'miliarose             | Dr. J.A. Gerth van Wijksschool - 1 | 10:38 | 10:21 |
| 98     | Mung Ka Yuen             | 's-Gravenhage                      | 10:42 | 10:19 |
| 99     | Bodi Tromp               | obs De Zonnebloem - 1              | 10:43 | 9:49  |
| 100    | Fenne Juten              | obs De Zonnebloem - 1              | 10:44 | 10:18 |
| 101    | Zoe Ferber               | 's-Gravenhage                      | 10:45 | 9:19  |
| 102    | Noa van Maanen           | obs De Zonnebloem - 1              | 10:47 | 10:23 |
| 103    | Shaina                   | Dr. J.A. Gerth van Wijksschool - 1 | 10:47 | 10:42 |
| 104    | Benthe Van Zijl          | 's-Gravenhage                      | 10:48 | 10:38 |
| 105    | Tiana Quadros            |                                    | 10:49 | 10:33 |
| 106    | Yvette                   | Dr. J.A. Gerth van Wijksscho       | 10:52 | 10:22 |
| 107    | Laura Kim                | 's-Gravenhage                      | 11:01 | 10:44 |
| 108    | Febe Verweijen           | Voorburg                           | 11:07 | 10:19 |
| 109    | Kae van der Meij         | Leidschendam                       | 11:10 | 9:29  |
| 110    | Kiki Simonis             | 's-Gravenhage                      | 11:12 | 11:08 |
| 111    | Violette van Stokkom     | Dak Kindercentra - 2               | 11:18 | 10:06 |
| 112    | Saar van der Burg        | Poeldijk                           | 11:19 | 9:53  |
| 113    | Ize Bakker A'Campo       | 's-Gravenhage                      | 11:22 | 11:01 |
| 114    | Lieke Krahmer            | obs De Zonnebloem - 1              | 11:24 | 10:27 |
| 115    | Agata Saltykova          | Dak Kindercentra - 2               | 11:26 | 10:50 |
| 116    | Ema Dabuzinskaite        | 's-Gravenhage                      | 11:28 | 10:19 |
| 117    | Lauren Schüssler         | Voorburg                           | 11:33 | 10:16 |
| 118    | Ava Saarloos             | Rotterdam                          | 11:36 | 10:42 |
| 119    | Britt Lussenburg Janse   | obs De Zonnebloem - 1              | 11:39 | 10:30 |

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| Plaats | Naam                       | Woonplaats/Vereniging              | Bruto | Netto |
|--------|----------------------------|------------------------------------|-------|-------|
| 120    | Lara                       | Dr. J.A. Gerth van Wijk scho       | 11:41 | 11:00 |
| 121    | Amélie M                   | 's-Gravenhage                      | 11:43 | 10:39 |
| 122    | Djenna van Nistelrooy      | 's-Gravenhage                      | 11:45 | 11:38 |
| 123    | Pola Wisniewska            | 's-Gravenhage                      | 11:52 | 11:21 |
| 124    | Rosie Croker               | obs De Zonnebloem - 1              | 11:53 | 10:52 |
| 125    | Josephine Bolk             | obs De Zonnebloem - 1              | 11:54 | 10:47 |
| 126    | Saar van Leeuwen           | Dak Kindercentra - 2               | 11:54 | 10:55 |
| 127    | Olivia Korving             | Rijswijk                           | 12:00 | 10:29 |
| 128    | Emmelie van der Wiel       | Voorburg                           | 12:00 | 10:24 |
| 129    | Rosa Bruin                 | Dak Kindercentra - 2               | 12:02 | 10:52 |
| 130    | Jara van der Kooij         | obs De Zonnebloem - 1              | 12:09 | 11:04 |
| 131    | Juun Meijs                 | obs De Zonnebloem - 1              | 12:10 | 11:05 |
| 132    | Rosa van Someren Gréve     | obs De Zonnebloem - 1              | 12:11 | 11:11 |
| 133    | Valerie Strik              | obs De Zonnebloem - 1              | 12:11 | 11:14 |
| 134    | Tiahna                     | Dr. J.A. Gerth van Wijk scho       | 12:18 | 11:43 |
| 135    | Arianna                    | Dr. J.A. Gerth van Wijk school - 1 | 12:20 | 11:51 |
| 136    | Lara Lopes Kleijn          | 's-Gravenhage                      | 12:29 | 11:12 |
| 137    | Jolien Hulshof             | 's-Gravenhage                      | 12:31 | 11:04 |
| 138    | Isabella Freeke            | Dak Kindercentra - 2               | 12:35 | 12:00 |
| 139    | Lizzy in 't Veld           | Delft                              | 12:39 | 11:46 |
| 140    | Sophie van de Reep         | 's-Gravenhage                      | 12:39 | 9:55  |
| 141    | Julia Praagman             | 's-Gravenhage                      | 12:41 | 11:24 |
| 142    | Sophie                     | MUNT Hypotheken - 1                | 12:42 | 11:15 |
| 143    | Lianne van der Wiel        | Voorburg                           | 12:44 | 11:06 |
| 144    | Merle de Zwart             | obs De Zonnebloem - 1              | 12:49 | 11:42 |
| 145    | Emilie Kahl                | Dak Kindercentra - 2               | 12:57 | 11:24 |
| 146    | Lauren de Haas             | Voorburg                           | 12:58 | 12:10 |
| 147    | Merel Terwindt             | Dak Kindercentra - 3               | 12:58 | 11:29 |
| 148    | Fiene Thomas               | Dak Kindercentra - 3               | 12:58 | 11:31 |
| 149    | Yvette Korving             | Rijswijk                           | 13:00 | 11:28 |
| 150    | Olivia Vynogradova         | Dak Kindercentra - 2               | 13:03 | 11:35 |
| 151    | Emma Rondhout              | 's-Gravenhage                      | 13:03 | 11:35 |
| 152    | Maxime Goossen             | 's-Gravenhage                      | 13:11 | 11:58 |
| 153    | Louisa Kop                 | Dak Kindercentra - 2               | 13:13 | 11:29 |
| 154    | Bo van der Heide           | Zevenhuizen                        | 13:14 | 12:23 |
| 155    | Lilly Hassing              | 's-Gravenhage                      | 13:16 | 12:03 |
| 156    | Féline Brouwer             | Nieuwerkerk aan den IJssel         | 13:17 | 12:08 |
| 157    | Lente van Rijn             | 's-Gravenhage                      | 13:19 | 13:10 |
| 158    | Mia Rios                   | obs De Zonnebloem - 1              | 13:24 | 12:25 |
| 159    | Isabelle Duijkers          | 's-Gravenhage                      | 13:28 | 12:52 |
| 160    | Amy Hensbroek              | 's-Gravenhage                      | 13:28 | 12:52 |
| 161    | Nastja Ivanov              | 's-Gravenhage                      | 13:29 | 12:55 |
| 162    | Jadey Busse                | Nederland                          | 13:31 | 12:41 |
| 163    | Senna Busse                | Nederland                          | 13:32 | 12:42 |
| 164    | Miya Rensen                | Zoetermeer                         | 13:32 | 12:52 |
| 165    | Emma Vinogradova           | 's-Gravenhage                      | 13:33 | 11:58 |
| 166    | Senna Mol                  | obs De Zonnebloem - 1              | 13:34 | 12:35 |
| 167    | Milou Mol                  | obs De Zonnebloem - 1              | 13:35 | 12:36 |
| 168    | Emma                       | Dr. J.A. Gerth van Wijk scho       | 13:38 | 12:49 |
| 169    | Milou de Bruijn            | 's-Gravenhage                      | 13:42 | 12:30 |
| 170    | Rosie Rios                 | obs De Zonnebloem - 1              | 13:43 | 12:46 |
| 171    | Saar Zwartjens             | Voorburg                           | 13:46 | 12:26 |
| 172    | Alise de Bruijn            | 's-Gravenhage                      | 13:47 | 12:35 |
| 173    | Anne-Sophie Kooij          | Voorburg                           | 13:54 | 13:04 |
| 174    | Zoë Gesner van der Voort   | Muiden                             | 13:55 | 12:32 |
| 175    | Jiska Hulshof              | 's-Gravenhage                      | 13:56 | 12:28 |
| 176    | Zola van der Klugt Walburg | obs De Zonnebloem - 1              | 13:58 | 13:02 |
| 177    | Nina Tempel                | 's-Gravenhage                      | 14:10 | 13:28 |
| 178    | Olivia Keskin              | Dak Kindercentra - 2               | 14:13 | 13:34 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                      | Woonplaats/Vereniging              | Bruto | Netto |
|--------|---------------------------|------------------------------------|-------|-------|
| 179    | Jaylynn Natsir            | Dak Kindercentra - 2               | 14:18 | 13:35 |
| 180    | Miki Fresen van den Bosch | Voorburg                           | 14:26 | 13:05 |
| 181    | Mirha Nininahazwe         | Dak Kindercentra - 2               | 14:27 | 13:12 |
| 182    | Roos Schüssler            | Voorburg                           | 14:27 | 13:05 |
| 183    | Nina Lussenburg Janse     | obs De Zonnebloem - 1              | 14:29 | 13:19 |
| 184    | Maya Saracoglu            | 's-Gravenhage                      | 14:39 | 12:52 |
| 185    | Aylin Rensen              | Zoetermeer                         | 14:39 | 14:01 |
| 186    | Filou Vis                 | 's-Gravenhage                      | 14:42 | 13:43 |
| 187    | Liza Sudigjo              | 's-Gravenhage                      | 14:43 | 14:21 |
| 188    | Sophie                    | MUNT Hypotheken - 1                | 14:43 | 13:23 |
| 189    | Juul Rens                 | Amsterdam                          | 14:56 | 13:53 |
| 190    | Katinka Hollander Klomp   | 's-Gravenhage                      | 14:57 | 13:31 |
| 191    | Aliana van Dam            | 's-Gravenhage                      | 14:59 | 14:16 |
| 192    | Modane de Graaf           | 's-Gravenhage                      | 15:04 | 13:43 |
| 193    | Stella van der Kooij      | Dak Kindercentra - 3               | 15:06 | 14:18 |
| 194    | Kiki de Leeuw             | obs De Zonnebloem - 1              | 15:07 | 14:06 |
| 195    | Nora van der Burg         | Poeldijk                           | 15:08 | 13:40 |
| 196    | Thaleia Vogel             | Dak Kindercentra - 2               | 15:18 | 13:36 |
| 197    | Gina Schuurmans Stekhoven | 's-Gravenhage                      | 15:20 | 14:53 |
| 198    | Robin Tempel              | 's-Gravenhage                      | 15:27 | 14:48 |
| 199    | Milou                     | Dr. J.A. Gerth van Wijksschool - 1 | 15:28 | 14:41 |
| 200    | Emilia Kemper             | 's-Gravenhage                      | 15:29 | 14:22 |
| 201    | Suze Ansems               | obs De Zonnebloem - 1              | 15:47 | 14:55 |
| 202    | Liz van der Klugt Walburg | obs De Zonnebloem - 1              | 15:47 | 14:56 |
| 203    | Mira Cobanoglu            | 's-Gravenhage                      | 15:56 | 15:51 |
| 204    | Lot de Koning             | 's-Gravenhage                      | 15:58 | 15:24 |
| 205    | Juul Bosman               | Voorburg                           | 16:09 | 15:43 |
| 206    | Amora Paulini Machado     | Dak Kindercentra - 3               | 16:16 | 14:31 |
| 207    | Luna de Jong              | Leidschendam                       | 17:05 | 16:39 |
| 208    | Moya Schmidt Gan          | 's-Gravenhage                      | 17:23 | 16:41 |
| 209    | Mia Coopmans Mondaca      | 's-Gravenhage                      | 17:37 | 16:25 |
| 210    | Mila van Buren            | Dak Kindercentra - 3               | 18:46 | 17:18 |

## MRECR, 5KM PRESTATIELOOP

| Plaats | Naam               | Woonplaats/Vereniging  | Bruto | Netto |
|--------|--------------------|------------------------|-------|-------|
| 1      | Tim Gravesteyn     | Pijnacker              | 15:35 | 15:34 |
| 2      | Tijn Schagen       | Haag Atletiek          | 15:50 | 15:50 |
| 3      | Yannick ter Heerdt | PAC                    | 16:08 | 16:07 |
| 4      | Niels Ota          | Haag Atletiek          | 16:19 | 16:19 |
| 5      | Menno ten Cate     | 's-Gravenhage          | 16:29 | 16:29 |
| 6      | Danny Liu          | 's-Gravenhage          | 16:34 | 16:31 |
| 7      | Niels van de Vorst | Haag Atletiek          | 16:37 | 16:37 |
| 8      | Yauheni Karaliou   | Warschau               | 16:58 | 16:56 |
| 9      | Daan Cregten       | Haag Atletiek          | 17:11 | 17:11 |
| 10     | Louis de longh     | Sparta                 | 17:30 | 17:30 |
| 11     | Bram van de Water  | Den Haag               | 17:54 | 17:52 |
| 12     | Lucas Jense        | Den Haag               | 17:59 | 17:55 |
| 13     | Ideun Bom          | 's-Gravenhage          | 18:08 | 18:08 |
| 14     | Simon Kind         | 's-Gravanhage          | 18:15 | 18:15 |
| 15     | Vedad Smajlovic    | Haag Atletiek          | 18:19 | 18:17 |
| 16     | Jelle Heijmans     | Voorburg               | 18:20 | 18:20 |
| 17     | Nick Thoen         | the Hague Road Runners | 18:25 | 18:21 |
| 18     | Evgenii Velichko   | 's-Gravenhage          | 18:46 | 18:42 |
| 19     | Simon Bal          | Den Haag               | 18:59 | 18:49 |
| 20     | Renzo Livingston   | 's-Gravenhage          | 19:23 | 19:23 |
| 21     | Bas Pille          | Utrecht                | 19:34 | 19:04 |
| 22     | Marc Leijtens      | Voorburg               | 19:36 | 19:32 |
| 23     | Arthur Miete       | Rijswijk               | 19:37 | 19:27 |
| 24     | Ruben Smelik       | 's-Gravenhage          | 19:48 | 19:42 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                          | Woonplaats/Vereniging         | Bruto | Netto |
|--------|-------------------------------|-------------------------------|-------|-------|
| 25     | Camille Poittevin             | Delft                         | 19:53 | 19:43 |
| 26     | Alejandro Daniel caeiro Mouzo | Energie                       | 20:15 | 20:12 |
| 27     | Vincent Holtey                | 's-Gravenhage                 | 20:23 | 19:25 |
| 28     | Mees Boers                    | 's-Gravenhage                 | 20:28 | 20:22 |
| 29     | Paul Banham van Bommel        | 's-Gravenhage                 | 20:29 | 20:21 |
| 30     | Matthew Heemskerk             | Nootdorp                      | 20:31 | 20:26 |
| 31     | Hugo Zemerling                | Syfers - 1                    | 20:48 | 20:18 |
| 32     | Bjorn Vanlaerhoven            | 's-Gravenhage                 | 20:58 | 20:34 |
| 33     | Quinten Vreugdenhil           | 's-Gravenhage                 | 20:58 | 20:57 |
| 34     | Sam Bierman                   | 's-Gravenhage                 | 21:01 | 20:53 |
| 35     | Steijn van der Klis           | 's-Gravenhage                 | 21:06 | 20:08 |
| 36     | Simon Blet                    | 's-Gravenhage                 | 21:17 | 21:14 |
| 37     | Willem Bierman                | 's-Gravenhage                 | 21:18 | 21:10 |
| 38     | David Blijie                  | 's-Gravenhage                 | 21:22 | 21:06 |
| 39     | Ali Mohammad                  | Rotterdam                     | 21:24 | 20:46 |
| 40     | Arthur Hoogeveen              | Syfers - 1                    | 21:28 | 20:58 |
| 41     | Jeroen de Water               | Johan de Wittscholengroep - 1 | 21:33 | 21:22 |
| 42     | Hein Cregten                  | 's-Gravenhage                 | 21:42 | 21:34 |
| 43     | Ronald Hanson                 | 's-Gravenhage                 | 21:49 | 21:29 |
| 44     | Tim Lassche                   | Rijswijk                      | 22:07 | 21:58 |
| 45     | Fender Strijd                 | 's-Gravenhage                 | 22:13 | 20:27 |
| 46     | Matthijs De Loë               | Den Haag                      | 22:24 | 22:21 |
| 47     | Adam Portier                  | Sparta                        | 22:37 | 22:37 |
| 48     | John Torenstra                | Maasland                      | 22:40 | 22:19 |
| 49     | Martijn Mesker                | Voorburg                      | 22:45 | 22:32 |
| 50     | Wesley Petersen               | 's-Gravenhage                 | 22:55 | 21:33 |
| 51     | Thomas Hulsman                | Leidschendam                  | 22:58 | 22:56 |
| 52     | Maxime Kalff                  | 's-Gravenhage                 | 22:59 | 22:55 |
| 53     | Gerard van Leeuwen            | 's-Gravenhage                 | 23:13 | 21:57 |
| 54     | Bas van Binnendijk            | Bergschenhoek                 | 23:16 | 23:11 |
| 55     | Aernoud Korse                 | Voorburg                      | 23:17 | 22:28 |
| 56     | Samuel Dedel                  | 's-Gravenhage                 | 23:34 | 23:32 |
| 57     | Eric Duveneck                 | 's-Gravenhage                 | 23:37 | 23:21 |
| 58     | Thomas Smet                   | 's-Gravenhage                 | 23:38 | 23:36 |
| 59     | Marnix Jager                  | 's-Gravenhage                 | 23:45 | 23:33 |
| 60     | Laurens Harteveld             | 's-Gravenhage                 | 23:53 | 23:23 |
| 61     | Marnix Cornelisse             | AAV '36                       | 23:53 | 23:51 |
| 62     | Peter Sjouke                  | 's-Gravenhage                 | 23:57 | 23:57 |
| 63     | Sylvester Spruit              | Rijswijk                      | 23:59 | 22:15 |
| 64     | Laurens Baaijen               | Leidschendam                  | 24:09 | 24:03 |
| 65     | Tys Pieterse                  | Wassenaar                     | 24:15 | 23:49 |
| 66     | John van Zweeden              | 's-Gravenhage                 | 24:17 | 24:07 |
| 67     | Thomas Breedveld              | 's-Gravenhage                 | 24:17 | 23:31 |
| 68     | Jesse van Gerwen              | Rijswijk                      | 24:19 | 23:24 |
| 69     | Elton Laclé                   | Monster                       | 24:22 | 24:02 |
| 70     | Nolan Van Nieuwenhoven        | 's-Gravenhage                 | 24:24 | 23:01 |
| 71     | Seppe Hendriks                | 's-Gravenhage                 | 24:29 | 24:28 |
| 72     | Barth Vrijling                | 's-Gravenhage                 | 24:35 | 22:49 |
| 73     | Tobias Kreukniet              | Voorburg                      | 24:36 | 23:46 |
| 74     | Joseph Bamière                | 's-Gravenhage                 | 24:50 | 24:47 |
| 75     | Tobias Dedel                  | 's-Gravenhage                 | 24:54 | 24:45 |
| 76     | Márton Hegyi                  | Leidschendam                  | 24:59 | 23:59 |
| 77     | Vlad Sămărescu                | Hilversum                     | 25:01 | 24:04 |
| 78     | Vincent Rossi                 | Haag Atletiek                 | 25:12 | 24:55 |
| 79     | Dave de Rover                 | Vlaardingenvlaarding          | 25:16 | 24:05 |
| 80     | Joran de Koning               | 's-Gravenhage                 | 25:17 | 24:26 |
| 81     | Baptiste Rossi                | 's-Gravenhage                 | 25:18 | 25:01 |
| 82     | Roeland KOSTER                | 's-Gravenhage                 | 25:20 | 24:50 |
| 83     | Max van den Hoek              | Voorburg                      | 25:28 | 25:27 |

# Uitslagenlijst The Royal Ten

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| Plaats | Naam                        | Woonplaats/Vereniging     | Bruto | Netto |
|--------|-----------------------------|---------------------------|-------|-------|
| 84     | Maurice Bamière             | 's-Gravenhage             | 25:31 | 25:28 |
| 85     | Lucas Vogelzang             | Bodegraven                | 25:32 | 25:29 |
| 86     | Jaap Korving                | Voorburg                  | 25:51 | 23:55 |
| 87     | Martijn Bruggeman           | Rijswijk                  | 25:56 | 25:06 |
| 88     | Johan Zegwaart              | 's-Gravenhage             | 25:59 | 25:41 |
| 89     | Martijn Van Deursen         | Zoetermeer                | 26:00 | 24:40 |
| 90     | Thomas Vriesen              | Rozenburg                 | 26:28 | 25:13 |
| 91     | Dewin Smit                  | Zoetermeer                | 26:31 | 26:15 |
| 92     | Victor Seixas Castrillo     | 's-Gravenhage             | 26:40 | 26:17 |
| 93     | Sharvesh Khemai             | Vleuten                   | 26:41 | 25:31 |
| 94     | Hakim el Yajloufi           | Johan de Wittscholengroep | 26:47 | 26:09 |
| 95     | Owen Hu                     | Zwolle                    | 26:49 | 25:38 |
| 96     | Reinout van Erp             | Voorburg                  | 26:52 | 25:58 |
| 97     | Euan Darroch                | 's-Gravenhage             | 26:55 | 25:44 |
| 98     | Gordon Darroch              | 's-Gravenhage             | 26:55 | 25:44 |
| 99     | Robert Stinchcombe          | Den Haag                  | 27:02 | 25:06 |
| 100    | Thomas Wijker               | 's-Gravenhage             | 27:05 | 26:56 |
| 101    | Oscar Huininga              | 's-Gravenhage             | 27:20 | 27:11 |
| 102    | Arnoud van Buren            | Voorburg                  | 27:30 | 25:36 |
| 103    | Korteweg Richard            | Leidschendam              | 27:43 | 27:15 |
| 104    | Sam de Graaf                | 's-Gravenhage             | 27:44 | 27:19 |
| 105    | Michael Smit                | Zoetermeer                | 27:45 | 27:30 |
| 106    | John Noynay                 | Delft                     | 27:50 | 26:11 |
| 107    | Abel Mesker                 | Voorburg                  | 27:55 | 27:55 |
| 108    | Aedhan Prasad               | 's-Gravenhage             | 27:56 | 27:48 |
| 109    | Misha de Kwaadsteniet       | Voorburg                  | 27:56 | 27:19 |
| 110    | Prasad eapen chungath Rajan | 's-Gravenhage             | 27:56 | 27:48 |
| 111    | Fender van Nieuwenhoven     | 's-Gravenhage             | 28:00 | 26:36 |
| 112    | Marcel Marijnissen          | 's-Gravenhage             | 28:00 | 27:37 |
| 113    | Thijs Smeele                | Amsterdam                 | 28:03 | 27:38 |
| 114    | Steven Agar                 | Wassenaar                 | 28:08 | 27:12 |
| 115    | Anis Patkovic               | Voorburg                  | 28:16 | 26:38 |
| 116    | Maurits Benschop            | 's-Gravenhage             | 28:25 | 28:03 |
| 117    | Jurrien Sietsma             | 's-Gravenhage             | 28:32 | 27:21 |
| 118    | Milo van der Meer           | Leidschendam              | 28:39 | 28:35 |
| 119    | Pieter Meere                | the Hague Road Runners    | 28:44 | 27:21 |
| 120    | Jacques Fournier            | 's-Gravenhage             | 28:46 | 27:17 |
| 121    | Michiel Rijke               | 's-Gravenhage             | 28:47 | 27:39 |
| 122    | Johan Barnard               | 's-Gravenhage             | 28:47 | 28:02 |
| 123    | Cameron Ottes               | Sparta                    | 28:48 | 28:14 |
| 124    | Pablo Quiroga               | 's-Gravenhage             | 28:49 | 27:50 |
| 125    | Max van der Laan            | Voorburg                  | 28:51 | 27:56 |
| 126    | Melle van Isselmuden        | 's-Gravenhage             | 28:54 | 28:26 |
| 127    | Peter Visser                | Voorburg                  | 28:59 | 27:35 |
| 128    | Ralph Pitlo                 | 's-Gravenhage             | 29:02 | 28:37 |
| 129    | Michael Kraaijeveld         | Zoetermeer                | 29:03 | 28:57 |
| 130    | Marvin Jansen               | Syfers - 1                | 29:08 | 28:24 |
| 131    | Bastiaan Kers               | 's-Gravenhage             | 29:21 | 28:50 |
| 132    | Thijn van der Kooij         | Voorburg                  | 29:24 | 28:28 |
| 133    | Satoshi Yamashita           | 's-Gravenhage             | 29:33 | 27:37 |
| 134    | Harmen Hindriks             | Voorburg                  | 29:41 | 29:22 |
| 135    | Cedric Muller               | Den haag                  | 29:41 | 28:39 |
| 136    | Nick van den Barselaar      | Waddinxveen               | 29:50 | 28:56 |
| 137    | Benoit Degen                | Den Haag                  | 30:00 | 28:57 |
| 138    | Toma Degen                  | 's-Gravenhage             | 30:00 | 28:57 |
| 139    | Stephan Vreugdenhil         | 's-Gravenhage             | 30:01 | 28:45 |
| 140    | Dick Benschop               | 's-Gravenhage             | 30:02 | 29:40 |
| 141    | Ankur Khera                 | 's-Gravenhage             | 30:12 | 30:04 |
| 142    | Herald Oetomo               | 's-Gravenhage             | 30:13 | 29:31 |

# Uitslagenlijst The Royal Ten

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| Plaats | Naam                           | Woonplaats/Vereniging      | Bruto | Netto |
|--------|--------------------------------|----------------------------|-------|-------|
| 143    | Richiano Oetomo                | 's-Gravenhage              | 30:13 | 29:31 |
| 144    | Danny Dimas dos Anjos          | Bergen op Zoom             | 30:16 | 28:54 |
| 145    | Michel van Loo                 | 's-Gravenhage              | 30:20 | 29:31 |
| 146    | Michiel Jongebreur             | 's-Gravenhage              | 30:29 | 29:21 |
| 147    | Martin Velthuis                | 's-Gravenhage              | 30:45 | 29:25 |
| 148    | Adel Hesari                    | 's-Gravenhage              | 30:47 | 30:41 |
| 149    | Teun Roodvoets                 | 's-Gravenhage              | 30:55 | 29:47 |
| 150    | Jose Vicente JV Pastor Jimenez | 's-Gravenhage              | 31:01 | 30:34 |
| 151    | Brent de Kok                   | De Lier                    | 31:05 | 29:56 |
| 152    | Geurts Rengko                  | 's-Gravenhage              | 31:07 | 30:37 |
| 153    | Geert Wijts                    | 's-Gravenhage              | 31:10 | 30:41 |
| 154    | Julian Ibrahim                 | 's-Gravenhage              | 31:12 | 29:35 |
| 155    | Daniel Hegyi                   | Leidschendam               | 31:14 | 30:15 |
| 156    | Maurice Aupperlee              | 's-Gravenhage              | 31:16 | 30:30 |
| 157    | Peter Edens                    | Capelle aan den IJssel     | 31:16 | 30:30 |
| 158    | Sander Scheven                 | Syfers - 1                 | 31:37 | 30:54 |
| 159    | Roberto Turano                 | 's-Gravenhage              | 31:42 | 30:17 |
| 160    | Tim Postema                    | Voorschoten                | 31:44 | 30:04 |
| 161    | Ruben Vriesen                  | Vierpolders                | 31:48 | 30:34 |
| 162    | Ocker Repelaer van Driel       | the Hague Road Runners     | 31:52 | 31:26 |
| 163    | Ronald Plomp                   | Voorburg                   | 32:04 | 31:27 |
| 164    | Kevin Bik                      | Maurik                     | 32:06 | 30:58 |
| 165    | Alp Kaan Toprak                | 's-Gravenhage              | 32:07 | 30:36 |
| 166    | Hugo Brinkmann                 | 's-Gravenhage              | 32:18 | 31:25 |
| 167    | Job Kelderman                  | Delft                      | 32:26 | 31:29 |
| 168    | Roy van der Ploeg              | 's-Gravenhage              | 32:36 | 31:01 |
| 169    | Niels Oskam                    | 's-Gravenhage              | 32:48 | 31:52 |
| 170    | Adam Aziz                      | 's-Gravenhage              | 32:51 | 32:46 |
| 171    | Peter Remmerswaal              | 's-Gravenhage              | 33:02 | 32:42 |
| 172    | Willem Maas                    | Dr. J.A. Gerth van Wijksho | 33:07 | 31:32 |
| 173    | Arjan Vermeulen                | Voorburg                   | 33:08 | 31:54 |
| 174    | Jaap Noordmans                 | Zoetermeer                 | 33:13 | 32:37 |
| 175    | Bart van der Linden            | 's-Gravenhage              | 33:22 | 32:57 |
| 176    | Jorge Albarran                 | 's-Gravenhage              | 33:28 | 32:23 |
| 177    | Marcos Kotlik                  | 's-Gravenhage              | 33:34 | 31:51 |
| 178    | Amir Jaber                     | Voorburg                   | 33:41 | 33:18 |
| 179    | Igor List                      | 's-Gravenhage              | 33:55 | 32:13 |
| 180    | Floris Franken                 | 's-Gravenhage              | 34:00 | 32:23 |
| 181    | Daniel Finkelma                | 's-Gravenhage              | 34:05 | 32:21 |
| 182    | Virgil Janssen                 | 's-Gravenhage              | 34:08 | 33:06 |
| 183    | Gijs van Schaik                | 's-Gravenhage              | 34:12 | 33:34 |
| 184    | Albert Lubbersen               | 's-Gravenhage              | 34:19 | 33:18 |
| 185    | Huib Staal                     | 's-Gravenhage              | 34:38 | 34:14 |
| 186    | Daniël Nederpelt               | 's-Gravenhage              | 34:47 | 34:38 |
| 187    | Arthur van Dijk                | Olympus '70                | 34:54 | 33:26 |
| 188    | Zhi Xiang Zhong                | Den Haag                   | 34:55 | 33:27 |
| 189    | Bert Bruning                   | 's-Gravenhage              | 34:58 | 33:08 |
| 190    | Peter Scheelings               | Haarlem                    | 35:02 | 33:35 |
| 191    | Daniel Mazorra Alcalde         | Den Haag                   | 35:18 | 33:31 |
| 192    | Pieter Hoogeveen               | Taxandria Atletiek         | 35:51 | 34:39 |
| 193    | Endre Kovacs                   | 's-Gravenhage              | 35:52 | 34:30 |
| 194    | Quincy Uiterloo                | Rijswijk                   | 36:06 | 35:13 |
| 195    | Hans van der Valk              | 's-Gravenhage              | 36:07 | 34:21 |
| 196    | Rowan Kartodimedjo             | Rotterdam                  | 36:12 | 35:38 |
| 197    | Iwan Evers                     | Rijswijk                   | 36:42 | 34:57 |
| 198    | Serkan Toprak                  | 's-Gravenhage              | 36:43 | 35:13 |
| 199    | Pascal Nieland                 | Nederland                  | 36:49 | 36:41 |
| 200    | Patrick Smink                  | 's-Gravenhage              | 37:15 | 37:15 |
| 201    | Tristan van Grinsven           | Rotterdam                  | 37:23 | 35:38 |

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| Plaats | Naam                | Woonplaats/Vereniging              | Bruto | Netto |
|--------|---------------------|------------------------------------|-------|-------|
| 202    | Patrick van Leeuwen | 's-Gravenhage                      | 37:23 | 36:24 |
| 203    | Savyno van Leeuwen  | Rotterdam                          | 37:23 | 36:23 |
| 204    | Kristian Jovcheski  | 's-Gravenhage                      | 37:42 | 36:29 |
| 205    | Marco van Dijken    | Voorburg                           | 38:15 | 36:55 |
| 206    | Sacha van der Voort | 's-Gravenhage                      | 38:26 | 38:21 |
| 207    | Tijs van den Broek  | Voorburg                           | 38:29 | 36:50 |
| 208    | Cosmas Vesseur      | Leidschendam                       | 39:25 | 37:59 |
| 209    | Edward Tie          | 's-Gravenhage                      | 39:50 | 39:33 |
| 210    | Zachery Schiffelers | 's-Gravenhage                      | 40:00 | 38:09 |
| 211    | Daniel Schiffelers  | 's-Gravenhage                      | 40:02 | 38:10 |
| 212    | Thomas Veltman      | Dr. J.A. Gerth van Wijk scho       | 40:44 | 39:06 |
| 213    | Jelmar Meester      | Leiden                             | 40:59 | 39:09 |
| 214    | Marco Akerboom      | 's-Gravenhage                      | 41:03 | 39:08 |
| 215    | Casper van Geet     | 's-Gravenhage                      | 43:12 | 41:36 |
| 216    | Fer van Dijk        | Vlaarding en                       | 46:45 | 45:08 |
| 217    | Wesley              | Dr. J.A. Gerth van Wijk school - 2 | 46:55 | 45:19 |

## VRECR, 5KM PRESTATIELOOP

| Plaats | Naam                      | Woonplaats/Vereniging              | Bruto | Netto |
|--------|---------------------------|------------------------------------|-------|-------|
| 1      | Michelle van der Made     | Syfers - 1                         | 21:06 | 21:00 |
| 2      | Nina Guilloux             | 's-Gravenhage                      | 21:16 | 21:13 |
| 3      | Roos van der Meulen       | Voorburg                           | 21:52 | 21:42 |
| 4      | Julie Esajas              | Den Haag                           | 22:05 | 21:52 |
| 5      | Caroline Verduin          | Haag Atletiek                      | 22:18 | 22:12 |
| 6      | Kirsty Prins              | Haag Atletiek                      | 22:32 | 22:25 |
| 7      | Sterre Torenstra          | Olympus '70                        | 22:41 | 22:21 |
| 8      | Femke van Herk            | Sparta                             | 22:48 | 22:41 |
| 9      | Sanne Pieren              | Voorburg                           | 22:53 | 22:05 |
| 10     | Floor Kaarsemaker         | Naaldwijk                          | 23:45 | 23:32 |
| 11     | Kanaë Delchambre          | Haag Atletiek                      | 23:45 | 23:38 |
| 12     | Inge Vossenaar            | 's-Gravenhage                      | 23:46 | 23:34 |
| 13     | Quincy Heemskerk          | Alphen aan den Rijn                | 24:09 | 24:06 |
| 14     | Chavelli Stolk            | 's-Gravenhage                      | 24:10 | 23:13 |
| 15     | Anne Gerssen              | Wassenaar                          | 24:16 | 23:50 |
| 16     | Samira de Blij            | the Hague Road Runners             | 24:19 | 22:56 |
| 17     | Klara Duveneck            | Haag Atletiek                      | 24:34 | 24:27 |
| 18     | Maxime Waterman           | 's-Gravenhage                      | 24:51 | 24:49 |
| 19     | Simone van Ham            | Dr. J.A. Gerth van Wijk school - 2 | 25:00 | 23:22 |
| 20     | Caroline Hetterschijt     | 's-Gravenhage                      | 25:09 | 24:44 |
| 21     | Philène Grimbergen        | Sparta                             | 25:19 | 25:15 |
| 22     | Amy Sopakuwa              | 's-Gravenhage                      | 25:36 | 25:32 |
| 23     | Yvonne van Leeuwen        | Leidschendam                       | 25:36 | 25:33 |
| 24     | Lotte de Haan             | 's-Gravenhage                      | 25:37 | 25:11 |
| 25     | Isabeau Waterman          | 's-Gravenhage                      | 25:46 | 25:46 |
| 26     | Philippa Waterman         | 's-Gravenhage                      | 25:48 | 25:48 |
| 27     | Leonoor van Heel          | 's-Gravenhage                      | 25:49 | 25:02 |
| 28     | Sophie Pille              | Amsterdam                          | 25:51 | 25:21 |
| 29     | Lynn Korse                | Voorburg                           | 25:56 | 25:08 |
| 30     | Valerie van Heel          | 's-Gravenhage                      | 25:59 | 25:11 |
| 31     | Maeve van Deursen         | Zoetermeer                         | 26:01 | 24:40 |
| 32     | Ayla Rose Sietsma         | 's-Gravenhage                      | 26:05 | 24:54 |
| 33     | Titia Wenneker            | 's-Gravenhage                      | 26:37 | 26:31 |
| 34     | Floor van den Assem       | 's-Gravenhage                      | 26:38 | 26:15 |
| 35     | Sacha Oosterloo           | 's-Gravenhage                      | 26:46 | 26:18 |
| 36     | Alison Hurley             | Voorburg                           | 26:46 | 26:18 |
| 37     | Fee Coelingh Bennink      | 's-Gravenhage                      | 26:49 | 25:55 |
| 38     | Sterre Hetterschijt       | 's-Gravenhage                      | 26:50 | 26:24 |
| 39     | Karin van Buuren          | Rijswijk                           | 27:13 | 26:51 |
| 40     | Barbara Alcalde Fernandez | Den Haag                           | 27:16 | 25:29 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                     | Woonplaats/Vereniging  | Bruto | Netto |
|--------|--------------------------|------------------------|-------|-------|
| 41     | Kirsty Huininga          | 's-Gravenhage          | 27:20 | 27:10 |
| 42     | Loes van Dam             | 's-Gravenhage          | 27:23 | 27:13 |
| 43     | Merle Franken            | 's-Gravenhage          | 27:28 | 25:53 |
| 44     | Welmoed Broug            | Voorburg               | 27:30 | 25:37 |
| 45     | Veerle Snijders          | 's-Gravenhage          | 27:42 | 26:48 |
| 46     | Pip Korteweg             | Leidschendam           | 27:42 | 27:14 |
| 47     | Desiree Cabrera González | Voorburg               | 27:42 | 27:20 |
| 48     | Lisa van Leuken          | 's-Gravenhage          | 27:45 | 27:19 |
| 49     | Zoë Jelcic               | Utrecht                | 27:51 | 26:14 |
| 50     | Laurence Jongebreuer     | 's-Gravenhage          | 27:59 | 26:53 |
| 51     | Amelia Agar              | Wassenaar              | 28:04 | 27:08 |
| 52     | Marlies Offerman         | Rotterdam              | 28:05 | 26:53 |
| 53     | Leonoor Brouwer          | Voorschoten            | 28:14 | 26:33 |
| 54     | Sanneke Hendrich         | 's-Gravenhage          | 28:19 | 28:12 |
| 55     | Florentine Dedel         | 's-Gravenhage          | 28:28 | 28:19 |
| 56     | Jonna Gutter             | Nederland              | 28:33 | 27:24 |
| 57     | Manouk Taken             | Winterswijk Ratum      | 28:33 | 27:24 |
| 58     | Nicolette Immerzeel      | Leiden                 | 28:40 | 27:34 |
| 59     | Marlo Barnard            | 's-Gravenhage          | 28:47 | 28:02 |
| 60     | Florence Barnard         | 's-Gravenhage          | 28:47 | 28:02 |
| 61     | Noortje Rijke            | Vlaardingenvla         | 28:48 | 27:38 |
| 62     | Olivia Bouthors          | 's-Gravenhage          | 28:49 | 28:12 |
| 63     | Alexandra Visser         | Voorburg               | 28:57 | 27:35 |
| 64     | Anne Evers               | Leiden                 | 29:02 | 27:47 |
| 65     | Suyoun Lee               | 's-Gravenhage          | 29:02 | 28:04 |
| 66     | PKR Steenwijk            | 's-Gravenhage          | 29:03 | 29:03 |
| 67     | Heidi Rüffer             | 's-Gravenhage          | 29:04 | 27:51 |
| 68     | Paula Ruffer             | 's-Gravenhage          | 29:04 | 27:52 |
| 69     | Caroline van Erp         | Voorburg               | 29:08 | 28:13 |
| 70     | Janneke Morsch           | Dronten                | 29:08 | 27:48 |
| 71     | Eline Blanco Neira       | Wateringen             | 29:09 | 28:11 |
| 72     | Samantha ten Cate        | 's-Gravenhage          | 29:10 | 28:05 |
| 73     | AMJ Ridder               | 's-Gravenhage          | 29:10 | 29:06 |
| 74     | Yvon van der Meer        | the Hague Road Runners | 29:12 | 29:08 |
| 75     | Kate Jongebreuer         | 's-Gravenhage          | 29:14 | 28:07 |
| 76     | Camille Divet            | 's-Gravenhage          | 29:14 | 29:09 |
| 77     | Katerina Wojtaszekova    | Wassenaar              | 29:23 | 27:37 |
| 78     | Henriette Guest          | 's-Gravenhage          | 29:31 | 29:28 |
| 79     | Zhané Hunte              | Delft                  | 29:32 | 28:18 |
| 80     | Juna Mechielsen          | 's-Gravenhage          | 29:32 | 28:11 |
| 81     | Lenka Zemberova          | 's-Gravenhage          | 29:34 | 29:12 |
| 82     | Krista Homan             | Rijswijk               | 29:37 | 28:12 |
| 83     | Irene Edens              | Capelle aan den IJssel | 29:38 | 28:52 |
| 84     | Paulina Holtey           | 's-Gravenhage          | 29:41 | 28:46 |
| 85     | Zoe Pankow               | Voorburg               | 29:45 | 28:32 |
| 86     | Meike Graaf              | Rijswijk               | 29:49 | 28:34 |
| 87     | Sanne Slootweg           | Voorburg               | 29:49 | 28:34 |
| 88     | Anke Spuijbroek          | the Hague Road Runners | 29:51 | 28:06 |
| 89     | Anna Podolskaya          | 's-Gravenhage          | 29:59 | 28:12 |
| 90     | Anouk Haak               | 's-Gravenhage          | 30:02 | 28:46 |
| 91     | Brechje van Isselmuden   | 's-Gravenhage          | 30:17 | 29:49 |
| 92     | Marianna Sanna           | Voorburg               | 30:17 | 28:48 |
| 93     | Mayra Smit               | Zoetermeer             | 30:20 | 30:03 |
| 94     | Danique Visser           | Zoetermeer             | 30:20 | 30:03 |
| 95     | Sophie van Loo           | 's-Gravenhage          | 30:20 | 29:31 |
| 96     | Daissy Drymoniti         | Griekenland            | 30:28 | 30:10 |
| 97     | Caroline Jongebreuer     | 's-Gravenhage          | 30:32 | 29:24 |
| 98     | Elin Sondervan           | 's-Gravenhage          | 30:53 | 30:01 |
| 99     | Fien Vrijling            | 's-Gravenhage          | 31:01 | 29:32 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                        | Woonplaats/Vereniging          | Bruto | Netto |
|--------|-----------------------------|--------------------------------|-------|-------|
| 100    | Maike Warmerdam             | Voorburg                       | 31:03 | 30:02 |
| 101    | Femke Morssink              | Leidschendam                   | 31:03 | 30:06 |
| 102    | Samantha vd Tas-Noordermeer | Leidschendam                   | 31:06 | 30:26 |
| 103    | Romana Noordermeer          | 's-Gravenhage                  | 31:06 | 30:26 |
| 104    | Emma Geurts                 | 's-Gravenhage                  | 31:07 | 30:37 |
| 105    | Fenna Wijts                 | 's-Gravenhage                  | 31:10 | 30:41 |
| 106    | Chiara Hennessy             | 's-Gravenhage                  | 31:11 | 30:45 |
| 107    | Vera Simonis                | 's-Gravenhage                  | 31:22 | 30:09 |
| 108    | Julia Smet                  | 's-Gravenhage                  | 31:33 | 30:44 |
| 109    | Anna Zajdel                 | 's-Gravenhage                  | 31:33 | 30:06 |
| 110    | Delicia Ensing              | Delft                          | 31:40 | 30:43 |
| 111    | Gitta van der Leun          | Sliedrecht                     | 31:40 | 31:22 |
| 112    | Astrid Wegman               | Sliedrecht                     | 31:40 | 31:21 |
| 113    | Patricia Fluttert           | 's-Gravenhage                  | 31:58 | 30:30 |
| 114    | Annette de Niet             | Wateringen                     | 32:01 | 31:26 |
| 115    | Stefanie Kloosterman        | Voorburg                       | 32:04 | 31:28 |
| 116    | Elina Jahn                  | 's-Gravenhage                  | 32:08 | 31:16 |
| 117    | Lotte de Knecht             | Nederland                      | 32:09 | 31:00 |
| 118    | Odeta Petrauskaite          | 's-Gravenhage                  | 32:12 | 31:52 |
| 119    | Joana Vilela                | 's-Gravenhage                  | 32:41 | 32:20 |
| 120    | Soe Maas                    | 's-Gravenhage                  | 32:53 | 31:33 |
| 121    | Daisy de Jong               | Rijswijk                       | 33:00 | 31:16 |
| 122    | Louisa Roest                | Dr. J.A. Gerth van Wijksho     | 33:07 | 31:32 |
| 123    | Bianca Kling                | Dr. J.A. Gerth van Wijksho - 2 | 33:07 | 31:32 |
| 124    | Jaana Syrja                 | Den Haag                       | 33:08 | 32:16 |
| 125    | Charlotte Engelen           | 's-Gravenhage                  | 33:13 | 31:53 |
| 126    | Mia Alfrink                 | 's-Gravenhage                  | 33:13 | 31:54 |
| 127    | Anastasia Vinogradova       | 's-Gravenhage                  | 33:13 | 31:51 |
| 128    | Feline van der Linden       | 's-Gravenhage                  | 33:15 | 32:52 |
| 129    | Femke Drees                 | 's-Gravenhage                  | 33:16 | 32:51 |
| 130    | Charlotte van der Deijl     | 's-Gravenhage                  | 33:25 | 32:45 |
| 131    | Quirine Mudde               | Pijnacker                      | 33:30 | 32:55 |
| 132    | Artemis Chatzistavrou       | 's-Gravenhage                  | 33:34 | 31:51 |
| 133    | Liselotte Janssen           | 's-Gravenhage                  | 33:36 | 32:35 |
| 134    | Elsbeth van Donselaar       | 's-Gravenhage                  | 33:36 | 33:28 |
| 135    | Kiki Tasseron               | 's-Gravenhage                  | 33:37 | 33:29 |
| 136    | Deniece van Aken            | Rijswijk                       | 33:39 | 31:44 |
| 137    | Marloes van Heugten         | Den Haag                       | 33:47 | 33:34 |
| 138    | Michelle Eckhardt           | 's-Gravenhage                  | 33:55 | 32:13 |
| 139    | Roshan Fazili               | 's-Gravenhage                  | 34:02 | 32:32 |
| 140    | Wendy van Lubek             | the Hague Road Runners         | 34:03 | 33:00 |
| 141    | Kim Oorebeek                | 's-Gravenhage                  | 34:04 | 33:06 |
| 142    | Loes van Schaik             | 's-Gravenhage                  | 34:12 | 33:34 |
| 143    | Lotte van Teunenbroek       | 's-Gravenhage                  | 34:15 | 33:24 |
| 144    | Nathalie Buijs              | Zoetermeer                     | 34:21 | 33:15 |
| 145    | Astrid de Ruiters           | Zoetermeer                     | 34:26 | 33:20 |
| 146    | Wendela Vos-Warnaars        | 's-Gravenhage                  | 34:33 | 33:23 |
| 147    | Jessica van der Sman        | Leidschendam                   | 34:33 | 34:17 |
| 148    | Lauren Marijnissen          | Rotterdam                      | 34:38 | 34:14 |
| 149    | Loes Rosmalen               | Nijmegen                       | 34:38 | 34:15 |
| 150    | Ruby Reuvecamp              | Nieuwkoop                      | 34:44 | 34:14 |
| 151    | Olivia Bhagwandin           | 's-Gravenhage                  | 34:46 | 34:36 |
| 152    | Marley Jol                  | 's-Gravenhage                  | 34:47 | 33:28 |
| 153    | Patricia Heerekop           | 's-Gravenhage                  | 34:51 | 33:29 |
| 154    | Bella Romano                | 's-Gravenhage                  | 34:52 | 34:28 |
| 155    | Angelique Veenstra          | Hertme                         | 34:55 | 33:33 |
| 156    | Alexandra Portier           | Sparta                         | 34:58 | 34:52 |
| 157    | Anita Kartodimedjo          | Rotterdam                      | 34:59 | 34:26 |
| 158    | Lara van Grinsven           | Rotterdam                      | 35:00 | 33:15 |

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| Plaats | Naam                     | Woonplaats/Vereniging        | Bruto | Netto |
|--------|--------------------------|------------------------------|-------|-------|
| 159    | Esther Sprong            | 's-Gravenhage                | 35:07 | 34:25 |
| 160    | Tess Zevenbergen         | 's-Gravenhage                | 35:07 | 34:25 |
| 161    | Lilian Meinen            | 's-Gravenhage                | 35:18 | 33:49 |
| 162    | Jasmijn Lubbers          | 's-Gravenhage                | 35:19 | 35:07 |
| 163    | Evi Aandewiel            | 's-Gravenhage                | 35:20 | 35:08 |
| 164    | Barbara van Leiden       | Bodegraven                   | 35:23 | 34:57 |
| 165    | Hanna de Palm            | Leidschendam                 | 35:23 | 34:57 |
| 166    | Chelsea Bufus            | Delft                        | 35:59 | 34:34 |
| 167    | Eli Langerak             | Rijswijk                     | 36:01 | 35:09 |
| 168    | Eveline Morsch-de Hooge  | Dronten                      | 36:02 | 34:42 |
| 169    | Dorothee Colijn          | 's-Gravenhage                | 36:09 | 35:57 |
| 170    | Greet den Holder         | 's-Gravenhage                | 36:11 | 34:47 |
| 171    | Chlöe Kartodimedjo       | Rotterdam                    | 36:12 | 35:38 |
| 172    | Cecile Bouthors          | 's-Gravenhage                | 36:16 | 35:22 |
| 173    | Keden Huber              | Zoetermeer                   | 36:18 | 34:46 |
| 174    | Cassidy Lemmers          | Rotterdam                    | 36:18 | 35:45 |
| 175    | Sammy Jo Muller          | 's-Gravenhage                | 36:19 | 34:47 |
| 176    | Lola Funmi-Adeshina      | 's-Gravenhage                | 36:23 | 36:01 |
| 177    | Diantha Brackel          | 's-Gravenhage                | 36:26 | 36:13 |
| 178    | Aurelie Bollier          | 's-Gravenhage                | 36:33 | 35:40 |
| 179    | Anna Agapitova           | 's-Gravenhage                | 36:33 | 35:41 |
| 180    | Sara Ghebeyehu           | Johan de Wittscholengroep    | 36:39 | 36:08 |
| 181    | Karin de Rijk            | Haarlem                      | 36:41 | 35:18 |
| 182    | Antonina Kashnitskaia    | 's-Gravenhage                | 36:54 | 35:31 |
| 183    | Hanneke Leliveld         | Schiedam                     | 37:15 | 35:37 |
| 184    | Esther Hinfelaar         | 's-Gravenhage                | 37:15 | 36:00 |
| 185    | Mirjam Boogaart          | Katwijk                      | 37:28 | 35:30 |
| 186    | Sonja Evers              | Rotterdam                    | 37:29 | 35:43 |
| 187    | Ioana Mureşan            | HSV International School - 1 | 37:29 | 35:46 |
| 188    | Samantha van Kerkwijk    | Voorburg                     | 37:37 | 36:38 |
| 189    | Crystal Koolman          | Nederland                    | 37:37 | 36:38 |
| 190    | Tessa Velthuis           | 's-Gravenhage                | 37:38 | 36:19 |
| 191    | Ani Babajanyan           | 's-Gravenhage                | 37:40 | 35:52 |
| 192    | Wendy Frijters           | 's-Gravenhage                | 37:42 | 36:07 |
| 193    | Julide Vatansever        | 's-Gravenhage                | 37:42 | 36:28 |
| 194    | Sangeeta Ghosh           | 's-Gravenhage                | 37:42 | 36:29 |
| 195    | Ashley van der Vlies     | Rozenburg                    | 37:43 | 36:26 |
| 196    | Linda Groen              | 's-Gravenhage                | 37:46 | 35:55 |
| 197    | Janna Kelderman          | Delft                        | 37:49 | 36:53 |
| 198    | Sharon Van der Vlies     | Vierpolders                  | 37:53 | 36:37 |
| 199    | Marcella Pleijsier       | Rozenburg                    | 37:54 | 36:37 |
| 200    | Marloes van Heuven       | 's-Gravenhage                | 38:05 | 37:05 |
| 201    | Anita Hubner-Van Dijken  | Voorburg                     | 38:15 | 36:56 |
| 202    | Monika Kövecs            | 's-Gravenhage                | 38:20 | 36:24 |
| 203    | Lorelei Bieber Kövecs    | 's-Gravenhage                | 38:21 | 36:25 |
| 204    | Rose Bieber Kövecs       | 's-Gravenhage                | 38:21 | 36:25 |
| 205    | Annemiek van Drunen      | Voorburg                     | 38:29 | 36:50 |
| 206    | Mozhgan Safaeian         | 's-Gravenhage                | 38:38 | 37:51 |
| 207    | Jennifer van Rijn        | 's-Gravenhage                | 38:39 | 36:56 |
| 208    | Anna McFarlane           | HSV International School -   | 38:39 | 36:58 |
| 209    | Seda Daglar Toprak       | 's-Gravenhage                | 38:44 | 37:13 |
| 210    | Stephanie Burton         | the Hague Road Runners       | 38:52 | 38:25 |
| 211    | Sedef Seven              | 's-Gravenhage                | 38:53 | 37:21 |
| 212    | Eda Bener-Aksam          | Zoetermeer                   | 38:53 | 37:21 |
| 213    | Miranda Lemmers          | Rotterdam                    | 38:56 | 38:23 |
| 214    | Manon Planting           | 's-Gravenhage                | 38:57 | 37:00 |
| 215    | Jheny Milany Diniz Silva | Rijswijk                     | 39:04 | 37:08 |
| 216    | Kristina Lupton          | 's-Gravenhage                | 39:05 | 37:09 |
| 217    | Lizz Fanger              | Voorburg                     | 39:34 | 38:35 |

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| Plaats | Naam                       | Woonplaats/Vereniging              | Bruto | Netto |
|--------|----------------------------|------------------------------------|-------|-------|
| 218    | Isabelle Elias             | Voorburg                           | 39:45 | 38:06 |
| 219    | Dalia Karpinska            | Nieuwendijk                        | 39:49 | 39:28 |
| 220    | Katarzyna Rudy             | Zoetermeer                         | 39:49 | 39:29 |
| 221    | Natalia Grad               | 's-Gravenhage                      | 40:16 | 39:56 |
| 222    | Verzhinia Vasileva         | Leidschendam                       | 40:19 | 39:58 |
| 223    | Meriam                     | Dr. J.A. Gerth van Wijksschool - 2 | 40:44 | 39:06 |
| 224    | Valentina Feher Teodorovic | Amstelveen                         | 40:50 | 39:42 |
| 225    | Lucy Moncada               | 's-Gravenhage                      | 40:50 | 39:43 |
| 226    | Mireille Alberink          | 's-Gravenhage                      | 40:56 | 39:22 |
| 227    | Lisanne Meester            | Leidschendam                       | 40:59 | 39:06 |
| 228    | Mandy Romeijn              | De Lier                            | 41:08 | 39:59 |
| 229    | Esther Nieraeth            | 's-Gravenhage                      | 41:24 | 40:01 |
| 230    | Wendy van der Kooij        | Voorburg                           | 41:28 | 40:30 |
| 231    | Liesbeth Buitendijk        | Leiden Road Runners Club           | 41:40 | 39:56 |
| 232    | Cato van den Berg          | 's-Gravenhage                      | 42:54 | 41:26 |
| 233    | Jolien Hulshof             | 's-Gravenhage                      | 43:03 | 41:34 |
| 234    | Dila Teköz                 | Reeuwijk                           | 43:12 | 41:36 |
| 235    | Kimberly Chan              | Zoetermeer                         | 43:18 | 42:20 |
| 236    | Christine de Vos           | Johan de Wittscholengroep          | 43:26 | 42:54 |
| 237    | Saskia Hartman             | Utrecht                            | 44:15 | 42:49 |
| 238    | Charlotte de Swart         | 's-Gravenhage                      | 46:05 | 45:04 |
| 239    | Claudia de Vette           | 's-Gravenhage                      | 46:05 | 45:04 |
| 240    | Jamie van Dijk             | Zwijndrecht                        | 46:45 | 45:08 |
| 241    | Mariëlla Gorgone           | 's-Gravenhage                      | 47:11 | 46:56 |
| 242    | Alexandra Vágó             | 's-Gravenhage                      | 47:12 | 46:57 |

## VPARA, 5KM PARASPORTERS

| Plaats | Naam            | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1      | Jantsje Falkena | 's-Gravenhage         | 27:37 | 27:20 |

## VSTUD, 5KM STUDENTENKLASSEMENT

| Plaats | Naam            | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1      | Camilla Franchy | Leiden Universiteit   | 31:00 | 29:57 |

## MSR, 10KM ATLETIEKUNIE

| Plaats | Naam                  | Woonplaats/Vereniging  | Bruto | Netto |
|--------|-----------------------|------------------------|-------|-------|
| 1      | Tesfit Ghide          | Haag Atletiek          | 31:04 | 31:04 |
| 2      | Tesfalem Zeresenay    | Haag Atletiek          | 32:23 | 32:22 |
| 3      | Koen Kuipers          | De Koplopers           | 32:29 | 32:29 |
| 4      | Lucas Lay             | Sparta                 | 33:00 | 32:57 |
| 5      | Freek Schuerman       | Sparta                 | 34:23 | 34:22 |
| 6      | Tim Gravesteyn        | De Kieviten            | 34:29 | 34:25 |
| 7      | Bram Spaai            | Haag Atletiek          | 34:51 | 34:49 |
| 8      | Seppe van 't Westende | Leiden Atletiek        | 34:55 | 34:55 |
| 9      | Pieter Oudshoorn      | Voorschoten '97        | 35:13 | 35:10 |
| 10     | Maurice Haak          | De Koplopers           | 35:45 | 35:45 |
| 11     | Jimmy Lay             | Sparta                 | 35:58 | 35:55 |
| 12     | Massimo Jonker        | Haag Atletiek          | 36:25 | 36:21 |
| 13     | Martin van der Wijk   | Haag Atletiek          | 37:07 | 37:05 |
| 14     | Niels van Mossevelde  | Haag Atletiek          | 37:09 | 37:09 |
| 15     | Matthijs de Jong      | Haag Atletiek          | 37:23 | 37:21 |
| 16     | Jeroen Wessels        | Haag Atletiek          | 37:33 | 37:27 |
| 17     | Daniël Blok           | PAC                    | 38:33 | 38:28 |
| 18     | Gianmarco Luggeri     | Sparta                 | 39:05 | 39:02 |
| 19     | Nathan Nijdam         | Sparta                 | 41:17 | 41:14 |
| 20     | Jaap Verbrugge        | the Hague Road Runners | 42:11 | 42:04 |
| 21     | Twan Buijs            | Haag Atletiek          | 42:11 | 42:09 |
| 22     | Ikar Klem             | Haag Atletiek          | 42:50 | 42:50 |
| 23     | Jens Vertongen        | Sparta                 | 48:07 | 47:58 |

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| Plaats | Naam           | Woonplaats/Vereniging  | Bruto | Netto |
|--------|----------------|------------------------|-------|-------|
| 24     | Olivier Baecke | the Hague Road Runners | 56:27 | 56:14 |
| 25     | Louis Claessen | Dodeka                 | 58:21 | 58:10 |

## M35, 10KM ATLETIEKUNIE

| Plaats | Naam                       | Woonplaats/Vereniging      | Bruto | Netto |
|--------|----------------------------|----------------------------|-------|-------|
| 1      | Lars Baak                  | Haag Atletiek              | 36:46 | 36:44 |
| 2      | Michiel van Isselmuden     | Haag Atletiek              | 38:33 | 38:32 |
| 3      | Simon van Oort             | the Hague Road Runners     | 39:12 | 39:10 |
| 4      | Nick Jacobs                | Nederlandse Triathlon Bonc | 39:33 | 39:28 |
| 5      | Jason Keizer               | Haag Atletiek              | 39:34 | 39:32 |
| 6      | Rinus van der Schoof       | Haag Atletiek              | 39:49 | 39:42 |
| 7      | Timo Bottema               | the Hague Road Runners     | 45:03 | 44:57 |
| 8      | Len Wolters                | Haag Atletiek              | 45:58 | 44:52 |
| 9      | Jaap van Rijn van Alkemade | Haag Atletiek              | 53:04 | 52:54 |

## M45, 10KM ATLETIEKUNIE

| Plaats | Naam                   | Woonplaats/Vereniging  | Bruto | Netto |
|--------|------------------------|------------------------|-------|-------|
| 1      | Matthew Harvey         | PAC                    | 36:22 | 36:20 |
| 2      | Erik Scheers           | Haag Atletiek          | 36:49 | 36:49 |
| 3      | Bram van Dongen        | Haag Atletiek          | 38:07 | 38:06 |
| 4      | Michaël Peyrot         | Haag Atletiek          | 38:46 | 38:40 |
| 5      | Adriaan ter Mors       | De Koplopers           | 38:51 | 38:49 |
| 6      | Chris Walinga          | Sparta                 | 39:59 | 39:55 |
| 7      | Bas van Oosterhout     | Rotterdam Atletiek     | 40:25 | 40:17 |
| 8      | Sander Gerz            | Haag Atletiek          | 40:33 | 40:26 |
| 9      | Richard Lelieveld      | De Kieviten            | 41:23 | 41:17 |
| 10     | Mattijs van Dulkenraad | Sparta                 | 42:01 | 41:57 |
| 11     | Carsten Estl           | Haag Atletiek          | 46:21 | 46:13 |
| 12     | Eelco van Wijk         | the Hague Road Runners | 54:26 | 51:16 |
| 13     | Jeroen Schmit          | Sparta                 | 57:49 | 55:32 |
| 14     | Ben Ooms               | the Hague Road Runners | 57:54 | 57:45 |

## M55, 10KM ATLETIEKUNIE

| Plaats | Naam                       | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|----------------------------|------------------------|---------|---------|
| 1      | Lhoussime Bensaga          | Haag Atletiek          | 40:38   | 40:33   |
| 2      | Maarten Verburg            | Voorschoten '97        | 41:21   | 41:20   |
| 3      | Jesus Caeiro Mouzo         | Energie                | 42:38   | 42:34   |
| 4      | Arnold theodoor kerst Vonk | PAC                    | 44:03   | 43:59   |
| 5      | Peter van Iperen           | Haag Atletiek          | 44:30   | 44:25   |
| 6      | Stef van Holstein          | the Hague Road Runners | 46:05   | 46:00   |
| 7      | Axel Hartman               | avVN                   | 46:12   | 46:04   |
| 8      | Rodolphe Blaise            | Haag Atletiek          | 46:34   | 46:28   |
| 9      | Johan Felius               | the Hague Road Runners | 48:06   | 47:53   |
| 10     | Marlon Voorn               | Sparta                 | 49:04   | 49:00   |
| 11     | Cor Van der Geest          | Haag Atletiek          | 50:00   | 49:55   |
| 12     | Henk Jagersma              | Haag Atletiek          | 53:59   | 53:49   |
| 13     | Werner Martens             | Loopgroep PK           | 55:57   | 55:47   |
| 14     | Jan Vrieling               | the Hague Road Runners | 56:10   | 55:58   |
| 15     | Jan de Jong                | De Kieviten            | 56:36   | 56:29   |
| 16     | Anno Govers                | Haag Atletiek          | 57:27   | 57:17   |
| 17     | Enno Buis                  | Sparta                 | 1:01:01 | 59:19   |
| 18     | Gilbert Post               | Waterweg               | 1:08:19 | 1:08:09 |

## VSR, 10KM ATLETIEKUNIE

| Plaats | Naam                     | Woonplaats/Vereniging      | Bruto | Netto |
|--------|--------------------------|----------------------------|-------|-------|
| 1      | Floortje Cieraad         | Nederlandse Triathlon Bond | 35:52 | 35:49 |
| 2      | Diede Vierling           | Haag Atletiek              | 37:09 | 37:07 |
| 3      | Annika Schuckmann-Wilson | Haag Atletiek              | 40:24 | 40:18 |
| 4      | Lucija Verzaal           | Dodeka                     | 58:21 | 58:10 |

# Uitslagenlijst The Royal Ten

## Den Haag - Zondag 31 mei 2026

### V35, 10KM ATLETIEKUNIE

| Plaats | Naam              | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|-------------------|------------------------|---------|---------|
| 1      | Jennifer ELVIN    | Haag Atletiek          | 36:52   | 36:50   |
| 2      | Laurien Spaans    | Haag Atletiek          | 44:59   | 44:52   |
| 3      | Eleanor Donoghue  | the Hague Road Runners | 51:02   | 48:48   |
| 4      | Saskia            | the Hague Road Runners | 1:04:09 | 1:02:30 |
| 5      | Jessica Schneider | the Hague Road Runners | 1:06:26 | 1:05:33 |

### V45, 10KM ATLETIEKUNIE

| Plaats | Naam               | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|--------------------|------------------------|---------|---------|
| 1      | Martine Hendriksen | Leiden Atletiek        | 42:24   | 42:19   |
| 2      | Laure Mensah       | Haag Atletiek          | 43:20   | 43:15   |
| 3      | Els De Busser      | the Hague Road Runners | 46:03   | 45:57   |
| 4      | Hedwig van Vuuren  | Haag Atletiek          | 59:25   | 57:20   |
| 5      | Rinette Posthumus  | the Hague Road Runners | 1:04:12 | 1:02:53 |
| 6      | Claartje le Noble  | the Hague Road Runners | 1:04:17 | 1:01:41 |
| 7      | Karlineke Knaap    | the Hague Road Runners | 1:09:40 | 1:05:35 |

### V55, 10KM ATLETIEKUNIE

| Plaats | Naam                   | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|------------------------|------------------------|---------|---------|
| 1      | Laura Buters           | Haag Atletiek          | 47:46   | 47:39   |
| 2      | Marleen van Housselt   | Rotterdam Atletiek     | 51:30   | 51:22   |
| 3      | Mathilde Groenendijk   | 's-Gravenhage          | 55:58   | 54:30   |
| 4      | Pauline Hoogeveen      | Haag Atletiek          | 59:13   | 58:22   |
| 5      | Desirée Simonis        | Avantri                | 59:25   | 58:20   |
| 6      | Wendy Janse            | Haag Atletiek          | 1:03:09 | 59:56   |
| 7      | Yolande van der Meulen | the Hague Road Runners | 1:13:20 | 1:12:02 |

### MRECR, 10KM PRESTATIELOOP

| Plaats | Naam                 | Woonplaats/Vereniging  | Bruto | Netto |
|--------|----------------------|------------------------|-------|-------|
| 1      | Carel van Daelen     | Haag Atletiek          | 35:02 | 35:00 |
| 2      | Olivier Oudsen       | 's-Gravenhage          | 36:01 | 35:53 |
| 3      | Wesley Smit          | Den Haag               | 36:29 | 36:26 |
| 4      | Hendrik Wouters      | 's-Gravenhage          | 36:46 | 36:38 |
| 5      | Vincent Vergeer      | 's-Gravenhage          | 36:53 | 36:53 |
| 6      | Sem van der Land     | 's-Gravenhage          | 37:06 | 37:02 |
| 7      | Mick Bisseling       | 's-Gravenhage          | 37:20 | 37:09 |
| 8      | Edmund Wellenstein   | 's-Gravenhage          | 37:42 | 37:12 |
| 9      | Michael Healy        | Voorburg               | 37:42 | 37:30 |
| 10     | Boris ter Bals       | the Hague Road Runners | 38:02 | 38:01 |
| 11     | Jip de Meijer        | Haag Atletiek          | 38:05 | 38:00 |
| 12     | Wouter Raateland     | 's-Gravenhage          | 38:25 | 38:10 |
| 13     | Martijn Duijvestijn  | Ilion                  | 38:40 | 37:14 |
| 14     | Bas de Man           | 's-Gravenhage          | 38:42 | 38:25 |
| 15     | Martijn van der Zwan | 's-Gravenhage          | 38:51 | 38:40 |
| 16     | Stan Verhoeven       | 's-Gravenhage          | 38:52 | 38:42 |
| 17     | Maciej Wiktor        | 's-Gravenhage          | 38:56 | 38:46 |
| 18     | Julian Bond          | 's-Gravenhage          | 39:03 | 38:51 |
| 19     | Roel Van Pel         | Rotterdam              | 39:09 | 38:59 |
| 20     | Wouter Bisseling     | Nijmegen               | 39:41 | 39:07 |
| 21     | Valentino Zeeuw      | Utrecht                | 39:46 | 39:34 |
| 22     | Arie van Steensel    | Leiden                 | 39:49 | 39:12 |
| 23     | Wessel Jenner        | Zoetermeer             | 39:51 | 39:30 |
| 24     | Martin de Vries      | Voorburg               | 39:59 | 39:16 |
| 25     | Daniel Spaans        | 's-Gravenhage          | 40:10 | 40:01 |
| 26     | Thomas Klaui         | 's-Gravenhage          | 40:11 | 40:02 |
| 27     | Christiaan Smit      | Haag Atletiek          | 40:13 | 40:01 |
| 28     | Jerry van Koppen     | Pijnacker              | 40:54 | 40:20 |
| 29     | Alexander Stramma    | 's-Gravenhage          | 40:58 | 39:19 |
| 30     | Rick Calame          | Rotterdam              | 40:59 | 40:51 |

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| Plaats | Naam                          | Woonplaats/Vereniging  | Bruto | Netto |
|--------|-------------------------------|------------------------|-------|-------|
| 31     | Casper van Dijk               | Rotterdam              | 41:00 | 40:52 |
| 32     | Daniel Knoester               | 's-Gravenhage          | 41:12 | 39:05 |
| 33     | Jesper Brunings               | 's-Gravenhage          | 41:16 | 41:02 |
| 34     | Jesper Hanson                 | 's-Gravenhage          | 41:20 | 40:33 |
| 35     | Daan Hoek                     | Nederland              | 41:25 | 41:25 |
| 36     | Pieter-Christiaan             | Nederland              | 41:25 | 41:25 |
| 37     | Ivan Raykov                   | Zoetermeer             | 41:29 | 41:17 |
| 38     | Tim Neuerburg                 | Voorburg               | 41:38 | 41:30 |
| 39     | Jos van Loon                  | Den Haag               | 41:45 | 41:30 |
| 40     | Bob Adrichem                  | 's-Gravenhage          | 41:48 | 40:55 |
| 41     | Casper Holl                   | 's-Gravenhage          | 41:55 | 40:57 |
| 42     | Karim Schomper                | 's-Gravenhage          | 41:59 | 41:22 |
| 43     | Jan van der Voet              | 's-Gravenhage          | 42:05 | 41:09 |
| 44     | Bryan Vloemans                | PAC                    | 42:07 | 41:52 |
| 45     | Mirco Hogetoorn               | Sparta                 | 42:11 | 41:10 |
| 46     | Teun Sengers                  | Nootdorp               | 42:28 | 42:12 |
| 47     | Tim Mulder                    | Delft                  | 42:35 | 41:56 |
| 48     | Jiri Gijsman                  | Leidschendam           | 42:37 | 42:09 |
| 49     | Rob Barendse                  | Voorburg               | 42:57 | 42:38 |
| 50     | Michiel Hendrix               | 's-Gravenhage          | 43:09 | 41:56 |
| 51     | Thijs Van der Lans            | Rijswijk               | 43:10 | 42:25 |
| 52     | Eric van Driel                | the Hague Road Runners | 43:17 | 43:17 |
| 53     | Floris Asselbergs             | 's-Gravenhage          | 43:22 | 43:04 |
| 54     | Quentin Schmidt               | Delft                  | 43:26 | 41:54 |
| 55     | Tim Neumann                   | Delft                  | 43:33 | 40:13 |
| 56     | Siem Aarts                    | 's-Gravenhage          | 43:37 | 42:13 |
| 57     | Arjan Wierda                  | 's-Gravenhage          | 43:40 | 42:50 |
| 58     | Damien Schouten               | 's-Gravenhage          | 43:41 | 42:37 |
| 59     | Benno Lokhorst                | Leidschendam           | 43:55 | 43:15 |
| 60     | Wichert van Dijk              | Voorburg               | 43:57 | 43:39 |
| 61     | Niels Wäckerlin               | Berkel en Rodenrijs    | 44:03 | 43:02 |
| 62     | Bart Pegge                    | 's-Gravenhage          | 44:03 | 42:08 |
| 63     | Ruben Vink                    | Utrecht                | 44:05 | 43:53 |
| 64     | Axel van Leeuwen              | 's-Gravenhage          | 44:13 | 43:26 |
| 65     | Jens Bosman                   | Voorburg               | 44:16 | 43:12 |
| 66     | Thomas Buwalda                | 's-Gravenhage          | 44:17 | 41:36 |
| 67     | Petrica Balbaie               | Voorburg               | 44:23 | 44:09 |
| 68     | Maxim van Reenen              | Ilion                  | 44:29 | 43:01 |
| 69     | Erik van Deursen              | Den Haag               | 44:30 | 43:48 |
| 70     | Leander Janssen               | 's-Gravenhage          | 44:30 | 42:49 |
| 71     | John Hoek                     | Rijswijk               | 44:36 | 44:27 |
| 72     | Neil McMahon                  | 's-Gravenhage          | 44:41 | 42:53 |
| 73     | Tom Van den Berk              | 's-Gravenhage          | 44:43 | 43:50 |
| 74     | Andrew Mortimer               | 's-Gravenhage          | 44:47 | 44:00 |
| 75     | Tobias Veldkamp               | 's-Gravenhage          | 44:47 | 44:20 |
| 76     | Dick Boersema                 | Den Haag               | 44:50 | 43:59 |
| 77     | Tjip Baas                     | Hoogvliet              | 44:52 | 43:52 |
| 78     | Ben Boschker                  | 's-Gravenhage          | 45:01 | 44:47 |
| 79     | Jesse Tichelaar               | Amsterdam              | 45:03 | 43:43 |
| 80     | Ivor de Haan                  | Apeldoorn              | 45:06 | 43:59 |
| 81     | Marcel den Ouden              | PAC                    | 45:14 | 44:59 |
| 82     | Yasin Angudi                  | Leiden Atletiek        | 45:14 | 44:02 |
| 83     | Kamal Belhadji                | 's-Gravenhage          | 45:15 | 44:02 |
| 84     | Wouter Sothewes               | Sparta                 | 45:22 | 44:47 |
| 85     | Nico Spijkers                 | 's-Gravenhage          | 45:26 | 43:35 |
| 86     | Arthur Poot                   | Rotterdam Atletiek     | 45:27 | 44:14 |
| 87     | Mischa Muntinga               | Rotterdam Atletiek     | 45:27 | 44:14 |
| 88     | Rogier Toetenel               | Voorburg               | 45:35 | 43:59 |
| 89     | Martijn Kromhout van der Meer | Enschede               | 45:36 | 44:36 |

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| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 90     | Tijmen Prins         | 's-Gravenhage         | 45:36 | 45:18 |
| 91     | Erik Jan Reijenga    | 's-Gravenhage         | 45:37 | 45:27 |
| 92     | Bram Verheesen       | Pijnacker             | 45:39 | 44:49 |
| 93     | Luuk Meijer          | Schiedam              | 45:42 | 44:48 |
| 94     | Yury Kashnitskiy     | 's-Gravenhage         | 45:48 | 43:01 |
| 95     | Walter de Groot      | 's-Gravenhage         | 45:54 | 44:55 |
| 96     | Ollie de Geus        | 's-Gravenhage         | 45:58 | 45:03 |
| 97     | Hans de Gids         | Schipluiden           | 46:02 | 44:38 |
| 98     | Roy Liu              | 's-Gravenhage         | 46:04 | 45:12 |
| 99     | Adriaan de Vos       | 's-Gravenhage         | 46:07 | 43:54 |
| 100    | Bart Lucassen        | Rotterdam             | 46:09 | 43:10 |
| 101    | Jelle Tjerkstra      | 's-Gravenhage         | 46:15 | 45:06 |
| 102    | Philip Brusse        | 's-Gravenhage         | 46:17 | 45:45 |
| 103    | Roland Kansen        | Voorburg              | 46:21 | 45:03 |
| 104    | Hidde van Beek       | 's-Gravenhage         | 46:22 | 45:43 |
| 105    | Horst Buwalda        | 's-Gravenhage         | 46:35 | 43:54 |
| 106    | Niels Latham         | 's-Gravenhage         | 46:36 | 45:32 |
| 107    | Michael Matakana     | 's-Gravenhage         | 46:40 | 44:10 |
| 108    | Sing Ho              | Rijswijk              | 46:42 | 42:51 |
| 109    | Rick Vreeburg        | 's-Gravenhage         | 46:45 | 44:40 |
| 110    | Dave van der Valk    | 's-Gravenhage         | 46:47 | 45:46 |
| 111    | Don van der Toorn    | Zoetermeer            | 46:50 | 46:20 |
| 112    | Jan Willem Scholten  | 's-Gravenhage         | 46:56 | 44:54 |
| 113    | Jeroen ter Hoeven    | Wateringen            | 46:58 | 45:52 |
| 114    | Lucas Smit           | 's-Gravenhage         | 47:01 | 46:36 |
| 115    | Jonas Körbl          | 's-Gravenhage         | 47:02 | 46:19 |
| 116    | Cor Zoon             | 's-Gravenhage         | 47:09 | 44:35 |
| 117    | Ilja Fritz           | 's-Gravenhage         | 47:18 | 46:28 |
| 118    | Ebbe Negenman        | 's-Gravenhage         | 47:22 | 46:34 |
| 119    | Guillaume Langrand   | Leiden                | 47:23 | 46:30 |
| 120    | Patrick Lelieveld    | Voorburg              | 47:26 | 44:34 |
| 121    | Paul Borghuis        | Haag Atletiek         | 47:27 | 46:36 |
| 122    | Bas Haayen           | Voorburg              | 47:37 | 46:41 |
| 123    | Boudewijn Steur      | Pijnacker             | 47:38 | 44:47 |
| 124    | Erwin Noort          | 's-Gravenhage         | 47:41 | 46:57 |
| 125    | Mik Pieterse         | Wassenaar             | 47:42 | 46:55 |
| 126    | Marco Rot            | 's-Gravenhage         | 47:50 | 45:17 |
| 127    | Dean van Balen       | 's-Gravenhage         | 47:51 | 46:48 |
| 128    | Matt Dijk            | Zwijndrecht           | 47:55 | 45:43 |
| 129    | James Grover         | Hoek van Holland      | 47:59 | 46:09 |
| 130    | Julius Huizing       | Amsterdam             | 48:02 | 44:22 |
| 131    | Sem Maas             | 's-Gravenhage         | 48:03 | 47:04 |
| 132    | Mika van Collenburg  | 's-Gravenhage         | 48:04 | 47:04 |
| 133    | Philip Koning        | 's-Gravenhage         | 48:06 | 45:36 |
| 134    | Jordi Huisman        | Den Haag              | 48:11 | 44:15 |
| 135    | Antony Furlong       | 's-Gravenhage         | 48:11 | 46:22 |
| 136    | Giel van Megen       | 's-Gravenhage         | 48:18 | 45:13 |
| 137    | Willem Koopmans      | Den Haag              | 48:22 | 47:18 |
| 138    | Micha Mosseveld      | 's-Gravenhage         | 48:24 | 47:35 |
| 139    | Diederik Quak        | 's-Gravenhage         | 48:24 | 45:23 |
| 140    | Robert Uytenhout     | Rijswijk              | 48:24 | 46:47 |
| 141    | Koen van Schie Akdag | Den Haag              | 48:33 | 47:27 |
| 142    | Krijn Lock           | 's-Gravenhage         | 48:33 | 46:33 |
| 143    | Jurjen Kluck         | Zoetermeer            | 48:37 | 47:32 |
| 144    | François Boudreault  | 's-Gravenhage         | 48:41 | 47:50 |
| 145    | Robert van Leeuwen   | Den Haag              | 48:44 | 46:56 |
| 146    | Dennis van Maurik    | Wateringen            | 48:46 | 48:02 |
| 147    | Fender van der Harst | 's-Gravenhage         | 48:48 | 48:06 |
| 148    | Sebastiaan Princen   | 's-Gravenhage         | 48:48 | 47:00 |

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| Plaats | Naam                    | Woonplaats/Vereniging  | Bruto | Netto |
|--------|-------------------------|------------------------|-------|-------|
| 149    | Joris Strijd            | 's-Gravenhage          | 48:54 | 47:57 |
| 150    | André Komaromi          | 's-Gravenhage          | 48:56 | 48:01 |
| 151    | Ed Hamelink             | Rijswijk               | 48:58 | 47:38 |
| 152    | Steven Friederichs      | Zoetermeer             | 48:59 | 48:22 |
| 153    | Jaime Saez Mollejo      | Delft                  | 49:00 | 45:35 |
| 154    | Jordi Ozir              | Sparta                 | 49:01 | 48:30 |
| 155    | Michiel Molsbergen      | Den Haag               | 49:02 | 48:05 |
| 156    | Lloyd Jarmohamed        | 's-Gravenhage          | 49:05 | 47:49 |
| 157    | Léon Smet               | 's-Gravenhage          | 49:06 | 48:23 |
| 158    | Hidde Sjollema          | Rotterdam              | 49:07 | 46:44 |
| 159    | Wils van Vliet          | 's-Gravenhage          | 49:10 | 45:51 |
| 160    | Cyril Dumoulin          | 's-Gravenhage          | 49:12 | 48:25 |
| 161    | Mark van Alem           | 's-Gravenhage          | 49:12 | 45:52 |
| 162    | Eelco Taal              | Rotterdam              | 49:13 | 45:53 |
| 163    | Maurice van Rooijen     | Voorburg               | 49:15 | 46:34 |
| 164    | Koen Rutten             | 's-Gravenhage          | 49:19 | 47:40 |
| 165    | Alfred Hof              | Rijswijk               | 49:21 | 46:48 |
| 166    | Taro den Dekker         | 's-Gravenhage          | 49:21 | 48:48 |
| 167    | Joris Smal              | Rotterdam              | 49:22 | 48:49 |
| 168    | Hasse Roel              | 's-Gravenhage          | 49:23 | 48:21 |
| 169    | Dennis Passage Bertrams | 's-Gravenhage          | 49:24 | 48:14 |
| 170    | Arthur Bouma            | 's-Gravenhage          | 49:24 | 46:19 |
| 171    | Jeff Grouwstra          | Leidschendam           | 49:27 | 48:49 |
| 172    | Eric Hoetjes            | 's-Gravenhage          | 49:27 | 45:34 |
| 173    | Arturo Castaño Gallardo | Delft                  | 49:28 | 46:06 |
| 174    | Youri Steinvoot         | 's-Gravenhage          | 49:29 | 47:44 |
| 175    | Danny Zomerhuis         | 's-Gravenhage          | 49:29 | 48:07 |
| 176    | Kevin Bruggeling        | 's-Gravenhage          | 49:29 | 47:45 |
| 177    | Erik van Vliet          | Zoetermeer             | 49:33 | 49:04 |
| 178    | Hans Akerboom           | Voorhout               | 49:34 | 48:49 |
| 179    | Giovanni Floor          | 's-Gravenhage          | 49:36 | 48:06 |
| 180    | Justin Boers            | Haag Atletiek          | 49:38 | 48:26 |
| 181    | Paul Wong               | Haag Atletiek          | 49:45 | 47:54 |
| 182    | Patrick Scholte         | 's-Gravenhage          | 49:50 | 47:51 |
| 183    | Dominic Moore           | 's-Gravenhage          | 49:52 | 47:22 |
| 184    | Andrew Grant            | Haag Atletiek          | 49:53 | 49:09 |
| 185    | Stephen O'Shaughnessy   | 's-Gravenhage          | 49:56 | 48:35 |
| 186    | Rogier Schmitz          | Rijswijk               | 49:57 | 49:05 |
| 187    | Luis Rios               | 's-Gravenhage          | 49:59 | 48:09 |
| 188    | Dennis Enderink         | Leidschendam           | 49:59 | 47:03 |
| 189    | Martijn van Kooten      | 's-Gravenhage          | 50:00 | 47:02 |
| 190    | Jurjen Tegelaar         | 's-Gravenhage          | 50:00 | 47:05 |
| 191    | Raymond Hinfelaar       | 's-Gravenhage          | 50:01 | 49:13 |
| 192    | Marat Markert           | 's-Gravenhage          | 50:01 | 48:25 |
| 193    | Simon Kennedy           | Nootdorp               | 50:02 | 49:00 |
| 194    | David Marsman           | 's-Gravenhage          | 50:03 | 49:11 |
| 195    | Tijl Hendrich           | 's-Gravenhage          | 50:12 | 49:20 |
| 196    | Rudi Boone              | Haag Atletiek          | 50:14 | 48:25 |
| 197    | Maarten Van der Eijk    | Den Hoorn              | 50:15 | 48:23 |
| 198    | Ben van der Eijk        | Delft                  | 50:15 | 49:09 |
| 199    | Hyunjin Yang            | 's-Gravenhage          | 50:16 | 48:49 |
| 200    | Joah Praalder           | 's-Gravenhage          | 50:18 | 47:47 |
| 201    | Robert Hamelink         | the Hague Road Runners | 50:18 | 49:33 |
| 202    | Carel Van Oosterzee     | Haarlem                | 50:18 | 49:46 |
| 203    | Vanya Lock              | Tholen                 | 50:19 | 48:25 |
| 204    | Florian Boelman         | 's-Gravenhage          | 50:21 | 47:54 |
| 205    | Michiel Posthumus       | 's-Gravenhage          | 50:22 | 49:24 |
| 206    | Sander van der Leeuw    | Voorburg               | 50:22 | 49:42 |
| 207    | Jeroen van Vliet        | Berkel en Rodenrijs    | 50:25 | 49:47 |

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| Plaats | Naam                  | Woonplaats/Vereniging      | Bruto | Netto |
|--------|-----------------------|----------------------------|-------|-------|
| 208    | Max Knoester          | 's-Gravenhage              | 50:26 | 49:06 |
| 209    | Michiel Tjepkema      | 's-Gravenhage              | 50:27 | 47:42 |
| 210    | Tim Baas              | Hoogvliet Rotterdam        | 50:31 | 49:57 |
| 211    | Dennis Brouwer        | Nieuwerkerk aan den IJssel | 50:33 | 50:25 |
| 212    | Jae Hyung Seo         | Delft                      | 50:35 | 49:09 |
| 213    | Wessel Kouw           | 's-Gravenhage              | 50:36 | 49:13 |
| 214    | Oole Swierenga        | 's-Gravenhage              | 50:40 | 49:37 |
| 215    | Vincent Wijsman       | 's-Gravenhage              | 50:43 | 49:33 |
| 216    | Diego Jozee           | Johan de Wittscholengroep  | 50:43 | 49:43 |
| 217    | Stefan Geilvoet       | Barendrecht                | 50:45 | 48:13 |
| 218    | Bas Herberigs         | 's-Gravenhage              | 50:47 | 49:44 |
| 219    | Stijn Steenbrink      | 's-Gravenhage              | 50:48 | 49:28 |
| 220    | Daryl Sadijo          | Zoetermeer                 | 50:49 | 50:06 |
| 221    | Joris Tempelaar       | 's-Gravenhage              | 50:49 | 49:39 |
| 222    | Christiaan van Weel   | Voorburg                   | 50:50 | 48:41 |
| 223    | Remco Vogelaar        | 's-Gravenhage              | 50:51 | 47:48 |
| 224    | Pepijn de Ruiter      | 's-Gravenhage              | 50:51 | 50:05 |
| 225    | Johan van der Wel     | 's-Gravenzande             | 50:52 | 49:36 |
| 226    | Daan Wisselo          | 's-Gravenhage              | 50:54 | 48:10 |
| 227    | Remi Taal             | Wassenaar                  | 51:00 | 48:33 |
| 228    | Wouter van der Hoeven | 's-Gravenhage              | 51:01 | 48:55 |
| 229    | Floris de Groot       | 's-Gravenhage              | 51:03 | 49:16 |
| 230    | Joel Marsden          | 's-Gravenhage              | 51:05 | 49:16 |
| 231    | Jake Stuart Smith     | Rotterdam                  | 51:06 | 49:15 |
| 232    | Dominic Lommers       | Voorburg                   | 51:07 | 48:24 |
| 233    | Sander Knijnenburg    | Rijswijk                   | 51:09 | 50:08 |
| 234    | Floris Pauw           | 's-Gravenhage              | 51:09 | 50:58 |
| 235    | Tijn van der Meulen   | Voorburg                   | 51:10 | 49:10 |
| 236    | Jeroen Hermans        | 's-Gravenhage              | 51:13 | 50:28 |
| 237    | Rick Verkooij         | Delft                      | 51:21 | 47:59 |
| 238    | Jovan Pešalj          | 's-Gravenhage              | 51:22 | 49:46 |
| 239    | Hans Knigge           | Rijswijk                   | 51:22 | 50:00 |
| 240    | Martin van Lochem     | 's-Gravenhage              | 51:23 | 48:23 |
| 241    | Yves van Engelen      | 's-Gravenhage              | 51:23 | 49:14 |
| 242    | Mike Beekman          | 's-Gravenhage              | 51:24 | 49:19 |
| 243    | Wouter Heijink        | 's-Gravenhage              | 51:24 | 48:52 |
| 244    | Ilia Margvelashvili   | 's-Gravenhage              | 51:24 | 51:13 |
| 245    | Stijn van Laarhoven   | 's-Gravenhage              | 51:24 | 49:29 |
| 246    | Martel Bogaarts       | Johan de Wittscholengroep  | 51:29 | 46:49 |
| 247    | Tom Damen             | 's-Gravenhage              | 51:30 | 50:47 |
| 248    | Kevin Kops            | Voorburg                   | 51:31 | 50:07 |
| 249    | Sven Lambeck          | 's-Gravenhage              | 51:32 | 49:09 |
| 250    | Konstantin Kurchikov  | 's-Gravenhage              | 51:32 | 50:26 |
| 251    | Nathan Buwalda        | 's-Gravenhage              | 51:36 | 48:54 |
| 252    | Jaan Van Doorn        | Den Haag                   | 51:36 | 48:43 |
| 253    | Maurits Van den Adel  | Den Haag                   | 51:36 | 48:43 |
| 254    | Michael Keislair      | Leidschendam               | 51:36 | 48:43 |
| 255    | Nermin Camo           | 's-Gravenhage              | 51:37 | 50:05 |
| 256    | Jonathan Boudreault   | 's-Gravenhage              | 51:38 | 49:21 |
| 257    | Wouter de Jong        | Nieuwerkerk aan den IJssel | 51:39 | 49:27 |
| 258    | Rob Schakenbos        | Syfers - 2                 | 51:41 | 50:07 |
| 259    | Johan Limborgh        | 's-Gravenhage              | 51:46 | 48:13 |
| 260    | Wouter de Roos        | Rijswijk                   | 51:49 | 49:29 |
| 261    | Marnix Albert Boorsma | 's-Gravenhage              | 51:50 | 48:05 |
| 262    | Thomas Borstlap       | 's-Gravenhage              | 51:52 | 49:44 |
| 263    | Bastiaan Keijzer      | Nieuwerkerk aan den IJssel | 51:52 | 49:37 |
| 264    | Thomas Schieb         | 's-Gravenhage              | 51:55 | 49:31 |
| 265    | Martijn Schot         | Running Team Leiderdorp    | 51:56 | 50:34 |
| 266    | Michael Hoekstra      | Wassenaar                  | 52:02 | 49:38 |

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| Plaats | Naam                          | Woonplaats/Vereniging  | Bruto | Netto |
|--------|-------------------------------|------------------------|-------|-------|
| 267    | Augusto Raaijmakers           | 's-Gravenhage          | 52:05 | 49:28 |
| 268    | Bruno Lemaitre                | 's-Gravenhage          | 52:07 | 49:11 |
| 269    | Malik Chehab                  | 's-Gravenhage          | 52:08 | 50:44 |
| 270    | Marc Bigot                    | 's-Gravenhage          | 52:09 | 48:16 |
| 271    | Max Felius                    | Amsterdam              | 52:13 | 49:49 |
| 272    | Levi Veldink                  | 's-Gravenhage          | 52:13 | 49:12 |
| 273    | Maarten Passet                | Zoetermeer             | 52:14 | 51:13 |
| 274    | Jesse Veenman                 | 's-Gravenhage          | 52:15 | 48:44 |
| 275    | Luka Grouwstra                | Leidschendam           | 52:18 | 51:39 |
| 276    | Coen Esser                    | Den Haag               | 52:18 | 49:52 |
| 277    | Olaf Wörsdörfer               | 's-Gravenhage          | 52:23 | 51:03 |
| 278    | Alexander De Rijk             | Voorburg               | 52:26 | 51:06 |
| 279    | Ruben de Niet                 | Delft                  | 52:29 | 49:47 |
| 280    | Bo Leung                      | 's-Gravenhage          | 52:34 | 50:16 |
| 281    | Jonathan van der Geer         | 's-Gravenhage          | 52:35 | 49:45 |
| 282    | Maxime Hillen                 | 's-Gravenhage          | 52:37 | 49:13 |
| 283    | Gert-Jan Bakker               | 's-Gravenhage          | 52:39 | 51:13 |
| 284    | Kevin Brunings                | Syfers - 2             | 52:39 | 51:08 |
| 285    | Tom Woltinge                  | Zoetermeer             | 52:42 | 50:37 |
| 286    | Jeroen Van Der Kooij          | 's-Gravenhage          | 52:45 | 51:16 |
| 287    | Jens van der Meij             | Delft                  | 52:46 | 50:49 |
| 288    | Ronald Veldhuizen             | 's-Gravenhage          | 52:47 | 49:36 |
| 289    | Daniel Bedialauneta Rodriguez | Delft                  | 52:47 | 49:14 |
| 290    | Sem van Donk                  | 's-Gravenhage          | 52:47 | 52:14 |
| 291    | Milo Simon                    | 's-Gravenhage          | 52:47 | 49:41 |
| 292    | Jan Eblé                      | Zoetermeer             | 52:48 | 51:00 |
| 293    | Edwin van Davenhorst          | Voorburg               | 52:50 | 50:47 |
| 294    | Adrie Kruijer                 | Tuitjenhorn            | 52:55 | 49:27 |
| 295    | Sebastian Atzori              | 's-Gravenhage          | 52:56 | 50:46 |
| 296    | Bram Verburg                  | 's-Gravenhage          | 52:57 | 50:54 |
| 297    | Justin Raats                  | 's-Gravenhage          | 52:58 | 51:12 |
| 298    | Maarten Peters                | the Hague Road Runners | 52:58 | 51:35 |
| 299    | Bas Pothof                    | 's-Gravenhage          | 53:00 | 49:34 |
| 300    | Randy de Jong                 | Honselersdijk          | 53:01 | 52:20 |
| 301    | Martijn van Dam               | 's-Gravenhage          | 53:06 | 49:20 |
| 302    | Jasper Looijestijn            | Voorburg               | 53:06 | 49:23 |
| 303    | Sam van der Schaaf            | Voorburg               | 53:07 | 51:41 |
| 304    | Athanasios Stathopoulos       | 's-Gravenhage          | 53:08 | 51:32 |
| 305    | Hans Besselink                | 's-Gravenhage          | 53:20 | 51:23 |
| 306    | Tomas Haaksma                 | Delfgauw               | 53:25 | 52:46 |
| 307    | Leo Verbaan                   | 's-Gravenhage          | 53:27 | 52:17 |
| 308    | Graeme Anderson               | 's-Gravenhage          | 53:28 | 51:35 |
| 309    | Bas Graaf                     | Rijswijk               | 53:28 | 50:48 |
| 310    | Jeroen Hoogendoorn            | Den Haag               | 53:32 | 50:53 |
| 311    | Michael Van der Ham           | The Hague              | 53:36 | 51:36 |
| 312    | Bart Groothuis                | Leidschendam           | 53:37 | 51:55 |
| 313    | Maurits Elshof                | 's-Gravenhage          | 53:41 | 50:55 |
| 314    | Sem Bridié                    | 's-Gravenhage          | 53:41 | 51:30 |
| 315    | Christian Keus                | 's-Gravenhage          | 53:41 | 51:52 |
| 316    | Thomas Eblé                   | Nootdorp               | 53:41 | 51:49 |
| 317    | Freddy Jansen                 | 's-Gravenhage          | 53:44 | 51:33 |
| 318    | Bart Cunnen                   | 's-Gravenhage          | 53:45 | 51:47 |
| 319    | Pieter de Jonge               | Voorburg               | 53:45 | 51:47 |
| 320    | Arjen Kremers                 | 's-Gravenhage          | 53:46 | 52:13 |
| 321    | Pietro Borghi                 | Delft                  | 53:47 | 50:22 |
| 322    | Warren George                 | Den Haag               | 53:47 | 51:58 |
| 323    | Dick Ufkes                    | 's-Gravenhage          | 53:48 | 53:02 |
| 324    | Arjan van Eijk                | Voorburg               | 53:48 | 50:43 |
| 325    | Kaz van Kooten                | 's-Gravenhage          | 53:49 | 50:06 |

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| Plaats | Naam                  | Woonplaats/Vereniging  | Bruto | Netto |
|--------|-----------------------|------------------------|-------|-------|
| 326    | Paul De Boer          | 's-Gravenhage          | 53:55 | 50:21 |
| 327    | Ruben Fledderus       | Delft                  | 53:58 | 50:10 |
| 328    | Steven van Bodegraven | 's-Gravenhage          | 54:00 | 53:24 |
| 329    | Jonas Brands          | 's-Gravenhage          | 54:05 | 51:34 |
| 330    | Dean Luijk            | Den Haag               | 54:10 | 52:36 |
| 331    | Luuk van Rijn         | Alphen aan den Rijn    | 54:11 | 51:27 |
| 332    | Hylke Thiry           | 's-Gravenhage          | 54:12 | 52:38 |
| 333    | Ricardo Blanco Neira  | Wateringen             | 54:19 | 52:38 |
| 334    | Patrick Rondeel       | Den Haag               | 54:20 | 52:23 |
| 335    | Ton van der Wal       | Zuidland               | 54:23 | 53:09 |
| 336    | Stanley Oei           | Den Haag               | 54:23 | 50:42 |
| 337    | Leon van Soest        | 's-Gravenhage          | 54:25 | 50:52 |
| 338    | Nick van den Broek    | Gouda                  | 54:27 | 51:09 |
| 339    | Rob Pijnenburg        | Voorburg               | 54:31 | 52:43 |
| 340    | Jaydee Balgobind      | Rijswijk               | 54:33 | 52:17 |
| 341    | Jan van Rijn          | Ilion                  | 54:35 | 52:40 |
| 342    | Jasper Knoop          | 's-Gravenhage          | 54:38 | 53:23 |
| 343    | Nelson Molero         | 's-Gravenhage          | 54:39 | 51:37 |
| 344    | Bert de Ruiter        | Haag Atletiek          | 54:42 | 53:27 |
| 345    | Michiel Sweers        | 's-Gravenhage          | 54:42 | 52:15 |
| 346    | Albert Koolma         | 's-Gravenhage          | 54:42 | 52:16 |
| 347    | Stan Reijnen          | Nijmegen               | 54:42 | 53:53 |
| 348    | Joris Hupperets       | 's-Gravenhage          | 54:43 | 50:53 |
| 349    | Richard Nijenstein    | 's-Gravenhage          | 54:46 | 52:32 |
| 350    | Erwin Verwer          | 's-Gravenhage          | 54:46 | 53:31 |
| 351    | Cyriel Pieters        | 's-Gravenhage          | 54:48 | 53:26 |
| 352    | Joep Stassen          | 's-Gravenhage          | 54:49 | 53:40 |
| 353    | Martijn Kleijn        | 's-Gravenhage          | 54:51 | 53:15 |
| 354    | Rik Hartman           | 's-Gravenhage          | 54:53 | 51:07 |
| 355    | Régis Méjard          | 's-Gravenhage          | 54:54 | 51:22 |
| 356    | Chu Hui Lin           | Pijnacker              | 54:55 | 53:10 |
| 357    | Timo Horcher          | 's-Gravenhage          | 54:55 | 52:55 |
| 358    | Hans Cornelissen      | 's-Gravenhage          | 54:55 | 54:16 |
| 359    | Mic ten Hagen         | 's-Gravenhage          | 54:57 | 50:59 |
| 360    | Stijn van 't Land     | Sparta                 | 55:00 | 50:57 |
| 361    | Arthur Levert         | 's-Gravenhage          | 55:06 | 53:31 |
| 362    | Dennis Levert         | 's-Gravenhage          | 55:07 | 53:32 |
| 363    | Brian Vree            | Waddinxveen            | 55:07 | 51:28 |
| 364    | Guido Damen           | 's-Gravenhage          | 55:07 | 54:25 |
| 365    | Frank Krenning        | 's-Gravenhage          | 55:08 | 52:45 |
| 366    | Kevin in 't Veld      | Delft                  | 55:09 | 53:46 |
| 367    | Rens Roelvink         | 's-Gravenhage          | 55:10 | 53:01 |
| 368    | Age Reijenga          | 's-Gravenhage          | 55:11 | 54:16 |
| 369    | Hans Monfils          | Amstelveen             | 55:12 | 53:59 |
| 370    | Valter Uotila         | Delft                  | 55:15 | 51:44 |
| 371    | Luuk Ouwerkerk        | 's-Gravenhage          | 55:16 | 53:56 |
| 372    | Dominique MANU        | Rijswijk               | 55:17 | 51:59 |
| 373    | Joren Ramaekers       | the Hague Road Runners | 55:18 | 53:48 |
| 374    | Rico Spaans           | 's-Gravenhage          | 55:25 | 53:43 |
| 375    | Oscar Jacobs          | 's-Gravenhage          | 55:25 | 54:10 |
| 376    | Iris Winter           | 's-Gravenhage          | 55:27 | 53:39 |
| 377    | Thomas Ramakers       | Voorburg               | 55:28 | 52:13 |
| 378    | Thomas Alvares        | 's-Gravenhage          | 55:28 | 51:47 |
| 379    | Aart Schillings       | 's-Gravenhage          | 55:29 | 54:40 |
| 380    | Sidney Hagens         | Voorburg               | 55:31 | 54:22 |
| 381    | Manfred Körbl         | Nijverdal              | 55:34 | 54:39 |
| 382    | Arjen Hoogerwerf      | Haag Atletiek          | 55:35 | 53:41 |
| 383    | Andre Eerhard         | 's-Gravenhage          | 55:35 | 51:54 |
| 384    | Vincent de Jong       | 's-Gravenhage          | 55:36 | 54:37 |

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| Plaats | Naam                     | Woonplaats/Vereniging     | Bruto | Netto |
|--------|--------------------------|---------------------------|-------|-------|
| 385    | Coen van Well            | Tilburg                   | 55:37 | 52:58 |
| 386    | Martijn van Woerkom      | 's-Gravenhage             | 55:41 | 55:13 |
| 387    | Joris Leistra            | Amersfoort                | 55:43 | 55:39 |
| 388    | Barry Borst              | Voorburg                  | 55:45 | 53:05 |
| 389    | Theo Adrichem            | Amsterdam                 | 55:49 | 54:55 |
| 390    | Menne Eikelboom          | 's-Gravenhage             | 55:50 | 52:45 |
| 391    | Edmond Stassen           | 's-Gravenhage             | 55:50 | 52:36 |
| 392    | Marcel Wouters           | Haag Atletiek             | 55:51 | 51:51 |
| 393    | Wim van Luijn            | Poeldijk                  | 55:53 | 53:08 |
| 394    | Hans Verboom             | Haag Atletiek             | 55:55 | 54:26 |
| 395    | David Rutges             | 's-Gravenhage             | 55:55 | 53:51 |
| 396    | Robin Kersbergen         | 's-Gravenhage             | 55:57 | 52:48 |
| 397    | Roland Munnikhof         | Voorburg                  | 55:57 | 54:04 |
| 398    | Henry Dawson             | 's-Gravenhage             | 55:58 | 52:41 |
| 399    | Gerald Kok               | Wassenaar                 | 56:00 | 55:02 |
| 400    | Alex Westerveld          | 's-Gravenhage             | 56:00 | 52:50 |
| 401    | Marlowe Thornes-Heywood  | 's-Gravenhage             | 56:01 | 54:15 |
| 402    | Grant Dawson             | 's-Gravenhage             | 56:01 | 52:44 |
| 403    | Frank Kuipers            | 's-Gravenhage             | 56:05 | 54:49 |
| 404    | Davy Boekhout            | Zevenhuizen               | 56:09 | 53:42 |
| 405    | Jonathan Leendertse      | 's-Gravenhage             | 56:11 | 52:25 |
| 406    | Casper Glasbergen        | Leidschendam              | 56:12 | 53:05 |
| 407    | Pieter-Bas Kooij         | Voorburg                  | 56:14 | 53:04 |
| 408    | David Mphaphuli          | Delft                     | 56:15 | 52:53 |
| 409    | Hajo Hartman             | Voorburg                  | 56:17 | 53:16 |
| 410    | Simon Reus               | 's-Gravenhage             | 56:20 | 55:35 |
| 411    | Diederik Geerits         | 's-Gravenhage             | 56:21 | 54:19 |
| 412    | Stephan Damen            | 's-Gravenhage             | 56:23 | 55:42 |
| 413    | Raymond Duijnker         | 's-Gravenhage             | 56:24 | 53:35 |
| 414    | Yongqing Wang            | Voorburg                  | 56:28 | 51:50 |
| 415    | Santiago Onel            | Rijswijk                  | 56:32 | 53:07 |
| 416    | Johan Heinen             | Rotterdam                 | 56:34 | 52:23 |
| 417    | Luuk Lucas               | Pijnacker                 | 56:39 | 54:36 |
| 418    | Edgar van der Meulen     | Voorburg                  | 56:39 | 54:38 |
| 419    | Xavier Bouthors          | 's-Gravenhage             | 56:48 | 55:04 |
| 420    | Jimmy Leeuwens           | Johan de Wittscholengroep | 56:49 | 54:51 |
| 421    | Wim de Visser            | 's-Gravenhage             | 56:50 | 54:36 |
| 422    | Bart van der Spek        | Haag Atletiek             | 56:50 | 54:28 |
| 423    | Duchens Patrick          | 's-Gravenhage             | 56:53 | 56:53 |
| 424    | Marc de Graaf            | Amsterdam                 | 56:57 | 54:17 |
| 425    | Pepijn De Man            | Waddinxveen               | 56:57 | 54:48 |
| 426    | Andre Blok               | 's-Gravenhage             | 57:00 | 56:36 |
| 427    | Guus Versantvoort        | Voorburg                  | 57:03 | 53:32 |
| 428    | Lucien Kroep             | Hoek van Holland          | 57:06 | 55:13 |
| 429    | Guus Janssen             | 's-Gravenhage             | 57:07 | 56:23 |
| 430    | Justin Pieterse          | Wassenaar                 | 57:10 | 55:25 |
| 431    | Carolus van Leeuwen      | 's-Gravenhage             | 57:11 | 54:13 |
| 432    | Arjan van Kooi           | Haag Atletiek             | 57:13 | 54:24 |
| 433    | Quincy Uiterloo          | Rijswijk                  | 57:17 | 54:42 |
| 434    | Robert Beisser           | 's-Gravenhage             | 57:18 | 54:50 |
| 435    | Mike Papilaja            | Woerden                   | 57:19 | 54:15 |
| 436    | Glenn van Gulik          | Woerden                   | 57:20 | 54:15 |
| 437    | Jacinto Papilaja         | Woerden                   | 57:22 | 54:17 |
| 438    | Brian Vrijburg           | Wassenaar                 | 57:22 | 55:18 |
| 439    | Jefferson da Silveira    | Delft                     | 57:26 | 54:00 |
| 440    | Jan-Willem van den Brink | 's-Gravenhage             | 57:27 | 55:24 |
| 441    | Tijs van Ginkel          | 's-Gravenhage             | 57:30 | 53:42 |
| 442    | Ferry Schenk             | Voorburg                  | 57:31 | 55:26 |
| 443    | Bob Philipsen            | Rotterdam                 | 57:31 | 55:51 |

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| Plaats | Naam                        | Woonplaats/Vereniging     | Bruto | Netto |
|--------|-----------------------------|---------------------------|-------|-------|
| 444    | Alf van der Knoop           | Johan de Wittscholengroep | 57:32 | 55:31 |
| 445    | Jelle Groen                 | 's-Gravenhage             | 57:36 | 56:41 |
| 446    | Mirko Deiana                | Voorburg                  | 57:37 | 56:32 |
| 447    | Marcin Lawrenczyk           | 's-Gravenhage             | 57:38 | 57:07 |
| 448    | Roddy Gonzalez              | 's-Gravenhage             | 57:38 | 56:01 |
| 449    | Paul Hooft                  | Rijswijk                  | 57:40 | 56:52 |
| 450    | Michael Bejarano Garcia     | Delft                     | 57:40 | 54:09 |
| 451    | Silver Hamelink             | Syfers - 2                | 57:40 | 56:06 |
| 452    | Sweder ten Brinke           | 's-Gravenhage             | 57:40 | 53:58 |
| 453    | Rinus Schroevers            | 's-Gravenhage             | 57:44 | 55:01 |
| 454    | Eric Bots                   | Rijswijk                  | 57:48 | 54:55 |
| 455    | Roger ten Hagen             | 's-Gravenhage             | 57:50 | 53:53 |
| 456    | Eric Schipper               | 's-Gravenhage             | 57:56 | 56:29 |
| 457    | Felix van der Velde         | 's-Gravenhage             | 57:57 | 55:28 |
| 458    | Frank Groeneweg             | Leidschendam              | 57:58 | 56:29 |
| 459    | Victor Krol                 | Amsterdam                 | 57:59 | 54:11 |
| 460    | Lars van de Walle           | Voorburg                  | 58:01 | 55:26 |
| 461    | Mark Phil Simens            | 's-Gravenhage             | 58:06 | 56:56 |
| 462    | Jorr Kreukniet              | Voorburg                  | 58:08 | 55:16 |
| 463    | Felix de Vries              | 's-Gravenhage             | 58:09 | 55:23 |
| 464    | Moos de Vos                 | 's-Gravenhage             | 58:10 | 55:24 |
| 465    | Leopoldo Salvo              | 's-Gravenhage             | 58:10 | 55:39 |
| 466    | Robin Rijnenberg            | Zoetermeer                | 58:11 | 56:16 |
| 467    | Hans Bracke                 | the Hague Road Runners    | 58:14 | 56:03 |
| 468    | Paul van Glabbeek           | 's-Gravenhage             | 58:15 | 54:13 |
| 469    | Arie van der Spoel          | Haag Atletiek             | 58:16 | 56:47 |
| 470    | Alexander Andreyev          | 's-Gravenhage             | 58:24 | 56:45 |
| 471    | Peter Volkov                | 's-Gravenhage             | 58:25 | 55:56 |
| 472    | Armando Dursun              | Rijswijk                  | 58:28 | 58:11 |
| 473    | Léon Melis                  | the Hague Road Runners    | 58:29 | 56:08 |
| 474    | Daan Beaufort               | 's-Gravenhage             | 58:31 | 57:14 |
| 475    | Rob Minke                   | Zoetermeer                | 58:36 | 56:11 |
| 476    | Duarte Pereira              | 's-Gravenhage             | 58:39 | 57:31 |
| 477    | Ment van der Harst          | 's-Gravenhage             | 58:40 | 58:00 |
| 478    | Alexander Timmers Verhoeven | 's-Gravenhage             | 58:42 | 56:22 |
| 479    | Hein Stolle                 | Amsterdam                 | 58:42 | 56:27 |
| 480    | Stefan Grootcholten         | Naaldwijk                 | 58:47 | 57:20 |
| 481    | Wim Verschoor               | Naaldwijk                 | 58:47 | 57:18 |
| 482    | Jeroen Smiemans             | Naaldwijk                 | 58:47 | 57:20 |
| 483    | Dean Riet                   | 's-Gravenhage             | 58:48 | 58:04 |
| 484    | Raymond Riet                | 's-Gravenhage             | 58:48 | 58:07 |
| 485    | André Leijh                 | Syfers - 2                | 58:54 | 57:19 |
| 486    | Hans Doornbos               | Haag Atletiek             | 58:56 | 56:10 |
| 487    | Rasem Haj Mohammad          | Sparta                    | 58:57 | 57:13 |
| 488    | Samuel Simon                | 's-Gravenhage             | 58:57 | 55:50 |
| 489    | Manuel van Dijk             | 's-Gravenhage             | 58:57 | 56:40 |
| 490    | Gino Martens                | 's-Gravenhage             | 58:58 | 58:11 |
| 491    | Martijn Steup               | 's-Gravenhage             | 59:03 | 56:32 |
| 492    | Roland Simon                | 's-Gravenhage             | 59:04 | 55:55 |
| 493    | Robert Westerveld           | 's-Gravenhage             | 59:08 | 55:59 |
| 494    | Kevin Rooney                | 's-Gravenhage             | 59:09 | 54:49 |
| 495    | Sander de Jongh             | 's-Gravenhage             | 59:15 | 58:22 |
| 496    | Freek Bruggert              | 's-Gravenhage             | 59:20 | 57:01 |
| 497    | Rudi Buis                   | 's-Gravenhage             | 59:28 | 56:40 |
| 498    | Jelle Koel                  | Voorburg                  | 59:32 | 55:45 |
| 499    | Jimi Syrja                  | Den Haag                  | 59:32 | 58:45 |
| 500    | Marc Vreeburg               | Waddinxveen               | 59:33 | 57:45 |
| 501    | Ed Leeman                   | Voorburg                  | 59:34 | 55:59 |
| 502    | Kevin Jansen                | 's-Gravenhage             | 59:40 | 56:47 |

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| Plaats | Naam                   | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|------------------------|-----------------------|---------|---------|
| 503    | Bram Zwerwer           | Voorburg              | 59:44   | 59:06   |
| 504    | Joost Akkerman         | 's-Gravenhage         | 59:53   | 58:09   |
| 505    | Marcel de Rooij        | Zoetermeer            | 59:53   | 57:56   |
| 506    | Constanteyn Roelofs    | 's-Gravenhage         | 59:53   | 56:02   |
| 507    | Alexander Vreeken      | 's-Gravenhage         | 59:54   | 58:23   |
| 508    | Armin Shoae Bargh      | 's-Gravenhage         | 59:54   | 56:10   |
| 509    | Peter van Beest        | 's-Gravenhage         | 59:55   | 56:11   |
| 510    | Max Patelski           | 's-Gravenhage         | 59:57   | 56:53   |
| 511    | Maarten Roos           | 's-Gravenhage         | 1:00:00 | 58:46   |
| 512    | Quirijn van der Werff  | Heemskerk             | 1:00:01 | 57:27   |
| 513    | Leo van Dokkum         | 's-Gravenhage         | 1:00:01 | 57:44   |
| 514    | Ryan Sullivan          | 's-Gravenhage         | 1:00:03 | 57:15   |
| 515    | Robin Kouwen           | Leiden                | 1:00:04 | 56:49   |
| 516    | Tim van Leersum        | 's-Gravenhage         | 1:00:05 | 56:27   |
| 517    | Joa van Leersum        | 's-Gravenhage         | 1:00:05 | 56:28   |
| 518    | Budi Rostiarso         | Rijswijk              | 1:00:06 | 58:28   |
| 519    | Frank Plugge           | NOOTDORP              | 1:00:06 | 56:07   |
| 520    | Justin Schouten        | 's-Gravenhage         | 1:00:07 | 58:11   |
| 521    | Samuël Sewdien         | 's-Gravenhage         | 1:00:09 | 58:05   |
| 522    | Robert Garskamp        | 's-Gravenhage         | 1:00:11 | 57:08   |
| 523    | Quinten Smit           | Zoetermeer            | 1:00:16 | 59:11   |
| 524    | Maurice Keane          | 's-Gravenhage         | 1:00:18 | 57:26   |
| 525    | Yuri Verwoest          | 's-Gravenhage         | 1:00:21 | 56:33   |
| 526    | Vadym Arinchenkov      | Voorburg              | 1:00:25 | 56:36   |
| 527    | Roger Somers           | Rijswijk              | 1:00:28 | 57:14   |
| 528    | Arvid Rijke            | 's-Gravenhage         | 1:00:30 | 56:58   |
| 529    | Egbert de Vos          | Voorburg              | 1:00:31 | 58:41   |
| 530    | Vasil Daskalov         | Voorburg              | 1:00:36 | 57:32   |
| 531    | Pim Smits              | 's-Gravenhage         | 1:00:47 | 59:21   |
| 532    | Daniel Schuitemaker    | 's-Gravenhage         | 1:00:48 | 58:18   |
| 533    | Lucas Lustermans       | Rotterdam             | 1:00:50 | 57:32   |
| 534    | Feike Jagersma         | 's-Gravenhage         | 1:00:55 | 57:02   |
| 535    | Nils Kappeyne          | 's-Gravenhage         | 1:00:56 | 57:04   |
| 536    | Bob de Lange           | 's-Gravenhage         | 1:00:59 | 58:30   |
| 537    | Milan Verbrugge        | Rotterdam             | 1:01:01 | 57:36   |
| 538    | Bram Voermans          | 's-Gravenhage         | 1:01:07 | 58:44   |
| 539    | Nick Bruijn            | Rotterdam             | 1:01:10 | 58:27   |
| 540    | Rien den Hertog        | Leidschendam          | 1:01:10 | 58:03   |
| 541    | Michiel van Meerendonk | Delft                 | 1:01:11 | 58:16   |
| 542    | Olaf Holl              | 's-Gravenhage         | 1:01:15 | 1:00:12 |
| 543    | Rogier Paans           | 's-Gravenhage         | 1:01:19 | 59:51   |
| 544    | Willem Huson           | 's-Gravenhage         | 1:01:19 | 59:18   |
| 545    | Remco Greven           | 's-Gravenhage         | 1:01:22 | 59:34   |
| 546    | Raymond Ko             | 's-Gravenhage         | 1:01:29 | 58:52   |
| 547    | Robbert Hoogstraat     | 's-Gravenhage         | 1:01:29 | 58:33   |
| 548    | Robert Buis            | 's-Gravenhage         | 1:01:31 | 58:50   |
| 549    | Mo Reyad               | 's-Gravenhage         | 1:01:36 | 1:00:27 |
| 550    | Wim Aartsen            | 's-Gravenhage         | 1:01:39 | 58:57   |
| 551    | Ricky Martens          | Zoetermeer            | 1:01:42 | 58:44   |
| 552    | Ronald van Ginkel      | 's-Gravenhage         | 1:01:43 | 58:19   |
| 553    | Mark Kemme             | Haag Atletiek         | 1:01:43 | 58:32   |
| 554    | Ronald vd Zwan         | 's-Gravenhage         | 1:01:44 | 58:17   |
| 555    | Taeke Jongbloed        | 's-Gravenhage         | 1:01:45 | 1:00:34 |
| 556    | Niels Jongbloed        | 's-Gravenhage         | 1:01:50 | 1:00:38 |
| 557    | Carlos Alves           | 's-Gravenhage         | 1:01:53 | 58:11   |
| 558    | Duncan Van Den Hoek    | 's-Gravenhage         | 1:01:57 | 59:31   |
| 559    | Paul Schalbroeck       | Zoetermeer            | 1:01:59 | 1:01:11 |
| 560    | Wouter van Maanen      | 's-Gravenhage         | 1:02:01 | 58:05   |
| 561    | Sheng Janssen          | 's-Gravenhage         | 1:02:01 | 58:07   |

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| Plaats | Naam                           | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|--------------------------------|------------------------|---------|---------|
| 562    | Stephan Valk                   | 's-Gravenhage          | 1:02:06 | 59:25   |
| 563    | Bastiaan Lokerse               | Leidschendam           | 1:02:09 | 59:11   |
| 564    | Aart Jan Vos                   | 's-Gravenhage          | 1:02:12 | 59:44   |
| 565    | Katara Ibrahim                 | 's-Gravenhage          | 1:02:13 | 1:01:01 |
| 566    | Geert-Jan Koene                | 's-Gravenhage          | 1:02:21 | 59:08   |
| 567    | Martin Worsdorfer              | 's-Gravenhage          | 1:02:26 | 1:01:06 |
| 568    | Bas Ouwerkerk                  | the Hague Road Runners | 1:02:27 | 1:00:42 |
| 569    | Thomas Krom                    | Voorburg               | 1:02:31 | 59:36   |
| 570    | René van Delft                 | Voorschoten            | 1:02:44 | 1:01:11 |
| 571    | Hiltjo Bekkering               | Nootdorp               | 1:02:44 | 1:00:40 |
| 572    | Ronald Kempke                  | Nootdorp               | 1:02:45 | 1:00:43 |
| 573    | Vincent Triest                 | 's-Gravenhage          | 1:02:45 | 59:57   |
| 574    | Martin Vissers                 | Capelle aan den IJssel | 1:02:45 | 1:01:20 |
| 575    | Tim Schotanus                  | 's-Gravenhage          | 1:02:52 | 58:58   |
| 576    | Adam Braithwaite               | 's-Gravenhage          | 1:02:53 | 59:40   |
| 577    | Emanuele Bonato                | The Hague              | 1:02:57 | 59:50   |
| 578    | Stephen de Kleyn               | Delft                  | 1:02:58 | 1:01:13 |
| 579    | Frank Knot                     | 's-Gravenhage          | 1:03:05 | 1:01:19 |
| 580    | Ton Duivesteijn                | 's-Gravenhage          | 1:03:11 | 1:00:28 |
| 581    | Maxim Breunis                  | 's-Gravenhage          | 1:03:11 | 1:00:17 |
| 582    | Wim Guijt                      | 's-Gravenhage          | 1:03:13 | 1:01:26 |
| 583    | Patrick Rancuret               | 's-Gravenhage          | 1:03:14 | 1:00:22 |
| 584    | Mark Schussler                 | Voorburg               | 1:03:16 | 1:00:33 |
| 585    | Ron Wiessner                   | 's-Gravenhage          | 1:03:17 | 59:33   |
| 586    | Richard Verbeek                | Honselersdijk          | 1:03:17 | 1:01:46 |
| 587    | Marcello Malagu                | 's-Gravenhage          | 1:03:18 | 59:30   |
| 588    | Andy Wang                      | Rotterdam              | 1:03:21 | 59:29   |
| 589    | Rob Grant                      | Wassenaar              | 1:03:24 | 59:26   |
| 590    | Remco Verspoor                 | 's-Gravenhage          | 1:03:25 | 59:22   |
| 591    | Ka-Ming Leung                  | Eindhoven              | 1:03:32 | 1:00:13 |
| 592    | Frederick Elgershuizen         | Den Haag               | 1:03:42 | 59:39   |
| 593    | Rainier Praalder               | 's-Gravenhage          | 1:03:42 | 1:01:31 |
| 594    | Pepijn Praalder                | Delft                  | 1:03:42 | 1:01:31 |
| 595    | Chu Him Lee                    | Zoetermeer             | 1:03:45 | 1:00:26 |
| 596    | Simon Geleijnse                | 's-Gravenhage          | 1:03:57 | 1:00:27 |
| 597    | Jochem van der Ende            | Wateringen             | 1:03:59 | 1:01:25 |
| 598    | Paul Verwoerd                  | Den Haag               | 1:04:08 | 1:00:13 |
| 599    | Ton Krol                       | Rijswijk               | 1:04:11 | 1:00:34 |
| 600    | Erik Snellink                  | 's-Gravenhage          | 1:04:20 | 1:03:14 |
| 601    | Menno Van Nieuwpoort           | 's-Gravenhage          | 1:04:21 | 1:01:11 |
| 602    | Theo Strijers                  | 's-Gravenhage          | 1:04:26 | 1:01:10 |
| 603    | Enrique Boerboom               | Nootdorp               | 1:04:27 | 1:02:25 |
| 604    | Nick Steinbuch                 | Wijdenes               | 1:04:27 | 1:03:00 |
| 605    | Dieko Vernooij                 | Voorburg               | 1:04:29 | 1:01:16 |
| 606    | Konrad Zebracki                | Zevenhuizen            | 1:04:34 | 1:01:23 |
| 607    | Richard Haak                   | 's-Gravenhage          | 1:04:35 | 1:01:24 |
| 608    | Yannick Hinfelaar              | 's-Gravenhage          | 1:04:46 | 1:02:28 |
| 609    | Herman Scholtens               | 's-Gravenhage          | 1:05:06 | 1:01:39 |
| 610    | Bunyamin Karasu                | 's-Gravenhage          | 1:05:15 | 1:03:05 |
| 611    | Steven Boom                    | Haag Atletiek          | 1:05:18 | 1:02:06 |
| 612    | Ed Wanninkhof                  | Nootdorp               | 1:05:22 | 1:03:04 |
| 613    | Frank Inklaar                  | 's-Gravenhage          | 1:05:34 | 1:03:28 |
| 614    | Daniel Scheer                  | Delft                  | 1:05:34 | 1:01:55 |
| 615    | Marc Streefkerk                | 's-Gravenhage          | 1:05:40 | 1:03:26 |
| 616    | Maarten Bakkum                 | 's-Gravenhage          | 1:05:52 | 1:02:46 |
| 617    | William van Lindonk Ongkiehong | Monster                | 1:05:55 | 1:02:24 |
| 618    | Jaap van der Winden            | the Hague Road Runners | 1:05:58 | 1:04:16 |
| 619    | Hans Bakker                    | the Hague Road Runners | 1:06:07 | 1:03:50 |
| 620    | Duco le Clercq                 | 's-Gravenhage          | 1:06:09 | 1:02:34 |

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| Plaats | Naam                    | Woonplaats/Vereniging      | Bruto   | Netto   |
|--------|-------------------------|----------------------------|---------|---------|
| 621    | Sacha Krekel            | 's-Gravenhage              | 1:06:09 | 1:02:35 |
| 622    | Hans Timmers            | 's-Gravenzande             | 1:06:19 | 1:04:07 |
| 623    | Jurgen de Vries         | 's-Gravenhage              | 1:06:20 | 1:04:05 |
| 624    | Roelf Sienot            | De Zilk                    | 1:06:25 | 1:02:37 |
| 625    | Koen Romijn             | 's-Gravenhage              | 1:06:29 | 1:03:01 |
| 626    | Micha Bramsen           | 's-Gravenhage              | 1:06:36 | 1:05:04 |
| 627    | Rene Fromberg           | 's-Gravenhage              | 1:06:41 | 1:03:37 |
| 628    | Lorenzo Sendar          | 's-Gravenhage              | 1:06:41 | 1:02:52 |
| 629    | Rob van der Noll        | Wassenaar                  | 1:06:53 | 1:02:40 |
| 630    | Francois Geerling       | 's-Gravenhage              | 1:06:54 | 1:03:38 |
| 631    | Jim van Zuijlen         | 's-Gravenhage              | 1:07:00 | 1:04:45 |
| 632    | Michel Raats            | 's-Gravenhage              | 1:07:07 | 1:05:20 |
| 633    | Guilherme gomes Correia | 's-Gravenhage              | 1:07:07 | 1:02:59 |
| 634    | Thijs Fase              | Delft                      | 1:07:21 | 1:03:59 |
| 635    | Michael van Drie        | 's-Gravenhage              | 1:07:21 | 1:03:41 |
| 636    | Willem Derkman          | Naarden                    | 1:07:28 | 1:05:59 |
| 637    | Taeke Geselschap        | 's-Gravenhage              | 1:07:31 | 1:04:07 |
| 638    | Ron Bruinen             | 's-Gravenhage              | 1:07:32 | 1:05:06 |
| 639    | Kevin Dijkman           | Rotterdam                  | 1:07:35 | 1:03:26 |
| 640    | Jeffrey Van der Ham     | Den Haag                   | 1:07:36 | 1:04:28 |
| 641    | Richard Veldink         | 's-Gravenhage              | 1:07:38 | 1:04:35 |
| 642    | Joss Lee                | 's-Gravenhage              | 1:08:00 | 1:04:07 |
| 643    | Lucien Trompert         | 's-Gravenhage              | 1:08:00 | 1:04:23 |
| 644    | Jacky Yu                | Rijswijk                   | 1:08:01 | 1:04:09 |
| 645    | Robbert Verbeek         | Naaldwijk                  | 1:08:07 | 1:06:37 |
| 646    | Richard Freeman         | 's-Gravenhage              | 1:08:08 | 1:07:05 |
| 647    | Sebastiaan Vonk         | Rotterdam                  | 1:08:10 | 1:05:22 |
| 648    | Jelle van de Hoef       | 's-Gravenhage              | 1:08:10 | 1:05:24 |
| 649    | Marc van Lierop         | Rijswijk                   | 1:08:14 | 1:04:59 |
| 650    | Jacques Merx            | the Hague Road Runners     | 1:08:20 | 1:05:59 |
| 651    | Juha Syrja              | 's-Gravenhage              | 1:08:23 | 1:05:22 |
| 652    | Andre van Geest         | 's-Gravenhage              | 1:08:33 | 1:07:26 |
| 653    | Bastiaan de Niet        | Wateringen                 | 1:08:38 | 1:05:55 |
| 654    | Jeroen van der Kolk     | 's-Gravenhage              | 1:08:42 | 1:06:39 |
| 655    | Jos de L'Orme           | 's-Gravenhage              | 1:08:55 | 1:04:51 |
| 656    | Lars Lustermans         | 's-Gravenhage              | 1:08:58 | 1:05:39 |
| 657    | Alain van der Heiden    | Zwijndrecht                | 1:09:08 | 1:06:45 |
| 658    | Niels Sjollema          | 's-Gravenhage              | 1:09:08 | 1:05:53 |
| 659    | Ruud Neyndorff          | 's-Gravenhage              | 1:09:12 | 1:05:34 |
| 660    | Edward Nieuwenhuys      | 's-Gravenhage              | 1:09:14 | 1:06:50 |
| 661    | Hans Sjollema           | 's-Gravenhage              | 1:09:14 | 1:06:55 |
| 662    | Stanley Van Beele       | 's-Gravenhage              | 1:09:18 | 1:05:50 |
| 663    | Ruud van Dam            | Voorburg                   | 1:09:21 | 1:05:44 |
| 664    | Willem Voorhans         | 's-Gravenhage              | 1:09:21 | 1:05:51 |
| 665    | Henk Slijkhuis          | 's-Gravenhage              | 1:09:34 | 1:08:09 |
| 666    | Edgar Snelders          | Nuenen                     | 1:09:40 | 1:05:35 |
| 667    | Jurre Gelsema           | Voorhout                   | 1:09:47 | 1:06:34 |
| 668    | Peter van der Loo       | the Hague Road Runners     | 1:09:56 | 1:06:09 |
| 669    | Rodney Sullivan         | 's-Gravenhage              | 1:09:59 | 1:07:11 |
| 670    | Bert De Goede           | Haarlem                    | 1:09:59 | 1:06:30 |
| 671    | Eduard Gerritsen        | 's-Gravenhage              | 1:10:06 | 1:06:37 |
| 672    | Frank Celie             | Nieuwerkerk aan den IJssel | 1:10:06 | 1:06:28 |
| 673    | Jerry Syrja             | Den Haag                   | 1:10:16 | 1:08:51 |
| 674    | Soma Holler             | 's-Gravenhage              | 1:10:16 | 1:08:36 |
| 675    | Jeffrey Westerhout      | Pijnacker                  | 1:10:18 | 1:09:37 |
| 676    | Jeroen Kramer           | 's-Gravenhage              | 1:10:27 | 1:06:30 |
| 677    | Juan Esteban Molano     | 's-Gravenhage              | 1:10:41 | 1:08:38 |
| 678    | Paul Aalders            | 's-Gravenhage              | 1:10:43 | 1:06:44 |
| 679    | Jason Boudaoua          | Fijnaart                   | 1:10:49 | 1:07:15 |

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| Plaats | Naam                   | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|------------------------|------------------------|---------|---------|
| 680    | Indra Han              | Rotterdam              | 1:10:56 | 1:06:18 |
| 681    | Ian Schipper           | 's-Gravenhage          | 1:11:30 | 1:08:52 |
| 682    | Nourdin Laifaoui       | 's-Gravenhage          | 1:11:44 | 1:10:14 |
| 683    | Fabian Martijn         | Zoetermeer             | 1:11:46 | 1:08:24 |
| 684    | Joseph Cawley          | 's-Gravenhage          | 1:11:46 | 1:08:23 |
| 685    | Rob Everse             | 's-Gravenhage          | 1:11:49 | 1:09:49 |
| 686    | Sulav Gurung           | Amstelveen             | 1:12:09 | 1:08:17 |
| 687    | Arjan Pizarro          | the Hague Road Runners | 1:12:14 | 1:09:33 |
| 688    | Gert Renkema           | Haarlem                | 1:12:15 | 1:10:08 |
| 689    | Erik Biermans          | Delft                  | 1:12:17 | 1:08:22 |
| 690    | Oz Osoul               | 's-Gravenhage          | 1:12:27 | 1:09:18 |
| 691    | Vincent Malafronte     | 's-Gravenhage          | 1:12:32 | 1:09:00 |
| 692    | Jasper van Dooijeweert | Voorburg               | 1:12:32 | 1:08:34 |
| 693    | Bradley Camelia        | 's-Gravenhage          | 1:12:44 | 1:08:55 |
| 694    | Yannick Moulin         | Leidschendam           | 1:13:21 | 1:09:23 |
| 695    | Piotr Golec            | 's-Gravenhage          | 1:13:42 | 1:12:38 |
| 696    | Mart de Mooij          | Doorn                  | 1:14:52 | 1:13:51 |
| 697    | Reinier Smeele         | 's-Gravenhage          | 1:15:23 | 1:13:33 |
| 698    | Peter Buitenhek        | 's-Gravenhage          | 1:15:40 | 1:13:52 |
| 699    | David Lewis            | 's-Gravenhage          | 1:15:48 | 1:11:40 |
| 700    | Hanssie Lunter         | Doetinchem             | 1:16:01 | 1:12:56 |
| 701    | Henk Jan Braamzeel     | 's-Gravenhage          | 1:16:38 | 1:12:28 |
| 702    | René Overvoorde        | Kwintsheul             | 1:16:56 | 1:13:06 |
| 703    | Casper ter Luun        | Zoetermeer             | 1:16:59 | 1:15:51 |
| 704    | Patrick Pieters        | the Hague Road Runners | 1:17:44 | 1:13:46 |
| 705    | Henk Albertsma         | Gouda                  | 1:17:46 | 1:14:04 |
| 706    | Arjan de Heer          | 's-Gravenhage          | 1:18:55 | 1:15:10 |
| 707    | Kylian Frenk           | 's-Gravenhage          | 1:20:49 | 1:17:39 |
| 708    | Paulus van Lankveld    | 's-Gravenhage          | 1:21:16 | 1:18:58 |
| 709    | Stuart Ferber          | 's-Gravenhage          | 1:21:22 | 1:17:19 |
| 710    | Marcel van Duijn       | 's-Gravenhage          | 1:21:22 | 1:17:20 |
| 711    | Paul Mahieu            | Bergschenhoek          | 1:21:23 | 1:17:21 |
| 712    | Peter Baal             | 's-Gravenhage          | 1:21:24 | 1:19:59 |

## VRECR, 10KM PRESTATIELOOP

| Plaats | Naam                        | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------------------|-----------------------|-------|-------|
| 1      | Bianca van den Berg         | Leidschendam          | 38:56 | 38:16 |
| 2      | Stella den Hengst           | 's-Gravenhage         | 40:04 | 39:59 |
| 3      | Julia Lopez Simens          | 's-Gravenhage         | 42:32 | 41:22 |
| 4      | Lynn Buningh                | 's-Gravenhage         | 43:11 | 42:34 |
| 5      | Esmee Mulders               | 's-Gravenhage         | 44:19 | 43:41 |
| 6      | Eline Smit                  | De Koplopers          | 44:40 | 44:07 |
| 7      | Saar Hillen-Oosterhuis      | 's-Gravenhage         | 45:22 | 45:01 |
| 8      | Noah van Bronckhorst        | 's-Gravenhage         | 45:29 | 44:07 |
| 9      | Iris Penning                | 's-Gravenhage         | 45:58 | 45:18 |
| 10     | Renate Elling               | 's-Gravenhage         | 46:03 | 45:11 |
| 11     | Winnie Lay                  | 's-Gravenhage         | 46:06 | 44:51 |
| 12     | Jade Wammes                 | 's-Gravenhage         | 46:18 | 45:26 |
| 13     | Haya Leenards               | Haag Atletiek         | 46:20 | 46:12 |
| 14     | Nicolien Dijkhuijs-Christie | 's-Gravenhage         | 46:39 | 46:27 |
| 15     | Marloes Leijstra            | Voorburg              | 46:51 | 45:28 |
| 16     | Jitte Reinhard              | Voorburg              | 47:20 | 46:24 |
| 17     | Natalie Zuidema             | Haag Atletiek         | 47:25 | 45:34 |
| 18     | Jantine van Arkel           | 's-Gravenhage         | 47:26 | 47:18 |
| 19     | Marlijn Bregman-de Beer     | Voorburg              | 47:34 | 46:08 |
| 20     | Sam Koopmans                | Den Haag              | 47:43 | 46:46 |
| 21     | Yvonne Schrage              | 's-Gravenhage         | 47:45 | 46:55 |
| 22     | Anna Heemskerk              | Haag Atletiek         | 47:50 | 47:08 |
| 23     | Paulien van Vliet           | Zoetermeer            | 48:27 | 48:12 |

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| Plaats | Naam                   | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------|-----------------------|-------|-------|
| 24     | Stefanie Aref-Schuman  | 's-Gravenzande        | 48:54 | 46:56 |
| 25     | Lieke Hamelink         | Amsterdam             | 48:58 | 47:38 |
| 26     | Carola van Keulen      | 's-Gravenhage         | 49:01 | 48:08 |
| 27     | Sophie Muller          | 's-Gravenhage         | 49:28 | 48:13 |
| 28     | Aranka Schwarcz        | 's-Gravenhage         | 49:32 | 48:15 |
| 29     | Madelief Rosmalen      | Nijmegen              | 49:56 | 49:07 |
| 30     | Marit Hanson           | 's-Gravenhage         | 50:16 | 48:59 |
| 31     | Marieke Timmers        | Diemen                | 50:23 | 49:25 |
| 32     | Milou de Leeuw         | 's-Gravenhage         | 50:25 | 49:31 |
| 33     | Sarah Mimbbrero Nguyen | Wassenaar             | 50:26 | 49:45 |
| 34     | Marina Moraiti         | 's-Gravenhage         | 50:35 | 49:44 |
| 35     | Franka Boender         | 's-Gravenhage         | 50:38 | 49:15 |
| 36     | Bianca Izendoorn       | 's-Gravenhage         | 50:43 | 48:45 |
| 37     | Willemijn Schellekens  | Voorburg              | 51:00 | 50:16 |
| 38     | Lisette de Groot       | Voorburg              | 51:05 | 48:32 |
| 39     | Andrea Halbe           | Zoetermeer            | 51:15 | 48:16 |
| 40     | Tinja Ahoesalmi        | Amsterdam             | 51:21 | 49:00 |
| 41     | Nienke den Hengst      | Boskoop               | 51:45 | 51:13 |
| 42     | Lauren Patterson       | 's-Gravenhage         | 51:47 | 50:32 |
| 43     | Lisanne Maat           | 's-Gravenhage         | 51:49 | 49:09 |
| 44     | Marleen Elders         | 's-Gravenhage         | 51:52 | 50:07 |
| 45     | Christine Huegen       | 's-Gravenhage         | 51:53 | 51:26 |
| 46     | Amanda Chin            | 's-Gravenhage         | 51:55 | 50:30 |
| 47     | Willemijn Klarenbeek   | Zoetermeer            | 52:11 | 51:51 |
| 48     | Jette Bloemberg        | Schiedam              | 52:19 | 51:24 |
| 49     | Jip Buis               | 's-Gravenhage         | 52:33 | 51:43 |
| 50     | Nicola Bruce           | Haag Atletiek         | 52:38 | 50:47 |
| 51     | Moyke Versluis         | Wassenaar             | 52:46 | 51:05 |
| 52     | Chantal Slegtenhorst   | Wassenaar             | 52:54 | 50:50 |
| 53     | Michelle van Rede      | 's-Gravenhage         | 53:00 | 52:03 |
| 54     | Margit Heine           | 's-Gravenhage         | 53:08 | 50:35 |
| 55     | Ania Arnold            | 's-Gravenhage         | 53:09 | 49:31 |
| 56     | Angelique van Dam      | Cothen                | 53:17 | 52:38 |
| 57     | Marjolein Olsthoorn    | 's-Gravenhage         | 53:17 | 52:34 |
| 58     | Anja Faas              | 's-Gravenhage         | 53:22 | 52:31 |
| 59     | Zina Bibanovic         | 's-Gravenhage         | 53:30 | 52:13 |
| 60     | Laila Berrich          | Voorburg              | 53:31 | 49:44 |
| 61     | Darya van der Wilt     | Den Haag              | 53:32 | 50:52 |
| 62     | Noemie Le Colleter     | 's-Gravenhage         | 53:37 | 51:52 |
| 63     | Stephanie Kool         | 's-Gravenhage         | 53:41 | 50:56 |
| 64     | Laura van der Velde    | 's-Gravenhage         | 53:50 | 51:20 |
| 65     | Evalien van Toor       | 's-Gravenhage         | 53:52 | 52:38 |
| 66     | Eefke Hazenbroek       | Haag Atletiek         | 53:53 | 51:58 |
| 67     | Sasja Smit             | 's-Gravenhage         | 53:54 | 51:52 |
| 68     | Janette de Goede       | Sparta                | 54:03 | 53:08 |
| 69     | Sabrina Otterloo       | Voorburg              | 54:09 | 53:32 |
| 70     | Sophie S               | 's-Gravenhage         | 54:17 | 52:43 |
| 71     | Irma Kluifhooft        | 's-Gravenhage         | 54:19 | 51:38 |
| 72     | Mariska Dommerholt     | Den Haag              | 54:20 | 52:24 |
| 73     | Anne Roebroek          | Rotterdam             | 54:21 | 53:30 |
| 74     | Lena Stiebing          | 's-Gravenhage         | 54:25 | 51:24 |
| 75     | Hanneke Sartorius      | 's-Gravenhage         | 54:26 | 52:57 |
| 76     | Louise Geerits         | Leidschendam          | 54:29 | 52:27 |
| 77     | Ellen Swierenga        | 's-Gravenhage         | 54:34 | 53:32 |
| 78     | Astrid den Besten      | Leidschendam          | 54:39 | 52:03 |
| 79     | Yora Veerkamp          | Haag Atletiek         | 54:40 | 53:18 |
| 80     | Maaïke de Vries        | 's-Gravenhage         | 54:42 | 52:16 |
| 81     | Elmira                 | Rotterdam             | 54:44 | 53:27 |
| 82     | Eva Daniel             | 's-Gravenhage         | 54:46 | 53:14 |

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| Plaats | Naam                   | Woonplaats/Vereniging  | Bruto | Netto |
|--------|------------------------|------------------------|-------|-------|
| 83     | Claudia Ruijgrok       | 's-Gravenhage          | 54:50 | 53:39 |
| 84     | Céline Kors            | 's-Gravenhage          | 54:53 | 52:48 |
| 85     | Nina van Lankveld      | 's-Gravenhage          | 54:53 | 52:36 |
| 86     | Ilona Horcher          | 's-Gravenhage          | 54:55 | 52:56 |
| 87     | Claudia Vink           | 's-Gravenhage          | 54:55 | 54:16 |
| 88     | Marloes van der Heiden | 's-Gravenhage          | 54:55 | 52:20 |
| 89     | Mascha Verloop         | Leiden                 | 55:07 | 53:50 |
| 90     | Mandy Muller           | 's-Gravenhage          | 55:07 | 53:50 |
| 91     | Dafni Papathanasiou    | 's-Gravenhage          | 55:12 | 51:29 |
| 92     | Janine Bongers         | Haag Atletiek          | 55:24 | 53:37 |
| 93     | Heleen Bruining        | Duivendrecht           | 55:25 | 54:10 |
| 94     | Berber Keane           | 's-Gravenhage          | 55:26 | 52:34 |
| 95     | Janneke Nolan          | 's-Gravenhage          | 55:33 | 53:59 |
| 96     | Sanela Hujdur          | 's-Gravenhage          | 55:35 | 53:41 |
| 97     | Mariël Körbl           | Nijverdal              | 55:35 | 54:40 |
| 98     | Marilia de Jong        | 's-Gravenhage          | 55:36 | 54:38 |
| 99     | Leanne Busse           | 's-Gravenhage          | 55:37 | 53:23 |
| 100    | Leanne Oosterlaan      | Delft                  | 55:38 | 52:16 |
| 101    | Thessa Plevier         | Amsterdam              | 55:45 | 53:30 |
| 102    | Anne Konigs            | 's-Gravenhage          | 55:49 | 53:56 |
| 103    | Lisette Nauta          | Den Haag               | 55:51 | 52:09 |
| 104    | Mira Slot              | Assendelft             | 55:52 | 53:37 |
| 105    | Małgorzata Kucharska   | Tilburg                | 56:05 | 52:42 |
| 106    | Yolanda Redeker        | Leidschendam           | 56:05 | 53:32 |
| 107    | Astrid Holen de Jongh  | 's-Gravenhage          | 56:08 | 55:15 |
| 108    | Mariëlle den Hengst    | 's-Gravenhage          | 56:09 | 55:36 |
| 109    | Romy Batist            | 's-Gravenhage          | 56:13 | 54:54 |
| 110    | Suzanne Domela         | the Hague Road Runners | 56:25 | 53:48 |
| 111    | Eva Strang             | 's-Gravenhage          | 56:33 | 54:52 |
| 112    | Melanie Keesmaat       | Leidschendam           | 56:46 | 56:01 |
| 113    | Bianca Fellingier      | Voorburg               | 56:50 | 54:55 |
| 114    | Marloes Koltthof       | 's-Gravenhage          | 56:51 | 55:10 |
| 115    | Laurie-Anne Pecqueux   | 's-Gravenhage          | 56:53 | 55:55 |
| 116    | Britt van der Klugt    | Voorburg               | 56:53 | 55:45 |
| 117    | Annique van der Marel  | Zoetermeer             | 56:54 | 56:04 |
| 118    | Lisa Mosseveld         | 's-Gravenhage          | 56:55 | 56:06 |
| 119    | Marie Florence Efon    | 's-Gravenhage          | 56:58 | 54:02 |
| 120    | Helen van 't Hof       | Barendrecht            | 56:59 | 54:28 |
| 121    | Charlotte Negenman     | 's-Gravenhage          | 57:04 | 56:15 |
| 122    | Morgane Schmidt        | Den Haag               | 57:04 | 56:12 |
| 123    | Eline Laurijssen       | Den Haag               | 57:05 | 54:21 |
| 124    | Marie PELLAT           | 's-Gravenhage          | 57:08 | 56:10 |
| 125    | Cecile C DICK          | 's-Gravenhage          | 57:09 | 56:17 |
| 126    | Lisa Marsman           | Zoetermeer             | 57:14 | 56:20 |
| 127    | Tamara Immerzeel       | 's-Gravenhage          | 57:14 | 56:28 |
| 128    | Eli Langerak           | Rijswijk               | 57:17 | 54:42 |
| 129    | Le Thuy Duong          | the Hague Road Runners | 57:21 | 55:10 |
| 130    | Wendy Olde             | 's-Gravenhage          | 57:26 | 54:30 |
| 131    | Hannah Schneiders      | 's-Gravenhage          | 57:26 | 56:45 |
| 132    | Tessel van der Zwet    | Amstelveen             | 57:30 | 56:17 |
| 133    | Veerle Teunen          | Monster                | 57:31 | 54:05 |
| 134    | Petronela Andron       | Leidschendam           | 57:32 | 56:55 |
| 135    | Jacky Pronk            | 's-Gravenhage          | 57:39 | 55:19 |
| 136    | Mary Hooft             | Rijswijk               | 57:40 | 56:50 |
| 137    | Britt Liek             | Sparta                 | 57:42 | 55:05 |
| 138    | Lindsay Kalkman        | Poeldijk               | 57:54 | 56:09 |
| 139    | Myrthe Kalkman         | 's-Gravenhage          | 57:55 | 56:09 |
| 140    | Bianca Verbeek         | 's-Gravenhage          | 57:56 | 56:00 |
| 141    | Sandra Kleijn          | 's-Gravenhage          | 58:03 | 55:48 |

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|--------|--------------------------|------------------------------|---------|-------|
| 142    | Maaïke Seip              | Hazerswoude-Dorp             | 58:03   | 57:05 |
| 143    | Viola Reijenga           | 's-Gravenhage                | 58:03   | 57:05 |
| 144    | Sanny Schoon             | 's-Gravenhage                | 58:05   | 55:49 |
| 145    | Tessa Hendriksen         | 's-Gravenhage                | 58:06   | 57:05 |
| 146    | Laurie Dul               | 's-Gravenhage                | 58:07   | 54:37 |
| 147    | Jacqueline van der Tol   | 's-Gravenhage                | 58:09   | 56:55 |
| 148    | Roos Korff de Gidts      | 's-Gravenhage                | 58:09   | 55:22 |
| 149    | Louise Abson             | HSV International School - 2 | 58:13   | 54:32 |
| 150    | Femke Postma             | 's-Gravenhage                | 58:16   | 56:28 |
| 151    | Fransje Noorman          | 's-Gravenhage                | 58:17   | 55:31 |
| 152    | Annemieke Ruggerberg     | Leidschendam                 | 58:17   | 57:33 |
| 153    | Merel Kester             | 's-Gravenhage                | 58:20   | 55:33 |
| 154    | Elise Manders            | 's-Gravenhage                | 58:24   | 57:10 |
| 155    | Roosmarijn de Jongh      | 's-Gravenhage                | 58:25   | 55:56 |
| 156    | Judith Schaar            | 's-Gravenhage                | 58:31   | 56:06 |
| 157    | Sophie Perlot            | 's-Gravenhage                | 58:38   | 56:43 |
| 158    | Julia de Keijzer         | 's-Gravenhage                | 58:39   | 57:32 |
| 159    | Janne Voorend            | 's-Gravenhage                | 58:43   | 57:42 |
| 160    | Emilie Hagen             | 's-Gravenhage                | 58:45   | 55:58 |
| 161    | Jenny Poppink            | Delft                        | 58:45   | 55:59 |
| 162    | Stephanie te Hoonte      | 's-Gravenhage                | 58:49   | 57:35 |
| 163    | Sheila van der Tang      | Haag Atletiek                | 58:55   | 56:06 |
| 164    | Diana van Luijn-Boon     | Poeldijk                     | 59:00   | 56:12 |
| 165    | Marloes Stammen          | 's-Gravenhage                | 59:01   | 56:37 |
| 166    | Lycke van Leusden        | Rijswijk                     | 59:02   | 56:05 |
| 167    | Marcia Kester            | 's-Gravenhage                | 59:05   | 56:18 |
| 168    | Simone Beekhuizen        | 's-Gravenhage                | 59:09   | 56:42 |
| 169    | Manon Maas               | 's-Gravenhage                | 59:10   | 58:09 |
| 170    | Jessica Teunissen        | 's-Gravenhage                | 59:10   | 56:15 |
| 171    | Claudia Pieterse         | 's-Gravenhage                | 59:15   | 56:51 |
| 172    | Magdalena Bamière        | 's-Gravenhage                | 59:15   | 56:51 |
| 173    | Zita Conroy              | 's-Gravenhage                | 59:17   | 56:44 |
| 174    | Sophie van der Heiden    | 's-Gravenhage                | 59:18   | 58:17 |
| 175    | Britte Korving           | 's-Gravenhage                | 59:19   | 57:47 |
| 176    | Petra Kremers            | Leidschendam                 | 59:19   | 57:47 |
| 177    | Tanja Kempe              | 's-Gravenhage                | 59:26   | 57:17 |
| 178    | Emma van Zuijlen         | 's-Gravenhage                | 59:29   | 56:19 |
| 179    | Sophie Keizer            | Voorburg                     | 59:30   | 58:08 |
| 180    | Mirthe Masselink-Jannink | Oldenzaal                    | 59:30   | 58:09 |
| 181    | Annemieke Grootswagers   | Voorburg                     | 59:31   | 57:10 |
| 182    | Svetlana Erokhina        | Den Haag                     | 59:32   | 58:12 |
| 183    | Linda Vos                | 's-Gravenhage                | 59:33   | 57:01 |
| 184    | Sarah Fairman            | 's-Gravenhage                | 59:34   | 57:44 |
| 185    | Hilde Eugelink           | 's-Gravenhage                | 59:35   | 56:23 |
| 186    | Rebecca Chipkin          | 's-Gravenhage                | 59:37   | 57:51 |
| 187    | Manon de Jonge           | 's-Gravenhage                | 59:39   | 57:55 |
| 188    | Franca Vossen            | the Hague Road Runners       | 59:42   | 55:54 |
| 189    | Feline Steup             | 's-Gravenhage                | 59:47   | 58:32 |
| 190    | Lois de Wit              | Delft                        | 59:51   | 57:12 |
| 191    | Floor Verkoulen          | 's-Gravenhage                | 59:53   | 58:10 |
| 192    | Emma Li                  | Nootdorp                     | 59:55   | 58:14 |
| 193    | Sophie Benschop          | Voorburg                     | 59:56   | 56:58 |
| 194    | Maroesja Boorsma         | 's-Gravenhage                | 59:59   | 56:14 |
| 195    | Jen VanZetta             | HSV International School - 2 | 1:00:00 | 56:22 |
| 196    | Marlies van de Wiel      | 's-Gravenhage                | 1:00:01 | 57:00 |
| 197    | Djeni Jardim de Brito    | 's-Gravenhage                | 1:00:02 | 56:45 |
| 198    | Karin Husmann            | 's-Gravenhage                | 1:00:04 | 56:47 |
| 199    | Eliza de Vos             | 's-Gravenhage                | 1:00:10 | 57:09 |
| 200    | Judith Aiss              | 's-Gravenhage                | 1:00:18 | 58:46 |

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|--------|-------------------------|------------------------|---------|---------|
| 201    | Froukje van de Pol      | 's-Gravenhage          | 1:00:21 | 56:33   |
| 202    | Susanne de Vries        | 's-Gravenhage          | 1:00:23 | 57:58   |
| 203    | Bernadette Molier       | 's-Gravenhage          | 1:00:27 | 57:49   |
| 204    | Lieke van Knapen        | 's-Gravenhage          | 1:00:31 | 58:49   |
| 205    | Lina Tempelaar          | Delft                  | 1:00:34 | 57:09   |
| 206    | Rolinka Boot            | 's-Gravenhage          | 1:00:34 | 59:48   |
| 207    | Nikki Cranley           | 's-Gravenhage          | 1:00:38 | 59:02   |
| 208    | Joyce Noest             | Klaaswaal              | 1:00:43 | 59:05   |
| 209    | Jo-Ann julie Gibson     | Hendrik-Ido-Ambacht    | 1:00:45 | 57:52   |
| 210    | Aurore Marsman          | 's-Gravenhage          | 1:00:46 | 59:52   |
| 211    | Sanneke Verweij         | 's-Gravenhage          | 1:00:47 | 58:40   |
| 212    | Roos van der Leeden     | Papendrecht            | 1:00:49 | 57:56   |
| 213    | Demi Ruiter             | 's-Gravenhage          | 1:00:53 | 59:16   |
| 214    | Maureen de Peuter       | 's-Gravenhage          | 1:00:53 | 59:16   |
| 215    | Donna va Riet           | 's-Gravenhage          | 1:00:59 | 58:30   |
| 216    | Marlou van Gennep       | 's-Gravenhage          | 1:01:02 | 59:54   |
| 217    | Annette Wijering        | Waddinxveen            | 1:01:03 | 59:16   |
| 218    | Irene Mensink           | Zwijndrecht            | 1:01:03 | 58:41   |
| 219    | Joyce Arnoldus          | 's-Gravenhage          | 1:01:03 | 59:16   |
| 220    | Federica Bernardi       | 's-Gravenhage          | 1:01:06 | 57:21   |
| 221    | Privitera Sara          | 's-Gravenhage          | 1:01:06 | 57:21   |
| 222    | Nina van Putten         | Voorhout               | 1:01:08 | 58:05   |
| 223    | Nina van Putten         | Voorhout               | 1:01:09 | 58:06   |
| 224    | Anna Steijger           | Rotterdam              | 1:01:11 | 58:27   |
| 225    | Vera van Egmond         | Leidschendam           | 1:01:14 | 58:16   |
| 226    | Nancy Van Der Snoek     | Voorburg               | 1:01:16 | 1:00:04 |
| 227    | Paulien Bekker          | 's-Gravenhage          | 1:01:20 | 58:24   |
| 228    | Roeli Wierenga          | 's-Gravenhage          | 1:01:20 | 58:20   |
| 229    | Freya van der Spek      | Maastricht             | 1:01:22 | 59:00   |
| 230    | Irene Goederaad         | 's-Gravenhage          | 1:01:25 | 58:57   |
| 231    | Aleksandra Kleibrink    | Voorschoten            | 1:01:27 | 1:00:02 |
| 232    | Heleen van Nues         | Rotterdam              | 1:01:30 | 58:14   |
| 233    | Janice van Dam          | Delft                  | 1:01:31 | 58:09   |
| 234    | Anita van Rijswijk      | Nootdorp               | 1:01:36 | 1:00:27 |
| 235    | Stephanie Richter       | Den Haag               | 1:01:38 | 57:32   |
| 236    | Lianne Boschker-Abeling | 's-Gravenhage          | 1:01:41 | 59:48   |
| 237    | Alessia Freeke          | Voorburg               | 1:01:42 | 1:00:04 |
| 238    | Laura Meershoek         | 's-Gravenhage          | 1:01:43 | 58:23   |
| 239    | Renate Pauw             | the Hague Road Runners | 1:01:46 | 59:28   |
| 240    | Merel Jongbloed         | 's-Gravenhage          | 1:01:46 | 1:00:34 |
| 241    | Marleen Breden          | Leidschendam           | 1:01:47 | 59:25   |
| 242    | Leonie Hoitink          | Voorburg               | 1:01:48 | 1:00:47 |
| 243    | Vivianne Goudsmit       | 's-Gravenhage          | 1:01:54 | 1:00:21 |
| 244    | Lorijn van der Spek     | 's-Gravenhage          | 1:01:54 | 59:34   |
| 245    | Fleurianne Straathof    | 's-Gravenhage          | 1:01:57 | 59:32   |
| 246    | Maaïke Ypeij            | Voorburg               | 1:02:00 | 1:00:12 |
| 247    | Esther Trumpie          | 's-Gravenhage          | 1:02:05 | 1:00:51 |
| 248    | Isabella Brand          | 's-Gravenhage          | 1:02:06 | 1:00:50 |
| 249    | Mireille van Reenen     | 's-Gravenhage          | 1:02:16 | 59:26   |
| 250    | Banut Verbruggen        | 's-Gravenhage          | 1:02:16 | 58:32   |
| 251    | Nina Vermeer            | 's-Gravenhage          | 1:02:17 | 59:00   |
| 252    | Natasha Vasilyeva       | 's-Gravenhage          | 1:02:18 | 58:37   |
| 253    | Dip Yu Choy             | Rotterdam              | 1:02:18 | 59:27   |
| 254    | Rodica Malancea         | Voorburg               | 1:02:19 | 58:59   |
| 255    | Aleit Veenstra          | 's-Gravenhage          | 1:02:21 | 1:01:03 |
| 256    | Emmy ter Lüün-Munier    | Zoetermeer             | 1:02:23 | 1:01:17 |
| 257    | Laura de Korte          | 's-Gravenhage          | 1:02:24 | 59:27   |
| 258    | Patricia Pereira        | 's-Gravenhage          | 1:02:25 | 1:01:17 |
| 259    | Isa Schuit              | Amsterdam              | 1:02:25 | 1:01:14 |

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| Plaats | Naam                     | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|--------------------------|------------------------|---------|---------|
| 260    | Marei van der Kooij      | Zoetermeer             | 1:02:26 | 1:00:49 |
| 261    | Isa Verhoef              | 's-Gravenhage          | 1:02:31 | 1:01:49 |
| 262    | Sainah Reis              | 's-Gravenhage          | 1:02:32 | 1:01:49 |
| 263    | Tanya Gelsema            | Voorburg               | 1:02:32 | 59:06   |
| 264    | Fleur Soyak              | 's-Gravenhage          | 1:02:36 | 1:01:51 |
| 265    | Dalila Storm             | Voorburg               | 1:02:39 | 1:01:43 |
| 266    | Jessica Gomes da Silva   | 's-Gravenhage          | 1:02:40 | 59:30   |
| 267    | Margreet Siekmann        | 's-Gravenhage          | 1:02:42 | 1:00:07 |
| 268    | Angela Meppelink         | 's-Gravenhage          | 1:02:46 | 1:01:28 |
| 269    | Petra Siekerman          | Den Haag               | 1:02:49 | 1:00:32 |
| 270    | Helen Loughran           | 's-Gravenhage          | 1:02:51 | 1:00:18 |
| 271    | Nikki Springer-Bybau     | Leidschendam           | 1:02:58 | 59:42   |
| 272    | Manon Van Nieuwpoort     | 's-Gravenhage          | 1:02:58 | 59:50   |
| 273    | Marja Ellen              | 's-Gravenhage          | 1:03:08 | 1:00:48 |
| 274    | Sindy Schwarz            | Wassenaar              | 1:03:10 | 59:53   |
| 275    | Sofia van Lieshout       | 's-Gravenhage          | 1:03:10 | 59:27   |
| 276    | Marisa Breunis           | 's-Gravenhage          | 1:03:11 | 1:00:17 |
| 277    | Daantje Hartman          | Voorburg               | 1:03:14 | 1:00:13 |
| 278    | Elisabet Molenaar        | 's-Gravenhage          | 1:03:14 | 1:00:23 |
| 279    | Desislava Ivanova        | 's-Gravenhage          | 1:03:15 | 1:02:12 |
| 280    | Lenka Sadilova           | 's-Gravenhage          | 1:03:16 | 1:02:36 |
| 281    | Etske Kroon              | Voorburg               | 1:03:17 | 1:00:27 |
| 282    | Rachel Kleijweg          | 's-Gravenhage          | 1:03:18 | 59:59   |
| 283    | Sabrina Verburg          | 's-Gravenhage          | 1:03:21 | 1:01:22 |
| 284    | Ingrid Hol               | 's-Gravenhage          | 1:03:32 | 1:01:49 |
| 285    | Anouk Zwaan              | 's-Gravenhage          | 1:03:35 | 1:01:07 |
| 286    | Esther Cobussen          | Rijswijk               | 1:03:39 | 1:01:27 |
| 287    | Ina Cirimpei             | 's-Gravenhage          | 1:03:40 | 1:02:29 |
| 288    | Robin Renzen             | 's-Gravenhage          | 1:03:41 | 58:52   |
| 289    | Sylvia Thorborg          | 's-Gravenhage          | 1:03:41 | 1:03:28 |
| 290    | Maria Oosterhoff         | 's-Gravenhage          | 1:03:42 | 1:02:14 |
| 291    | Elaine Kreiken           | 's-Gravenhage          | 1:03:45 | 1:00:18 |
| 292    | Patricia van Nunspeet    | Rijswijk               | 1:03:48 | 1:02:07 |
| 293    | Marit Tuin               | Leiden                 | 1:03:50 | 1:00:28 |
| 294    | Chantal Verkroost        | 's-Gravenhage          | 1:03:52 | 1:00:55 |
| 295    | Nienke van Rijn          | 's-Gravenhage          | 1:03:54 | 1:01:10 |
| 296    | Melissa van der Wel      | 's-Gravenzande         | 1:03:59 | 1:02:45 |
| 297    | Tessa van Hulst          | 's-Gravenhage          | 1:04:03 | 1:01:27 |
| 298    | Natascha Eybergen        | 's-Gravenhage          | 1:04:07 | 1:00:12 |
| 299    | Willemijn Draijer        | Voorburg               | 1:04:08 | 1:02:05 |
| 300    | Sarah Wolff              | 's-Gravenhage          | 1:04:13 | 1:02:38 |
| 301    | Christine Ende           | Leidschendam           | 1:04:13 | 1:02:19 |
| 302    | Jiska Vriens             | 's-Gravenhage          | 1:04:14 | 1:00:31 |
| 303    | Marie Volard             | 's-Gravenhage          | 1:04:14 | 1:00:29 |
| 304    | Evita Rozenberg-Lazić    | 's-Gravenhage          | 1:04:14 | 1:01:03 |
| 305    | Amber Rozenberg          | Voorburg               | 1:04:15 | 1:04:15 |
| 306    | Thayana Santos           | Veenendaal             | 1:04:18 | 1:02:11 |
| 307    | Annelies Dijkman-Derkman | 's-Gravenhage          | 1:04:19 | 1:02:50 |
| 308    | Laura den Dulk           | 's-Gravenhage          | 1:04:26 | 1:02:26 |
| 309    | Linda Slotemaker         | 's-Gravenhage          | 1:04:28 | 1:03:02 |
| 310    | Anne Kloots              | Voorburg               | 1:04:30 | 1:01:16 |
| 311    | Tessa Kouwenberg         | the Hague Road Runners | 1:04:33 | 1:01:18 |
| 312    | Nadine Kooij-Knijnenburg | Voorburg               | 1:04:34 | 1:01:23 |
| 313    | Alexandra Kurchikova     | Utrecht                | 1:04:39 | 1:03:34 |
| 314    | Kynthia Orfanidou        | 's-Gravenhage          | 1:04:47 | 1:01:56 |
| 315    | Joanke Boon              | Sparta                 | 1:04:49 | 1:02:39 |
| 316    | Ingrid Schot             | Voorburg               | 1:04:49 | 1:02:39 |
| 317    | Sasha Marusheva          | 's-Gravenhage          | 1:04:50 | 1:01:19 |
| 318    | Djoeke van Beest         | Scarsdale, New York    | 1:04:57 | 1:03:04 |

# Uitslagenlijst The Royal Ten

## Den Haag - Zondag 31 mei 2026

| Plaats | Naam                      | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|---------------------------|------------------------|---------|---------|
| 319    | Eline Hoedeman            | Wijdenes               | 1:04:59 | 1:03:32 |
| 320    | Lisa Lombardi             | Voorburg               | 1:05:00 | 1:03:23 |
| 321    | Jasja Croes               | 's-Gravenhage          | 1:05:01 | 1:01:25 |
| 322    | Sophie Koelma             | 's-Gravenhage          | 1:05:03 | 1:04:08 |
| 323    | Laurine Groothuis         | Leidschendam           | 1:05:11 | 1:03:20 |
| 324    | Lucy Murray               | 's-Gravenhage          | 1:05:11 | 1:01:54 |
| 325    | Bianca van Schrevendijk   | 's-Gravenhage          | 1:05:12 | 1:01:35 |
| 326    | Flox Hennissen            | the Hague Road Runners | 1:05:19 | 1:02:29 |
| 327    | Ise Schrijvers            | Voorburg               | 1:05:23 | 1:02:20 |
| 328    | Viviana Monge             | 's-Gravenhage          | 1:05:29 | 1:03:05 |
| 329    | NAOMI Roeleveld           | 's-Gravenhage          | 1:05:31 | 1:03:51 |
| 330    | Fleur Negenman            | 's-Gravenhage          | 1:05:34 | 1:04:45 |
| 331    | Anna Sizova               | 's-Gravenhage          | 1:05:34 | 1:04:31 |
| 332    | Noor Hendriks             | 's-Gravenhage          | 1:05:38 | 1:01:42 |
| 333    | Elva van den Bremer       | 's-Gravenhage          | 1:05:40 | 1:02:50 |
| 334    | Natasja Duijf             | 's-Gravenhage          | 1:05:42 | 1:04:00 |
| 335    | Rachelle Messelaar        | Helmond                | 1:05:42 | 1:04:00 |
| 336    | Cheyenne Goosen           | Den haag               | 1:05:43 | 1:02:06 |
| 337    | Sarah de Bont             | 's-Gravenhage          | 1:05:56 | 1:02:11 |
| 338    | Esmee van 't Hooft        | Rijswijk               | 1:05:56 | 1:02:28 |
| 339    | Erica de Jong-Pronk       | Rijswijk               | 1:05:57 | 1:04:13 |
| 340    | Louise Worsdorfer         | Amsterdam              | 1:05:57 | 1:04:46 |
| 341    | Nora van der Winden       | Amsterdam              | 1:05:58 | 1:04:16 |
| 342    | Nic Hornsby               | 's-Gravenhage          | 1:05:59 | 1:03:09 |
| 343    | Marieke de Bruijn         | 's-Gravenhage          | 1:06:15 | 1:04:03 |
| 344    | Ananta Sothewes           | 's-Gravenhage          | 1:06:16 | 1:04:16 |
| 345    | Maisey Chan               | the Hague Road Runners | 1:06:17 | 1:02:58 |
| 346    | Sandra Doornewaard        | 's-Gravenhage          | 1:06:20 | 1:04:05 |
| 347    | Lisa Plugge               | NOOTDORP               | 1:06:24 | 1:04:28 |
| 348    | Karina Kuperus            | Voorburg               | 1:06:42 | 1:02:58 |
| 349    | Remy Hoek Spaans          | Wijdenes               | 1:06:49 | 1:03:54 |
| 350    | Julia Remijn              | Krimpen aan de Lek     | 1:06:50 | 1:04:59 |
| 351    | Lesley Verhoek            | Maassluis              | 1:07:04 | 1:05:12 |
| 352    | Rimmie Meijs              | Den haag               | 1:07:09 | 1:04:50 |
| 353    | Mariska Stumpf            | Voorburg               | 1:07:13 | 1:04:43 |
| 354    | Corine Barendregt         | 's-Gravenhage          | 1:07:13 | 1:03:29 |
| 355    | Carola Koetsier           | 's-Gravenhage          | 1:07:17 | 1:03:20 |
| 356    | Carolina Svensson         | 's-Gravenhage          | 1:07:18 | 1:05:25 |
| 357    | Marloes Bouman            | 's-Gravenhage          | 1:07:21 | 1:04:26 |
| 358    | Anke Spuijbroek           | the Hague Road Runners | 1:07:23 | 1:04:35 |
| 359    | Daniela Mondaca           | 's-Gravenhage          | 1:07:24 | 1:05:13 |
| 360    | Lotte Hoogeveen           | 's-Gravenhage          | 1:07:29 | 1:04:16 |
| 361    | Nadine Herweijer          | Voorburg               | 1:07:32 | 1:05:41 |
| 362    | Andree Willemse           | 's-Gravenhage          | 1:07:32 | 1:04:08 |
| 363    | Céline Martel             | 's-Gravenhage          | 1:07:33 | 1:06:34 |
| 364    | Virginie Seiller          | 's-Gravenhage          | 1:07:36 | 1:06:37 |
| 365    | Anne Marthe               | the Hague Road Runners | 1:07:37 | 1:06:18 |
| 366    | Gitty Leeman              | Voorburg               | 1:07:37 | 1:04:10 |
| 367    | Roos van Rump             | 's-Gravenhage          | 1:07:38 | 1:06:03 |
| 368    | Leslie Hondebrink-Hermer  | Den Haag               | 1:07:38 | 1:06:39 |
| 369    | Tünde Agoston             | 's-Gravenhage          | 1:07:38 | 1:07:02 |
| 370    | Arlet Reinhard            | 's-Gravenhage          | 1:07:40 | 1:06:43 |
| 371    | Femke Izendoorn           | 's-Gravenhage          | 1:07:42 | 1:06:12 |
| 372    | Jet Brederode             | 's-Gravenhage          | 1:07:42 | 1:03:57 |
| 373    | Julia de Klerk-van Hemert | Leiden                 | 1:07:42 | 1:06:12 |
| 374    | Anne Eva Negenman         | 's-Gravenhage          | 1:07:43 | 1:06:54 |
| 375    | Dina Titan                | 's-Gravenhage          | 1:07:45 | 1:04:02 |
| 376    | Lara van Gool             | 's-Gravenhage          | 1:07:45 | 1:05:18 |
| 377    | Tessa Landzaat            | 's-Gravenhage          | 1:07:45 | 1:05:18 |

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Den Haag - Zondag 31 mei 2026

| Plaats | Naam                     | Woonplaats/Vereniging  | Bruto   | Netto   |
|--------|--------------------------|------------------------|---------|---------|
| 378    | Rianne                   | Nieuwerkerk a/d IJssel | 1:07:48 | 1:06:44 |
| 379    | Orsi Markolt             | Leidschendam           | 1:07:49 | 1:05:42 |
| 380    | Ellen van Dijk           | Delft                  | 1:07:51 | 1:04:30 |
| 381    | Annemeen Le Haen         | 's-Gravenhage          | 1:07:52 | 1:06:02 |
| 382    | Claire van Dijk          | Voorburg               | 1:07:53 | 1:04:47 |
| 383    | Belle Willems            | 's-Gravenhage          | 1:07:55 | 1:04:38 |
| 384    | Kiki Jongebreur          | 's-Gravenhage          | 1:07:55 | 1:04:38 |
| 385    | Corinne Meijdam          | 's-Gravenhage          | 1:08:03 | 1:05:51 |
| 386    | Tinne Verbeek            | Naaldwijk              | 1:08:07 | 1:06:37 |
| 387    | Merel Destree            | Utrecht                | 1:08:11 | 1:05:24 |
| 388    | Claudia Doorschodt       | Poeldijk               | 1:08:15 | 1:06:56 |
| 389    | Doina Jonkman-de Gier    | 's-Gravenhage          | 1:08:15 | 1:06:57 |
| 390    | Haimy Millan             | the Hague Road Runners | 1:08:17 | 1:04:39 |
| 391    | Iris van der Zwan        | 's-Gravenhage          | 1:08:22 | 1:04:30 |
| 392    | Abby Meier               | 's-Gravenhage          | 1:08:25 | 1:06:06 |
| 393    | Amber Jutte              | Rijswijk               | 1:08:26 | 1:04:27 |
| 394    | Willemijn Lolcama        | 's-Gravenhage          | 1:08:33 | 1:05:07 |
| 395    | Julie van Sante          | Amsterdam              | 1:08:33 | 1:05:07 |
| 396    | Heya Al Kadimy           | Voorburg               | 1:08:44 | 1:05:14 |
| 397    | Paola Velasco            | 's-Gravenhage          | 1:08:55 | 1:07:10 |
| 398    | Darcy Bosman             | Voorburg               | 1:08:59 | 1:05:29 |
| 399    | Sophie Burchartz-Baltink | 's-Gravenhage          | 1:09:00 | 1:05:03 |
| 400    | Stéphanie Kriek          | Pijnacker              | 1:09:02 | 1:07:29 |
| 401    | Vanessa Pollard          | 's-Gravenhage          | 1:09:05 | 1:05:19 |
| 402    | Olga van Heiningen       | Voorburg               | 1:09:09 | 1:07:42 |
| 403    | Emmah Onsemebe           | Rotterdam              | 1:09:09 | 1:05:54 |
| 404    | Fleur Zijlstra           | 's-Gravenhage          | 1:09:10 | 1:06:38 |
| 405    | Lola Reijenga            | 's-Gravenhage          | 1:09:14 | 1:08:16 |
| 406    | Inbal Djalovski          | 's-Gravenhage          | 1:09:14 | 1:06:59 |
| 407    | Marije Talstra           | 's-Gravenhage          | 1:09:20 | 1:06:20 |
| 408    | Simone Barel             | 's-Gravenhage          | 1:09:21 | 1:06:20 |
| 409    | Natascha Szilagyi        | Delft                  | 1:09:21 | 1:05:51 |
| 410    | Anne Huibrechtse         | 's-Gravenhage          | 1:09:41 | 1:05:46 |
| 411    | Eline Van der Valk       | 's-Gravenhage          | 1:09:41 | 1:05:47 |
| 412    | Judith Geensen-Rog       | 's-Gravenhage          | 1:09:41 | 1:05:47 |
| 413    | Wieneke van der Spek     | 's-Gravenhage          | 1:09:42 | 1:07:20 |
| 414    | Hanneke-Marlies Meinen   | 's-Gravenhage          | 1:09:51 | 1:08:07 |
| 415    | Reineke van Roon         | Voorburg               | 1:10:10 | 1:07:37 |
| 416    | Linda Visser             | Leidschendam           | 1:10:18 | 1:06:19 |
| 417    | Francine de Niet         | Honselersdijk          | 1:10:18 | 1:09:38 |
| 418    | Florencia Madeo Antolik  | Delft                  | 1:10:20 | 1:08:40 |
| 419    | Ilse Kramer              | 's-Gravenhage          | 1:10:27 | 1:06:31 |
| 420    | Dewi Britsemmer          | 's-Gravenhage          | 1:10:30 | 1:06:29 |
| 421    | Nika Britsemmer          | Alphen aan den Rijn    | 1:10:30 | 1:06:30 |
| 422    | Elvira van der Velde     | Voorburg               | 1:10:30 | 1:07:36 |
| 423    | Sofie Remijn             | Krimpen aan de Lek     | 1:10:40 | 1:08:48 |
| 424    | Iris Maat                | 's-Gravenhage          | 1:10:40 | 1:07:09 |
| 425    | Adriana Marín            | 's-Gravenhage          | 1:10:40 | 1:08:38 |
| 426    | Sara Lubbers             | Delft                  | 1:10:50 | 1:07:26 |
| 427    | Ciara Gallagher          | Delft                  | 1:10:50 | 1:07:26 |
| 428    | Nienke Coers             | Rotterdam              | 1:10:56 | 1:05:29 |
| 429    | Quirine Hoogeveen        | 's-Gravenhage          | 1:10:57 | 1:07:30 |
| 430    | Xandra Hoogeveen         | Taxandria Atletiek     | 1:10:57 | 1:07:30 |
| 431    | Ilse de Rooij            | Zoetermeer             | 1:11:13 | 1:09:16 |
| 432    | Shui Laam Choy           | 's-Gravenhage          | 1:11:20 | 1:08:28 |
| 433    | Janita Bellot            | 's-Gravenhage          | 1:11:27 | 1:09:38 |
| 434    | Lieske Streefkerk-Arts   | 's-Gravenhage          | 1:11:29 | 1:09:16 |
| 435    | Maaïke Kleijn            | 's-Gravenhage          | 1:11:30 | 1:08:51 |
| 436    | Catie Crossman           | 's-Gravenhage          | 1:11:41 | 1:10:19 |

# Uitslagenlijst The Royal Ten

## Den Haag - Zondag 31 mei 2026

| Plaats | Naam                     | Woonplaats/Vereniging      | Bruto   | Netto   |
|--------|--------------------------|----------------------------|---------|---------|
| 437    | Tabitha Camps            | 's-Gravenhage              | 1:11:49 | 1:09:52 |
| 438    | Eline Boom               | Leiden                     | 1:11:49 | 1:10:27 |
| 439    | Riona McElligott         | Rijswijk                   | 1:11:50 | 1:10:26 |
| 440    | Vera van Wurmond         | 's-Gravenhage              | 1:11:50 | 1:10:26 |
| 441    | Valeria D'Annibale       | 's-Gravenhage              | 1:11:51 | 1:08:38 |
| 442    | Nicole Wijers            | the Hague Road Runners     | 1:11:59 | 1:08:01 |
| 443    | Mukta Henning            | 's-Gravenhage              | 1:12:16 | 1:08:30 |
| 444    | Nienke Ter Morshuizen    | 's-Gravenhage              | 1:12:19 | 1:09:43 |
| 445    | Corine van Leuken        | 's-Gravenhage              | 1:12:23 | 1:10:13 |
| 446    | Monique Bramsen          | 's-Gravenhage              | 1:12:39 | 1:11:07 |
| 447    | Pauline Gielbert         | 's-Gravenhage              | 1:12:52 | 1:10:42 |
| 448    | Virginia Wassenaar       | Zevenhuizen                | 1:13:20 | 1:09:27 |
| 449    | Tamara Wijsman           | 's-Gravenhage              | 1:13:20 | 1:09:27 |
| 450    | Bibia Kuipers            | Leidschendam               | 1:13:20 | 1:09:25 |
| 451    | Emily Oxtoby             | Voorburg                   | 1:13:31 | 1:09:43 |
| 452    | Iris Hensel              | 's-Gravenhage              | 1:13:35 | 1:09:47 |
| 453    | Saskia van Joolingen     | 's-Gravenhage              | 1:13:41 | 1:12:10 |
| 454    | Suzanne Aspinall         | 's-Gravenhage              | 1:13:43 | 1:11:37 |
| 455    | Monique Wapperom         | 's-Gravenhage              | 1:13:51 | 1:12:40 |
| 456    | Lotte Pollmann           | 's-Gravenhage              | 1:13:59 | 1:10:06 |
| 457    | Hellen Visscher          | 's-Gravenhage              | 1:14:36 | 1:11:36 |
| 458    | Jojanneke H              | 's-Gravenhage              | 1:14:36 | 1:11:36 |
| 459    | Noor Gelok               | Rotterdam                  | 1:14:47 | 1:14:09 |
| 460    | Tianne Everts            | 's-Gravenhage              | 1:14:52 | 1:14:05 |
| 461    | Claire Alcock            | 's-Gravenhage              | 1:14:58 | 1:13:14 |
| 462    | Pauline Yick             | 's-Gravenhage              | 1:15:16 | 1:11:24 |
| 463    | Niv Bharos               | Delft                      | 1:15:16 | 1:11:44 |
| 464    | Rachel Harris            | HSV International School - | 1:15:38 | 1:11:58 |
| 465    | Nynke Douma              | Delft                      | 1:16:04 | 1:12:42 |
| 466    | Hannah Gray              | 's-Gravenhage              | 1:16:25 | 1:13:01 |
| 467    | Nicky van den Burg       | Leiden                     | 1:16:59 | 1:15:51 |
| 468    | Jouanne Bosman           | 's-Gravenhage              | 1:17:09 | 1:13:38 |
| 469    | Irene Kelder             | 's-Gravenhage              | 1:17:20 | 1:14:11 |
| 470    | Sabrina Pollarini        | 's-Gravenhage              | 1:17:33 | 1:15:29 |
| 471    | Romy Gelsema             | 's-Gravenhage              | 1:17:39 | 1:14:26 |
| 472    | Iarina Tudor             | 's-Gravenhage              | 1:18:11 | 1:16:32 |
| 473    | Annemarieke Langeveld    | Wateringen                 | 1:18:52 | 1:15:01 |
| 474    | Marjolein Ham            | 's-Gravenhage              | 1:19:18 | 1:15:42 |
| 475    | Connie Alberts           | Zoetermeer                 | 1:19:42 | 1:18:54 |
| 476    | Emma van Amson           | Wassenaar                  | 1:19:51 | 1:16:35 |
| 477    | Mylene Stoop             | 's-Gravenhage              | 1:19:52 | 1:16:24 |
| 478    | Mathilde Pereira         | 's-Gravenhage              | 1:20:19 | 1:19:11 |
| 479    | Ilse Zuurmond            | 's-Gravenhage              | 1:20:20 | 1:19:20 |
| 480    | Myrrthe Schenk           | 's-Gravenhage              | 1:20:48 | 1:18:48 |
| 481    | Lysette van Kalveveen    | 's-Gravenhage              | 1:21:19 | 1:19:43 |
| 482    | Ise Kruidhof             | Rijswijk                   | 1:21:24 | 1:20:00 |
| 483    | Diana van den Brink      | Rijswijk                   | 1:23:58 | 1:21:51 |
| 484    | Nada Zagougui            | Hoek van Holland           | 1:24:08 | 1:20:03 |
| 485    | Irene van der Wal        | 's-Gravenhage              | 1:24:35 | 1:21:57 |
| 486    | Emma de Bont             | 's-Gravenhage              | 1:24:43 | 1:21:33 |
| 487    | Amerens Jongsma          | 's-Gravenhage              | 1:26:27 | 1:22:22 |
| 488    | Emma Castanos            | Amsterdam                  | 1:26:27 | 1:22:23 |
| 489    | Dora SRM Wynchank        | 's-Gravenhage              | 1:28:08 | 1:24:28 |
| 490    | Margreet Steup-Beekman   | 's-Gravenhage              | 1:28:54 | 1:26:28 |
| 491    | Marjon Sjollema-van Pelt | 's-Gravenhage              | 1:28:54 | 1:26:28 |
| 492    | Geraldina Metselaar      | 's-Gravenhage              | 1:29:27 | 1:28:48 |

### MPARA, 10KM PARASPORTERS

| Plaats | Naam         | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|--------------|-----------------------|---------|---------|
| 1      | Tolga Akyazi | Rotterdam             | 1:20:31 | 1:16:19 |

# Uitslagenlijst The Royal Ten

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## MSTUD, 10KM STUDENTENKLASSEMENT

| Plaats | Naam            | Woonplaats/Vereniging | Bruto   | Netto   |
|--------|-----------------|-----------------------|---------|---------|
| 1      | Yanek van Tol   | Leiden Universiteit   | 43:45   | 42:07   |
| 2      | Daniel Spooren  | Leiden Universiteit   | 49:40   | 48:02   |
| 3      | Jacob Banquicio | Leiden Universiteit   | 50:24   | 47:13   |
| 4      | Hussein Agha    | Leiden Universiteit   | 57:16   | 53:47   |
| 5      | Ersoy Baki      | Leiden Universiteit   | 59:57   | 56:27   |
| 6      | Max Rothe       | Leiden Universiteit   | 1:03:19 | 1:00:06 |

## VSTUD, 10KM STUDENTENKLASSEMENT

| Plaats | Naam            | Woonplaats/Vereniging | Bruto   | Netto |
|--------|-----------------|-----------------------|---------|-------|
| 1      | Nikita Thorborg | TU Delft              | 46:42   | 46:32 |
| 2      | Vera Hooft      | MBO Rijnland          | 53:05   | 52:20 |
| 3      | Lucia Jimenez   | Leiden Universiteit   | 53:38   | 50:09 |
| 4      | Billy Bikle     | TU Delft              | 57:48   | 55:32 |
| 5      | Franziska Wieck | Leiden Universiteit   | 57:58   | 55:03 |
| 6      | Luna van Tol    | Leiden Universiteit   | 1:00:51 | 57:57 |

## MBUSR, 10KM BUSINESS RUN

| Plaats | Naam                         | Woonplaats/Vereniging        | Bruto | Netto |
|--------|------------------------------|------------------------------|-------|-------|
| 1      | Marien van der Niet          | Run2Day - 1                  | 34:08 | 34:08 |
| 2      | Tom Roth                     | Run2Day - 1                  | 34:13 | 34:12 |
| 3      | Rick Pronk                   | Run2Day - 1                  | 34:25 | 34:25 |
| 4      | Danny Verheezen              | Run2Day - 1                  | 34:58 | 34:57 |
| 5      | Reinoud Tas                  | Dunea - 1                    | 36:13 | 36:10 |
| 6      | Cornee van der Waal          | Run2Day - 1                  | 37:00 | 36:59 |
| 7      | Freek Akkermans              | Netbeheer Nederland - 1      | 37:40 | 37:35 |
| 8      | Arjan Vreugedenhil           | MUNT Hypotheken - 1          | 38:34 | 38:28 |
| 9      | Bart van Zijp                | A2B-online - 1               | 39:00 | 38:57 |
| 10     | José Manuel GIRALDEZ SANCHEZ | Amicale EPO - 1              | 39:46 | 39:32 |
| 11     | Alexandre Bland              | Amicale EPO - 1              | 39:46 | 39:32 |
| 12     | Thomas Eiff                  | MUNT Hypotheken - 1          | 40:22 | 40:16 |
| 13     | Carles Orozco Roura          | Amicale EPO - 1              | 40:49 | 40:36 |
| 14     | Shuyang ZHANG                | Danone Nutricia - 1          | 40:56 | 40:47 |
| 15     | JP Colenbrander              | Netbeheer Nederland - 1      | 41:36 | 41:29 |
| 16     | Kees Niederer                | ResidentieProfs - 1          | 41:37 | 41:26 |
| 17     | Patrick van Dongen           | Netbeheer Nederland - 1      | 41:51 | 41:44 |
| 18     | Jordi Serra Casas            | Europese School Den Haag     | 42:20 | 42:04 |
| 19     | Chris Horn                   | Europese School Den Haag - 1 | 42:32 | 42:16 |
| 20     | Simon Stolte                 | Chr. Lyceum Zandvliet - 1    | 42:45 | 42:26 |
| 21     | Ruggero Taddei               | Amicale EPO - 1              | 42:55 | 42:41 |
| 22     | Matthieu Rosello-Garcia      | Amicale EPO - 1              | 43:23 | 43:09 |
| 23     | Mehmet Sonay                 | T.EN Netherlands B.V. - 2    | 44:26 | 44:17 |
| 24     | Bruce van Maanen             | ResidentieProfs - 1          | 44:30 | 44:17 |
| 25     | Michael Findlay              | Amicale EPO - 3              | 44:46 | 44:21 |
| 26     | Jacques Sluysmans            | Van der Feltz advocaten N.   | 44:58 | 44:24 |
| 27     | Vinicius PIRES               | Danone Nutricia - 1          | 45:04 | 44:31 |
| 28     | Rembrandt Rowaan             | Gemeente Den Haag - 1        | 45:08 | 44:48 |
| 29     | Rabbe Borchert               | Gemeente Den Haag - 1        | 45:13 | 44:54 |
| 30     | Boris Slootweg               | Tweede Kamer - 4             | 45:16 | 44:57 |
| 31     | Felix WIMMER                 | Danone Nutricia - 2          | 45:59 | 45:34 |
| 32     | Charles-Antoine Lameloise    | Amicale EPO - 2              | 46:05 | 45:50 |
| 33     | Mark Davies                  | Europese School Den Haag - 1 | 46:06 | 45:51 |
| 34     | Vincent Schoonhoven          | Tweede Kamer - 5             | 46:13 | 45:50 |
| 35     | Paul Sinteur                 | Tweede Kamer - 6             | 46:14 | 45:57 |
| 36     | Thijs Oudshoorn              | Tweede Kamer - 2             | 46:33 | 46:12 |
| 37     | Gert Dronkers                | Tweede Kamer - 6             | 46:38 | 46:14 |
| 38     | Remco van der Neut           | A2B-online - 1               | 46:40 | 46:28 |
| 39     | Luca Bedaux                  | A2B-online - 1               | 47:18 | 47:03 |
| 40     | Kuijpers                     | Tweede Kamer - 5             | 47:49 | 47:27 |

# Uitslagenlijst The Royal Ten

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| Plaats | Naam                  | Woonplaats/Vereniging            | Bruto | Netto |
|--------|-----------------------|----------------------------------|-------|-------|
| 41     | Gerard Blok           | Gemeente Den Haag - 1            | 48:09 | 47:49 |
| 42     | Marc Hondebrink       | Het CAK - 2                      | 48:16 | 47:42 |
| 43     | Ahmed Sellami         | PV MinJenV - 1                   | 48:26 | 47:56 |
| 44     | Arnaud Beaumont       | Amicale EPO - 2                  | 48:56 | 48:27 |
| 45     | Ian Berkhout          | NIBC - 1                         | 49:07 | 48:49 |
| 46     | Neil Simon            | Europese School Den Haag         | 49:32 | 49:18 |
| 47     | Olivier Spanjers      | ResidentieProfs - 1              | 49:36 | 49:22 |
| 48     | Jasper van Koppen     | Tweede Kamer - 6                 | 49:36 | 49:13 |
| 49     | Yann Fauché           | Amicale EPO - 3                  | 50:09 | 47:05 |
| 50     | Steeff Lenting        | Tweede Kamer - 6                 | 50:16 | 48:59 |
| 51     | Miguel Pueyo          | Danone Nutricia - 2              | 50:20 | 49:54 |
| 52     | Teun Hamelink         | Dunea - 2                        | 50:21 | 47:21 |
| 53     | Chris Garvey          | Europese School Den Haag - 1     | 50:26 | 50:10 |
| 54     | Mathis Duchene        | Danone Nutricia - 2              | 50:34 | 50:08 |
| 55     | Sander Maassen        | Van der Feltz advocaten N.V. - 1 | 50:36 | 49:59 |
| 56     | Jules Chen            | Het CAK - 1                      | 50:39 | 50:04 |
| 57     | Florian Kleinendorst  | T.EN Netherlands B.V. - 2        | 50:54 | 50:25 |
| 58     | Mark Witkamp          | Gemeente Den Haag - 1            | 51:04 | 50:45 |
| 59     | Startnummer 9072      | Amicale EPO - 4                  | 51:18 | 48:14 |
| 60     | Gabor Szekeres        | Amicale EPO - 2                  | 51:22 | 51:00 |
| 61     | Marc de Groot         | Netbeheer Nederland - 1          | 51:28 | 49:50 |
| 62     | Ruud Nobel            | Het CAK - 2                      | 51:35 | 51:08 |
| 63     | Shanker Somanchi      | Het CAK - 2                      | 51:38 | 51:04 |
| 64     | Lars Kok              | Gemeente Den Haag - 1            | 51:38 | 51:18 |
| 65     | Emmanuel Emeh         | T.EN Netherlands B.V. - 1        | 51:44 | 51:17 |
| 66     | Marco Bandsma         | Het CAK - 2                      | 51:51 | 51:16 |
| 67     | Roman Wijnmalen       | PV MinJenV - 1                   | 51:58 | 51:20 |
| 68     | Rutger van der Stijl  | Tweede Kamer - 1                 | 52:01 | 51:38 |
| 69     | Sergio Solanilla      | Danone Nutricia - 2              | 52:06 | 51:40 |
| 70     | Thomas van der Burg   | Valicare - 1                     | 52:15 | 52:05 |
| 71     | Jeremy Schippers      | Tweede Kamer - 1                 | 53:04 | 52:42 |
| 72     | Tom Grootjans         | Valicare - 1                     | 53:25 | 53:12 |
| 73     | Hein Hendriks         | Gemeente Den Haag - 1            | 53:43 | 53:23 |
| 74     | Erik Maas             | Amicale EPO - 1                  | 53:43 | 53:21 |
| 75     | Arnoud van Dorp       | Valicare - 1                     | 53:50 | 53:37 |
| 76     | Jeroen de Vries       | Chr. Lyceum Zandvliet - 1        | 54:28 | 54:10 |
| 77     | Paul Rupperink        | Tweede Kamer - 2                 | 54:29 | 54:15 |
| 78     | Tudor Ciubotariu      | T.EN Netherlands B.V. - 3        | 54:34 | 54:04 |
| 79     | Ardin van Dooremaalen | Filmhuis Den Haag - 1            | 55:07 | 53:32 |
| 80     | Frédéric Laue         | Amicale EPO - 2                  | 55:22 | 53:31 |
| 81     | Zamier Amir           | Het CAK - 1                      | 55:26 | 54:54 |
| 82     | Emanuel Lont          | Netbeheer Nederland - 2          | 55:28 | 52:03 |
| 83     | Andrey Yablokov       | T.EN Netherlands B.V. - 1        | 55:33 | 55:05 |
| 84     | Thibault Veldman      | Filmhuis Den Haag - 1            | 55:42 | 52:08 |
| 85     | George Kharsa         | Chr. Lyceum Zandvliet - 1        | 55:56 | 54:25 |
| 86     | Jonathan Kirkwood     | Amicale EPO - 3                  | 55:59 | 55:38 |
| 87     | Gido Broer            | HSV International School - 1     | 56:07 | 52:28 |
| 88     | Wouter Nijhout        | ResidentieProfs - 1              | 56:19 | 56:05 |
| 89     | Dinesh Baidjoe        | PV MinJenV - 1                   | 56:21 | 55:59 |
| 90     | John Savage           | Amicale EPO - 2                  | 56:23 | 56:02 |
| 91     | Robert Stankienicz    | NIBC - 1                         | 56:44 | 53:22 |
| 92     | Ed Bordewijk          | A2B-online - 1                   | 56:48 | 56:18 |
| 93     | Startnummer 9071      | Amicale EPO - 4                  | 57:04 | 56:41 |
| 94     | Startnummer 9070      | Amicale EPO - 4                  | 57:04 | 56:42 |
| 95     | Ted van Eijk          | W-sign - 1                       | 57:06 | 56:38 |
| 96     | Rahul Nair            | Danone Nutricia - 2              | 57:11 | 56:45 |
| 97     | Ray Korsman           | Het CAK - 1                      | 57:26 | 56:54 |
| 98     | Sander Bot            | Tweede Kamer - 2                 | 57:27 | 54:25 |
| 99     | Frank Pon             | Netbeheer Nederland - 2          | 57:33 | 55:54 |

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Den Haag - Zondag 31 mei 2026

| Plaats | Naam                   | Woonplaats/Vereniging        | Bruto   | Netto   |
|--------|------------------------|------------------------------|---------|---------|
| 100    | Startnummer 9069       | Amicale EPO - 4              | 57:58   | 57:33   |
| 101    | Nick van Oostrum       | HSV International School - 1 | 58:21   | 54:41   |
| 102    | Carlos Dursun          | Tweede Kamer - 6             | 58:26   | 58:09   |
| 103    | Frans Braun            | Dunea - 1                    | 58:26   | 54:26   |
| 104    | Axel Heinrichs         | Amicale EPO - 2              | 58:34   | 58:09   |
| 105    | Jacky Lee              | T.EN Netherlands B.V. - 1    | 58:38   | 58:08   |
| 106    | Michiel Spanjers       | ResidentieProfs - 1          | 58:41   | 58:26   |
| 107    | Hippolyte Tixier       | T.EN Netherlands B.V. - 2    | 58:48   | 58:23   |
| 108    | Rob Speld              | T.EN Netherlands B.V. - 3    | 58:54   | 58:28   |
| 109    | Aliaksandr Yermalayeu  | T.EN Netherlands B.V. - 2    | 59:01   | 58:33   |
| 110    | Reinder Reinders       | Tweede Kamer - 5             | 59:03   | 58:40   |
| 111    | Luc van der Kleij      | W-sign - 1                   | 59:43   | 59:14   |
| 112    | Han Driessen           | PV MinJenV - 1               | 59:44   | 59:08   |
| 113    | Tjerk Meijer           | T.EN Netherlands B.V. - 3    | 59:59   | 59:28   |
| 114    | Martin Buijtendijk     | T.EN Netherlands B.V. - 3    | 59:59   | 59:28   |
| 115    | Michel Helgers         | Dunea - 2                    | 1:00:16 | 57:17   |
| 116    | Virgil Westzaan        | T.EN Netherlands B.V. - 1    | 1:00:18 | 59:47   |
| 117    | Startnummer 9073       | Amicale EPO - 4              | 1:00:33 | 1:00:08 |
| 118    | Jasper Bergink         | NIBC - 1                     | 1:00:33 | 1:00:04 |
| 119    | Michael Chen           | T.EN Netherlands B.V. - 1    | 1:00:52 | 1:00:22 |
| 120    | Jesse van Velzen       | Dunea - 1                    | 1:02:06 | 59:07   |
| 121    | Adam Piekarski         | Amicale EPO - 4              | 1:02:14 | 1:01:48 |
| 122    | Ronald Mellema         | PV MinJenV - 1               | 1:02:55 | 1:02:25 |
| 123    | Rolando Ureta          | Amicale EPO - 2              | 1:02:57 | 1:02:30 |
| 124    | Coen Damen             | Dunea - 2                    | 1:03:06 | 1:00:07 |
| 125    | Sten Struik            | Filmhuis Den Haag - 1        | 1:03:09 | 59:33   |
| 126    | Marciano Elbers        | Tweede Kamer - 4             | 1:03:23 | 1:03:03 |
| 127    | Dave Schomper          | Tweede Kamer - 4             | 1:03:23 | 1:03:03 |
| 128    | Gosse Verschoor        | Tweede Kamer - 3             | 1:03:51 | 1:00:10 |
| 129    | Kjell Boele            | Tweede Kamer - 2             | 1:03:52 | 1:00:10 |
| 130    | Vincent Verschoor      | Het CAK - 2                  | 1:04:00 | 1:03:21 |
| 131    | Martin den Dulk        | PV MinJenV - 1               | 1:04:22 | 1:03:47 |
| 132    | Berk Kermen            | T.EN Netherlands B.V. - 1    | 1:04:28 | 1:04:03 |
| 133    | Maarten Limburg        | Het CAK - 1                  | 1:04:29 | 1:03:52 |
| 134    | Steffen Visser         | Chr. Lyceum Zandvliet - 1    | 1:04:45 | 1:01:43 |
| 135    | Thierry DURUPHTY       | Danone Nutricia - 1          | 1:05:10 | 1:04:37 |
| 136    | Peter Ten Veldhuis     | T.EN Netherlands B.V. - 2    | 1:05:13 | 1:04:47 |
| 137    | Gert Jan Buitendijk    | PV MinJenV - 1               | 1:05:17 | 1:04:08 |
| 138    | Cas van Motman         | Netbeheer Nederland - 2      | 1:06:33 | 1:03:08 |
| 139    | Bart Schwippert        | HANOS Den Haag - Delft - 1   | 1:07:54 | 1:06:00 |
| 140    | Gabriel CESCUTTI       | Amicale EPO - 1              | 1:08:35 | 1:06:36 |
| 141    | Leon Pronk             | A2B-online - 1               | 1:08:42 | 1:08:11 |
| 142    | Dominic                | HSV International School -   | 1:09:05 | 1:05:27 |
| 143    | Paul Sahusilawane      | Het CAK - 1                  | 1:09:22 | 1:08:47 |
| 144    | Antonio Teca Lukeba    | Tweede Kamer - 4             | 1:10:59 | 1:10:41 |
| 145    | Jean-Christophe Fery   | HANOS Den Haag - Delft - 1   | 1:13:08 | 1:11:13 |
| 146    | Gonçalo Nobre Higino   | T.EN Netherlands B.V. - 1    | 1:13:35 | 1:13:05 |
| 147    | Wessel van der Kleij   | W-sign - 1                   | 1:14:11 | 1:13:44 |
| 148    | Labinot Ilazi          | ResidentieProfs - 1          | 1:22:11 | 1:21:53 |
| 149    | Ferdi van der Woerd    | Valicare - 1                 | 1:27:55 | 1:27:42 |
| 150    | Jean-Nicolas Gilliquet | Amicale EPO - 2              | 1:28:30 | 1:28:03 |

## VBUSR, 10KM BUSINESS RUN

| Plaats | Naam                         | Woonplaats/Vereniging | Bruto | Netto |
|--------|------------------------------|-----------------------|-------|-------|
| 1      | Leonoor Strootman            | Tweede Kamer - 6      | 45:03 | 44:46 |
| 2      | Nadine Stokkink              | Gemeente Den Haag - 1 | 45:54 | 45:34 |
| 3      | Maxime Wubben                | MUNT Hypotheken - 1   | 46:58 | 45:52 |
| 4      | Sandor Nagy                  | Tweede Kamer - 4      | 49:53 | 48:18 |
| 5      | Patricia Fernandez Rodriguez | Amicale EPO - 3       | 50:13 | 49:48 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                        | Woonplaats/Vereniging            | Bruto   | Netto   |
|--------|-----------------------------|----------------------------------|---------|---------|
| 6      | Natalia Kutanova            | NIBC - 1                         | 50:55   | 50:37   |
| 7      | Marietje van Leest          | Het CAK - 2                      | 51:07   | 50:36   |
| 8      | Laura Herrera Paiva         | Dunea - 1                        | 51:33   | 48:37   |
| 9      | Eline van den Berg          | Dunea - 1                        | 52:17   | 51:00   |
| 10     | Brigitte Autin              | Europese School Den Haag         | 52:37   | 52:20   |
| 11     | Kim van Leeuwen             | Gemeente Den Haag - 1            | 53:51   | 53:31   |
| 12     | Janne Rijkers               | Tweede Kamer - 3                 | 55:13   | 54:46   |
| 13     | Rosa van der Velde          | Van der Feltz advocaten N.V. - 1 | 55:23   | 54:48   |
| 14     | Lizz Lansbergen             | Het CAK - 1                      | 55:27   | 54:55   |
| 15     | Margreeth de Geus-Godschalk | Tweede Kamer - 1                 | 55:33   | 53:59   |
| 16     | Tinka Muthert               | Chr. Lyceum Zandvliet - 1        | 55:35   | 53:21   |
| 17     | Julia den Heijer            | Tweede Kamer - 1                 | 57:05   | 56:40   |
| 18     | Mirjam Lanz                 | HANOS Den Haag - Delft -         | 57:25   | 55:31   |
| 19     | Paula Witlox                | Van der Feltz advocaten N.V. - 1 | 58:10   | 57:33   |
| 20     | Engelie Ruissen             | Van der Feltz advocaten N.V.     | 58:10   | 57:34   |
| 21     | Sophie Henselijn            | Filmhuis Den Haag - 1            | 58:15   | 54:41   |
| 22     | John Jeya Pratama           | ResidentieProfs - 1              | 58:32   | 58:15   |
| 23     | Ana Blanca Coco Martin      | Tweede Kamer - 5                 | 59:04   | 58:41   |
| 24     | Gerry Classen               | MUNT Hypotheken - 1              | 59:36   | 56:45   |
| 25     | Sara Maurelli               | Europese School Den Haag - 1     | 59:36   | 59:20   |
| 26     | Hanneke de Vries            | Van der Feltz advocaten N.V.     | 59:38   | 59:02   |
| 27     | Julia Damen                 | Dunea - 1                        | 59:41   | 56:42   |
| 28     | Kelly Williamson            | HSV International School -       | 1:00:01 | 56:22   |
| 29     | Roozalie van Raaij          | Dunea - 1                        | 1:00:03 | 57:03   |
| 30     | Desiree Helgers             | Dunea - 2                        | 1:00:16 | 57:16   |
| 31     | Fleur Sachse                | Netbeheer Nederland - 2          | 1:00:16 | 56:53   |
| 32     | Babet de la Combé           | W-sign - 1                       | 1:00:21 | 59:53   |
| 33     | Julia Westerduijn           | Tweede Kamer - 5                 | 1:00:33 | 1:00:16 |
| 34     | Kasya Hilhorst              | Filmhuis Den Haag - 1            | 1:00:43 | 57:06   |
| 35     | Friederycke Haijer          | Tweede Kamer - 2                 | 1:00:58 | 1:00:34 |
| 36     | Iris Glas                   | Tweede Kamer - 3                 | 1:00:58 | 1:00:36 |
| 37     | Danielle Spanjers           | ResidentieProfs - 1              | 1:01:30 | 1:01:17 |
| 38     | Ivonne Bouwmeester          | Tweede Kamer - 1                 | 1:01:47 | 1:01:25 |
| 39     | Sylvia Hazebroek            | HANOS Den Haag - Delft - 1       | 1:03:32 | 1:01:39 |
| 40     | Joy Wijntje                 | Filmhuis Den Haag - 1            | 1:03:39 | 1:00:03 |
| 41     | Toos Portegies              | MUNT Hypotheken - 1              | 1:04:03 | 1:01:13 |
| 42     | Laura Harks                 | PV MinJenV - 1                   | 1:04:16 | 1:04:05 |
| 43     | Laurèle Schuurman           | Netbeheer Nederland - 1          | 1:04:55 | 1:01:31 |
| 44     | Marieke Harpe               | Tweede Kamer - 5                 | 1:06:26 | 1:02:37 |
| 45     | Anne Meijer                 | Netbeheer Nederland - 2          | 1:06:35 | 1:03:11 |
| 46     | Eline Morsch                | Het CAK - 1                      | 1:07:22 | 1:04:38 |
| 47     | Rosalind Ferguson           | HSV International School - 1     | 1:08:58 | 1:05:18 |
| 48     | Katie Hargreaves            | HSV International School -       | 1:08:58 | 1:05:19 |
| 49     | Jamie Ross                  | HSV International School - 1     | 1:09:20 | 1:05:41 |
| 50     | Marie Duelberg              | Filmhuis Den Haag - 1            | 1:09:23 | 1:05:46 |
| 51     | Aleksandra Solyga-Zurek     | Amicale EPO - 3                  | 1:10:59 | 1:10:33 |
| 52     | Victoria Speight            | HSV International School -       | 1:11:04 | 1:07:24 |
| 53     | Vanessa de Blij             | Chr. Lyceum Zandvliet - 1        | 1:13:19 | 1:12:56 |
| 54     | Mária Jansen                | Chr. Lyceum Zandvliet - 1        | 1:13:19 | 1:12:57 |
| 55     | Eleni Michael               | T.EN Netherlands B.V. - 3        | 1:15:01 | 1:14:33 |
| 56     | Francien Resius             | Tweede Kamer - 3                 | 1:15:21 | 1:14:57 |
| 57     | Ilse de Droog               | Netbeheer Nederland - 1          | 1:17:47 | 1:14:22 |
| 58     | Angelique de Haas           | Dunea - 2                        | 1:19:19 | 1:15:09 |
| 59     | Gemma Gimenez Alzina        | Amicale EPO - 3                  | 1:24:42 | 1:21:33 |

## MBUSR, 5KM BUSINESS RUN

| Plaats | Naam            | Woonplaats/Vereniging | Bruto | Netto |
|--------|-----------------|-----------------------|-------|-------|
| 1      | Rian McCawley   | Run2Day - 2           | 15:15 | 15:15 |
| 2      | Nixon Fernandes | Run2Day - 2           | 15:44 | 15:43 |

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| Plaats | Naam                      | Woonplaats/Vereniging     | Bruto | Netto |
|--------|---------------------------|---------------------------|-------|-------|
| 3      | Ruben van Leeuwen         | MUNT Hypotheken - 2       | 16:31 | 16:28 |
| 4      | Edo van de Burgwal        | MUNT Hypotheken - 2       | 16:57 | 16:54 |
| 5      | Jurriaan Vink             | Run2Day - 2               | 17:01 | 17:01 |
| 6      | Rene Kuijs                | Run2Day - 2               | 17:01 | 17:00 |
| 7      | Eduardo Fernandes         | Run2Day - 2               | 20:47 | 20:45 |
| 8      | Tom Eijsackers            | Netbeheer Nederland - 3   | 21:48 | 20:12 |
| 9      | Jasper Bergink            | NIBC - 2                  | 23:11 | 22:59 |
| 10     | Joost van Aggelen         | MUNT Hypotheken - 2       | 23:14 | 21:48 |
| 11     | Maurits de Lint           | Tweede Kamer - 7          | 23:30 | 22:37 |
| 12     | Axel Bargeman             | Royal Danish Embassy - 1  | 23:51 | 22:10 |
| 13     | Taisuke Okabe             | Danone Nutricia - 3       | 25:19 | 24:11 |
| 14     | Rogier van der Heijden    | MUNT Hypotheken - 2       | 25:23 | 24:34 |
| 15     | Ulf Melgaard              | Royal Danish Embassy - 1  | 25:40 | 24:03 |
| 16     | Hans Vogelaar             | T.EN Netherlands B.V. - 4 | 26:13 | 26:01 |
| 17     | Mohammed Khan             | T.EN Netherlands B.V. - 5 | 28:02 | 27:17 |
| 18     | Tom van Leeuwen           | Netbeheer Nederland - 3   | 28:09 | 26:35 |
| 19     | Valentijn van der Heijden | MUNT Hypotheken - 2       | 28:10 | 27:21 |
| 20     | Marlon Titre              | Filmhuis Den Haag - 2     | 28:39 | 26:47 |
| 21     | Willem Snijders           | Het CAK - 3               | 28:50 | 27:18 |
| 22     | Asitabh Annavajhala       | T.EN Netherlands B.V. - 4 | 29:04 | 28:21 |
| 23     | Raagul Sureshkumar        | T.EN Netherlands B.V. - 6 | 29:38 | 28:51 |
| 24     | Jeroen van Kleij          | NIBC - 3                  | 29:40 | 28:04 |
| 25     | Deniz Fisecki             | Filmhuis Den Haag - 2     | 29:50 | 28:01 |
| 26     | Paramjot Birdi            | T.EN Netherlands B.V. - 6 | 30:09 | 29:25 |
| 27     | Jamshid Rashid            | T.EN Netherlands B.V. - 5 | 30:22 | 29:39 |
| 28     | George Zuidgeest          | Chr. Lyceum Zandvliet - 2 | 31:03 | 29:36 |
| 29     | Alvin Teh                 | T.EN Netherlands B.V. - 4 | 31:26 | 30:42 |
| 30     | Aizo Lijcklama à Nijeholt | Tweede Kamer - 7          | 31:33 | 30:38 |
| 31     | Rein Pijpers              | Tweede Kamer - 7          | 32:07 | 31:24 |
| 32     | Hikmet Coskun Gunduz      | T.EN Netherlands B.V. - 5 | 32:42 | 32:03 |
| 33     | Sujeevan Balachandran     | Het CAK - 3               | 32:44 | 31:12 |
| 34     | Rob Sayers                | Royal Danish Embassy - 1  | 33:49 | 32:08 |
| 35     | Nonilon Edan              | T.EN Netherlands B.V. - 6 | 34:04 | 33:17 |
| 36     | Tauseef Rehman            | T.EN Netherlands B.V. - 5 | 34:43 | 34:00 |
| 37     | Reza Tahan                | T.EN Netherlands B.V. - 6 | 35:09 | 34:29 |
| 38     | Gaurav Tripathi           | T.EN Netherlands B.V. - 5 | 35:45 | 35:03 |
| 39     | Daniele Zamboni           | Filmhuis Den Haag - 2     | 36:52 | 35:00 |
| 40     | Startnummer 5670          | Het CAK - 3               | 37:36 | 36:03 |
| 41     | Mohamed Hassan            | T.EN Netherlands B.V. - 5 | 38:43 | 38:02 |
| 42     | Abdelrahman Hassan        | T.EN Netherlands B.V. - 6 | 38:43 | 38:01 |
| 43     | Ozge Yener Cobanoglu      | T.EN Netherlands B.V. - 6 | 38:44 | 37:13 |
| 44     | Edwin van Woerkens        | Tweede Kamer - 7          | 39:05 | 38:09 |
| 45     | Sam Ndlovu                | NIBC - 3                  | 39:07 | 37:17 |
| 46     | Abdullah AL Mamun         | Danone Nutricia - 3       | 39:40 | 38:29 |
| 47     | Amol Pisal                | T.EN Netherlands B.V. - 4 | 42:20 | 41:40 |
| 48     | Lorenzo TRAAS             | Danone Nutricia - 3       | 42:49 | 41:41 |
| 49     | Pranav SUBRAMANIAN        | Danone Nutricia - 3       | 42:58 | 41:48 |

## VBUSR, 5KM BUSINESS RUN

| Plaats | Naam                 | Woonplaats/Vereniging | Bruto | Netto |
|--------|----------------------|-----------------------|-------|-------|
| 1      | Stella den Hengst    | Run2Day - 2           | 18:09 | 18:07 |
| 2      | Anne van der Heijden | MUNT Hypotheken - 2   | 24:35 | 23:46 |
| 3      | Leonie Lafont        | NIBC - 2              | 26:57 | 26:29 |
| 4      | Eugenie Reeb         | NIBC - 2              | 26:57 | 26:29 |
| 5      | Elaine Rupperink     | Tweede Kamer - 7      | 27:18 | 27:00 |
| 6      | Laura Spahija        | MUNT Hypotheken - 2   | 29:04 | 28:17 |
| 7      | Joke Zwemmer         | NIBC - 2              | 29:24 | 28:53 |
| 8      | Joycelynne Bal       | NIBC - 3              | 29:52 | 28:15 |
| 9      | Julie Eijkelenboom   | Filmhuis Den Haag - 2 | 30:04 | 28:14 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                    | Woonplaats/Vereniging     | Bruto | Netto |
|--------|-------------------------|---------------------------|-------|-------|
| 10     | Iesja Westerbeek        | Netbeheer Nederland - 3   | 30:23 | 28:49 |
| 11     | Jeanine Groot           | Filmhuis Den Haag - 2     | 30:28 | 28:39 |
| 12     | Rana Kharsa             | Chr. Lyceum Zandvliet - 2 | 31:04 | 29:39 |
| 13     | Sasza Awdiejewa         | T.EN Netherlands B.V. - 6 | 31:54 | 31:11 |
| 14     | Rosalinde Kranenburg    | Tweede Kamer - 7          | 32:13 | 31:20 |
| 15     | Iben van der Harst      | Royal Danish Embassy - 1  | 32:19 | 30:38 |
| 16     | Eline Spruyt-Boele      | Het CAK - 3               | 32:21 | 30:49 |
| 17     | Danielle Engelen        | Tweede Kamer - 7          | 32:57 | 32:03 |
| 18     | Sonia Meza              | T.EN Netherlands B.V. - 4 | 33:20 | 32:33 |
| 19     | Sophie Louise Koopmans  | MUNT Hypotheken - 2       | 33:51 | 33:03 |
| 20     | Connie Chen             | NIBC - 3                  | 34:21 | 32:32 |
| 21     | Nan Ou                  | NIBC - 2                  | 34:21 | 32:31 |
| 22     | Ellis van Doeselaar     | NIBC - 2                  | 34:58 | 33:09 |
| 23     | Rorisang Ralarala       | NIBC - 2                  | 34:58 | 33:09 |
| 24     | Roos Wever              | Filmhuis Den Haag - 2     | 35:16 | 33:25 |
| 25     | Mounas Cisse            | Filmhuis Den Haag - 2     | 35:26 | 33:39 |
| 26     | Rosalien Janssen        | Filmhuis Den Haag - 2     | 35:37 | 33:49 |
| 27     | Babette van Houten      | Chr. Lyceum Zandvliet - 2 | 36:16 | 34:49 |
| 28     | Trang NGUYEN            | Danone Nutricia - 3       | 36:35 | 35:25 |
| 29     | Renata Hogenboom        | Dunea - 3                 | 36:52 | 36:13 |
| 30     | Ellen Speetjens         | Netbeheer Nederland - 3   | 37:21 | 35:46 |
| 31     | Dofaoh Wiebers          | T.EN Netherlands B.V. - 4 | 38:03 | 37:18 |
| 32     | Meg James               | Royal Danish Embassy - 1  | 38:03 | 36:23 |
| 33     | Cecilie Josephine Monke | Royal Danish Embassy - 1  | 38:04 | 36:23 |
| 34     | Tzuyu CHEN              | Danone Nutricia - 3       | 38:44 | 37:33 |
| 35     | Smita Sawant            | T.EN Netherlands B.V. - 6 | 44:12 | 43:27 |
| 36     | Marzieh Heidarlou       | T.EN Netherlands B.V. - 4 | 44:19 | 43:35 |

## MRECR, 10KM SCHOLENLOOP

| Plaats | Naam              | Woonplaats/Vereniging                 | Bruto   | Netto   |
|--------|-------------------|---------------------------------------|---------|---------|
| 1      | Tijn de Blauw     | Chr. Lyceum Zandvliet - 16            | 41:31   | 41:31   |
| 2      | Figo Kapteijns    | Chr. Lyceum Zandvliet - 15            | 48:31   | 45:47   |
| 3      | Milo Salbert      | Chr. Lyceum Zandvliet - 14            | 50:54   | 47:47   |
| 4      | Aadheen Prasad    | Chr. Lyceum Zandvliet - 14            | 52:32   | 49:26   |
| 5      | Boaz Vijver       | Chr. Lyceum Zandvliet - 12            | 52:32   | 49:26   |
| 6      | Simon Scheper     | Chr. Lyceum Zandvliet - 11            | 56:44   | 55:20   |
| 7      | Alex Hofstede     | Chr. Lyceum Zandvliet - 11            | 57:24   | 54:40   |
| 8      | Varsham Jurawan   | Chr. Lyceum Zandvliet - 15            | 57:32   | 56:48   |
| 9      | Morris Hament     | Chr. Lyceum Zandvliet - 13            | 57:40   | 55:34   |
| 10     | Aditya Kalidien   | Chr. Lyceum Zandvliet - 15            | 59:49   | 59:06   |
| 11     | Startnummer 2908  | Johan de Wittscholengroep - 491:02:23 |         | 59:46   |
| 12     | Boris Gerritsen   | Chr. Lyceum Zandvliet - 12            | 1:03:59 | 1:01:52 |
| 13     | Eren Sever        | Johan de Wittscholengroep - 491:04:09 |         | 1:01:32 |
| 14     | Vladyslav Tymchuk | Johan de Wittscholengroep             | 1:07:10 | 1:04:33 |
| 15     | Fatih Dayanir     | Johan de Wittscholengroep - 481:08:28 |         | 1:05:50 |
| 16     | Ikenna Ijomah     | Chr. Lyceum Zandvliet - 14            | 1:09:29 | 1:07:21 |
| 17     | Wael Kharsa       | Chr. Lyceum Zandvliet - 16            | 1:13:28 | 1:11:56 |
| 18     | Aykan Halibryam   | Johan de Wittscholengroep             | 1:13:35 | 1:10:58 |
| 19     | Arkid Spahiu      | Johan de Wittscholengroep - 471:15:30 |         | 1:12:52 |

## VRECR, 10KM SCHOLENLOOP

| Plaats | Naam                           | Woonplaats/Vereniging      | Bruto   | Netto   |
|--------|--------------------------------|----------------------------|---------|---------|
| 1      | Jasmijn Van Romburgh           | Chr. Lyceum Zandvliet - 12 | 1:09:11 | 1:07:03 |
| 2      | Anna Camps                     | Chr. Lyceum Zandvliet - 13 | 1:09:24 | 1:07:16 |
| 3      | Lourdes Isabel Castañon Salvad | Chr. Lyceum Zandvliet - 11 | 1:09:29 | 1:07:09 |
| 4      | Ipek Chelik                    | Johan de Wittscholengroep  | 1:13:04 | 1:11:05 |

## MRECR, 5KM SCHOLENLOOP

| Plaats | Naam                  | Woonplaats/Vereniging          | Bruto | Netto |
|--------|-----------------------|--------------------------------|-------|-------|
| 1      | Zaki Suliman Mohammed | Johan de Wittscholengroep - 31 | 17:01 | 16:57 |

# Uitslagenlijst The Royal Ten

Den Haag - Zondag 31 mei 2026

| Plaats | Naam                      | Woonplaats/Vereniging          | Bruto | Netto |
|--------|---------------------------|--------------------------------|-------|-------|
| 2      | Yazid Ben Ahmed           | Johan de Wittscholengroep      | 19:47 | 19:43 |
| 3      | Sohayb Ghanem Ali         | Johan de Wittscholengroep - 40 | 19:47 | 19:44 |
| 4      | Ilyes Arkouch             | Johan de Wittscholengroep      | 20:16 | 19:37 |
| 5      | Ibrahim Allouchi          | Johan de Wittscholengroep - 2  | 21:22 | 21:09 |
| 6      | Nouh Ezzarrai             | Johan de Wittscholengroep      | 22:05 | 22:01 |
| 7      | Bilal Naji                | Johan de Wittscholengroep - 18 | 22:12 | 21:34 |
| 8      | Nadir Chanou              | Johan de Wittscholengroep      | 22:37 | 22:23 |
| 9      | Ayoub Benssi              | Johan de Wittscholengroep - 5  | 23:06 | 22:34 |
| 10     | Startnummer 5913          | Johan de Wittscholengroep      | 23:19 | 23:09 |
| 11     | Abdul Karim Zaaj          | Chr. Lyceum Zandvliet - 5      | 24:09 | 22:42 |
| 12     | Vasco de Groot            | Chr. Lyceum Zandvliet - 3      | 24:25 | 23:44 |
| 13     | Guido Hollander           | Chr. Lyceum Zandvliet - 4      | 24:27 | 24:01 |
| 14     | Gicon Francisca           | Johan de Wittscholengroep      | 24:38 | 24:06 |
| 15     | Startnummer 5937          | Johan de Wittscholengroep - 46 | 25:10 | 25:06 |
| 16     | Ouassim Oualaouch         | Johan de Wittscholengroep      | 25:31 | 25:20 |
| 17     | Duhan Firtina             | Johan de Wittscholengroep - 6  | 25:31 | 25:17 |
| 18     | Andres Buritica           | Johan de Wittscholengroep      | 25:35 | 25:24 |
| 19     | Abdellah El Ghamarti      | Johan de Wittscholengroep - 40 | 25:38 | 24:56 |
| 20     | Soufiane Belarbi          | Johan de Wittscholengroep      | 25:39 | 25:01 |
| 21     | Nawfal Azarkan            | Johan de Wittscholengroep - 27 | 25:45 | 25:03 |
| 22     | Casper Cabout             | Chr. Lyceum Zandvliet - 3      | 25:49 | 24:32 |
| 23     | Abdullah Alsejer          | Johan de Wittscholengroep - 22 | 26:11 | 25:52 |
| 24     | Valentijn Tempelman       | Chr. Lyceum Zandvliet - 9      | 26:14 | 24:55 |
| 25     | Philip Stolte             | Chr. Lyceum Zandvliet - 9      | 26:31 | 25:03 |
| 26     | Sebastiaan Van der Wielen | Chr. Lyceum Zandvliet - 2      | 26:49 | 25:32 |
| 27     | Ayoub Boutkabout          | Johan de Wittscholengroep - 39 | 26:56 | 26:22 |
| 28     | Zikiel Maduro             | Johan de Wittscholengroep      | 26:56 | 26:23 |
| 29     | Arda Yilmaz               | Johan de Wittscholengroep - 20 | 27:18 | 26:45 |
| 30     | Startnummer 5934          | Johan de Wittscholengroep      | 27:27 | 25:30 |
| 31     | Waalko Dingemans          | Chr. Lyceum Zandvliet - 8      | 27:38 | 26:21 |
| 32     | Noussair Boukaddache      | Johan de Wittscholengroep      | 27:45 | 27:45 |
| 33     | Paul Yang                 | Chr. Lyceum Zandvliet - 6      | 27:47 | 26:30 |
| 34     | Hussein Al-Sorihy         | Johan de Wittscholengroep      | 27:55 | 27:46 |
| 35     | Semih Yilmaz              | Johan de Wittscholengroep - 12 | 28:21 | 27:47 |
| 36     | Houdaifa Saouiki          | Johan de Wittscholengroep      | 28:42 | 28:03 |
| 37     | Yassine A                 | Johan de Wittscholengroep - 21 | 28:57 | 28:43 |
| 38     | Cristian Vergara          | Johan de Wittscholengroep      | 29:11 | 28:59 |
| 39     | Rayan El Fargougui        | Johan de Wittscholengroep - 39 | 29:12 | 28:45 |
| 40     | Uday Moese                | Chr. Lyceum Zandvliet - 2      | 29:25 | 28:09 |
| 41     | Thomas Tempelman          | Chr. Lyceum Zandvliet - 7      | 29:29 | 28:12 |
| 42     | Georgios Michailidis      | Johan de Wittscholengroep      | 29:44 | 29:18 |
| 43     | Adham Salem               | Johan de Wittscholengroep - 30 | 29:47 | 29:11 |
| 44     | Soufian Azoubai           | Johan de Wittscholengroep      | 30:04 | 29:26 |
| 45     | Oeways Lattane            | Johan de Wittscholengroep - 5  | 30:46 | 29:39 |
| 46     | Abdulqadir Chaudry        | Johan de Wittscholengroep      | 30:47 | 30:16 |
| 47     | Mehdi Gün                 | Johan de Wittscholengroep - 19 | 31:32 | 30:26 |
| 48     | Maksym Harnaha            | Johan de Wittscholengroep      | 31:36 | 31:28 |
| 49     | Abdullah Mawloud          | Johan de Wittscholengroep - 1  | 31:36 | 30:36 |
| 50     | Safouan Akkabi            | Johan de Wittscholengroep      | 31:38 | 31:04 |
| 51     | Ishaaq Boutachdat         | Johan de Wittscholengroep - 27 | 31:39 | 31:35 |
| 52     | Hasan Dalo                | Johan de Wittscholengroep      | 31:56 | 31:48 |
| 53     | Startnummer 5865          | Johan de Wittscholengroep - 22 | 32:11 | 31:42 |
| 54     | Startnummer 5935          | Johan de Wittscholengroep      | 33:51 | 32:10 |
| 55     | Sevde Arangul             | Johan de Wittscholengroep - 23 | 33:54 | 33:32 |
| 56     | Beytullah Sontan          | Johan de Wittscholengroep      | 33:56 | 33:17 |
| 57     | Emir Sağlam               | Johan de Wittscholengroep - 30 | 35:10 | 34:34 |
| 58     | Jayden Faber              | Johan de Wittscholengroep      | 35:11 | 34:35 |
| 59     | Zubair Siddiqui           | Johan de Wittscholengroep - 10 | 35:11 | 34:40 |
| 60     | Reyhan Madaran            | Johan de Wittscholengroep      | 35:12 | 34:36 |

# Uitslagenlijst The Royal Ten

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| Plaats | Naam               | Woonplaats/Vereniging          | Bruto | Netto |
|--------|--------------------|--------------------------------|-------|-------|
| 61     | Startnummer 5936   | Johan de Wittscholengroep - 46 | 35:32 | 35:27 |
| 62     | Aran Vidal         | Johan de Wittscholengroep      | 35:51 | 35:20 |
| 63     | Mohamed Suliman    | Johan de Wittscholengroep - 43 | 37:05 | 36:38 |
| 64     | Ayaan Khan         | Johan de Wittscholengroep      | 37:07 | 36:31 |
| 65     | Startnummer 5829   | Johan de Wittscholengroep - 10 | 37:35 | 37:30 |
| 66     | Fizan Bhatti       | Johan de Wittscholengroep      | 37:38 | 37:24 |
| 67     | Salih Atli         | Johan de Wittscholengroep - 32 | 38:20 | 38:06 |
| 68     | Omer Suliman       | Johan de Wittscholengroep      | 38:22 | 38:03 |
| 69     | Mohamed Mohamed    | Johan de Wittscholengroep - 25 | 39:02 | 38:54 |
| 70     | Kerem Aygün        | Johan de Wittscholengroep      | 39:06 | 38:25 |
| 71     | Yasin Sontan       | Johan de Wittscholengroep - 37 | 39:06 | 38:27 |
| 72     | Ali Altunc         | Johan de Wittscholengroep      | 42:48 | 42:13 |
| 73     | Rieda Ouarroud     | Johan de Wittscholengroep - 16 | 43:30 | 42:23 |
| 74     | Sami Haidour       | Johan de Wittscholengroep      | 43:30 | 40:33 |
| 75     | Rafi Boubkari      | Johan de Wittscholengroep - 39 | 43:33 | 43:06 |
| 76     | Nathaniel Inocente | Johan de Wittscholengroep      | 44:11 | 43:40 |
| 77     | Mahmutcan Ogul     | Johan de Wittscholengroep - 6  | 46:53 | 46:17 |
| 78     | Damian Hoentjen    | Johan de Wittscholengroep      | 47:46 | 47:13 |

## VRECR, 5KM SCHOLENLOOP

| Plaats | Naam                  | Woonplaats/Vereniging          | Bruto | Netto |
|--------|-----------------------|--------------------------------|-------|-------|
| 1      | Nisrine El Ouardani   | Johan de Wittscholengroep - 18 | 23:34 | 23:21 |
| 2      | Nikki van Capelleveen | Chr. Lyceum Zandvliet - 8      | 26:07 | 24:49 |
| 3      | Anna Pelikan          | Chr. Lyceum Zandvliet - 8      | 26:07 | 24:50 |
| 4      | Marit Walinga         | Chr. Lyceum Zandvliet - 1      | 27:56 | 26:41 |
| 5      | Kayra Yalmaz          | Johan de Wittscholengroep - 15 | 29:55 | 29:40 |
| 6      | Indira Da Costa       | Johan de Wittscholengroep      | 30:04 | 29:13 |
| 7      | Kaan Yozay            | Johan de Wittscholengroep - 18 | 31:58 | 31:42 |
| 8      | Elina Vermeulen       | Chr. Lyceum Zandvliet - 6      | 33:06 | 31:53 |
| 9      | Shaikyria Javois      | Chr. Lyceum Zandvliet - 1      | 33:29 | 32:10 |
| 10     | Busra Ayten           | Johan de Wittscholengroep      | 33:54 | 32:51 |
| 11     | Alicia Mazorra        | Chr. Lyceum Zandvliet - 4      | 35:08 | 33:38 |
| 12     | Duygu Kadir           | Johan de Wittscholengroep      | 35:29 | 35:15 |
| 13     | Ilayda Selim          | Johan de Wittscholengroep - 17 | 35:37 | 35:22 |
| 14     | Tiffany Tsie-A-Foeng  | Chr. Lyceum Zandvliet - 5      | 37:38 | 35:59 |
| 15     | Kaitlyn Zeller        | Chr. Lyceum Zandvliet - 5      | 37:39 | 35:59 |
| 16     | Hana Osman            | Johan de Wittscholengroep      | 38:06 | 37:50 |
| 17     | Wiktoria Sowa         | Johan de Wittscholengroep - 23 | 38:45 | 38:10 |
| 18     | Nour Eisaali          | Johan de Wittscholengroep      | 40:00 | 39:08 |
| 19     | Kautar Boussaqsou     | Johan de Wittscholengroep - 1  | 40:37 | 39:32 |
| 20     | Safa Kadi             | Johan de Wittscholengroep      | 40:39 | 39:34 |
| 21     | Nesrine Addouiri      | Johan de Wittscholengroep - 16 | 41:04 | 41:04 |
| 22     | Sahra Sheikh          | Johan de Wittscholengroep      | 41:07 | 40:50 |
| 23     | Zoya Mohammad         | Johan de Wittscholengroep - 10 | 41:34 | 40:43 |
| 24     | Edanur Celik          | Johan de Wittscholengroep      | 41:39 | 41:22 |
| 25     | Palda Murad           | Johan de Wittscholengroep - 14 | 41:46 | 41:30 |
| 26     | Melisa Kilic          | Johan de Wittscholengroep      | 42:04 | 41:49 |
| 27     | Dounia Boudouan       | Johan de Wittscholengroep - 3  | 43:30 | 42:26 |
| 28     | Aya Elkadi            | Johan de Wittscholengroep      | 43:30 | 42:26 |
| 29     | Lina Chemlal          | Johan de Wittscholengroep - 11 | 44:12 | 44:12 |
| 30     | Clara Mazorra Alcalde | Chr. Lyceum Zandvliet - 7      | 44:43 | 43:13 |
| 31     | Oriane Futak-Campbell | Chr. Lyceum Zandvliet - 4      | 44:43 | 43:13 |
| 32     | Maud Horsten          | Chr. Lyceum Zandvliet - 3      | 44:43 | 43:13 |
| 33     | Marwa Hassan          | Johan de Wittscholengroep - 11 | 45:59 | 45:59 |
| 34     | Berrin Yilmaz         | Johan de Wittscholengroep      | 46:07 | 45:04 |
| 35     | Hiba Lazaar           | Johan de Wittscholengroep - 35 | 46:44 | 46:25 |
| 36     | Hafsa Gungoren        | Johan de Wittscholengroep      | 47:27 | 47:05 |
| 37     | Mariam El Kaddari     | Johan de Wittscholengroep - 35 | 47:28 | 47:11 |
| 38     | Darsi Mustafa         | Johan de Wittscholengroep      | 47:28 | 46:28 |

# Uitslagenlijst The Royal Ten

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| Plaats | Naam             | Woonplaats/Vereniging          | Bruto | Netto |
|--------|------------------|--------------------------------|-------|-------|
| 39     | Maya Alshikh Ali | Johan de Wittscholengroep - 32 | 47:29 | 46:28 |
| 40     | Zeliha Irkilmaz  | Johan de Wittscholengroep      | 47:47 | 46:55 |
| 41     | Nusaiba Mouhand  | Johan de Wittscholengroep - 29 | 47:48 | 47:32 |
| 42     | Amira Oualhich   | Johan de Wittscholengroep      | 47:48 | 47:33 |
| 43     | Jasmin Azouagh   | Johan de Wittscholengroep - 33 | 48:24 | 48:06 |