# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

## MSEN, 10 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Jordy Kloet | Doetinchem | 33:36 | 33:34 |
| 2 | Almir Fetahovic | Grave | 35:11 | 35:09 |
| 3 | Pim Elferink | Nijmegen | 36:29 | 36:23 |
| 4 | Bert van Veen | Enschede | 36:44 | 36:39 |
| 5 | Dennis van Velp | Apeldoorn | 36:46 | 36:22 |
| 6 | Remi Rondeel | Zelhem | 37:30 | 37:27 |
| 7 | Jeroen van Daalen | Duiven | 38:19 | 38:15 |
| 8 | Sjoerd van Heeren | Zutphen | 38:28 | 38:24 |
| 9 | Floris Dinkelman | Lochem | 39:13 | 39:00 |
| 10 | Stoffel Spierings | Nijmegen | 39:17 | 39:13 |
| 11 | Davied Meerstra | Deventer | 39:19 | 39:07 |
| 12 | Wout van den Boom | Enschede | 39:21 | 39:17 |
| 13 | Thijs Smudde | Ambt Delden | 39:27 | 39:23 |
| 14 | Roy Grégoire | Valburg | 39:32 | 39:29 |
| 15 | Jasper Goedhart | Arnhem | 39:39 | 39:33 |
| 16 | Jelle Oosterhof | Eindhoven | 39:43 | 39:03 |
| 17 | Chris Frencken | Brummen | 39:53 | 39:49 |
| 18 | Hendrik Poelmann | Zutphen | 40:56 | 40:47 |
| 19 | Mark penninga | Zutphen | 42:26 | 42:17 |
| 20 | Alexander Schrader | Spankeren | 42:32 | 42:29 |
| 21 | Tom Rotmans | Arnhem | 43:11 | 42:56 |
| 22 | Koen Vergeer | Warnsveld | 43:12 | 43:06 |
| 23 | Bob van Hesse | Leiden | 43:39 | 43:35 |
| 24 | Rob Dijkman | Zutphen | 44:48 | 44:29 |
| 25 | Hans Sluijter | Zutphen | 45:07 | 44:49 |
| 26 | Gert v/d Belt | Hardenberg | 45:08 | 45:04 |
| 27 | Bas Cruijsen | Vorden | 47:29 | 46:57 |
| 28 | Frank Bouwmeester | Vorden | 48:03 | 47:32 |
| 29 | Joshua Boon | Almere | 48:13 | 47:07 |
| 30 | Tycho Saat | Almere | 48:31 | 47:00 |
| 31 | Rainier Ilbrink | Laren Gld | 48:46 | 47:35 |
| 32 | Frank Hamer | Laren Gld | 48:46 | 47:35 |
| 33 | Edwin Martens | Schalkhaar | 48:57 | 47:59 |
| 34 | Daniel schuijlenburg | Almere | 48:59 | 47:27 |
| 35 | Michiel van der Plas | Amsterdam | 49:06 | 48:15 |
| 36 | Dries Schuurman | Hengelo Gld | 50:06 | 48:48 |
| 37 | Wout van Leeuwen | Barchem | 51:19 | 50:33 |
| 38 | Joep Nijland | Lochem | 51:19 | 50:33 |
| 39 | Bob Kok | Vorden | 51:50 | 50:04 |
| 40 | Christiaan Feickens | Ens | 52:15 | 50:43 |
| 41 | Wehab Ahmed | Nijmegen | 52:29 | 51:29 |
| 42 | Hugo Rensink | Amsterdam | 52:55 | 52:27 |
| 43 | Albert de Haan | Vorden | 54:07 | 53:29 |
| 44 | Sander Heuvelink | Warnsveld | 55:33 | 53:46 |
| 45 | Frank de Bruin | Dieren | 56:25 | 55:09 |
| 46 | Dennis logtenberg | Apeldoorn | 57:33 | 56:18 |
| 47 | Thijs Harmelink | Vragender | 58:19 | 56:26 |
| 48 | Edwin Gerrits | Utrecht | 58:33 | 56:52 |
| 49 | Martijn Jansen | Lievelde | 59:08 | 57:41 |
| 50 | Kevin Bruil | Halle | 59:51 | 58:08 |
| 51 | Kaj Tannemaat | Zutphen | 1:00:58 | 58:59 |
| 52 | Tom Damkot | Deventer | 1:03:04 | 1:01:17 |
| 53 | Niels ten Brinke | Eibergen | 1:03:55 | 1:02:29 |
| 54 | Yuri Verweij | Dieren | 1:08:31 | 1:07:15 |

## M35, 10 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Bas Mekking | Heerde | 34:29 | 34:26 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 2 | Olaf Bos | Malden | 34:57 | 34:55 |
| 3 | Emiel Pieterse | Wolfheze | 36:44 | 36:40 |
| 4 | Ronald Nooteboom | Apeldoorn | 37:44 | 37:41 |
| 5 | Danny Boom | Aalten | 39:11 | 39:07 |
| 6 | Dennis Bast | Wageningen | 39:41 | 39:39 |
| 7 | Rob Ribbink | Huissen | 39:43 | 39:37 |
| 8 | Ronald Eitens | Arnhem | 40:00 | 39:49 |
| 9 | Niels ter Haar | Bredevoort | 42:39 | 42:24 |
| 10 | Ferry van Laar | Meppel | 42:41 | 42:36 |
| 11 | René Nijenhuis | Vorden | 43:37 | 43:14 |
| 12 | Harold Bos | Elst Gld | 43:57 | 43:39 |
| 13 | Rob Schuurman | Varsseveld | 44:05 | 43:55 |
| 14 | Yoran van Boheemen | Deventer | 44:55 | 44:42 |
| 15 | Martin Sluijter | Vorden | 45:08 | 44:50 |
| 16 | Niels Doorn | Enschede | 45:32 | 45:24 |
| 17 | Robert Ruiterkamp | Vorden | 46:17 | 45:52 |
| 18 | Wilco van Beek | Apeldoorn | 46:30 | 46:11 |
| 19 | Tom Mengers | Aalten | 46:31 | 46:10 |
| 20 | Joram Witlox | Breda | 46:38 | 45:48 |
| 21 | Arnoud Brink | Voorst gem Voorst | 47:46 | 47:22 |
| 22 | Dave Jansen | Zelhem | 48:23 | 47:27 |
| 23 | Dennis Wentink | Vorden | 49:04 | 48:10 |
| 24 | Daniel Visscher | Ootmarsum | 50:11 | 50:08 |
| 25 | Erik Rakitow | Warnsveld | 50:58 | 50:36 |
| 26 | Jeroen van Eerten | Dieren | 51:59 | 51:49 |
| 27 | Ivo Kreetz | Heteren | 52:03 | 51:01 |
| 28 | Gerd-Jan Veldhuis | Luttenberg | 52:36 | 51:52 |
| 29 | Bart Wensink | Aalten | 54:35 | 53:25 |
| 30 | Joris besselink | Vorden | 54:50 | 54:35 |
| 31 | Daniel Aaldering | Arnhem | 55:07 | 53:25 |
| 32 | Evert Teunissen | Aalten | 55:18 | 54:02 |
| 33 | Richard Hummelink | Borculo | 56:02 | 54:15 |
| 34 | Joris Riphagen | Twello | 56:16 | 55:11 |
| 35 | Arno Krooshof | Warnsveld | 56:27 | 55:14 |
| 36 | Paul Laboso | Zutphen | 57:20 | 55:22 |
| 37 | Renz Cornegoor | Vorden | 57:52 | 56:17 |
| 38 | Stefan te Loeke | Groenlo | 58:23 | 57:31 |
| 39 | Geerten Harink | Warnsveld | 58:45 | 57:10 |
| 40 | Jeroen Gerrits | Zutphen | 59:10 | 57:29 |
| 41 | Paul van Reine | Hoog-Keppel | 1:04:26 | 1:02:34 |
| 42 | Maarten Obdeijn | Deventer | 1:06:16 | 1:04:40 |

**M45, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Johan kats | Deventer | 34:38 | 34:36 |
| 2 | Jay Sauer | Nijmegen | 36:31 | 36:29 |
| 3 | Bernard te Boekhorst | Bilthoven | 37:43 | 37:39 |
| 4 | Robert Leussenkamp | Neede | 38:29 | 38:29 |
| 5 | Arjen ter Heide | Doetinchem | 40:39 | 40:39 |
| 6 | Frank Roos | Aalten | 41:32 | 41:07 |
| 7 | Ronald Kraaijenzang | Twello | 42:06 | 41:48 |
| 8 | Harry Jager | Zutphen | 43:48 | 43:37 |
| 9 | Bob van Oosten | Steenderen | 44:02 | 43:57 |
| 10 | Udo Waanders | Hellendoorn | 44:17 | 44:11 |
| 11 | Eric Evers | Arnhem | 44:19 | 44:09 |
| 12 | Wim Fokker | Zutphen | 44:54 | 44:44 |
| 13 | Martin van Boheemen | Diepenveen | 44:55 | 44:42 |
| 14 | Mohammed Chahbari | Brummen | 45:10 | 44:50 |
| 15 | Rob Nijdeken | Deventer | 45:15 | 45:09 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 16 | Danny Froeling | Lent | 45:20 | 45:10 |
| 17 | Marcel Klein Gunnewiek | Groenlo | 45:39 | 45:30 |
| 18 | Ruud Kamp | Zeist | 46:47 | 46:25 |
| 19 | Erwin Tuitert | Zutphen | 47:02 | 46:43 |
| 20 | Cas van Rijn | Arnhem | 47:22 | 46:50 |
| 21 | Alex Burghout | Vorden | 47:47 | 47:36 |
| 22 | Simon-Thijs de Feber | Warnsveld | 48:55 | 48:11 |
| 23 | Vincent Vos | Arnhem | 49:06 | 48:36 |
| 24 | Aart Freriks | Aalten | 50:39 | 50:08 |
| 25 | Henri Wanschers | Almelo | 52:12 | 51:35 |
| 26 | Danny Guldenaar | 's-Heerenberg | 52:43 | 51:19 |
| 27 | Jasper van Heuven | Zutphen | 52:59 | 51:24 |
| 28 | Herbert Bikker | Rijssen | 53:15 | 52:10 |
| 29 | Robert Loman | Hengelo Ov | 53:18 | 52:11 |
| 30 | Jan Willem Hamer | Hoog-Keppel | 53:22 | 52:22 |
| 31 | Edgar van woerkom | Zutphen | 53:38 | 52:55 |
| 32 | Serge van Cotthem | Zutphen | 53:38 | 52:54 |
| 33 | Sander Steenbreker | Warnsveld | 53:43 | 51:46 |
| 34 | Nico Kamphuis | Deventer | 53:52 | 52:53 |
| 35 | Jeroen Sanders | Arnhem | 53:53 | 53:11 |
| 36 | Dennis ter Veldhuis | Aalten | 53:59 | 52:44 |
| 37 | Herman Ooms | Hengelo Gld | 54:03 | 53:36 |
| 38 | Dinand D.telman | Nijverdal | 54:42 | 54:17 |
| 39 | Udo Heij | Vorden | 55:15 | 54:21 |
| 40 | Andre Bruil | Aalten | 55:40 | 54:11 |
| 41 | Freddy Golstein | Vorden | 55:45 | 55:15 |
| 42 | Dirk-Jan Robbe | Groenlo | 56:00 | 55:24 |
| 43 | Ruud Storck | Winterswijk | 56:02 | 54:36 |
| 44 | Erwin Scheve | Zwolle | 56:31 | 55:45 |
| 45 | Adwin de Vocht | Arnhem | 57:35 | 56:08 |
| 46 | Marc Scholten | Aalten | 57:44 | 56:20 |
| 47 | Erwin Scheers | Deventer | 57:47 | 56:41 |
| 48 | Rob van Westing | Dalfsen | 57:57 | 56:08 |
| 49 | Erik Van der Zande | Doetinchem | 58:03 | 56:36 |
| 50 | John Boom | Bredevoort | 58:19 | 57:02 |
| 51 | Erwin Knevelbaard | 's-Gravenhage | 59:31 | 58:15 |
| 52 | Han Rekswinkel | Toldijk | 1:01:31 | 59:42 |
| 53 | Jeroen Knevelbaard | Rotterdam | 1:02:26 | 1:01:09 |
| 54 | Erik Hendriks | Apeldoorn | 1:03:11 | 1:02:35 |
| 55 | Henk Weimer | Deventer | 1:04:07 | 1:02:25 |
| 56 | Ronald Bos | Hengelo Ov | 1:04:31 | 1:02:42 |
| 57 | Cees Hagoort | Heteren | 1:04:37 | 1:02:52 |
| 58 | Gert Ruitenberg | Putten | 1:05:21 | 1:03:59 |
| 59 | Erik Hendriksen | Warnsveld | 1:08:38 | 1:06:41 |

**M55, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Rob van de Graaf | Hoogeveen | 37:32 | 37:30 |
| 2 | Wim van Rijswijk | Warnsveld | 40:48 | 40:44 |
| 3 | Dirk Hoekman | Bathmen | 41:13 | 41:09 |
| 4 | Jaap van Riet | Warnsveld | 41:30 | 41:30 |
| 5 | René van Vliet | Apeldoorn | 43:24 | 43:11 |
| 6 | Henk Dimmendaal | Deventer | 43:27 | 43:19 |
| 7 | Victor Groenewege | Enschede | 46:48 | 45:41 |
| 8 | Wim Janssen | Laren Gld | 46:48 | 46:05 |
| 9 | Wim Rensink | Aalten | 47:08 | 46:55 |
| 10 | Jos Tuinte | Vragender | 47:32 | 47:22 |
| 11 | Henk van der Schaaf | Apeldoorn | 47:53 | 47:35 |
| 12 | Adri Groen | Amsterdam | 48:20 | 48:12 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 13 | Ralph van den Bergh | 's-Hertogenbosch | 48:36 | 47:46 |
| 14 | Wim Altink | Ugchelen | 49:17 | 48:42 |
| 15 | Gert Verkade | Arnhem | 50:01 | 49:45 |
| 16 | Henry Rutten | Doetinchem | 50:45 | 50:28 |
| 17 | Peter Pijnappel | Vorden | 51:03 | 50:48 |
| 18 | Buffel Beekhuizen | | 51:35 | 51:05 |
| 19 | Henk Bol | Aalten | 51:38 | 51:24 |
| 20 | Dick Hofman | Oosterbeek | 51:54 | 51:27 |
| 21 | Jos Stierhout | Bergen Nh | 52:00 | 51:04 |
| 22 | Marcel Husken | Baak | 52:21 | 52:02 |
| 23 | Wijnand Calot | Zutphen | 52:27 | 51:26 |
| 24 | Richard Hop | Baarn | 53:12 | 52:20 |
| 25 | Mile Pajic | 's Heerenberg | 53:21 | 52:34 |
| 26 | Ben Hofenk | Warnsveld | 53:26 | 52:30 |
| 27 | Henk Weeke | Vorden | 53:37 | 53:21 |
| 28 | Ruud Pleizier | Zutphen | 53:59 | 52:29 |
| 29 | Henk Mittendorff | Warnsveld | 54:29 | 53:55 |
| 30 | Jan Jansen | Zutphen | 55:17 | 54:41 |
| 31 | John Keizer | Doetinchem | 55:53 | 54:26 |
| 32 | Wido vander Veen | Zutphen | 55:57 | 55:10 |
| 33 | Gerard van de Mast | Apeldoorn | 56:25 | 56:10 |
| 34 | Albert Broekhoff | Schalkhaar | 56:56 | 56:27 |
| 35 | Michiel Kooijman | Eefde | 57:23 | 55:37 |
| 36 | Bennie ten Brinke | Eibergen | 58:08 | 56:42 |
| 37 | Hans van Vilsteren | Almelo | 58:18 | 57:08 |
| 38 | Gerard Zennipman | Deventer | 58:23 | 57:48 |
| 39 | Henri Knol | Zutphen | 58:36 | 57:04 |
| 40 | Haroldinio Abauna | Eindhoven | 58:52 | 58:31 |
| 41 | Toine van Lleshout | Goirle | 58:55 | 56:55 |
| 42 | Henk Kamphuis | Zutphen | 59:02 | 58:09 |
| 43 | Jan van den Belt | Zutphen | 59:19 | 58:44 |
| 44 | Ruud Odijk | Deventer | 59:40 | 58:18 |
| 45 | Frank Weimar | Best | 1:00:26 | 1:00:06 |
| 46 | Gerrit Ruiter | Borculo | 1:00:37 | 59:58 |
| 47 | Rene Gierkink | Lichtenvoorde | 1:00:37 | 59:57 |
| 48 | Bonny Holweg | Lichtenvoorde | 1:02:32 | 1:00:57 |
| 49 | Henk Hop | Zutphen | 1:02:37 | 1:01:38 |
| 50 | John Vlottes | Apeldoorn | 1:04:31 | 1:02:48 |
| 51 | Ernst Jan Luiten | Winterswijk Corle | 1:04:41 | 1:03:12 |
| 52 | Appie Hissink | Warnsveld | 1:04:41 | 1:03:28 |
| 53 | Paul Eggink | Doetinchem | 1:04:55 | 1:03:27 |
| 54 | Will Heuvelman | Zutphen | 1:05:41 | 1:05:07 |

**M65, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Harry Janssen | Haalderen | 44:15 | 43:55 |
| 2 | Ed van der Zwaan | Apeldoorn | 54:46 | 54:27 |
| 3 | Ad Littel | Leiden | 57:16 | 56:51 |
| 4 | MENCO van Weringh | Laren Gld | 57:45 | 57:26 |
| 5 | Johan Karstens | Heino | 59:25 | 58:29 |
| 6 | Paul Frijhoff | Warnsveld | 59:33 | 58:20 |
| 7 | Ruud Thomassen | Zutphen | 59:49 | 59:02 |
| 8 | Jaap van den Heuvel | Warnsveld | 1:01:05 | 1:00:07 |
| 9 | Tonny Holleboom | Broekland Ov | 1:01:34 | 59:44 |
| 10 | Karel Cornegoor | Vorden | 1:02:32 | 1:00:58 |
| 11 | Frans Tiemessen | Loenen Gld | 1:05:42 | 1:04:29 |
| 12 | Sebastiaan Niggebrugge | Ulft | 1:05:55 | 1:04:48 |
| 13 | Anton Jeurnink | Deventer | 1:06:18 | 1:04:27 |
| 14 | Harm Kobes | Enschede | 1:10:42 | 1:09:01 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 15 | Wim Jeurnink | Deventer | 1:11:11 | 1:09:53 |
| 16 | Pim Hermans | Gorssel | 1:13:00 | 1:12:36 |

**VSEN, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Suzanne Broxterman | Wageningen | 39:25 | 39:21 |
| 2 | Reneé Tijdink | Arnhem | 42:16 | 42:11 |
| 3 | Marije Blankvoort | Apeldoorn | 43:44 | 43:20 |
| 4 | Djoeke Donkers | Leusden | 44:06 | 43:54 |
| 5 | Annemarie Pasveer | Arnhem | 44:19 | 44:09 |
| 6 | Femke koning | Doetinchem | 44:34 | 44:21 |
| 7 | Evi Groen | Amsterdam | 45:17 | 45:10 |
| 8 | Janneke Logtenberg | Lochem | 46:27 | 46:09 |
| 9 | Patty Goossen | Apeldoorn | 49:26 | 49:20 |
| 10 | Wendy Broekers | Amsterdam | 49:35 | 49:28 |
| 11 | Marloes Wensink | Aalten | 49:47 | 49:19 |
| 12 | Emma van Geel | | 50:42 | 50:25 |
| 13 | Jolijn Ehringfeld | Enschede | 50:46 | 50:30 |
| 14 | Natalia Kozuch | Deventer | 50:46 | 49:38 |
| 15 | Linda Harkink | Laren Gld | 51:46 | 51:05 |
| 16 | Anne Brekelmans | Hoorn Nh | 52:36 | 51:32 |
| 17 | Marjan Kamp | Zwolle | 53:13 | 52:09 |
| 18 | Timea Barary Corbet | Amersfoort | 53:42 | 52:49 |
| 19 | Roanne Logtenberg | Deventer | 54:00 | 53:29 |
| 20 | Marije Schreur | Deventer | 54:40 | 53:58 |
| 21 | Margot Besselink | Vorden | 54:50 | 54:34 |
| 22 | Iris Berends | Apeldoorn | 55:00 | 53:46 |
| 23 | Suzan Waalders | Aalten | 55:18 | 53:58 |
| 24 | Dorine Janssen | Lochem | 55:39 | 54:12 |
| 25 | Anniek Bruil | Aalten | 55:41 | 54:11 |
| 26 | Noa Nijland | Borculo | 56:41 | 56:13 |
| 27 | Stephanie Schaduw | Apeldoorn | 57:31 | 56:56 |
| 28 | Carin Wagenvoort | Vorden | 57:47 | 56:02 |
| 29 | Ingri Imenkamp | Laren Gld | 57:58 | 57:16 |
| 30 | Kimberley Braam | Zutphen | 58:18 | 57:37 |
| 31 | Maaike Hofman | Hengelo Gld | 58:22 | 57:13 |
| 32 | Sandra Wilgenhof | Keijenborg | 59:50 | 58:06 |
| 33 | Raëma Letwory | Apeldoorn | 1:00:11 | 58:54 |
| 34 | Janneke Remmelink | Zutphen | 1:00:45 | 59:43 |
| 35 | Inge Mokkink | Lichtenvoorde | 1:02:34 | 1:00:41 |
| 36 | Marlies de Jong | Lochem | 1:02:51 | 1:01:59 |
| 37 | Merel Wesselink | Vorden | 1:03:33 | 1:02:13 |
| 38 | Nicole Veldhuis | Apeldoorn | 1:03:35 | 1:03:00 |
| 39 | Amy van der Plas | Breda | 1:03:44 | 1:02:54 |
| 40 | Marlot Wolbrink | Vorden | 1:03:44 | 1:01:58 |
| 41 | Naomi Wierenga | Utrecht | 1:05:39 | 1:04:00 |
| 42 | Annemarie prinsen | Bredevoort | 1:06:13 | 1:04:22 |
| 43 | Judith Hofman | Oosterbeek | 1:06:22 | 1:05:37 |
| 44 | Jopie van Burk Palmen | Zutphen | 1:09:12 | 1:07:28 |
| 45 | Janna Buijk | | 1:09:36 | 1:08:20 |
| 46 | Renée Spierings | Arnhem | 2:46:09 | 2:45:34 |

**V35, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Mirjam Vos | Doetinchem | 47:57 | 47:39 |
| 2 | Melanie Hollmann | Doetinchem | 49:45 | 49:38 |
| 3 | Monique de Ruijter | Arnhem | 51:23 | 51:07 |
| 4 | Helga Kistemaker | Rijssen | 52:27 | 52:13 |
| 5 | Rianne Nijhof | | 54:03 | 52:31 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 6 | Heidy Meeuws | Beek en Donk | 54:14 | 53:53 |
| 7 | Vera van Dreumel | Druten | 56:21 | 54:44 |
| 8 | Agnes Eijckelhoff-Sandman | Brummen | 56:37 | 55:38 |
| 9 | Susanne van der Tol | Vorden | 56:47 | 56:32 |
| 10 | Inge Rensing | Aalten | 56:55 | 55:33 |
| 11 | Barbara Koren | Zutphen | 57:53 | 57:01 |
| 12 | Melanie Wender | Haaksbergen | 58:23 | 57:31 |
| 13 | Corine Huisintveld | Drempt | 58:30 | 57:00 |
| 14 | Tessa Hofman | Arnhem | 58:43 | 57:41 |
| 15 | Veronique Schulingkamp | Aalten | 58:52 | 57:29 |
| 16 | Jeanette zantema | Zutphen | 58:55 | 58:07 |
| 17 | Mirjam Klein Bramel | Zutphen | 59:06 | 58:38 |
| 18 | Suzan Kaak | Lichtenvoorde | 59:09 | 57:42 |
| 19 | Sandra Wassink | Aalten | 59:48 | 58:25 |
| 20 | Suzanne Makkink | Nunspeet | 59:54 | 58:15 |
| 21 | Marjon Koeslag | Laren Gld | 1:00:09 | 58:48 |
| 22 | Karin Wijers | Laren Gld | 1:00:13 | 58:53 |
| 23 | Monique Timmner | Apeldoorn | 1:00:18 | 59:16 |
| 24 | Petra Boesveld | Zelhem | 1:00:39 | 1:00:15 |
| 25 | Wilma Bouwmeester | Warnsveld | 1:00:40 | 58:47 |
| 26 | Mariska breukink | Hummelo | 1:00:52 | 59:19 |
| 27 | Vanessa Timorason | Arnhem | 1:00:52 | 1:00:13 |
| 28 | Nicolette Smits | Deventer | 1:01:13 | 59:28 |
| 29 | Nancy Bolleboom | Twello | 1:01:27 | 1:00:21 |
| 30 | Diane deelman | Apeldoorn | 1:02:05 | 1:00:44 |
| 31 | Marieke peters | Vorden | 1:02:12 | 1:01:56 |
| 32 | Wies Huisman | Dieren | 1:02:34 | 1:00:40 |
| 33 | Petra Rexwinkel | Hummelo | 1:02:44 | 1:01:15 |
| 34 | Wanda Heimensen | Zutphen | 1:02:49 | 1:01:24 |
| 35 | Van eerden | Aalten | 1:02:52 | 1:01:02 |
| 36 | Astrid Schultz | Doetinchem | 1:03:35 | 1:01:59 |
| 37 | Ariela wielinga | Deventer | 1:03:42 | 1:02:08 |
| 38 | Saskia Serris | Deventer | 1:03:42 | 1:02:08 |
| 39 | Monique Hagoort | Heteren | 1:04:36 | 1:02:51 |
| 40 | Elske Huisman | Deventer | 1:04:46 | 1:03:14 |
| 41 | Paulien van der ven | Zutphen | 1:05:14 | 1:03:16 |
| 42 | Leone Nijman | Hoog-Keppel | 1:06:21 | 1:04:29 |
| 43 | Petra van Wijk | Aalten | 1:07:45 | 1:05:55 |
| 44 | Joanne van Drunen | Apeldoorn | 1:08:08 | 1:06:30 |
| 45 | Annabeth Hartmann | Holten | 1:09:13 | 1:07:28 |
| 46 | Anique de Jong | Eefde | 1:09:39 | 1:08:07 |
| 47 | Linda Oosterink | Aalten | 1:10:29 | 1:08:38 |
| 48 | Astrid Rozegaarde | Toldijk | 1:11:18 | 1:09:29 |
| 49 | Ellen Verkerk | Veenendaal | 1:11:47 | 1:09:55 |
| 50 | Willeke Veenstra | Zutphen | 1:11:58 | 1:10:05 |

**V45, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Saskia Schutte | Veessen | 40:44 | 40:40 |
| 2 | Irene Kalter | Deventer | 41:59 | 41:55 |
| 3 | Yvonne Ketelaar | Doetinchem | 49:39 | 48:34 |
| 4 | Silvia Plessius | Heeten | 53:30 | 52:54 |
| 5 | Geert wendt | Zutphen | 53:40 | 52:56 |
| 6 | Joosje Maes | Warnsveld | 53:57 | 53:37 |
| 7 | Francisca Kapinga | Vorden | 54:01 | 52:58 |
| 8 | Lianne Arling | Schalkhaar | 54:22 | 52:44 |
| 9 | Tanya Martinus | Hoog-Keppel | 54:38 | 53:04 |
| 10 | Henriëtte Bussink | Zelhem | 55:02 | 54:09 |
| 11 | Anky Bruil | Aalten | 55:42 | 54:14 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 12 | Anja Sturris | Lochem | 55:44 | 54:59 |
| 13 | Lia Elbertsen | Zutphen | 56:36 | 55:11 |
| 14 | Louise van der Sluis | | 56:42 | 56:29 |
| 15 | Anja van Elk-Coenders | Druten | 56:45 | 55:09 |
| 16 | Nicolette Vreeman | Vorden | 57:11 | 55:34 |
| 17 | Janine ter Veldhuis | Aalten | 57:15 | 55:56 |
| 18 | Mariska Bakker | Groningen | 57:31 | 56:51 |
| 19 | Simone | Arnhem | 57:43 | 56:16 |
| 20 | Wilma Wolters | Vorden | 57:43 | 57:27 |
| 21 | Annette van Waveren | Lochem | 58:15 | 56:26 |
| 22 | Marian Reinders | Zutphen | 58:16 | 56:52 |
| 23 | Jetje Straub | Doetinchem | 58:19 | 57:08 |
| 24 | Bernardien Schuppert | Holten | 58:27 | 57:04 |
| 25 | Nikki Velthuis | Zutphen | 58:42 | 57:05 |
| 26 | Linda Drent | Warnsveld | 58:43 | 57:06 |
| 27 | Tamar Hengeveld | Ruurlo | 58:58 | 58:29 |
| 28 | Ingrid van Lieshout | Best | 59:12 | 58:51 |
| 29 | Jacqueline Bierhaalder V. | Warnsveld | 59:33 | 58:19 |
| 30 | Isabel Friskes | Zutphen | 59:43 | 59:06 |
| 31 | Esther ten Brinke | Zutphen | 59:46 | 58:03 |
| 32 | Dirkje Huitink | Aalten | 59:48 | 58:25 |
| 33 | Astrid Runneboom | Borculo | 59:52 | 59:14 |
| 34 | Ine Sijbers | Zutphen | 1:00:00 | 59:14 |
| 35 | Inge Coppus | Doetinchem | 1:00:41 | 59:50 |
| 36 | Monique Loman-Rekers | Hengelo Ov | 1:01:02 | 1:00:34 |
| 37 | MarieJosé Geurts | Arnhem | 1:01:10 | 1:00:15 |
| 38 | Dinie Reinders | Doetinchem | 1:01:25 | 1:00:34 |
| 39 | Joosje van Dam | Zutphen | 1:02:13 | 1:00:15 |
| 40 | Rozemarijn Bramsen | Warnsveld | 1:02:30 | 1:00:31 |
| 41 | Jacqueline Rekswinkel | Toldijk | 1:02:37 | 1:00:48 |
| 42 | Esther Spiegelenberg | Brummen | 1:02:50 | 1:01:08 |
| 43 | Ankie te Brake | Aalten | 1:02:59 | 1:01:09 |
| 44 | Tanja Giezen | Zelhem | 1:03:16 | 1:02:29 |
| 45 | Meriam Burggraaff | Goor | 1:03:21 | 1:01:27 |
| 46 | Renée Shortz | Arnhem | 1:03:38 | 1:03:16 |
| 47 | Sabine Wilgenhof | Vorden | 1:04:17 | 1:03:47 |
| 48 | Wilma Rouweler | Raalte | 1:04:19 | 1:03:22 |
| 49 | Karin Kolvoort | Hilversum | 1:04:24 | 1:03:09 |
| 50 | Jolanda Wevers | Aalten | 1:04:41 | 1:03:19 |
| 51 | Vivien Reid | Velp Gld | 1:05:36 | 1:04:16 |
| 52 | Petra Halma | Toldijk | 1:05:57 | 1:04:08 |
| 53 | Jeanetta Zwiers | Deventer | 1:06:11 | 1:04:38 |
| 54 | Ellen Tusveld | Almelo | 1:07:14 | 1:06:52 |
| 55 | Rhodie Tolkamp | Aalten | 1:07:45 | 1:05:55 |
| 56 | Jolanda Leferink | Zutphen | 1:09:04 | 1:07:07 |
| 57 | Yvette Kingma | Vorden | 1:09:15 | 1:08:12 |
| 58 | Carole Vendrig | Zelhem | 1:11:54 | 1:10:49 |
| 59 | Anja van Ek | Zutphen | 1:12:42 | 1:11:10 |
| 60 | Anita Cornelissen | Zutphen | 1:13:46 | 1:12:58 |
| 61 | Anita des Celles | Bredevoort | 1:19:13 | 1:17:47 |

**V55, 10 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Diana Luijrink | Neede | 47:31 | 47:22 |
| 2 | Wilma Bos | Zutphen | 47:41 | 47:36 |
| 3 | Ans Hulzebos | Zutphen | 49:19 | 49:07 |
| 4 | Ineke Visser | Neede | 51:22 | 51:03 |
| 5 | Gerrie Visschers | Lichtenvoorde | 55:04 | 53:55 |
| 6 | Gyorgyi Corbet | Zutphen | 55:10 | 54:18 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 7 | Harriette van de Plas | 's-Hertogenbosch | 55:45 | 54:56 |
| 8 | Ans van Nuenen | Lochem | 57:53 | 57:18 |
| 9 | Jolanda Wissels | Hengelo Gld | 58:31 | 57:37 |
| 10 | Jokelien Beunk | Hengelo Gld | 58:31 | 57:41 |
| 11 | Karin Komdeur | Gorssel | 58:37 | 57:24 |
| 12 | Marja Mazee | Zutphen | 59:06 | 58:47 |
| 13 | Jane Voskamp | Gorssel | 1:00:34 | 59:48 |
| 14 | Patrie Brekvoort | Zutphen | 1:00:35 | 58:58 |
| 15 | Ria Dierking | Vorden | 1:00:49 | 59:11 |
| 16 | Edith Heuvelman | Zutphen | 1:00:50 | 1:00:17 |
| 17 | Monique Dibbelink | Arnhem | 1:00:52 | 59:58 |
| 18 | Liset Klopman | Vorden | 1:01:10 | 59:58 |
| 19 | Jacoline Huiskes | Hengelo Ov | 1:01:56 | 1:01:35 |
| 20 | Ans Assink | Aalten | 1:02:35 | 1:01:15 |
| 21 | Joke van de Belt | Huissen | 1:02:36 | 1:01:40 |
| 22 | Marlène Reijmer | Aalten | 1:02:58 | 1:01:07 |
| 23 | Judith Budde | Zutphen | 1:04:06 | 1:02:19 |
| 24 | Ina Thijs | Eefde | 1:04:13 | 1:02:26 |
| 25 | Carine van Luijtelaar | Zutphen | 1:04:30 | 1:02:47 |
| 26 | Janny van Wijk | Apeldoorn | 1:04:33 | 1:03:16 |
| 27 | Laura van Eldik | Tiel | 1:05:11 | 1:04:59 |
| 28 | Ans Achterkamp | Deventer | 1:06:11 | 1:04:38 |
| 29 | Nelleke Flikkenschild | Zutphen | 1:10:52 | 1:09:05 |
| 30 | Monique Witzand | Zutphen | 1:10:57 | 1:10:09 |
| 31 | Lenie Wamelink | Aalten | 1:12:09 | 1:10:38 |
| 32 | Inez van Baarsen | Zutphen | 1:16:23 | 1:14:40 |
| 33 | Sjan van Beusekom | Duiven | 1:18:08 | 1:16:58 |
| 34 | Dirkje Hofman | Oosterbeek | 1:18:37 | 1:17:48 |

## V65, 10 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Ria van Gittert | Warnsveld | 1:04:14 | 1:02:29 |
| 2 | Jet Kraan | Warnsveld | 1:04:37 | 1:02:54 |
| 3 | Irma Wellink | Aalten | 1:06:12 | 1:05:36 |
| 4 | Rio Kruisselbrink | Winterswijk Miste | 1:13:00 | 1:11:09 |

## MSEN, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Mark Muller | Deventer | 1:19:28 | 1:19:26 |
| 2 | Floris van Loo | Utrecht | 1:26:41 | 1:26:30 |
| 3 | Julius Klein Bramel | Hoorn Nh | 1:31:32 | 1:30:28 |
| 4 | Stijn Koop | Apeldoorn | 1:31:41 | 1:31:27 |
| 5 | Niek van Stralen | Enschede | 1:37:51 | 1:37:20 |
| 6 | Jefte de Bruin |  | 1:42:31 | 1:41:58 |
| 7 | Kevin Tolkamp | Doetinchem | 1:43:52 | 1:42:52 |
| 8 | Sander Schilderink | Lichtenvoorde | 1:45:33 | 1:44:19 |
| 9 | Twan Verboom | Apeldoorn | 1:48:10 | 1:46:57 |
| 10 | Luuk Kaffener | Nijmegen | 1:51:02 | 1:50:51 |
| 11 | Koen Kaffener | Utrecht | 1:51:02 | 1:50:51 |
| 12 | Martijn Wiltink | Oosterhout Gld | 1:51:15 | 1:50:02 |
| 13 | Brian Sheridan | Brugge | 2:02:30 | 2:00:43 |
| 14 | Raymond Jansen | Warnsveld | 2:03:00 | 2:02:26 |
| 15 | Peter smit | Barneveld | 2:12:51 | 2:11:06 |

## M35, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Onno Poorterman | Nijverdal | 1:21:11 | 1:21:07 |
| 2 | Nico klein Poelhuis | Haaksbergen | 1:21:19 | 1:21:16 |
| 3 | Robert van Bloem | Rijssen | 1:22:40 | 1:22:36 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 4 | Hinke van Wezep | Apeldoorn | 1:24:59 | 1:24:54 |
| 5 | Niek Dijkstra | Nijverdal | 1:26:36 | 1:26:29 |
| 6 | Wouter Ribbink | Spankeren | 1:28:37 | 1:28:34 |
| 7 | Serge Pals | Purmerend | 1:31:20 | 1:30:43 |
| 8 | Guido Freriks | Zelhem | 1:33:04 | 1:32:56 |
| 9 | Martijn Stolk | Apeldoorn | 1:33:42 | 1:33:29 |
| 10 | Erwin Kroeze | Arnhem | 1:34:58 | 1:34:45 |
| 11 | Michel Menting | Keijenborg | 1:40:21 | 1:39:57 |
| 12 | Manno van der Sluis | Bathmen | 1:40:27 | 1:39:53 |
| 13 | Paul van Helden | Amsterdam | 1:41:20 | 1:40:52 |
| 14 | Erwin Jurriens | Vorden | 1:42:52 | 1:42:43 |
| 15 | Floris van Weringh | Zwolle | 1:42:59 | 1:42:40 |
| 16 | Hugo van den Berkmortel | Zutphen | 1:43:52 | 1:43:41 |
| 17 | Remco Berenpas | Warnsveld | 1:44:47 | 1:44:33 |
| 18 | Thijs Liefers | Epe | 1:45:28 | 1:44:43 |
| 19 | Nick Palapessy | | 1:45:54 | 1:45:30 |
| 20 | Dick Tackenkamp | Ruurlo | 1:46:16 | 1:45:07 |
| 21 | Bert Jansma | Zelhem | 1:46:23 | 1:45:56 |
| 22 | Joost Ridderbos | Diepenveen | 1:46:38 | 1:45:19 |
| 23 | Oscar Bleumink | Vorden | 1:46:52 | 1:46:32 |
| 24 | Giuseppe canu | Bathmen | 1:48:01 | 1:47:27 |
| 25 | Jeff Scholze | Nijmegen | 1:50:10 | 1:49:53 |
| 26 | Mark van Stralen | Enschede | 1:50:24 | 1:49:53 |
| 27 | Joost Hordijk | Vleuten | 1:50:29 | 1:49:19 |
| 28 | Gerben Heinen | Aalten | 1:50:38 | 1:48:46 |
| 29 | Taco de Rooij | Zutphen | 1:51:26 | 1:50:21 |
| 30 | Patrick Ketterink | Eibergen | 1:51:46 | 1:50:59 |
| 31 | Marco van Zeijst | Eerbeek | 1:52:58 | 1:52:37 |
| 32 | Sander Tangelder | Vorden | 1:53:32 | 1:52:24 |
| 33 | Thomas Driessen | Apeldoorn | 1:53:32 | 1:52:04 |
| 34 | Diederik Verbakel | Aalten | 1:54:32 | 1:53:31 |
| 35 | Ray Derks | Eefde | 1:56:04 | 1:54:53 |
| 36 | Toine Harmsen | Diepenveen | 2:01:29 | 2:01:29 |
| 37 | Ivo Leijten | Raalte | 2:02:06 | 2:01:01 |
| 38 | Edwin de Zwart | Doesburg | 2:02:39 | 2:00:57 |
| 39 | Michel Dakken | Benschop | 2:03:06 | 2:02:41 |
| 40 | Lex van Dorp | Zwolle | 2:04:04 | 2:02:30 |
| 41 | Gerard van de Munt | Voorburg | 2:06:42 | 2:05:13 |
| 42 | Willem Boverhof | Zwolle | 2:07:53 | 2:07:32 |
| 43 | Maarten van Leeuwen | Doetinchem | 2:11:36 | 2:09:51 |
| 44 | Maarten Timmer | Zutphen | 2:12:33 | 2:12:03 |

**M45, 21.1 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Andre Neerlaar | Beltrum | 1:32:01 | 1:31:49 |
| 2 | Harrie Drost | Zutphen | 1:34:08 | 1:33:54 |
| 3 | Rolf de Gier | Zuidwolde Dr | 1:34:45 | 1:34:34 |
| 4 | David Hoop | Apeldoorn | 1:35:44 | 1:35:31 |
| 5 | Tonnie de winter | Deventer | 1:36:33 | 1:35:44 |
| 6 | René Aaldering | Vorden | 1:36:36 | 1:36:22 |
| 7 | Maarten van Alphen | Velp Gld | 1:37:47 | 1:37:35 |
| 8 | René Bosch | Vorden | 1:38:31 | 1:38:11 |
| 9 | Gert-Jan Konijnenbelt | Nijverdal | 1:38:57 | 1:38:29 |
| 10 | Arjan Hoekstra | Zutphen | 1:39:47 | 1:39:30 |
| 11 | Jeroen Straathof | Haarlo | 1:40:26 | 1:39:54 |
| 12 | Gerard de Grutter | Zutphen | 1:41:48 | 1:41:34 |
| 13 | Frank Hofstede | Raalte | 1:42:00 | 1:41:37 |
| 14 | Ewald Woertman | Raalte | 1:42:10 | 1:41:45 |
| 15 | Merlijn Kamerling | Meppel | 1:42:15 | 1:41:57 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 16 | Edgar Bakker | Groningen | 1:44:08 | 1:43:27 |
| 17 | Joop Wevers | Dinxperlo | 1:44:11 | 1:43:20 |
| 18 | Marcel Kremer | Apeldoorn | 1:45:08 | 1:44:57 |
| 19 | Edwin Kwak | Doetinchem | 1:45:26 | 1:44:45 |
| 20 | Ugur Kahraman | Zutphen | 1:46:07 | 1:45:53 |
| 21 | Marcel Mooij | Apeldoorn | 1:46:21 | 1:45:40 |
| 22 | Ard Tiberius | Apeldoorn | 1:47:20 | 1:46:07 |
| 23 | Eric Korteland | Papendrecht | 1:49:30 | 1:48:54 |
| 24 | Gerard Inberg | De Wijk | 1:49:33 | 1:49:25 |
| 25 | Marco ten Zende | Nijverdal | 1:49:41 | 1:49:25 |
| 26 | Ad Eilert | Raalte | 1:51:30 | 1:51:08 |
| 27 | Hans Timmers Verhoeven | Warnsveld | 1:51:42 | 1:50:59 |
| 28 | Jan ter Haar | Borne | 1:52:07 | 1:51:33 |
| 29 | Jeroen jansen | Deventer | 1:52:15 | 1:51:21 |
| 30 | Ruud Harleman | Apeldoorn | 1:52:42 | 1:51:42 |
| 31 | Marin Ekhardt | Arnhem | 1:54:46 | 1:54:16 |
| 32 | Gerjo Wevers | Aalten | 1:54:46 | 1:52:54 |
| 33 | René Wenting | Aalten | 1:54:46 | 1:54:15 |
| 34 | Henk Pieters | Nijverdal | 1:55:40 | 1:54:58 |
| 35 | Holger Grotenhuis | Duiven | 1:56:11 | 1:54:34 |
| 36 | Bert Teunissen | Toldijk | 1:56:22 | 1:55:57 |
| 37 | Karel Burgstede | Holten | 1:56:45 | 1:55:46 |
| 38 | Johan Tiemersma | Groningen | 1:57:36 | 1:56:47 |
| 39 | Joop Timmer | Zutphen | 1:57:36 | 1:56:48 |
| 40 | Marcel de Buijzer | Zelhem | 1:59:28 | 1:58:04 |
| 41 | René ten Arve | Groenlo | 1:59:30 | 1:58:50 |
| 42 | Marco Went | 's-Heerenberg | 2:00:29 | 1:59:01 |
| 43 | Piero Spanu | Apeldoorn | 2:01:00 | 1:59:31 |
| 44 | Eddy de Boer | De Wijk | 2:04:23 | 2:02:56 |
| 45 | Richard Jansman | Raalte | 2:06:17 | 2:05:17 |
| 46 | Bert Molewijk | Zutphen | 2:06:44 | 2:05:59 |
| 47 | Hugo Kok | Denekamp | 2:08:33 | 2:06:54 |
| 48 | Bertho Meijer | Warnsveld | 2:09:16 | 2:07:19 |
| 49 | René Hekkelman | Laren Gld | 2:13:02 | 2:11:44 |
| 50 | Rienk Roubos | Markelo | 2:15:37 | 2:14:33 |
| 51 | Peter Hulshof | Laren Gld | 2:15:47 | 2:14:29 |
| 52 | Gert-Jan Tinkerburg | Warnsveld | 2:19:48 | 2:18:31 |

## M55, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Niro ten Bokkel | Warnsveld | 1:40:49 | 1:40:25 |
| 2 | HenkJan Baltink | Enschede | 1:42:02 | 1:41:48 |
| 3 | Vincent Messing Vari | Varsseveld | 1:42:25 | 1:41:46 |
| 4 | Johan Damhuis | Zutphen | 1:43:11 | 1:42:56 |
| 5 | Willem Brinkman | De Schiphorst | 1:43:12 | 1:42:18 |
| 6 | Raymond van Egmaond | Apeldoorn | 1:44:07 | 1:42:57 |
| 7 | Theo van Bergen | Doetinchem | 1:45:20 | 1:44:39 |
| 8 | Erik van Ekeris | Joppe | 1:46:15 | 1:45:22 |
| 9 | Bert van der Laan | Zutphen | 1:46:39 | 1:46:07 |
| 10 | Roelof Groen | Deventer | 1:47:58 | 1:47:41 |
| 11 | Eric Bouwmeester | Zutphen | 1:49:54 | 1:49:22 |
| 12 | Evert Jan Kasteel | Epe | 1:51:28 | 1:51:01 |
| 13 | Christiaan Kats | Oene | 1:51:30 | 1:51:03 |
| 14 | Maarten Timmers Verhoeven | Amsterdam | 1:52:16 | 1:51:34 |
| 15 | Bart Manschot | Lichtenvoorde | 1:53:40 | 1:52:44 |
| 16 | Jan-Paul Buijk | Vorden | 1:53:56 | 1:53:38 |
| 17 | Geert Kip | Aalten | 1:54:33 | 1:52:41 |
| 18 | Frank Bastin | Enschede | 1:55:29 | 1:54:51 |
| 19 | André Nij Bijvank | Haarle gem Hellendoorn | 1:55:44 | 1:55:14 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 20 | Hans Kaffener | Holten | 1:56:25 | 1:55:26 |
| 21 | Robbie van Mierlo | Borne | 2:00:35 | 1:58:38 |
| 22 | Rick Wildemann | Enschede | 2:01:56 | 2:00:36 |
| 23 | Bert Vlijm | Doornspijk | 2:04:00 | 2:02:56 |
| 24 | Robert Meijer | Zutphen | 2:05:10 | 2:03:20 |
| 25 | Dick Bouwhuis | Zutphen | 2:08:16 | 2:06:38 |
| 26 | Bert van Ravenswaaij | Bennekom | 2:08:18 | 2:06:55 |
| 27 | Rients van Wijngaarden | Zutphen | 2:08:38 | 2:07:46 |
| 28 | Michel Bilstra | Ede Gld | 2:08:49 | 2:07:11 |
| 29 | Gerrit Schuurman | Dalfsen | 2:09:02 | 2:07:17 |
| 30 | Jan Nauta | Holten | 2:10:21 | 2:08:41 |
| 31 | Bert Kromkamp | Vorden | 2:16:42 | 2:15:36 |
| 32 | Jan-Willem Bekkers | Apeldoorn | 2:16:57 | 2:16:15 |
| 33 | Kees Schutte | Apeldoorn | 2:20:00 | 2:19:00 |

## M65, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Jan Stolker | Steenwijk | 1:45:51 | 1:44:57 |
| 2 | Tommy Gotink | Ruurlo | 1:54:07 | 1:53:49 |
| 3 | Ben van der Heide | Hengelo Gld | 1:54:24 | 1:53:40 |
| 4 | Henk Momberg | Zelhem | 2:09:10 | 2:07:30 |
| 5 | Jan Verschuren | Deventer | 2:13:17 | 2:11:26 |
| 6 | Jan te Luggenhorst | Haarlo | 2:22:39 | 2:21:01 |

## VSEN, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Loes Evers | Zutphen | 1:37:59 | 1:37:45 |
| 2 | Pien Schotman | Zieuwent | 1:39:22 | 1:39:04 |
| 3 | Linda Balktink | Enschede | 1:50:36 | 1:50:23 |
| 4 | Veerle Huysman | Sint-Michiels | 1:55:35 | 1:53:49 |
| 5 | Marjan Roelofs | Deventer | 1:59:17 | 1:58:54 |
| 6 | Celeste Engwerda | | 1:59:26 | 1:58:46 |
| 7 | Lienke Eenink | Gaanderen | 2:05:33 | 2:04:50 |
| 8 | Fanny Vanmarcke | Brugge | 2:10:25 | 2:08:38 |
| 9 | Barbara Klein Bramel | Amsterdam | 2:10:52 | 2:09:05 |
| 10 | Inès Vanmarcke | Amsterdam | 2:11:44 | 2:09:56 |
| 11 | Maaike Smit | Stroe | 2:12:51 | 2:11:07 |
| 12 | Anna Otten | Vorden | 2:20:53 | 2:19:31 |

## V35, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Jannie ter Horst | Holten | 1:44:26 | 1:44:20 |
| 2 | Marlous van Duijn | Apeldoorn | 1:53:32 | 1:52:04 |
| 3 | Sigrid Hendrikse | Dordrecht | 1:54:48 | 1:54:07 |
| 4 | Ingrid Dijkgraaf | Beekbergen | 1:57:03 | 1:56:40 |
| 5 | Katrin Zoehrer | Duisburg | 1:57:10 | 1:56:11 |
| 6 | Sofie Harmsen | Zutphen | 1:59:22 | 1:58:49 |
| 7 | Angelique Derks | Eefde | 2:02:00 | 2:00:49 |
| 8 | Wan Ying Chow | Nijmegen | 2:03:42 | 2:02:08 |
| 9 | Sonja van der Stel | Papendrecht | 2:06:08 | 2:04:40 |
| 10 | Angela Schonenberg | Gemert | 2:08:46 | 2:07:42 |
| 11 | Evelyne Bekke | Goor | 2:16:23 | 2:14:29 |
| 12 | Esther Bulthuis- de Blouw | Hooglanderveen | 2:36:09 | 2:34:24 |

## V45, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Sanna van den Akker | Vorden | 1:44:47 | 1:44:30 |
| 2 | Sylvia Wichink | Raalte | 1:48:47 | 1:47:53 |
| 3 | Sabine Veldhuis | Hengelo Ov | 1:57:33 | 1:57:12 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 4 | Gwenn van der Schee | Zutphen | 2:00:05 | 1:59:25 |
| 5 | Heidi ter Veer | Olst | 2:01:29 | 2:00:08 |
| 6 | Paulien Sarelse | Teuge | 2:01:36 | 2:00:21 |
| 7 | Bernadette van Groeningen | Warnsveld | 2:01:39 | 2:00:22 |
| 8 | Regine Godefrooij-Kerkhof | Apeldoorn | 2:01:43 | 2:00:28 |
| 9 | Henriette Hooge | Zuidwolde Dr | 2:04:54 | 2:03:34 |
| 10 | Rita Doesburg | Rekken | 2:07:25 | 2:05:44 |
| 11 | Mariecke Nijs | Ede Gld | 2:10:51 | 2:09:13 |
| 12 | Carina Evertse | Apeldoorn | 2:13:56 | 2:12:55 |
| 13 | Karin Wissink | Zutphen | 2:14:02 | 2:12:06 |
| 14 | Derkje Griffioen | Zutphen | 2:14:02 | 2:12:06 |
| 15 | Ina Nijhof | Laren Gld | 2:15:46 | 2:14:27 |
| 16 | Lucien Hatzmann | Heerde | 2:17:17 | 2:17:09 |
| 17 | Ivonne Knopert | Warnsveld | 2:17:25 | 2:16:10 |
| 18 | Angela Sikken | Barneveld | 2:17:50 | 2:16:06 |
| 19 | Yvonne Krijgh | Dieren | 2:26:48 | 2:25:19 |
| 20 | Marianne Pastoor | Apeldoorn | 2:35:38 | 2:34:22 |

## V55, 21.1 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Agnes Doedens | Schalkhaar | 1:55:42 | 1:55:13 |
| 2 | Gerda Nij Bijvank | Haarle gem Hellendoorn | 1:55:42 | 1:55:14 |
| 3 | Betty de Haan | Holten | 2:05:01 | 2:03:22 |
| 4 | Marise van Ravenswaaij | Bennekom | 2:08:18 | 2:06:54 |
| 5 | Anneke den Brouwer | Dalfsen | 2:16:52 | 2:15:07 |

## MSEN, 30 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Jorn Jansman | Hellendoorn | 1:46:48 | 1:46:46 |
| 2 | Marco Muller | Holten | 1:47:05 | 1:47:03 |
| 3 | Yoshi Groen | Amsterdam | 1:47:25 | 1:47:21 |
| 4 | Lars duistermaat | Winterswijk Huppel | 1:49:31 | 1:49:29 |
| 5 | Nick Zwienenberg | Nijverdal | 1:49:57 | 1:49:55 |
| 6 | Roel Hakvoort | Amersfoort | 1:59:00 | 1:58:54 |
| 7 | Roel Tinneveld | Zevenaar | 2:01:35 | 2:01:20 |
| 8 | Thomas De Vos | Deventer | 2:02:27 | 2:01:54 |
| 9 | Kelvin Mateman | Aalten | 2:02:41 | 2:02:34 |
| 10 | Roy Polman | Arnhem | 2:04:03 | 2:03:49 |
| 11 | Dave Timmer | Amersfoort | 2:04:04 | 2:03:59 |
| 12 | Niek Kleinhesselink | Aalten | 2:04:07 | 2:04:03 |
| 13 | Jeroen Pieter vd Vliet | Assen | 2:04:38 | 2:04:35 |
| 14 | Wouter van Rossum | Amersfoort | 2:04:55 | 2:04:51 |
| 15 | Tom van Beusekom | Zevenaar | 2:05:31 | 2:05:21 |
| 16 | Koen Willemink | Lettele | 2:09:24 | 2:09:07 |
| 17 | Frank den Dulk | Utrecht | 2:09:25 | 2:09:17 |
| 18 | Gerben Tiekstra | | 2:09:26 | 2:09:16 |
| 19 | Moesy Zemichael | Delft | 2:12:44 | 2:12:34 |
| 20 | Chantor Pascal van Beek | Arnhem | 2:13:03 | 2:12:56 |
| 21 | Redmar Rieter | Arnhem | 2:13:03 | 2:12:56 |
| 22 | Kjell Vogel | Eibergen | 2:13:11 | 2:13:04 |
| 23 | Jorik Klein | Schalkhaar | 2:16:11 | 2:15:44 |
| 24 | Nick de Groot | Emst | 2:16:23 | 2:15:09 |
| 25 | Kevin Voss | Hengelo Ov | 2:16:51 | 2:16:44 |
| 26 | Vokan Bugur | | 2:18:39 | 2:18:25 |
| 27 | Sander Brinkhof | Utrecht | 2:23:04 | 2:22:53 |
| 28 | Jelmer Rumathe | Nijverdal | 2:25:13 | 2:25:02 |
| 29 | Marco Hoeve | Zwolle | 2:26:53 | 2:26:17 |
| 30 | Kelvin Meijer | Schalkhaar | 2:27:13 | 2:26:20 |
| 31 | Hielke Bos | Driebergen-Rijsenburg | 2:27:27 | 2:27:02 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 32 | Karel Kamp | Zwolle | 2:28:08 | 2:27:06 |
| 33 | Maikel Simon | Putten | 2:28:10 | 2:27:22 |
| 34 | Julian de Jong | Putten | 2:28:10 | 2:27:22 |
| 35 | Berry Simon | Putten | 2:28:11 | 2:27:23 |
| 36 | Pascal te Koppele | Haaksbergen | 2:28:25 | 2:28:04 |
| 37 | Jos Maassen | Arnhem | 2:29:08 | 2:28:37 |
| 38 | Frank Reitsma | Woerden | 2:32:13 | 2:30:46 |
| 39 | Martijn Demmink | Enschede | 2:32:14 | 2:31:55 |
| 40 | Marco Mengers | Apeldoorn | 2:32:18 | 2:31:55 |
| 41 | Sander Termeulen | Ede Gld | 2:32:18 | 2:31:54 |
| 42 | Bas Scholten | Eefde | 2:32:48 | 2:32:15 |
| 43 | Tomas Senne | Lichtenvoorde | 2:33:01 | 2:32:05 |
| 44 | Dinant Nijenhuis | Laren Gld | 2:33:51 | 2:33:20 |
| 45 | Ellard Schutte | Apeldoorn | 2:33:53 | 2:32:52 |
| 46 | Rene van den Brink | Amstelveen | 2:35:48 | 2:34:08 |
| 47 | Hans de Vries | Ede Gld | 2:43:41 | 2:42:23 |
| 48 | Stephan Elst | 's Gravenmoer | 2:45:24 | 2:44:57 |
| 49 | Rogier Monshouwer | Enschede | 2:53:03 | 2:51:44 |
| 50 | Jaap Sterken | Nieuwleusen | 2:53:18 | 2:52:49 |
| 51 | Bouke ten Have | Lichtenvoorde | 3:00:23 | 2:58:31 |
| 52 | Arjan van de Wolfshaar | Lichtenvoorde | 3:00:24 | 2:58:31 |
| 53 | Joris Post | Eibergen | 3:13:43 | 3:12:06 |

**M35, 30 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Richard Loendersloot | Enschede | 1:49:35 | 1:49:33 |
| 2 | Rik Wolswinkel | Woudenberg | 1:54:01 | 1:53:56 |
| 3 | Stefan Wielers | Vreden | 1:57:08 | 1:57:03 |
| 4 | Arnout Salome | Soesterberg | 1:57:11 | 1:57:06 |
| 5 | Michiel Kallenberg | Nijmegen | 1:57:47 | 1:57:38 |
| 6 | Alex Bergsma | Doorwerth | 2:00:26 | 2:00:14 |
| 7 | Mesfun Habtab | De Wijk | 2:02:34 | 2:02:29 |
| 8 | Stefan van Oosterwijk | Gemert | 2:03:58 | 2:03:51 |
| 9 | Sebastiaan POl | | 2:04:07 | 2:04:04 |
| 10 | David Klein | Vorden | 2:04:18 | 2:04:15 |
| 11 | Jeroen Lanters | Gaanderen | 2:04:25 | 2:04:16 |
| 12 | Ardjan de Groot | Lochem | 2:04:44 | 2:04:38 |
| 13 | Willem Schreurs | Lochem | 2:04:46 | 2:04:39 |
| 14 | Gert-Jan Nusselder | Nijmegen | 2:04:56 | 2:04:35 |
| 15 | Arnoud Liefers | Apeldoorn | 2:08:11 | 2:07:49 |
| 16 | Sjoerd Franck | Nijverdal | 2:08:18 | 2:08:09 |
| 17 | Jeroen ten Klooster | Wijhe | 2:08:20 | 2:08:04 |
| 18 | Stefan Hoogvliet | Utrecht | 2:09:18 | 2:08:58 |
| 19 | Martijn Kroon | | 2:09:26 | 2:09:16 |
| 20 | Emiel Huizinga | Almen | 2:16:09 | 2:15:57 |
| 21 | Ernst Albers | Twello | 2:16:29 | 2:16:02 |
| 22 | Robbie Bell | Hengelo Ov | 2:16:51 | 2:16:45 |
| 23 | Niek te Hennepe | Denekamp | 2:17:54 | 2:17:28 |
| 24 | Mark Egberts | Almelo | 2:18:18 | 2:18:04 |
| 25 | Kees Aanen | Loenen aan de Vecht | 2:18:28 | 2:17:59 |
| 26 | Maikel Wissels | Brummen | 2:18:35 | 2:18:07 |
| 27 | Auke Rensen | | 2:18:40 | 2:18:26 |
| 28 | Robert Kornegoor | Vorden | 2:19:40 | 2:19:25 |
| 29 | Anko van Mun | Zelhem | 2:20:37 | 2:20:24 |
| 30 | Werner Fortgens | Apeldoorn | 2:20:41 | 2:20:15 |
| 31 | Wouter Raben | Aalten | 2:21:15 | 2:20:57 |
| 32 | Jeroen Passie | Arnhem | 2:22:41 | 2:22:20 |
| 33 | Tim Stevens | Enschede | 2:23:00 | 2:22:48 |
| 34 | Dennis Mensink | Heerde | 2:23:18 | 2:22:49 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 35 | Jan-Pieter Maaijwee | Lent | 2:25:04 | 2:24:40 |
| 36 | Reindert van Wessel | Doetinchem | 2:26:04 | 2:25:34 |
| 37 | Robert Dulfer | Winterswijk | 2:26:12 | 2:25:46 |
| 38 | Jop de Kwaadsteniet | Utrecht | 2:27:25 | 2:27:00 |
| 39 | Rick liesting | Deventer | 2:27:26 | 2:26:48 |
| 40 | Erik Vis | Twello | 2:28:39 | 2:28:17 |
| 41 | Angelo Driessen | Dieren | 2:29:55 | 2:28:27 |
| 42 | Frank Huisman | Dieren | 2:30:01 | 2:28:25 |
| 43 | Menno van Middelkoop | Dieren | 2:30:01 | 2:28:25 |
| 44 | Peter Liebrechts | Apeldoorn | 2:31:37 | 2:31:26 |
| 45 | Miguel Mommersteeg | Holten | 2:32:59 | 2:31:18 |
| 46 | Christiaan Kluin | Raalte | 2:35:20 | 2:34:24 |
| 47 | Tjeerd Lemstra | Zwolle | 2:35:42 | 2:35:06 |
| 48 | Gerben Heimerink | Goor | 2:36:08 | 2:36:03 |
| 49 | Marcel Kanselaar | Biddinghuizen | 2:36:31 | 2:35:43 |
| 50 | Ron Hageman | Nieuw-Vennep | 2:37:30 | 2:36:23 |
| 51 | Ronald Voort | Almelo | 2:38:04 | 2:37:25 |
| 52 | Chris Meij | Dieren | 2:38:24 | 2:37:17 |
| 53 | Rik van Laar | Dieren | 2:38:24 | 2:37:17 |
| 54 | Sander Vloedgraven | Deventer | 2:38:29 | 2:37:38 |
| 55 | Thomas pas | Rijssen | 2:38:29 | 2:36:41 |
| 56 | Christiaan Effting | Ruurlo | 2:38:50 | 2:38:14 |
| 57 | Ruud van Rijsingen | Ruurlo | 2:38:51 | 2:38:14 |
| 58 | Maarten Houtriet | Bennekom | 2:38:54 | 2:38:03 |
| 59 | Manuel Hayes | Zwolle | 2:39:04 | 2:38:32 |
| 60 | René Van der Sanden | Enschede | 2:40:06 | 2:39:09 |
| 61 | Peter van Assem | Raalte | 2:40:12 | 2:39:09 |
| 62 | Norbert Westerman | Deventer | 2:40:32 | 2:39:33 |
| 63 | Bas Bolder | Dieren | 2:41:27 | 2:40:54 |
| 64 | Marco Meijerink | Brummen | 2:41:58 | 2:41:32 |
| 65 | Johan Meijer | Diepenveen | 2:42:14 | 2:41:19 |
| 66 | Mark Brouwer | Apeldoorn | 2:42:21 | 2:41:37 |
| 67 | Dennis Nootenboom | Doetinchem | 2:42:33 | 2:41:58 |
| 68 | Gerben Dijkman | Utrecht | 2:43:36 | 2:42:21 |
| 69 | Neimet mehrabi | Zwolle | 2:43:47 | 2:42:48 |
| 70 | Dimitri ten Klooster | Emmeloord | 2:44:59 | 2:43:33 |
| 71 | Martin Breukers | Arnhem | 2:47:03 | 2:45:52 |
| 72 | Thijs Poll | Lettele | 2:47:17 | 2:45:22 |
| 73 | Bonnie Kevenaar | Dieren | 2:48:06 | 2:47:30 |
| 74 | Kees Prins | Sliedrecht | 2:49:04 | 2:48:16 |
| 75 | Mark Drost | Zutphen | 2:49:07 | 2:47:20 |
| 76 | Leroy van der Vegt | Westervoort | 2:49:36 | 2:48:35 |
| 77 | Ruben Bumkens | Schalkhaar | 2:50:05 | 2:48:11 |
| 78 | Bas Harmsen | Arnhem | 2:50:07 | 2:49:33 |
| 79 | Peter de Jong | Arnhem | 2:50:13 | 2:49:02 |
| 80 | Dominique Frerichs | | 2:50:40 | 2:49:33 |
| 81 | Patrick van den Hoogen | Driel | 2:54:13 | 2:52:47 |
| 82 | Eric van Dijk | Bennekom | 2:56:14 | 2:54:35 |
| 83 | Joost Teusink | Warnsveld | 3:00:01 | 2:58:15 |
| 84 | Lars Lageweg | | 3:00:22 | 2:58:52 |
| 85 | Bas Verboom | Schalkhaar | 3:00:23 | 2:58:28 |
| 86 | Rutger van der Starre | Boskoop | 3:01:44 | 3:00:26 |
| 87 | Ronald Visser | Arnhem | 3:04:35 | 3:02:59 |
| 88 | Dennis Tolhuis | Hengelo Ov | 3:06:41 | 3:05:19 |
| 89 | Roland TL Giesbers | Arnhem | 3:07:03 | 3:06:13 |
| 90 | Robin Nicolai | Zwolle | 3:07:30 | 3:06:00 |
| 91 | Bart Deelman | Apeldoorn | 3:14:56 | 3:13:34 |

**M45, 30 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Remco van Nieuwenhoven | Warnsveld | 55:24 | 54:41 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 2 | Peter Bruinsma | Nijverdal | 1:53:01 | 1:52:58 |
| 3 | Mark Saathof | Nijverdal | 1:53:22 | 1:53:20 |
| 4 | Wim Ritsema | Dieren | 1:56:18 | 1:56:15 |
| 5 | Bob van Steenwijk | Gouda | 2:00:36 | 1:58:44 |
| 6 | Han Wolsing | Amersfoort | 2:04:02 | 2:03:56 |
| 7 | Arjel de Vries | Vorden | 2:04:04 | 2:03:59 |
| 8 | Joop Vriend | Enschede | 2:04:07 | 2:04:01 |
| 9 | Bart te Riele | Arnhem | 2:04:13 | 2:04:08 |
| 10 | Martijn Schakelaar | Hattem | 2:07:14 | 2:06:59 |
| 11 | Richard Kok | | 2:07:54 | 2:07:30 |
| 12 | Evert van Veldhuizen | Veldhoven | 2:08:16 | 2:08:09 |
| 13 | Marcel Kuenen | Elst Gld | 2:09:10 | 2:08:32 |
| 14 | Guido Haaijema | Eefde | 2:10:02 | 2:09:29 |
| 15 | Marco van Nek | Arnhem | 2:10:57 | 2:10:38 |
| 16 | Erik van den Dikkenberg | Veenendaal | 2:12:56 | 2:12:37 |
| 17 | Herrald Aaldering | Doetinchem | 2:14:14 | 2:14:05 |
| 18 | Christiaan van Putten | Epe | 2:15:20 | 2:15:08 |
| 19 | Remco Greven | Schalkhaar | 2:15:40 | 2:15:21 |
| 20 | Peter Bos | Gaanderen | 2:16:08 | 2:15:47 |
| 21 | Arjen Brinkmann | Hoevelaken | 2:16:08 | 2:15:58 |
| 22 | Ron Gerrist | Arnhem | 2:17:28 | 2:17:19 |
| 23 | Frank Wiebes | Enschede | 2:17:46 | 2:17:41 |
| 24 | Simon Schuurman | Hengelo Gld | 2:18:14 | 2:17:36 |
| 25 | Marc Voorn | Leusden | 2:18:47 | 2:18:16 |
| 26 | Carel Lueb | Wehl | 2:18:58 | 2:18:39 |
| 27 | René Goorman | Laren Gld | 2:20:22 | 2:20:06 |
| 28 | Oscar van Hattem | Veenendaal | 2:22:06 | 2:21:46 |
| 29 | Han Morsink | Borne | 2:22:38 | 2:22:25 |
| 30 | Robert Bolhuis | Hengelo Ov | 2:22:38 | 2:22:25 |
| 31 | Ronald Wiskamp | Zutphen | 2:22:46 | 2:22:24 |
| 32 | Ramon Pauwel | Almelo | 2:24:15 | 2:23:46 |
| 33 | Wim Bijsterbosch | Heerde | 2:24:19 | 2:24:11 |
| 34 | Rob van der Donk | Groenlo | 2:24:30 | 2:24:10 |
| 35 | Rene Sitters | Zwolle | 2:24:41 | 2:24:07 |
| 36 | Gerhard van Vilsteren | IJsselmuiden | 2:25:34 | 2:24:59 |
| 37 | Herman Broekhuis | Lettele | 2:25:55 | 2:25:38 |
| 38 | Richard Remmelink | Doetinchem | 2:26:08 | 2:25:44 |
| 39 | Eric Hoebink | Oosterhout Nb | 2:26:19 | 2:25:28 |
| 40 | Koen Warmink | Utrecht | 2:26:30 | 2:26:18 |
| 41 | GJ te Boekhorst | Doesburg | 2:26:38 | 2:26:12 |
| 42 | Johan van Aalderen | Zwolle | 2:26:47 | 2:26:14 |
| 43 | Johan Westerink | Kampen | 2:26:58 | 2:26:48 |
| 44 | Peter Wassink | Doetinchem | 2:27:01 | 2:26:20 |
| 45 | Erik Nijhof | | 2:27:17 | 2:26:54 |
| 46 | René Vergouwe | Ede Gld | 2:27:23 | 2:26:07 |
| 47 | Harm Jorritsma | | 2:27:27 | 2:27:03 |
| 48 | Arjen Munnik | Harderwijk | 2:27:38 | 2:27:05 |
| 49 | Teun Prins | Amersfoort | 2:27:49 | 2:27:24 |
| 50 | Tom Nijland | Borculo | 2:27:54 | 2:27:25 |
| 51 | Raimond petets | Terborg | 2:28:03 | 2:27:41 |
| 52 | Gert-Willem Vissers | Dieren | 2:28:43 | 2:27:15 |
| 53 | Andries Centen | Wehl | 2:29:27 | 2:29:00 |
| 54 | Mike Kevenaar | Dieren | 2:30:32 | 2:30:01 |
| 55 | Anton Stoorvogel | Enschede | 2:30:40 | 2:30:32 |
| 56 | Bart van Peursem | Veenendaal | 2:31:37 | 2:31:19 |
| 57 | Harry Pastoor | Apeldoorn | 2:32:19 | 2:31:02 |
| 58 | Henk Dries | Almelo | 2:33:17 | 2:32:38 |
| 59 | Richard Butter | Dieren | 2:33:51 | 2:33:09 |
| 60 | René Bourgonje | Arnhem | 2:33:54 | 2:33:01 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 61 | Bert Kleiboer | Zwolle | 2:34:16 | 2:33:43 |
| 62 | Johan van der Kolk | IJsselmuiden | 2:34:36 | 2:34:26 |
| 63 | Dik Top | Ede Gld | 2:35:49 | 2:34:10 |
| 64 | Hans Hut | Amersfoort | 2:36:26 | 2:36:10 |
| 65 | Menno Kelhout | Amersfoort | 2:36:41 | 2:36:18 |
| 66 | Theo Schreurs | Winterswijk | 2:38:14 | 2:37:57 |
| 67 | Eric Rouweler | Raalte | 2:38:35 | 2:37:40 |
| 68 | Nieck Eppink | Deventer | 2:38:46 | 2:37:59 |
| 69 | Bernhard Pluim | Tonden | 2:38:51 | 2:38:14 |
| 70 | Henry Koster | Wierden | 2:38:54 | 2:37:57 |
| 71 | Andries van der Wal | Velp Gld | 2:39:00 | 2:37:40 |
| 72 | Paul Jansen | | 2:39:03 | 2:38:18 |
| 73 | Wiljo Bussink | Aalten | 2:39:12 | 2:38:14 |
| 74 | Marcel Tonkes | Zwolle | 2:39:46 | 2:38:44 |
| 75 | Norman Roos | 's-Graveland | 2:40:01 | 2:38:36 |
| 76 | Martin Knip | Heemstede | 2:40:05 | 2:39:19 |
| 77 | Guido den Heijer | Bathmen | 2:40:27 | 2:39:24 |
| 78 | Bram Baan | Zwolle | 2:40:27 | 2:39:24 |
| 79 | Toby Dijkstra | Arnhem | 2:41:11 | 2:40:01 |
| 80 | Geert Boersma | Ellecom | 2:41:27 | 2:39:58 |
| 81 | Jeroen de Weerd | Deventer | 2:42:05 | 2:41:06 |
| 82 | Erik Renshof | Barneveld | 2:42:38 | 2:42:11 |
| 83 | Richard Hol | Ede Gld | 2:43:04 | 2:41:43 |
| 84 | Alex Mentink | Hengelo Gld | 2:43:45 | 2:42:34 |
| 85 | Michiel Schaafsma | Ruurlo | 2:43:50 | 2:43:10 |
| 86 | Gerard Veenhof | Wilnis | 2:46:02 | 2:45:04 |
| 87 | Louis van den Bosch | Bemmel | 2:47:09 | 2:45:12 |
| 88 | Arjen Hoekert | Kampen | 2:47:47 | 2:46:50 |
| 89 | Kees K Willems | Dronten | 2:48:37 | 2:47:50 |
| 90 | Jörgen de Vries | Enschede | 2:48:38 | 2:48:21 |
| 91 | Berry Peters | Epse | 2:48:50 | 2:47:02 |
| 92 | Walter Vaags | Aalten | 2:50:04 | 2:48:12 |
| 93 | Erik van Limbeek | Zwolle | 2:50:27 | 2:49:23 |
| 94 | Rob van Emden | Doetinchem | 2:50:39 | 2:49:38 |
| 95 | Daniel Huijser | | 2:50:40 | 2:49:33 |
| 96 | Marcel van den Beukel | Lieren | 2:50:40 | 2:49:31 |
| 97 | Dennis Aarts | 's-Gravenhage | 2:50:40 | 2:49:37 |
| 98 | Erik Knopert | Warnsveld | 2:50:41 | 2:49:27 |
| 99 | Rob Turksema | Eindhoven | 2:50:45 | 2:49:43 |
| 100 | Zoef De Haas | Twello | 2:51:22 | 2:50:01 |
| 101 | Rudy Prummel | Ede Gld | 2:51:39 | 2:50:21 |
| 102 | Cor Vegterlo | Emmeloord | 2:52:20 | 2:51:54 |
| 103 | Henk Haneveld | Zutphen | 2:53:51 | 2:52:54 |
| 104 | Gerjo Lourens | Doetinchem | 2:55:10 | 2:54:10 |
| 105 | Wolter-Jan Strijker | Dronten | 2:55:47 | 2:54:57 |
| 106 | John Patrick Goldebeld | Apeldoorn | 2:57:58 | 2:57:12 |
| 107 | Roel Hartman | Diepenveen | 2:58:56 | 2:57:38 |
| 108 | Hans Zalm | Zaltbommel | 2:59:15 | 2:57:43 |
| 109 | Mark Heister | Winterswijk | 2:59:50 | 2:58:14 |
| 110 | Fred Monshouwer | Toldijk | 3:00:20 | 2:59:02 |
| 111 | Hans Ruiterkamp | Enschede | 3:00:21 | 2:59:05 |
| 112 | Rik Plakke | | 3:00:23 | 2:58:52 |
| 113 | Rob de Groot | Schalkhaar | 3:00:24 | 2:58:29 |
| 114 | Eef Walgaard | Utrecht | 3:01:35 | 3:00:45 |
| 115 | Bas Smies | Enschede | 3:02:27 | 3:01:25 |
| 116 | Mark van der Veen | Ede Gld | 3:05:45 | 3:04:27 |
| 117 | Peter Veen | Almere | 3:06:52 | 3:05:15 |
| 118 | Johan Voorhorst | Apeldoorn | 3:07:20 | 3:07:13 |
| 119 | Sebastiaan Kool | Arnhem | 3:07:46 | 3:06:57 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 120 | Casper Heij | Zwolle | 3:15:22 | 3:13:30 |
| 121 | Marcel Vrijhof | Berkel en Rodenrijs | 3:20:25 | 3:19:22 |
| 122 | Arjan Brands | Doetinchem | 3:22:36 | 3:21:01 |
| 123 | Hans Jelierse | Nijmegen | 3:26:17 | 3:25:03 |
| 124 | Willy Haverkamp | Doetinchem | 3:34:41 | 3:33:09 |

**M55, 30 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Adriana Vernooij | Zutphen | 56:10 | 54:43 |
| 2 | Albert Grauwelman | Doetinchem | 1:47:27 | 1:46:58 |
| 3 | Sybren de Lange | Swifterbant | 2:14:26 | 2:14:07 |
| 4 | Hubert Bögemann | Heerde | 2:16:53 | 2:16:45 |
| 5 | Roelof Kleis | Bennekom | 2:17:47 | 2:17:32 |
| 6 | Ton Wareman | Heelsum | 2:23:50 | 2:23:33 |
| 7 | Joep van Huijstee | Epe | 2:25:38 | 2:25:30 |
| 8 | Tonnie Bosman | Nieuw Heeten | 2:26:49 | 2:26:20 |
| 9 | Raymond Bouwman | Hengelo Gld | 2:27:44 | 2:27:15 |
| 10 | Harm Prins | IJsselmuiden | 2:28:05 | 2:27:55 |
| 11 | Jan Hofstede | Hengelo Gld | 2:28:17 | 2:27:39 |
| 12 | Gabriël Paardekooper | Zwolle | 2:28:45 | 2:28:10 |
| 13 | Ronald Swaen | Ede Gld | 2:29:49 | 2:29:20 |
| 14 | Silvo van der Vegte | Raalte | 2:31:14 | 2:31:06 |
| 15 | Rijjan Bos | Gorssel | 2:31:17 | 2:30:49 |
| 16 | Noël Peeters | Raalte | 2:33:07 | 2:32:33 |
| 17 | Martijs de Haan | Vaassen | 2:33:40 | 2:33:09 |
| 18 | Johan Roetert | Bathmen | 2:34:48 | 2:33:54 |
| 19 | Paul Huls | Doetinchem | 2:35:55 | 2:35:28 |
| 20 | Rogier van Ooijen | Amstelveen | 2:37:15 | 2:36:47 |
| 21 | Theo Neerhof | Aalten | 2:37:18 | 2:36:23 |
| 22 | Henk Harenberg | Eibergen | 2:37:40 | 2:37:15 |
| 23 | Casper Bekken | Schalkhaar | 2:38:44 | 2:37:59 |
| 24 | Johan Zandbergen | Dronten | 2:38:47 | 2:37:57 |
| 25 | Herman Wennink | Hardenberg | 2:39:08 | 2:38:55 |
| 26 | Eric de Man | Zwolle | 2:40:27 | 2:39:24 |
| 27 | Rob Faasen | Tinte | 2:41:41 | 2:41:10 |
| 28 | Herman Abbink | Varsseveld | 2:42:00 | 2:41:20 |
| 29 | Paul Veerman | Amsterdam | 2:42:02 | 2:41:09 |
| 30 | Ties Broekers | Apeldoorn | 2:42:21 | 2:42:09 |
| 31 | Rob Stevens | Eibergen | 2:42:31 | 2:41:29 |
| 32 | Raymond Schloss | Amstelveen | 2:42:45 | 2:42:03 |
| 33 | Jeroen Oosthof | Apeldoorn | 2:43:20 | 2:42:43 |
| 34 | Hans Hevink | Enschede | 2:43:53 | 2:43:03 |
| 35 | Frank Heitbrink | Deventer | 2:45:47 | 2:44:37 |
| 36 | Bastian Koman | Deventer | 2:46:28 | 2:45:16 |
| 37 | Jaap Holdijk | Eerbeek | 2:47:19 | 2:46:32 |
| 38 | Marco Harms | Bennekom | 2:47:47 | 2:46:09 |
| 39 | Peter van de Kamp | Amersfoort | 2:48:22 | 2:47:14 |
| 40 | Tino Reijnders | Putten | 2:50:00 | 2:48:37 |
| 41 | Henk Grotenhuijs | Gorssel | 2:50:41 | 2:49:31 |
| 42 | Mart van de Leur | Arnhem | 2:50:41 | 2:49:43 |
| 43 | Peter Vlaanderen | Enschede | 2:53:12 | 2:52:55 |
| 44 | Wim den Braanker | Apeldoorn | 2:53:24 | 2:52:34 |
| 45 | Henri Lankveld | Gaanderen | 2:53:47 | 2:51:48 |
| 46 | Frank Jansdam | Amstelveen | 2:54:10 | 2:53:28 |
| 47 | Bert-Jan van Bolhuis | Apeldoorn | 2:54:49 | 2:53:40 |
| 48 | Bob Alfrink | Hengelo Ov | 2:55:21 | 2:54:36 |
| 49 | Koen Ramaker | Bathmen | 2:57:00 | 2:55:56 |
| 50 | Harry Brouwer | Huissen | 2:57:33 | 2:55:52 |
| 51 | Rob Muntingh | Harderwijk | 2:57:42 | 2:57:08 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 52 | Ron Bouwman | Apeldoorn | 2:57:58 | 2:57:14 |
| 53 | Martien te Molder | Winterswijk Meddo | 3:00:15 | 2:58:40 |
| 54 | Ton Legerstee | | 3:00:22 | 2:58:53 |
| 55 | Heres Stad | Doetinchem | 3:00:28 | 2:58:58 |
| 56 | Adriaan de Ruiter | Heelsum | 3:03:04 | 3:01:25 |
| 57 | Jos van Beusekom | Duiven | 3:06:44 | 3:06:22 |
| 58 | Anton Holsappel | Heino | 3:15:12 | 3:14:10 |
| 59 | Maarten Hoogstraten | Deventer | 3:19:44 | 3:18:45 |
| 60 | Lex Heijster | Heerhugowaard | 3:23:32 | 3:22:04 |

## M65, 30 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Aleid Bosch | Wezep | 2:38:54 | 2:38:04 |
| 2 | Ton ten Have | Vorden | 2:42:03 | 2:41:36 |
| 3 | Menno de Jager | Borne | 2:47:47 | 2:47:16 |
| 4 | Hans Sielias | Dinxperlo | 2:50:03 | 2:48:11 |
| 5 | Cees de Vries | Amersfoort | 2:50:20 | 2:49:12 |
| 6 | Cees van Reemst | Enschede | 2:56:26 | 2:54:51 |
| 7 | Richard Koster | Groenlo | 2:57:05 | 2:55:34 |
| 8 | Nol Janssen | Gendt | 2:57:28 | 2:55:29 |
| 9 | Bram van der Wal | Meerkerk | 3:00:21 | 2:58:57 |
| 10 | Jan Engelen | Gendt | 3:01:47 | 2:59:49 |
| 11 | Roel ten Klooster | Wijhe | 3:04:00 | 3:02:34 |
| 12 | Jos Jochem | Oldenzaal | 3:04:33 | 3:02:55 |
| 13 | Luco Post | Eibergen | 3:13:43 | 3:12:05 |
| 14 | Ben Engel | Deventer | 3:38:14 | 3:37:02 |

## VSEN, 30 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Ellen Venekamp | Utrecht | 2:17:47 | 2:17:39 |
| 2 | Reinalda Heemskerk | Harderwijk | 2:20:58 | 2:20:49 |
| 3 | Anne Rietveld | Utrecht | 2:35:34 | 2:34:43 |
| 4 | Hampus Abers | Utrecht | 2:37:03 | 2:36:23 |
| 5 | Kaily Groot Zevert | Wehl | 2:39:35 | 2:39:18 |
| 6 | Sharon Holdijk | Eerbeek | 2:44:25 | 2:43:37 |
| 7 | Anniek Otten | Amersfoort | 2:47:09 | 2:46:30 |
| 8 | Erna Schilder | Vaassen | 2:48:48 | 2:46:59 |
| 9 | Lisanne Jansen | Nijmegen | 2:50:11 | 2:49:02 |
| 10 | Lisa Renswoude | Nijmegen | 2:50:11 | 2:49:01 |
| 11 | Nikki van de Belt | Huissen | 2:50:40 | 2:49:46 |
| 12 | Ynske Lankreijer | Amersfoort | 2:51:49 | 2:51:11 |
| 13 | Angelique van Dijk | Amstelveen | 2:57:00 | 2:55:19 |
| 14 | Elise Voss | Hengelo Ov | 2:57:17 | 2:55:47 |
| 15 | Patricia Bleumink | Apeldoorn | 2:57:57 | 2:57:12 |
| 16 | Anna Hartman | Diepenveen | 2:58:56 | 2:57:37 |
| 17 | Tina van der Vyver | Maarn | 2:59:47 | 2:58:16 |
| 18 | Rosanne Meijboom | Utrecht | 3:00:01 | 2:58:19 |
| 19 | Antoinette van het Hul | Arnhem | 3:05:48 | 3:04:08 |
| 20 | Merle Kleine Schaars | Aalten | 3:13:25 | 3:12:18 |
| 21 | Hanneke Perik | Enschede | 3:15:22 | 3:14:07 |

## V35, 30 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Monique Fibbe | Heerde | 2:13:13 | 2:13:06 |
| 2 | Maureen Houtman | Heerde | 2:24:04 | 2:23:58 |
| 3 | Claartje Freriks | Havelte | 2:27:57 | 2:27:31 |
| 4 | Iris Bakker-Strieker | Hattem | 2:28:14 | 2:28:07 |
| 5 | Anne visser | Deventer | 2:30:45 | 2:30:14 |
| 6 | Alja Buseman | Kilder | 2:32:38 | 2:32:11 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 7 | Heleen Ligtelijn | Ede Gld | 2:38:07 | 2:36:44 |
| 8 | Ieneke Voets | Elst Gld | 2:39:59 | 2:39:21 |
| 9 | Jessica Böhm | Bunnik | 2:40:15 | 2:39:48 |
| 10 | Miranda Bruins | Oldenzaal | 2:43:51 | 2:43:42 |
| 11 | Barbara Tempert-de Haan | Eibergen | 2:46:52 | 2:46:18 |
| 12 | Femke Clappers | Doetinchem | 2:47:22 | 2:46:23 |
| 13 | Floor Goes | Heerde | 2:48:21 | 2:47:29 |
| 14 | Hilde Tuijt | Assen | 2:48:33 | 2:47:44 |
| 15 | Marjan de Greef | Zutphen | 2:49:07 | 2:47:20 |
| 16 | Gon van Nek | Arnhem | 2:49:38 | 2:48:25 |
| 17 | Linda Alexandra | Rotterdam | 2:50:00 | 2:48:53 |
| 18 | Mey Ping Low | Twello | 2:51:22 | 2:50:01 |
| 19 | Conny Sanders | Arnhem | 2:54:57 | 2:53:52 |
| 20 | Thayenne Nederbiel | Zwolle | 2:57:00 | 2:55:58 |
| 21 | Miranda Willemsen | Huissen | 2:57:32 | 2:55:51 |
| 22 | Marinda Gores | Doesburg | 2:57:32 | 2:56:20 |
| 23 | Jeannet Kommer | Heerde | 2:58:23 | 2:57:30 |
| 24 | Marion Doornink | Aalten | 3:00:05 | 2:58:57 |
| 25 | Dagmar Jongman | Barneveld | 3:00:21 | 2:58:36 |
| 26 | Karin Wilterdink | Enkhuizen | 3:00:23 | 2:58:47 |
| 27 | Jacoline Bumkens | Schalkhaar | 3:00:23 | 2:58:28 |
| 28 | Dorien Snel-Veldhoen | Gorssel | 3:01:37 | 3:00:19 |
| 29 | Maaike Simic | Gorssel | 3:02:48 | 3:01:30 |
| 30 | Ilse Butzelaar | Loosdrecht | 3:06:26 | 3:04:49 |
| 31 | Claudia van Daalen | Enschede | 3:06:40 | 3:05:19 |
| 32 | Susanne Wannée | Enschede | 3:08:37 | 3:06:57 |
| 33 | Sandra Olthof | Neede | 3:13:33 | 3:12:36 |
| 34 | Sandra van Til | Raalte | 3:19:44 | 3:18:50 |
| 35 | Martine Koenders | Eefde | 3:23:02 | 3:21:06 |
| 36 | Renate Rouwenhorst | Silvolde | 3:23:03 | 3:21:07 |

## V45, 30 KILOMETER

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | John Loke | Dieren | 2:05:59 | 2:05:47 |
| 2 | Cindy Brussé | Aalten | 2:20:25 | 2:20:18 |
| 3 | Maike den Houting | Keijenborg | 2:28:42 | 2:28:20 |
| 4 | Ingrid rook | Apeldoorn | 2:30:47 | 2:29:47 |
| 5 | KArin Wuite | Goor | 2:33:10 | 2:32:15 |
| 6 | Hariette Foppen | Biddinghuizen | 2:34:53 | 2:34:30 |
| 7 | Annelies Wesselink | Zelhem | 2:38:02 | 2:37:18 |
| 8 | Linda Stronks-ter Haar | Aalten | 2:39:13 | 2:38:15 |
| 9 | Inge Kemper | Lochem | 2:42:38 | 2:41:43 |
| 10 | Heidy Snijders | Zuidwolde Dr | 2:43:26 | 2:42:57 |
| 11 | Didi van der Velde | Epe | 2:43:48 | 2:43:39 |
| 12 | Anne Vossebelt | Raalte | 2:44:27 | 2:43:45 |
| 13 | Bianca Curridori | Dieren | 2:46:50 | 2:45:21 |
| 14 | Esther van der Wildt | Dronten | 2:47:10 | 2:46:22 |
| 15 | Adrie Feenstra | Warnsveld | 2:47:13 | 2:46:01 |
| 16 | Ellen Bos | Gaanderen | 2:48:37 | 2:47:39 |
| 17 | Karin Pouls | Warnsveld | 2:50:05 | 2:49:08 |
| 18 | Astrid Huijsman | Arnhem | 2:50:40 | 2:49:43 |
| 19 | Jannet Lange |  | 2:50:40 | 2:49:33 |
| 20 | Inge Haverlag | Arnhem | 2:50:41 | 2:49:50 |
| 21 | Ans Zwartkruis-Nahuis | Dieren | 2:52:11 | 2:50:53 |
| 22 | Roelanda Jonker | Schalkhaar | 2:52:32 | 2:51:02 |
| 23 | Jose Elsinghorst | Winterswijk | 2:53:43 | 2:52:07 |
| 24 | Janet Doppenberg | Putten | 2:57:11 | 2:55:50 |
| 25 | Agnes Goldebeld | Apeldoorn | 2:57:57 | 2:57:12 |
| 26 | Cecilia Berggren | Arnhem | 2:58:22 | 2:56:56 |

# Uitslagenlijst Achtkastelenloop

Vorden - Zondag 3 maart 2019

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 27 | Mirjam Braakensiek | Veessen | 2:58:23 | 2:57:30 |
| 28 | Nanny Ebbers- Wassink | Aalten | 3:00:05 | 2:58:56 |
| 29 | Sandra Ouwersloot-Wensink | Aalten | 3:00:05 | 2:58:57 |
| 30 | Corina Arentsen | Angerlo | 3:00:08 | 2:59:00 |
| 31 | Lydia van den Akker | Enschede | 3:00:22 | 2:59:05 |
| 32 | Miranda wever | Almelo | 3:00:27 | 2:59:31 |
| 33 | Ingrid Liefers | Zwolle | 3:00:43 | 2:59:48 |
| 34 | Joke Hol | Ede Gld | 3:02:27 | 3:01:07 |
| 35 | Jacqueline Zalm | Rossum Gld | 3:02:53 | 3:01:21 |
| 36 | Eefje Kroesen | Coevorden | 3:02:53 | 3:02:31 |
| 37 | Linda Schouten | Apeldoorn | 3:04:16 | 3:03:09 |
| 38 | Lugunda van Berkum | Apeldoorn | 3:04:16 | 3:03:09 |
| 39 | Miranda ter Haar | Aalten | 3:13:25 | 3:12:19 |
| 40 | Danielle Noort | Kring van Dorth | 3:14:06 | 3:12:55 |
| 41 | Siska Karstens | Heino | 3:14:36 | 3:13:42 |
| 42 | Anja Schot | Arnhem | 3:15:28 | 3:14:31 |
| 43 | Marieke Faasen | Tinte | 3:21:12 | 3:19:33 |
| 44 | Laura Theunisz | Neede | 3:24:29 | 3:23:49 |
| 45 | Desi Rovers | Culemborg | 3:29:14 | 3:27:25 |
| 46 | Ariane Moussault | Haaften | 3:30:16 | 3:29:50 |

**V55, 30 KILOMETER**

| Plaats | Naam | Woonplaats/Vereniging | Bruto | Netto |
|---|---|---|---|---|
| 1 | Anne van Schuppen | Emst | 2:12:03 | 2:11:59 |
| 2 | Anke van Mil | Vlaardingen | 2:17:50 | 2:17:34 |
| 3 | Anita Spieker | Deventer | 2:36:47 | 2:36:02 |
| 4 | Karla Blom | Vorden | 2:37:18 | 2:36:29 |
| 5 | Cinta Groos | | 2:39:03 | 2:38:19 |
| 6 | Paula Huiszoon | Bussum | 2:40:01 | 2:38:36 |
| 7 | Suzan Meijer | Doetinchem | 2:57:31 | 2:56:14 |
| 8 | Anne Molenberg | Finsterwolde | 2:58:35 | 2:57:54 |
| 9 | Ellen knopper | Harderwijk | 3:00:13 | 2:59:36 |
| 10 | Hanneke Hempelman | Harderwijk | 3:00:13 | 2:59:37 |
| 11 | Bep Timmer | Harderwijk | 3:00:20 | 2:59:43 |
| 12 | Karin Huijzendveld | Harderwijk | 3:14:16 | 3:13:37 |
| 13 | Yvonne Kampman | Harderwijk | 3:18:52 | 3:18:13 |
| 14 | Wilma Leunge | Rijssen | 3:23:26 | 3:22:31 |
| 15 | Betty van Dodewaard | Harderwijk | 3:36:03 | 3:35:22 |
| 16 | Gerda Doppenberg | Harderwijk | 3:36:03 | 3:35:22 |

*Beste deelnemers: ook de resultaten van de deelnemers met startnummers van 1300 tm 1330 staan nu ook in uitslagen.*